

advanced practice nursing in the care of older adults

Advanced Practice Nursing in the Care of Older Adults: A Comprehensive Guide

Author: Dr. Evelyn Reed, GNP-BC, DNP, FAANP. Dr. Reed is a board-certified Gerontological Nurse Practitioner with over 20 years of experience in providing advanced practice nursing in the care of older adults. She holds a Doctor of Nursing Practice (DNP) degree and is a Fellow of the American Academy of Nurse Practitioners (FAANP). Her expertise lies in geriatric assessment, chronic disease management, and palliative care for the elderly.

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Editor: Dr. Sarah Miller, RN, PhD, FAAN. Dr. Miller is a professor of Gerontology and Nursing at a leading university and a Fellow of the American Academy of Nursing (FAAN). She has extensive experience in editing and publishing scholarly works related to geriatric nursing and advanced practice.

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Summary: This guide provides a comprehensive overview of advanced practice nursing in the care of older adults. It explores best practices in geriatric assessment, chronic disease management, palliative and end-of-life care, and addresses common pitfalls encountered in this specialized area of nursing. The guide highlights the crucial role of advanced practice registered nurses (APRNs) in improving the quality of life and health outcomes for older adults, emphasizing the importance of holistic care, patient advocacy, and interprofessional collaboration.

1. Understanding the Unique Needs of Older Adults

Older adults present unique healthcare challenges. Advanced practice nursing in the care of older adults necessitates a deep understanding of the physiological, psychological, and social changes associated with aging. These changes can impact medication metabolism, increase susceptibility to infections, and influence cognitive function and emotional wellbeing. APRNs play a vital role in recognizing and addressing these complexities, adapting care plans to meet individual needs. This requires a holistic approach considering the geriatric assessment parameters, including physical, cognitive, functional, and social aspects.

2. Geriatric Assessment: The Cornerstone of Effective Care

A comprehensive geriatric assessment is fundamental to advanced practice nursing in the care of older adults. It goes beyond traditional physical examinations, incorporating detailed assessments of cognitive function (using tools like the Mini-Mental State Examination – MMSE), functional abilities (Activities of Daily Living – ADLs and Instrumental Activities of Daily Living – IADLs), nutritional status, social support systems, and mental health. This holistic approach allows APRNs to identify potential problems early and tailor interventions to improve the overall well-being of their patients.

3. Chronic Disease Management in Older Adults

Many older adults live with multiple chronic conditions, requiring complex medication management and coordinated care. Advanced practice nursing in the care of older adults emphasizes proactive management of these conditions. APRNs are uniquely positioned to educate patients and families about their illnesses, optimize medication regimens (considering polypharmacy risks), and implement preventative strategies to minimize complications and improve quality of life. This includes careful monitoring for adverse drug events and interactions, a significant concern in this population.

4. Palliative and End-of-Life Care: Providing Compassionate Support

As individuals age, the need for palliative and end-of-life care increases. Advanced practice nursing in the care of older adults plays a critical role in providing compassionate, holistic care during this challenging time. APRNs can assist patients and their families in making informed decisions about their care, manage symptoms, and provide emotional support, ensuring a dignified and comfortable end-of-life experience. This includes addressing pain management, spiritual needs, and bereavement support.

5. Common Pitfalls in Geriatric Care: Avoiding Errors and Ensuring Quality

Despite the expertise and training of APRNs, several pitfalls can negatively impact the care of older adults. These include under-diagnosis of depression and cognitive impairment, overlooking the impact of social determinants of health, inadequate pain management, and polypharmacy-related complications. Advanced practice nursing in the care of older adults requires vigilance in recognizing and mitigating these risks, emphasizing preventative measures and collaborative care approaches.

6. The Importance of Interprofessional Collaboration

Effective care for older adults often necessitates a collaborative approach. Advanced practice nursing in the care of older adults emphasizes teamwork with physicians, social workers, physical therapists, occupational therapists, and other healthcare professionals. Effective communication and coordination of care ensure that patients receive comprehensive, integrated services tailored to their needs.

7. Advocacy and Patient Empowerment

APRNs are advocates for their older adult patients. They ensure that patients receive appropriate access to healthcare services, navigate the complexities of the healthcare system, and understand their treatment options. This empowers patients to take an active role in their healthcare decisions, improving adherence to treatment plans and overall health outcomes.

8. Utilizing Technology to Enhance Geriatric Care

Technology plays an increasingly important role in advanced practice nursing in the care of older adults. Telehealth, remote monitoring devices, and electronic health records can improve access to care, enhance communication, and facilitate proactive disease management. APRNs must be adept at using these tools to provide high-quality care, particularly for those living in rural or underserved areas.

9. Ethical Considerations in Geriatric Care

Ethical considerations are paramount in the care of older adults. APRNs must navigate complex ethical dilemmas concerning decision-making capacity, end-of-life care, and resource allocation. A strong ethical framework, informed by professional guidelines and ongoing education, is crucial for providing ethical and high-quality care.

Conclusion:

Advanced practice nursing in the care of older adults is a rapidly evolving and increasingly crucial field. APRNs play a pivotal role in improving the health and well-being of this growing population. By embracing best practices, addressing common pitfalls, and fostering interprofessional collaboration, APRNs can significantly enhance the quality of life for older adults and their families. Continuous learning and adaptation to new developments in geriatric care are essential to ensure the ongoing provision of high-quality, compassionate care.

FAQs:

1. What is the difference between a Geriatric Nurse Practitioner (GNP) and a Family Nurse Practitioner (FNP)? While both are APRNs, GNPs specialize exclusively in the care of older adults, possessing in-depth knowledge of geriatric-specific conditions and assessment techniques. FNPs may care for older adults but also provide care across the lifespan.
1. What are the most common chronic conditions seen in older adults? These include heart disease, stroke, cancer, type 2 diabetes, arthritis, and dementia.

1. What is polypharmacy, and why is it a concern in older adults? Polypharmacy refers to the use of multiple medications simultaneously. It increases the risk of adverse drug reactions and interactions, especially in older adults due to age-related changes in drug metabolism and organ function.

1. How can advanced practice nurses help prevent falls in older adults? APRNs can assess fall risks, recommend exercise programs, review medications, and make environmental modifications to reduce fall hazards.

1. What role do APRNs play in dementia care? APRNs provide comprehensive assessment, diagnosis support, medication management, and education for patients and caregivers dealing with dementia.

1. How can family caregivers be supported in the care of older adults? APRNs provide education, resources, and emotional support to family caregivers, reducing caregiver burden and improving the quality of care for the older adult.

1. What is the role of telehealth in advanced practice nursing for older adults? Telehealth expands access to care, facilitates remote monitoring, and improves communication between APRNs and their patients, especially those with mobility limitations.

1. What are the key ethical considerations in end-of-life care for older adults? These include respecting patient autonomy, ensuring informed consent, managing pain and suffering effectively, and providing compassionate support to both the patient and family.

1. Where can I find resources for continuing education in geriatric nursing? Numerous professional organizations, such as the Gerontological Society of America and the American Association of Colleges of Nursing, offer continuing education courses and resources.

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Optimal Patient Outcomes": Highlights the importance of collaboration between healthcare professionals in providing holistic care for older adults.

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healthy aging, comprehensive geriatric assessment, and common symptoms and illnesses that present in older adults. Given the complexity of prescribing for older adults taking multiple medications, a chapter on polypharmacy is included. The book concludes with a chapter on care delivery for patients with chronic illnesses who face end-of-life care--

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Additionally, the text delves into cultural differences that impact treatment and addresses the distinct needs of patients during a pandemic such as COVID-19. Key Features: Written specifically for APNs and students who work in the geropsychiatry field Presents evidence-based content within a holistic nursing framework Links psychopharmacological content with psychotherapy Describes cultural considerations in assessment and treatment during a pandemic such as COVID-19—in assessment and treatment Delivers key information on interprofessional approaches to patient care Includes Case studies with discussion questions Interprofessional Boxes contain key information on partnerships that can enhance care Evidence-Based Practice Boxes focus on proven strategies and resources Purchase includes digital access for use on most mobile devices or computers.

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Michael Wasserman, James Riopelle, 2017-10-03 This book provides a comprehensive and systematic state-of-the science review of major primary care delivery models, how they address specific needs of older adults, and available evidence for their efficacy. Written by experts in the field, this book explores the patient-centered medical home model (PCMH) in depth and dives into the complexities of the “medical neighborhood”. It describes and analyzes primary care specifically directed toward special, complex populations, such as the Health Home for safety net patients with mental health needs, and intensive primary care for older adults. It reviews an array of primary care models related to dual eligible patients including the GRACE primary care consultation model and PACE models. It describes primary care with Advanced Practice Nurses and Physician Assistants and explores in-depth the massive effort within the VA to develop the Patient Activated Care Team (PACT), a VA form of the PCMH that also has several offshoots that address complex older veterans and veterans with severe mental illness. Finally, it illuminates rarely discussed primary care that occurs within the home and within long-term care. Throughout the entire book, experts navigate the workforce, care quality, and financing challenges of primary care for older adults. *Primary Care for Older Adults* is a valuable resource for clinicians, researchers, patients, caregivers and their advocates, and policy makers who have an interest in designing, promoting, and implementing high quality primary care for older adults.

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Care of Older Adults Larue Kennedy-Malone, Lori Martin-Plank, Evelyn Duffy, 2018-10-31 Meet the diverse health care needs of older adults! Explore effective ways to enhance the wellness and independence of older adults across the wellness-illness continuum, including acute, primary, and long-term care. From an overview of the theories of aging and assessment through the treatment of disorders, including complex illnesses, this evidence-based book provides the comprehensive gerontological coverage you need to prepare for your role as an Advanced Practice Nurse. You'll be prepared for boards and for practice.

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Nursing for the Advanced Practice Nurse Meredith Wallace Kazer, Leslie Neal-Boylan, 2011-11-15 As the fastest growing population sector worldwide, older adults are seen in almost every care setting in which clinicians practice. Developed as a resource for advanced practice nurses in any setting, *Case Studies in Gerontological Nursing for the Advanced Practice Nurse* presents readers with a range of both typical and atypical cases from real clinical scenarios. The book is organized into six units covering cases related to ageism, common health challenges, health promotion, environments of care, cognitive and psychological issues, and issues relating to aging and independence. Each case follows a similar format including the patient's presentation, critical thinking questions, and a thorough discussion of the case resolution through which students and clinicians can enhance their clinical reasoning skills. Designed to promote geriatric clinical education through self-assessment or classroom use, *Case Studies in Gerontological Nursing for the Advanced Practice Nurse* is a key resource for all those dedicated to improving care for older adults.

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Proficiencies for the APRN Gerontological Specialist Gerontological Advanced Practice Nurses Association, 2015-10-01 The APRN Gerontological Specialist is an advanced practice registered

nurse who has acquired ongoing education and clinical experience, distinctive expertise, fluency, and advanced clinical decision-making proficiencies for managing the complexities of older adults and their families/carers with multifaceted, multilayered health care needs. In recognition that high-quality specialized care of older adults is a public health priority, the Gerontological Advanced Practice Nurses Association developed this document to facilitate the retention of gerontological specialization in advanced practice nursing. This document provides guidance for the development of specialized curriculum and clinical practice roles as well as certification programs.

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Underscores the complexity of prescribing drugs for older adults while providing state-of-the-art guidelines for safe patient care. An evidence-based, quick-access reference for adult gerontology nurse practitioners and related healthcare providers, this text describes a holistic, patient-centered approach to prescribing drugs to older adults. Comprehensive yet concise writing distills timely guidance on the complexities of safely prescribing to this unique population. This book opens with physiologic changes and assessment considerations for older adults, followed by a discussion of pharmacokinetics and pharmacodynamics, then a final section on guidelines for drug selection, drug interactions, and multimorbidities. Each chapter presents information in a consistent, easy-to-read template. Patient Care Pearls alert readers to crucial information and relevant case studies with examples of inappropriate medical prescribing provide context for drug delivery. Key points and chapter summaries help reinforce information. Additional features include the provision of guidelines for psychotropic medications in LTC facilities, special considerations for frail older adults, and the role of pharmacists as a resource for other practitioners. Key Features: Decision-making guidance on prescribing practices in varied settings. Discusses in depth physiological considerations including multimorbidity and polypharmacy. Presents Beer's Criteria and its implications. Guidelines for psychotropic medications in LTC facilities. Special considerations for frail older adults. Patient Care Pearls, case studies, key points, and chapter summaries.

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advanced practice nursing in the care of older adults: *Evidence-Based Geriatric Nursing Protocols for Best Practice* Marie Boltz, PhD, RN, GNP-BC, FGSA, FAAN, Elizabeth Capezuti, PhD, RN, FAAN, Terry T. Fulmer, PhD, RN, FAAN, DeAnne Zwicker, DrNP, APRN, BC, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital, long-term, and community settings delivers current guidelines, real-life case studies, and evidence-based protocols developed by master educators and practitioners. With a focus on improving quality of care, cost-effectiveness, and outcome, the fifth edition is updated to provide the

most current information about care of common clinical conditions and issues in older patients. Several new expert contributors present current guidelines about hip fractures, frailty, perioperative and postoperative care, palliative care, and senior-friendly emergency departments. Additionally, chapters have been reorganized to enhance logical flow of content and easy information retrieval. Protocols, systematically tested by more than 300 participating NICHE (Nurses Improving Care for Health system Elders) hospitals, are organized in a consistent format and include an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, protocols are embedded within chapter text, providing the context and detailed evidence for each. Chapter objectives, annotated references, and evidence ratings for each protocol are provided along with resources for additional study. New to the Fifth Edition: Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care, general surgical care, care of hip fracture, palliative care, and the senior-friendly emergency department Key Features: Includes PowerPoints and a test bank for instructors Delivers evidence-based, current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

advanced practice nursing in the care of older adults: The Future of Nursing Institute of Medicine, Committee on the Robert Wood Johnson Foundation Initiative on the Future of Nursing, at the Institute of Medicine, 2011-02-08 The Future of Nursing explores how nurses' roles, responsibilities, and education should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in improving the quality and safety of care as envisioned in the Affordable Care Act (ACA) enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and institutional obstacles-including limits on nurses' scope of practice-should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of nursing.

advanced practice nursing in the care of older adults: *Advanced Practice Nursing* Michaelene P. Jansen, PhD, RN-C, GNP-BC, NP-C, Mary Zwygart-Stauffacher, PhD, RN, GNP/GC, 2009-10-26 Designated a Doody's Core Title! This is a valuable resource to help prepare advanced practice nurses with the skills necessary to navigate the healthcare arena. The editors and contributors are experienced advanced practice nurses with valuable information to share with novice practitioners. Score: 100, 5 stars. Doody's Medical Reviews Now in its fourth edition, this highly acclaimed book remains the key title serving graduate-level advanced practice nurses (APNs) and recent graduates about to launch their careers. The book outlines what is required of the APN, with guidelines for professional practice for each of the four APN roles: the nurse practitioner, clinical nurse specialist, certified nurse midwife, and certified registered nurse anesthetist. *Advanced Practice Nursing* focuses not only on the care and management of patients, but also on how to meet the many challenges of the rapidly changing health care arena. Obtaining certification, navigating reimbursement, and translating research into practice are just a few of the challenges discussed. Key Features: Essential information on educational requirements and certification Advice

on how to make the transition into professional practice Guidelines for ethical and clinical decision making Discussions on the DNP and CNL roles in AP nursing Updated and revised content on leadership development, regulation, informatics, health care organization, and health care policy

advanced practice nursing in the care of older adults: Families Caring for an Aging America National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Family Caregiving for Older Adults, 2016-12-08 Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults.

advanced practice nursing in the care of older adults: *Clinical Manual of Geriatric Psychopharmacology, Second Edition* Sandra A. Jacobson, M.D., 2014-02-12 Preceded by Clinical manual of geriatric psychopharmacology / Sandra A. Jacobson, Ronald W. Pies, Ira R. Katz. 2007.

advanced practice nursing in the care of older adults: *Nurse Practitioner Certification Exam Prep* Margaret A. Fitzgerald, 2020-12-04 Start preparing for your future...today! Develop the test-taking skills you need to prepare for your certification examination and build the knowledge base you need to successfully enter practice. Begin with high-yield content reviews of must-know disorders; then quiz yourself with questions reflecting those found on the ANCC and AANP certification examinations. More than 2,500 questions with detailed rationales for both correct and incorrect responses to help you hone your diagnostic and treatment reasoning skills. Looking for more NP certification resources? Boost your chances for success with Family Practice and Adult-Gerontology Primary Care Nurse Practitioner Certification Examination. Purchase both books together for a discounted price. A must have for FNP study!! "My most valuable asset for FNP study! I used this throughout my FNP program and highly recommend it! Fitzgerald uses easy to learn concepts and helps you to remember key concepts necessary to practice! Passed my AANP on my first attempt!"—Brandee, Online Reviewer This book is amazing. Not only did it help me pass my... "certification on the first try, but has also become my trustworthy resource in practice."—Rob, Online Reviewer Great material not just to review for certification boards "Great material not just to review for certification boards, but also FNP students looking for short summaries of key information." —James D., Online Reviewer

advanced practice nursing in the care of older adults: *Miller's Nursing for Wellness in Older Adults* Sandra Hirst, Annette Lane, Carol A. Miller, 2015

advanced practice nursing in the care of older adults: *Patient Safety and Quality* Ronda Hughes, 2008 Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043). - online AHRQ blurb, <http://www.ahrq.gov/qual/nursesfdbk/>

advanced practice nursing in the care of older adults: Fragility Fracture Nursing Karen Hertz, Julie Santy-Tomlinson, 2018-06-15 This open access book aims to provide a comprehensive but practical overview of the knowledge required for the assessment and management of the older

adult with or at risk of fragility fracture. It considers this from the perspectives of all of the settings in which this group of patients receive nursing care. Globally, a fragility fracture is estimated to occur every 3 seconds. This amounts to 25 000 fractures per day or 9 million per year. The financial costs are reported to be: 32 billion EUR per year in Europe and 20 billion USD in the United States. As the population of China ages, the cost of hip fracture care there is likely to reach 1.25 billion USD by 2020 and 265 billion by 2050 (International Osteoporosis Foundation 2016). Consequently, the need for nursing for patients with fragility fracture across the world is immense. Fragility fracture is one of the foremost challenges for health care providers, and the impact of each one of those expected 9 million hip fractures is significant pain, disability, reduced quality of life, loss of independence and decreased life expectancy. There is a need for coordinated, multi-disciplinary models of care for secondary fracture prevention based on the increasing evidence that such models make a difference. There is also a need to promote and facilitate high quality, evidence-based effective care to those who suffer a fragility fracture with a focus on the best outcomes for recovery, rehabilitation and secondary prevention of further fracture. The care community has to understand better the experience of fragility fracture from the perspective of the patient so that direct improvements in care can be based on the perspectives of the users. This book supports these needs by providing a comprehensive approach to nursing practice in fragility fracture care.

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settings, this 4th edition has been thoroughly updated to provide the most current, evidence-based protocols for care of common clinical conditions and issues in elderly patients. Designed to improve the quality, outcomes, and cost-effectiveness of health care, these guidelines are the result of collaboration between leading practitioners and educators in geriatric nursing and New York University College of Nursing. Protocols for each clinical condition have been developed by experts in that particular area, and most have been systematically tested by over 300 participating hospitals in Nurses Improving Care for Health System Elders (NICHE). Evidence is derived from all levels of care, including community, primary, and long-term care. A systematic method in compliance with the AGREE appraisal process was used to rate the levels of evidence for each protocol. Protocols are organized in a consistent format for ease of use, and each includes an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, each protocol is embedded within chapter text, which provides the context and detailed evidence for the protocol. Each chapter contains resources for further study. Key Features: Updated to provide a wide range of evidence-based geriatric protocols for best practices Contains new chapters on function-focused care, catheter-associated urinary tract infections, mistreatment detection, acute care models, and transitional care Illustrates application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known leaders in geriatric nursing education and practice, who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Encompasses the contributions of 58 leading practitioners of geriatric care Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

advanced practice nursing in the care of older adults: Canadian Perspectives on Advanced Practice Nursing, Second Edition Eric Staples, Roger Pilon, Ruth A. Hannon, 2020-12-18 Now in its second edition, *Canadian Perspectives on Advanced Practice Nursing* provides a comprehensive and uniquely Canadian review of the roles of clinical nurse specialists and nurse practitioners, the two streams of advanced practice nursing (APN) in the country. With contributions from notable professionals and academics of the field, the text explores the history and evolution of APN in Canada, from its rural and remote outpost beginnings to the present, and proposes a vision for its future within the health care system. Key issues are examined in relation to economic, educational, legislative, political, regulatory, and social environments that have shaped the continued integration of APN roles across the country. Additionally, the contributors apply the Canadian Nurses Association's pan-Canadian framework and role competencies to real clinical cases. Speciality roles, including geropsychiatry, ambulatory care, and neonatal, are also examined. New to this edition are chapters that focus on the unique challenges of developing APN roles in Quebec; the social determinants of health of Indigenous, inner-city, rural and remote, LGBT2SQ, and refugee and migrant populations in Canada; and other critical issues, such as performance assessment and global perspectives. Thoroughly updated, this second edition of *Canadian Perspectives on Advanced Practice Nursing* is a must-read for those in the nursing profession, especially students in nursing programs.

advanced practice nursing in the care of older adults: Case Studies in Geriatric Primary Care & Multimorbidity Management Karen Dick, Terry Mahan Buttar, 2019-01-29 Awarded first place in the 2019 AJN Book of the Year Awards in the Gerontologic Nursing category second place in the Advanced Practice Nursing category. Gain expert primary care of older adults with a case-based approach to geriatric primary care and multimorbidity management Written by two leading academic and clinical experts in geriatric primary care, *Case Studies in Geriatric Primary Care and Multimorbidity Management*, 1st Edition uses detailed Exemplar Case Studies and Practice case studies to teach you how to think like an expert geriatric clinician. Because most older adults have more than one condition when seeking care, both Exemplar and Practice Case Studies place a strong emphasis on multimorbidity management, (the management of patients with a host of complex, interacting conditions). To provide extensive practice in learning how to think like an expert, case studies reflect the reality that care does not necessarily begin or end in the primary care setting, cases move fluidly from primary care to acute care to inpatient rehabilitation to assisted living to

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advanced practice nursing in the care of older adults: *Gerontological Nursing:*

Competencies for Care Kristen L. Mauk, 2010-10-25 Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. *Gerontological Nursing: Competencies for Care*, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

advanced practice nursing in the care of older adults: *Critical Care Nursing of Older Adults*

Marquis D. Foreman PhD, RN, FAAN, Terry T. Fulmer PhD, RN, FAAN, Dr. Koen Milisen PhD, RN, 2009-11-16 2010 AJN Book of the Year Award Winner in Critical Care--Emergency Nursing! Designated a Doody's Core Title! This evidence-based book is an excellent reference for ensuring high-quality management of the elderly and of their particular needs in the critical care setting. --AJN [This] book's contents run the gamut of elder problems and care: physiology, pharmacology, nutrition, restraints, substance abuse....it is a compendium that can be used as a text or a resource. --Claire M. Fagin, PhD, RN, FAAN (From the Foreword) This book is an evidence-based, best-practices guide that directs the bedside care of critically ill elders. The book serves as a reference on major clinical issues for nurses working at the forefront of care--from nurses in critical care and step-down units to those in trauma and emergency departments. Nurse educators at all degree levels will also find this book to be useful as a textbook and resource for students. The authors provide evidence-based, practical guidelines for both the complex clinical and management aspects of care. The book offers comprehensive coverage of all the issues caregivers need to be up to date on, including the standards of practice for geriatric care, new technologies, pharmacotherapy, pain management issues, ethical issues, and much more. Key topics discussed: Strategies for patient safety for older patients in the intensive care setting Family responses to critical care of the older adult Infection, sepsis, and immune function Understanding and managing sleep disorders in older patients in the ICU Heart failure in the critically ill older patient Substance

abuse and withdrawal in elderly patients

advanced practice nursing in the care of older adults: *Pediatric Primary Care - E-Book*
Catherine E. Burns, Ardys M. Dunn, Margaret A. Brady, Nancy Barber Starr, Catherine G. Blosser, Dawn Lee Garzon, 2016-03-02 Get an in-depth look at pediatric primary care through the eyes of a Nurse Practitioner! Pediatric Primary Care, 6th Edition guides readers through the process of assessing, managing, and preventing health problems in infants, children, and adolescents. Key topics include developmental theory, issues of daily living, the health status of children today, and diversity and cultural considerations. This sixth edition also features a wealth of new content and updates — such as a new chapter on pediatric pharmacology, full-color design and illustrations, new QSEN integration, updated coverage of the impact of the Affordable Care Act, a refocused chapter on practice management, and more — to keep readers up to date on the latest issues affecting practice today. Comprehensive content provides a complete foundation in the primary care of children from the unique perspective of the Nurse Practitioner and covers the full spectrum of health conditions seen in the primary care of children, emphasizing both prevention and management. In-depth guidance on assessing and managing pediatric health problems covers patients from infancy through adolescence. Four-part organization includes 1) an introductory unit on the foundations of global pediatric health, child and family health assessment, and cultural perspectives for pediatric primary care; 2) a unit on managing child development; 3) a unit on health promotion and management; and 4) a unit on disease management. Content devoted to issues of daily living covers issues that are a part of every child's growth — such as nutrition and toilet training — that could lead to health problems unless appropriate education and guidance are given. Algorithms are used throughout the book to provide a concise overview of the evaluation and management of common disorders. Resources for providers and families are also included throughout the text for further information. Expert editor team well is well-versed in the scope of practice and knowledge base of Pediatric Nurse Practitioners (PNPs) and Family Nurse Practitioners (FNPs).

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