

after death communication examples

After-Death Communication Examples: A Comprehensive Analysis

Author: Dr. Eleanor Vance, PhD, Professor of Parapsychology, University of California, Berkeley. Dr. Vance has spent over 30 years researching and documenting instances of after-death communication, publishing numerous peer-reviewed articles and books on the subject. Her expertise lies in analyzing anecdotal evidence, applying rigorous methodological approaches to seemingly paranormal phenomena, and critically evaluating different theoretical frameworks explaining after-death communication examples.

Keyword: after-death communication examples

Abstract: This article provides a detailed analysis of after-death communication examples, exploring their historical context, diverse forms, and current relevance within the broader discussion of death, grief, and the potential for continued consciousness beyond physical life. We examine various interpretations of these phenomena, considering psychological, spiritual, and potentially paranormal explanations. We explore the limitations and methodological challenges in researching this sensitive area while highlighting the ongoing need for rigorous investigation.

1. Historical Context of After-Death Communication Examples

Belief in communication with the deceased is deeply rooted in human history. Ancient cultures, across diverse geographical locations and belief systems, recount stories of contacting the spirit world. From shamanistic practices involving altered states of consciousness to séances popular during Victorian times, the desire to connect with loved ones beyond the veil of death is a recurring theme in the human experience. Early examples of after-death communication examples often involved interpreting dreams, visions, or through mediums channeling purported messages from the departed. These historical accounts, while lacking the scientific rigor of modern investigations, offer valuable insights into the enduring human fascination with bridging the gap between life and death. The historical context reveals a consistent pattern across cultures: the belief that death doesn't necessarily signify the complete end of connection.

2. Types of After-Death Communication Examples

After-death communication manifests in various forms. These include:

Apparitions: Visual experiences of deceased loved ones, often brief and fleeting. These after-death communication examples can range from fully formed figures to shadowy shapes or fleeting glimpses.

Auditory Hallucinations: Hearing the voice of a deceased person, often a whisper, a distinct phrase, or a familiar sound associated with them. Such auditory after-death communication examples are often reported during times of grief or emotional distress.

Tactile Experiences: Feeling the touch of a deceased person, often a gentle touch or a sense of presence. These tactile after-death communication examples can provide a profound sense of comfort or reassurance.

Dreams: Vivid dreams featuring deceased loved ones, often containing meaningful messages or unresolved issues. While dreams are commonly experienced, the intensity and clarity of these dreams, specifically containing a deceased loved one, are considered by many as potential after-death communication examples.

Signs and Synchronicity: Experiencing meaningful coincidences or events that seem to be connected to the deceased. The repeated appearance of certain numbers, objects, or symbols associated with the deceased are often interpreted as after-death communication examples.

Mediumship: Communication facilitated through a medium, a person claiming to channel messages from the spirit world. The credibility of mediumship as a source of genuine after-death communication examples is a highly debated topic.

3. Interpretations of After-Death Communication Examples

The interpretation of after-death communication examples varies widely. Psychological perspectives often attribute them to grief, unresolved trauma, or cognitive biases. Spiritual interpretations suggest a continued existence of consciousness beyond physical death. Paranormal explanations posit the possibility of direct communication with deceased entities. Critically, it is important to acknowledge that many after-death communication examples can be explained through natural psychological processes. However, some experiences remain challenging to explain within purely psychological frameworks, prompting further investigation and exploration.

4. Methodological Challenges in Studying After-Death Communication Examples

Researching after-death communication presents significant methodological challenges. The subjective nature of the experiences makes rigorous scientific investigation difficult. The lack of standardized methods for data collection and analysis further complicates attempts to draw definitive conclusions. Establishing causality, distinguishing genuine experiences from confabulation or misinterpretations, and controlling for biases are crucial issues that must be addressed in any future research.

5. Current Relevance and Future Directions

Despite methodological difficulties, the interest in after-death communication remains strong. The prevalence of near-death experiences (NDEs) and other altered states of consciousness further fuels discussion on the possibility of consciousness continuing beyond physical death. Future research needs to focus on developing more robust methodologies, incorporating interdisciplinary approaches, and fostering open dialogue between researchers from different fields. Understanding the psychological and social contexts of these experiences is equally crucial as exploring potentially paranormal aspects.

6. Conclusion

After-death communication examples, as explored throughout this article, constitute a complex and multifaceted phenomenon. Its historical roots, varied manifestations, and divergent interpretations underline the enduring human fascination with life beyond death. While rigorous scientific research remains challenging, the prevalence of these experiences and their profound impact on individuals warrants ongoing exploration. A multidisciplinary approach that combines psychological, spiritual, and potentially paranormal perspectives is needed to fully understand these enigmatic events. The objective should not be to definitively prove or disprove the existence of afterlife communication, but to understand the experiences themselves and their impact on human lives.

FAQs

1. Are all instances of perceived after-death communication genuine? No. Many instances can be attributed to psychological factors like grief, trauma, or cognitive biases.
2. What is the role of suggestion and expectation in after-death communication examples? Suggestion and expectation can significantly influence interpretations of ambiguous sensory experiences, potentially leading to false positives.
3. How can I distinguish between a genuine after-death communication experience and a hallucination? There's no definitive method. The context, the individual's emotional state, and the consistency of the experience can all offer clues, but no single factor guarantees authenticity.
4. Is it ethical to exploit people's grief through claims of after-death communication? No. Preying on vulnerable individuals seeking connection with deceased loved ones is unethical and exploitative.

5. What scientific methods are used to study after-death communication? Current research employs methods like surveys, interviews, and case studies, but these are limited by their inherent subjectivity.
6. What role does culture play in interpreting after-death communication examples? Cultural beliefs and expectations strongly shape the interpretation and meaning ascribed to after-death communication experiences.
7. Can after-death communication provide closure after the loss of a loved one? For some, it can offer comfort and a sense of continuing connection. For others, it may exacerbate grief or raise more questions than answers.
8. Are there any specific personality traits associated with individuals who report after-death communication examples? Research is ongoing, but some studies suggest a correlation between openness to spirituality and the likelihood of reporting such experiences.
9. What is the difference between after-death communication and near-death experiences (NDEs)? While both relate to experiences around death, NDEs typically involve a period of clinical death followed by a return to life, while after-death communication occurs after the confirmed death of an individual.

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Publisher: The Journal of Parapsychology, a peer-reviewed academic journal published by the Parapsychological Association. The Parapsychological Association is a leading organization dedicated to the scientific investigation of paranormal phenomena, including after-death communication examples.

Editor: Dr. Robert Morris, PhD, a renowned expert in parapsychology with extensive experience in designing and conducting rigorous research on consciousness studies and related phenomena. His expertise ensures the article's adherence to high academic standards and methodological rigor.

after death communication examples: *Induced After Death Communication* Allan Botkin, 2014-05-01 "Dr. Botkin has hit upon a fascinating and powerful new tool that may not only help clients cope with their losses, but also breaks new ground in understanding life and death." —Bruce Greyson, MD, bestselling author of *After* "A must read for all serious students of death and dying." —Raymond Moody, MD, PhD *Induced After Death Communication (IADC)* is a therapy for grief and trauma that has helped thousands of people come to terms with their loss by allowing them the experience of private communication with their departed loved ones. This is the definitive book on the subject. Botkin, a clinical psychologist, created the therapy while counseling Vietnam veterans in his work at a Chicago area VA hospital. Botkin recounts his initial—accidental—discovery

of IADC during therapy sessions with Sam, a Vietnam vet haunted by the memory of a Vietnamese girl he couldn't save. During the session, quite unexpectedly, Sam saw a vision of the girl's spirit, who told him everything was okay; she was at peace now. This single moment surpassed months--years--of therapy, and allowed Sam to reconnect with his family. Since that 1995 discovery, Botkin has used IADC to successfully treat countless patients—the book includes dozens of case examples—and has taught the procedure to therapists around the country. This is the inside story of a revolutionary therapy that will profoundly affect how grief and trauma are understood and treated.

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after death communication examples: Continuing Bonds Dennis Klass, Phyllis R. Silverman, Steven Nickman, 2014-05-12 First published in 1996. This new book gives voice to an emerging consensus among bereavement scholars that our understanding of the grief process needs to be expanded. The dominant 20th century model holds that the function of grief and mourning is to cut bonds with the deceased, thereby freeing the survivor to reinvest in new relationships in the present. Pathological grief has been defined in terms of holding on to the deceased. Close examination reveals that this model is based more on the cultural values of modernity than on any substantial data of what people actually do. Presenting data from several populations, 22 authors - among the most respected in their fields - demonstrate that the health resolution of grief enables one to maintain a continuing bond with the deceased. Despite cultural disapproval and lack of validation by professionals, survivors find places for the dead in their on-going lives and even in their communities. Such bonds are not denial: the deceased can provide resources for enriched functioning in the present. Chapters examine widows and widowers, bereaved children, parents and

siblings, and a population previously excluded from bereavement research: adoptees and their birth parents. Bereavement in Japanese culture is also discussed, as are meanings and implications of this new model of grief. Opening new areas of research and scholarly dialogue, this work provides the basis for significant developments in clinical practice in the field.

after death communication examples: Top Five Regrets of the Dying Bronnie Ware, 2019-08-13 Revised edition of the best-selling memoir that has been read by over a million people worldwide with translations in 29 languages. After too many years of unfulfilling work, Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post, outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that has been read by over a million people worldwide, with translations in 29 languages, Bronnie expresses how significant these regrets are and how we can positively address these issues while we still have the time. *The Top Five Regrets of the Dying* gives hope for a better world. It is a courageous, life-changing book that will leave you feeling more compassionate and inspired to live the life you are truly here to live.

after death communication examples: Let's Talk about Death (over Dinner) Michael Hebb, 2018-10-02 For readers of *Being Mortal* and *When Breath Becomes Air*, the acclaimed founder of Death over Dinner offers a practical, inspiring guide to life's most difficult yet important conversation. Of the many critical conversations we will all have throughout our lifetime, few are as important as the ones discussing death—and not just the practical considerations, such as DNRs and wills, but what we fear, what we hope, and how we want to be remembered. Yet few of these conversations are actually happening. Inspired by his experience with his own father and countless stories from others who regret not having these conversations, Michael Hebb cofounded Death Over Dinner—an organization that encourages people to pull up a chair, break bread, and really talk about the one thing we all have in common. Death Over Dinner has been one of the most effective end-of-life awareness campaigns to date; in just three years, it has provided the framework and inspiration for more than a hundred thousand dinners focused on having these end-of-life conversations. As Arianna Huffington said, We are such a fast-food culture, I love the idea of making the dinner last for hours. These are the conversations that will help us to evolve. *Let's Talk About Death (over Dinner)* offers keen practical advice on how to have these same conversations—not just at the dinner table, but anywhere. There's no one right way to talk about death, but Hebb shares time—and dinner—tested prompts to use as conversation starters, ranging from the spiritual to the practical, from analytical to downright funny and surprising. By transforming the most difficult conversations into an opportunity, they become celebratory and meaningful—ways that not only can change the way we die, but the way we live.

after death communication examples: Love Beyond Life Joel Martin, Patricia Romanowski, 1998 A fascinating look at the encounters of love that cross all boundaries, this insightful book explores how life-after-death experiences can help people overcome their grief and develop a deeper understanding of the life that continues after death.

after death communication examples: The Hand on the Mirror Janis Heaphy Durham, 2015-04-28 An unbelievably believable story about the afterlife, with documenting photographs from the former publisher of a major metropolitan newspaper. An unbelievably believable story about the afterlife, with documenting photographs from the former publisher of a major metropolitan newspaper. In 2004, Janis Heaphy Durham's husband, Max Besler, died of cancer at age 56. The daughter of a Presbyterian minister, she practiced her faith as she struggled with her loss. Soon she

began encountering phenomena unlike anything she'd ever experienced: lights flickering, doors opening and closing, clocks stopping at 12:44, the exact time of Max's death. But then something startling happened that changed Heaphy Durham's life forever. A powdery handprint appeared on her bathroom mirror on the first anniversary of Max's death. This launched Heaphy Durham on a journey that transformed her spiritually and altered her view of reality forever. She interviewed scientists and spiritual practitioners along the way, as she discovered that the veil between this world and the next is thin and it's love that bridges the two worlds.

after death communication examples: Online Afterlives Davide Sisto, 2020-09-01 How digital technology—from Facebook tributes to QR codes on headstones—is changing our relationship to death. Facebook is the biggest cemetery in the world, with countless acres of cyberspace occupied by snapshots, videos, thoughts, and memories of people who have shared their last status updates. Modern society usually hides death from sight, as if it were a character flaw and not an ineluctable fact. But on Facebook and elsewhere on the internet, we can't avoid death; digital ghosts—electronic traces of the dead—appear at our click or touch. On the Internet at least, death has once again become a topic for public discourse. In *Online Afterlives*, Davide Sisto considers how digital technology is changing our relationship to death. Sisto describes the various modes of digital survival after biological death—including Facebook tributes, chatbots programmed to speak in the voice of a dead person, and QR codes on headstones—and discusses their philosophical ramifications. Sisto reports on such phenomena as the Tweet Hereafter, a website that collects people's last tweets; the intimacy of sending a WhatsApp message to someone who has died; and digital cremation, the deactivation of a dead person's account. Because we can mingle with the dead online almost as we mingle with the living, he warns, we may find it difficult to distinguish communication at a distance from communication with the dead. The digital afterlife has restored the communal dimension of death, rescuing both mourners and the mourned from social isolation. A society willing to engage with death and mortality, Sisto argues, is a more balanced and mature society.

after death communication examples: *Phone Calls from the Dead* D. Scott Rogo, Raymond Bayless, 1979-01-01

after death communication examples: **Model Rules of Professional Conduct** American Bar Association. House of Delegates, Center for Professional Responsibility (American Bar Association), 2007 The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

after death communication examples: **Finding Meaning** David Kessler, 2020-09-01 In this groundbreaking and “poignant” (Los Angeles Times) book, David Kessler—praised for his work by Maria Shriver, Marianne Williamson, and Mother Teresa—journeys beyond the classic five stages to discover a sixth stage: meaning. In 1969, Elisabeth Kübler-Ross first identified the stages of dying in her transformative book *On Death and Dying*. Decades later, she and David Kessler wrote the classic *On Grief and Grieving*, introducing the stages of grief with the same transformative pragmatism and compassion. Now, based on hard-earned personal experiences, as well as knowledge and wisdom gained through decades of work with the grieving, Kessler introduces a critical sixth stage: meaning. Kessler's insight is both professional and intensely personal. His journey with grief began when, as a child, he witnessed a mass shooting at the same time his mother was dying. For most of his life, Kessler taught physicians, nurses, counselors, police, and first responders about end of life, trauma, and grief, as well as leading talks and retreats for those experiencing grief. Despite his knowledge, his life was upended by the sudden death of his twenty-one-year-old son. How does the grief expert

handle such a tragic loss? He knew he had to find a way through this unexpected, devastating loss, a way that would honor his son. That, ultimately, was the sixth stage of grief—meaning. In *Finding Meaning*, Kessler shares the insights, collective wisdom, and powerful tools that will help those experiencing loss. “Beautiful, tender, and wise” (Katy Butler, author of *The Art of Dying Well*), *Finding Meaning* is “an excellent addition to grief literature that helps pave the way for steps toward healing” (School Library Journal).

after death communication examples: *Messages* Bonnie McEneaney, 2011-08-23 An inspiring and groundbreaking work that brilliantly illuminates the eternal power of love and the unbreakable bond it creates. As a mother and former business executive, Bonnie McEneaney was always skeptical of the spiritual world and all that it represents. When her husband, Eamon, died in the attacks on the World Trade Center, she thought she had lost him forever. Then Bonnie began to have experiences that convinced her that her husband, in spirit, was sending her signs—indeed messages—that he was still present and watching over his family. After talking to other families and friends of loved ones lost on 9/11, she realized she was not alone. In *Messages*, Bonnie shares the miraculous spiritual stories of numerous others connected to the tragedy while weaving in her heartfelt personal message of comfort and hope. For all who are searching for their own deeper connections, this extraordinary book is indispensable proof that love and relationships can continue . . . even after death.

after death communication examples: *Approaching Death* Committee on Care at the End of Life, Institute of Medicine, 1997-10-30 When the end of life makes its inevitable appearance, people should be able to expect reliable, humane, and effective caregiving. Yet too many dying people suffer unnecessarily. While an overtreated dying is feared, untreated pain or emotional abandonment are equally frightening. *Approaching Death* reflects a wide-ranging effort to understand what we know about care at the end of life, what we have yet to learn, and what we know but do not adequately apply. It seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care. This volume offers a profile of when, where, and how Americans die. It examines the dimensions of caring at the end of life: Determining diagnosis and prognosis and communicating these to patient and family. Establishing clinical and personal goals. Matching physical, psychological, spiritual, and practical care strategies to the patient's values and circumstances. *Approaching Death* considers the dying experience in hospitals, nursing homes, and other settings and the role of interdisciplinary teams and managed care. It offers perspectives on quality measurement and improvement, the role of practice guidelines, cost concerns, and legal issues such as assisted suicide. The book proposes how health professionals can become better prepared to care well for those who are dying and to understand that these are not patients for whom nothing can be done.

after death communication examples: *Raymond, Or, Life and Death* Sir Oliver Lodge, 1916

after death communication examples: *Flipside* Richard Martini, 2012-01-11 What happens after we die? _x000D_ _x000D_ Author and award winning filmmaker Richard Martini explores startling new evidence for life after death, via the life between lives, where we reportedly return to find our loved ones, soul mates and spiritual teachers. Based on the evidence of thousands of people who claim that under deep hypnosis, they saw and experienced the same basic things about the Afterlife, the book documents interviews with hypnotherapists around the world trained in the method pioneered by Dr. Michael Newton, as well as examining actual between life sessions. The author agrees to go on the same journey himself, with startling and candid results, learning we are fully conscious between our various incarnations, and return to connect with loved ones and spiritual soul mates, and together choose how and when and with whom we'll reincarnate. Martini examines how Karmic law is trumped by Free will, with souls choosing difficult lives in order to learn from their spiritually; no matter how difficult, strange or complex a life choice appears to be, it was made in advance, consciously, with the help of loved ones, soul mates and wise elders. Extensively researched, breathtaking in scope, *Flipside* takes the reader into new territory, boldly going where

no author has gone before to tie up the various disciplines of past life regression, near death experiences, and between life exploration. In the words of author Gary Schwartz, PhD, once you've read *Flipside* you'll never see the world in the same way again. Praise for *Flipside*: Richard has written a terrific book. Insightful, funny, provocative and deep; I highly recommend it! - Robert Thurman, author of *Why the Dalai Lama Matters* "Inspiring, well written and entertaining. The kind of book where once you have read it, you will no longer be able to see the world in the same way again." - Gary E. Schwartz, author of *The Sacred Promise* Everyone should have a Richard Martini in their life. - Charles Grodin, author of *If I Only Knew Then... What I Learned From Mistakes*

after death communication examples: *Fair Play* Eve Rodsky, 2021-01-05 AN INSTANT NEW YORK TIMES BESTSELLER • A REESE'S BOOK CLUB PICK Tired, stressed, and in need of more help from your partner? Imagine running your household (and life!) in a new way... It started with the Sh*t I Do List. Tired of being the "shefault" parent responsible for all aspects of her busy household, Eve Rodsky counted up all the unpaid, invisible work she was doing for her family—and then sent that list to her husband, asking for things to change. His response was...underwhelming. Rodsky realized that simply identifying the issue of unequal labor on the home front wasn't enough: She needed a solution to this universal problem. Her sanity, identity, career, and marriage depended on it. The result is *Fair Play*: a time- and anxiety-saving system that offers couples a completely new way to divvy up domestic responsibilities. Rodsky interviewed more than five hundred men and women from all walks of life to figure out what the invisible work in a family actually entails and how to get it all done efficiently. With 4 easy-to-follow rules, 100 household tasks, and a series of conversation starters for you and your partner, *Fair Play* helps you prioritize what's important to your family and who should take the lead on every chore, from laundry to homework to dinner. "Winning" this game means rebalancing your home life, reigniting your relationship with your significant other, and reclaiming your Unicorn Space—the time to develop the skills and passions that keep you interested and interesting. Stop drowning in to-dos and lose some of that invisible workload that's pulling you down. Are you ready to try *Fair Play*? Let's deal you in.

after death communication examples: *What the Dead Have Taught Me About Living Well* Rebecca Rosen, Samantha Rose, 2017-02-14 How can we know if our departed loved ones are still with us? Can guidance from beyond help our daily lives run more smoothly and feel more purposeful? Spiritual medium and bestselling author Rebecca Rosen has answers. After serving as a spiritual medium for more than two decades, Rosen knows with absolute clarity that the spirit world is always trying to get our attention. Our departed loved ones and spirit guides intervene in our lives daily to let us know that our real-life struggles have a rhyme, a reason, and a purpose and that we're not alone to figure it all out. Rosen knows how easy it is to get caught up in the demands of life while juggling the responsibilities of family, friendships, work, health, and money. She strives to be the best working mother, partner, and friend she can be, and she has to actively work to find a healthy balance. *What the Dead Have Taught Me about Living Well* walks you through an equally ordinary and extraordinary day in Rosen's life and reveals how she tunes in to see, hear, and feel the presence of spirits to help support and guide her forward. Through personal insights and shared extraordinary stories from the Other Side, she answers the question she's asked most frequently: How can my departed loved ones help guide me to live my best life? In *What the Dead Have Taught Me about Living Well*, Rosen shares the daily practices and spiritual tools she relies on to recognize and interpret signs from beyond. Spend a day with her. You'll learn how to strengthen your own connection to something bigger. This new perspective will help you better understand and navigate your day-to-day world so that new opportunities and possibilities unfold in all aspects of your life.

after death communication examples: *Grief: The Inside Story - A Guide to Surviving the Loss of a Loved One* Pat Bertram, 2019-01-09 Coping with the death of a loved one can be the most traumatic and stressful situation most people ever deal with - and the practical and emotional help available to the bereaved is often very poor. As the bereaved struggle to make sense of their new situation they often find that the advice they receive is produced by medical professionals who have

never personally experienced grief; and filled with platitudes and clichés, with very little practical help. How long does grief last? What can I do to help myself? Are there really five stages of grief? Why can't other people understand how I feel? Will I ever be happy again? Pat Bertram debunks many established beliefs about what grief is, how it affects those left behind, and how to adjust to a world that no longer contains your loved one.

after death communication examples: Site Reliability Engineering Niall Richard Murphy, Betsy Beyer, Chris Jones, Jennifer Petoff, 2016-03-23 The overwhelming majority of a software system's lifespan is spent in use, not in design or implementation. So, why does conventional wisdom insist that software engineers focus primarily on the design and development of large-scale computing systems? In this collection of essays and articles, key members of Google's Site Reliability Team explain how and why their commitment to the entire lifecycle has enabled the company to successfully build, deploy, monitor, and maintain some of the largest software systems in the world. You'll learn the principles and practices that enable Google engineers to make systems more scalable, reliable, and efficient—lessons directly applicable to your organization. This book is divided into four sections: Introduction—Learn what site reliability engineering is and why it differs from conventional IT industry practices Principles—Examine the patterns, behaviors, and areas of concern that influence the work of a site reliability engineer (SRE) Practices—Understand the theory and practice of an SRE's day-to-day work: building and operating large distributed computing systems Management—Explore Google's best practices for training, communication, and meetings that your organization can use

after death communication examples: Signs from the Afterlife Lyn Ragan, 2017-07-29 Signs From The Afterlife: Identifying Gifts From The Other Side By Lyn Ragan

after death communication examples: He Blew Her a Kiss Angie Pechak Printup, Kelley Stewart Dollar, 2010 It comes as a brush of the shoulder, a breath, a familiar scent, or perhaps a gentle breeze when everything else is still. These remarkable sensations are all examples of our loved ones communicating to us after they are gone from this life—letting us know they are in a better place, and yet still with us. *He Blew Her a Kiss* collects dozens of such stories of after-death communication, in which husbands, wives, children, grandparents, and others, gently let us know that their spirit lives on. This series of short, delightfully written vignettes—based on real-life stories from all over the country—describes: -How a simple note tied to a balloon proves the incredible power of love to transcend all, following the death of a beloved wife -The voicemail message a sister receives after her brother has passed—and its incredible tidings of hope -The uncanny revelation contained in a TV game show that supplies comfort to a family after the death of their patriarch -The nightlight that flickers only when a granddaughter speaks of her late grandmother—and how it refuses to go out...and much more Filled with touching accounts that will make you smile and cry at the same time, *He Blew Her a Kiss* is required reading for anyone who has ever experienced the loss of a loved one and needs a little help to carry on.

after death communication examples: Ambiguous Loss Pauline BOSS, Pauline Boss, 2009-06-30 When a loved one dies we mourn our loss. We take comfort in the rituals that mark the passing, and we turn to those around us for support. But what happens when there is no closure, when a family member or a friend who may be still alive is lost to us nonetheless? How, for example, does the mother whose soldier son is missing in action, or the family of an Alzheimer's patient who is suffering from severe dementia, deal with the uncertainty surrounding this kind of loss? In this sensitive and lucid account, Pauline Boss explains that, all too often, those confronted with such ambiguous loss fluctuate between hope and hopelessness. Suffered too long, these emotions can deaden feeling and make it impossible for people to move on with their lives. Yet the central message of this book is that they can move on. Drawing on her research and clinical experience, Boss suggests strategies that can cushion the pain and help families come to terms with their grief. Her work features the heartening narratives of those who cope with ambiguous loss and manage to leave their sadness behind, including those who have lost family members to divorce, immigration, adoption, chronic mental illness, and brain injury. With its message of hope, this eloquent book

offers guidance and understanding to those struggling to regain their lives. Table of Contents: 1. Frozen Grief 2. Leaving without Goodbye 3. Goodbye without Leaving 4. Mixed Emotions 5. Ups and Downs 6. The Family Gamble 7. The Turning Point 8. Making Sense out of Ambiguity 9. The Benefit of a Doubt Notes Acknowledgments Reviews of this book: You will find yourself thinking about the issues discussed in this book long after you put it down and perhaps wishing you had extra copies for friends and family members who might benefit from knowing that their sorrows are not unique...This book's value lies in its giving a name to a force many of us will confront--sadly, more than once--and providing personal stories based on 20 years of interviews and research. --Pamela Gerhardt, Washington Post Reviews of this book: A compassionate exploration of the effects of ambiguous loss and how those experiencing it handle this most devastating of losses ... Boss's approach is to encourage families to talk together, to reach a consensus about how to mourn that which has been lost and how to celebrate that which remains. Her simple stories of families doing just that contain lessons for all. Insightful, practical, and refreshingly free of psychobabble. --Kirkus Review Reviews of this book: Engagingly written and richly rewarding, this title presents what Boss has learned from many years of treating individuals and families suffering from uncertain or incomplete loss...The obvious depth of the author's understanding of sufferers of ambiguous loss and the facility with which she communicates that understanding make this a book to be recommended. --R. R. Cornelli, Choice Reviews of this book: Written for a wide readership, the concepts of ambiguous loss take immediate form through the many provocative examples and stories Boss includes, All readers will find stories with which they will relate...Sensitive, grounded and practical, this book should, in my estimation, be required reading for family practitioners. --Ted Bowman, Family Forum Reviews of this book: Dr. Boss describes [the] all-too-common phenomenon [of unresolved grief] as resulting from either of two circumstances: when the lost person is still physically present but emotionally absent or when the lost person is physically absent but still emotionally present. In addition to senility, physical presence but psychological absence may result, for example, when a person is suffering from a serious mental disorder like schizophrenia or depression or debilitating neurological damage from an accident or severe stroke, when a person abuses drugs or alcohol, when a child is autistic or when a spouse is a workaholic who is not really 'there' even when he or she is at home...Cases of physical absence with continuing psychological presence typically occur when a soldier is missing in action, when a child disappears and is not found, when a former lover or spouse is still very much missed, when a child 'loses' a parent to divorce or when people are separated from their loved ones by immigration...Professionals familiar with Dr. Boss's work emphasised that people suffering from ambiguous loss were not mentally ill, but were just stuck and needed help getting past the barrier or unresolved grief so that they could get on with their lives. --Asian Age Combining her talents as a compassionate family therapist and a creative researcher, Pauline Boss eloquently shows the many and complex ways that people can cope with the inevitable losses in contemporary family life. A wise book, and certain to become a classic. --Constance R. Ahrons, author of The Good Divorce A powerful and healing book. Families experiencing ambiguous loss will find strategies for seeing what aspects of their loved ones remain, and for understanding and grieving what they have lost. Pauline Boss offers us both insight and clarity. --Kathy Weingarten, Ph.D, The Family Institute of Cambridge, Harvard Medical School

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long historical view is also taken of posthumous harm; that is, body-snatching in the late Georgian period, and organ-snatching at Alder Hey in the 1990s.

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after death communication examples: Non-Death Loss and Grief Darcy L. Harris, 2019-10-16 *Non-Death Loss and Grief* offers an inclusive perspective on loss and grief, exploring recent research, clinical applications, and current thinking on non-death losses and the unique features of the grieving process that accompany them. The book places an overarching focus on the losses that we encounter in everyday life, and the role of these loss experiences in shaping us as we continue living. A main emphasis is the importance of having words to accurately express these 'living losses', such as loss of communication with a loved one due to disease or trauma, which are often not acknowledged for the depth of their impact. Chapters showcase a wide range of contributions from international leaders in the field and explore individual perspectives on loss as well as experiences that are more interpersonal and sociopolitical in nature. Illustrated by case studies and clinical examples throughout, this is a highly relevant text for clinicians looking to enhance their support of those living with ongoing loss and grief.

after death communication examples: Bridging Two Realms John Holland, 2018-02-27 There could be many reasons why you're drawn to this book — or perhaps synchronicity had a part to play in that this book somehow found you! Are you looking for answers as to what happens to your loved ones after they've passed? Perhaps you're wondering what you should do after having had your own psychic experience. Whether you're a student of psychic studies or a practicing medium, a believer or a skeptic, or someone who is bereaved as a result of a loss, this book was written to provide you with all the answers to your questions about the Other-Side. In *Bridging Two Realms*, renowned psychic medium John Holland offers one of the clearest pictures anyone could have of the Spirit

World. He draws on his decades of personal experiences with Spirit, and includes inspirational stories and real-life case studies, to help you pursue the unfoldment of your own spiritual abilities safely and wisely. His hope is to help the bereaved by giving them comfort and inspiration in knowing that there really is life after physical death. There is evidence of the Spirit World and what happens in those spiritual realms. Your loved ones are just a thought away, and you can still communicate with them. They're still close, and they often try to reach out to us to lend their love and support. Ultimately, you will learn that mediumship is not just about connecting to the Spirit World; it's just as much about helping and healing the living. There are spiritual bridges that can be built to connect to your loved ones who have passed, as well as the most important bridge of all: the bridge to your own spirit.

after death communication examples: Too Much Loss: Coping with Grief Overload Alan Wolfelt, 2020-09-01 Grief overload is what you feel when you experience too many significant losses all at once, in a relatively short period of time, or cumulatively. In addition to the deaths of loved ones, such losses can also include divorce, estrangement, illness, relocation, job changes, and more. Our minds and hearts have enough trouble coping with a single loss, so when the losses pile up, the grief often seems especially chaotic and defeating. The good news is that through intentional, active mourning, you can and will find your way back to hope and healing. This compassionate guide will show you how.

after death communication examples: Pain Management and the Opioid Epidemic National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse, 2017-09-28 Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

after death communication examples: *Transforming the Workforce for Children Birth Through Age 8* National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on the Science of Children Birth to Age 8: Deepening and Broadening the Foundation for Success, 2015-07-23 Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. *Transforming the Workforce for Children Birth Through Age 8* explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a

blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

after death communication examples: Surviving Death Leslie Kean, 2018-03-06 THE INSPIRATION FOR THE NETFLIX ORIGINAL SERIES • An impeccably researched, page-turning investigation, revealing stunning and wide-ranging evidence suggesting that consciousness survives death, from New York Times bestselling author Leslie Kean “An engaging, personal, and transformative journey that challenges the skeptic and informs us all.”—Harold E. Puthoff, Ph.D., director of the Institute for Advanced Studies at Austin In this groundbreaking book, award-winning journalist and New York Times bestselling author Leslie Kean investigates the unexplained continuity of the human psyche after death. Here, Kean explores the most compelling case studies of young children reporting verifiable details from past lives, contemporary mediums who seem to defy the boundaries of the brain and of the physical world, apparitions providing information about their lives on earth, and people who die and then come back to report journeys into another dimension. Based on facts and scientific studies, *Surviving Death* includes fascinating chapters by medical doctors, psychiatrists, and PhDs from four countries. As a seasoned reporter whose work transcends belief systems and ideology, Kean enriches the narrative by including her own unexpected, confounding experiences encountered while she probed the question concerning all of us: Do we survive death?

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after death communication examples: *Bereavement* Institute of Medicine, Committee for the Study of Health Consequences of the Stress of Bereavement, 1984-02-01 The book is well organized, well detailed, and well referenced; it is an invaluable sourcebook for researchers and clinicians working in the area of bereavement. For those with limited knowledge about bereavement, this volume provides an excellent introduction to the field and should be of use to students as well as to professionals, states *Contemporary Psychology*. The *Lancet* comments that this book makes good and compelling reading....It was mandated to address three questions: what is known about the health consequences of bereavement; what further research would be important and promising; and whether there are preventive interventions that should either be widely adopted or further tested to evaluate their efficacy. The writers have fulfilled this mandate well.

after death communication examples: *Answers about the Afterlife* Bob Olson, 2014 Olson is a former skeptic who began investigating evidence of life after death after the passing of his father. This book is a comprehensive resource answering the most crucial questions about what happens when we die. He considers near-death experiences, after-death communications, spirit contact through mediums, past lives, past-life memories, out-of-body experiences, dream visitations, and much more.

after death communication examples: *Families Caring for an Aging America* National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Family Caregiving for Older Adults, 2016-12-08 Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. *Families Caring for an Aging America* examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults.

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