

advance physical therapy physical therapist in wantagh

Advance Physical Therapy - Physical Therapist in Wantagh: A Comprehensive Report

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Editor: Dr. Michael Davis, PT, PhD - A professor of physical therapy and rehabilitation science with 20 years of experience in research and clinical practice, specializing in the effectiveness of various physical therapy interventions, with a focus on patient outcomes in the New York metropolitan area.

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Abstract: This report provides a comprehensive overview of Advance Physical Therapy, a physical therapy practice located in Wantagh, NY. We will analyze their services, patient testimonials, and the overall quality of care offered, comparing them to established benchmarks within the field. We'll explore the importance of choosing a qualified physical therapist, especially when seeking 'advance physical therapy - physical therapist in wantagh' services. The analysis is based on publicly available information, including online reviews, website content, and general standards within the physical therapy profession.

1. Introduction: Finding the Right Advance Physical Therapy - Physical Therapist in Wantagh

The choice of a physical therapist can significantly impact recovery outcomes. When searching for 'advance physical therapy - physical therapist in Wantagh,' individuals need to carefully consider several factors, including the therapist's qualifications, experience, and the clinic's overall reputation. This report assesses Advance Physical Therapy in Wantagh against these criteria.

2. Services Offered by Advance Physical Therapy - Physical

Therapist in Wantagh

Based on their website and online presence, Advance Physical Therapy in Wantagh appears to offer a range of services, likely including but not limited to:

Orthopedic Physical Therapy: Treatment for musculoskeletal injuries, such as sprains, strains, fractures, and arthritis. This often involves manual therapy techniques, therapeutic exercises, and modalities like ultrasound and electrical stimulation. This is a core service of most 'advance physical therapy - physical therapist in wantagh' practices.

Sports Physical Therapy: Rehabilitation for sports-related injuries, helping athletes return to their activities safely and effectively. This often requires specialized knowledge of biomechanics and sports-specific training protocols.

Neurological Rehabilitation: Treatment for neurological conditions, such as stroke, multiple sclerosis, and Parkinson's disease, focusing on improving motor skills, balance, and coordination. While not always a core offering of all 'advance physical therapy - physical therapist in wantagh' practices, it's a valuable service to the community.

Post-Surgical Rehabilitation: Assisting patients in recovering from surgery, improving range of motion, strength, and function. This often involves close collaboration with surgeons.

Geriatric Physical Therapy: Addressing the specific needs of older adults, helping to maintain mobility, independence, and quality of life.

Manual Therapy: Hands-on techniques used to diagnose and treat musculoskeletal problems. This often includes mobilization and manipulation of joints and soft tissues. This is a key feature of many 'advance physical therapy - physical therapist in wantagh' clinics.

3. Patient Testimonials and Online Reviews for Advance Physical Therapy - Physical Therapist in Wantagh

Analyzing online reviews from platforms like Google, Yelp, and Healthgrades provides valuable insight into patient experiences with Advance Physical Therapy. While specific data requires direct access to review platforms, a common approach involves examining the overall rating (e.g., star rating) and the frequency of positive versus negative comments. Looking for recurring themes in positive reviews (e.g., skilled therapists, effective treatments, friendly staff) and negative reviews (e.g., long wait times, limited appointment availability, communication issues) offers a more nuanced understanding of patient satisfaction. This analysis would form a crucial part of the assessment of Advance Physical Therapy - physical therapist in Wantagh.

4. Comparison to Other Physical Therapy Clinics in Wantagh

A comparative analysis of Advance Physical Therapy against other physical therapy clinics in Wantagh would involve examining their service offerings, pricing, patient reviews, and the overall accessibility and convenience of their location. Factors such as appointment availability, waiting times, and the range of insurance accepted also need to be considered. This would require gathering data from multiple sources, including clinic websites and online review platforms.

5. The Importance of Choosing a Qualified Advance Physical Therapy - Physical Therapist in Wantagh

Selecting a qualified physical therapist is essential for effective treatment and positive outcomes. Key factors to consider include:

Licensure and Certification: Verify that the therapist is licensed by the state and holds any relevant certifications (e.g., orthopedic clinical specialist, sports certified specialist). This is a crucial step when searching for 'advance physical therapy - physical therapist in wantagh'.

Experience and Expertise: Consider the therapist's experience in treating specific conditions and using various treatment modalities.

Communication and Patient-Centered Approach: A good therapist should be able to communicate effectively, listen to patient concerns, and create a personalized treatment plan.

Facility and Equipment: The clinic should have a clean, well-equipped facility to ensure comfortable and effective treatment.

6. Research Findings and Evidence-Based Practice in Advance Physical Therapy - Physical Therapist in Wantagh

The effectiveness of physical therapy interventions is supported by extensive research. Assessing Advance Physical Therapy requires evaluating whether they incorporate evidence-based practices into their treatment plans. This involves examining whether their website or other materials refer to relevant research studies and whether they utilize treatment methods supported by scientific evidence.

7. Conclusion

Choosing the right 'advance physical therapy - physical therapist in Wantagh' requires careful consideration of several factors. This report highlights the importance of evaluating a clinic's service offerings, patient testimonials, and the qualifications of the therapists. Further research, including direct review of patient feedback and comparative analysis against other Wantagh clinics, would provide a more detailed assessment of Advance Physical Therapy's quality of care. The ultimate decision should always prioritize patient needs and preferences, ensuring a comfortable and effective therapeutic experience.

FAQs

1. What types of insurance does Advance Physical Therapy accept? This information would need to be obtained directly from Advance Physical Therapy.

1. What are the clinic's hours of operation? This information can be found on their website or by contacting the clinic directly.
1. Do they offer telehealth services? This should be verified on their website or by contacting the clinic.
1. What is the cost of a typical physical therapy session? Pricing information should be available on their website or can be obtained by contacting the clinic.
1. What is the process for scheduling an appointment? The appointment scheduling process can usually be found on their website.
1. What is the average wait time for an appointment? This information might be available from online reviews or by contacting the clinic.
1. Are there any specific conditions they specialize in? This information should be available on their website or by contacting the clinic.
1. Do they offer free consultations? This would need to be checked on their website or by calling the clinic directly.
1. What are their cancellation policies? Cancellation policies are usually outlined on their website or can be obtained by contacting the clinic.

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1. "The Role of Manual Therapy in Musculoskeletal Rehabilitation": This article explores the evidence-based benefits of manual therapy, a key component of many physical therapy treatments offered by Advance Physical Therapy.

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1. "Navigating the Insurance Process for Physical Therapy": This article provides guidance on understanding health insurance coverage for physical therapy services, helpful to patients of Advance Physical Therapy.

1. "The Benefits of Sports Physical Therapy for Athletic Performance": This article explores the role of sports physical therapy in injury prevention and performance enhancement, relevant to athletes seeking care from Advance Physical Therapy.

1. "Geriatric Physical Therapy: Maintaining Mobility and Independence in Older Adults": This article focuses on the unique needs of older adults, addressing how physical therapy can help maintain their quality of life.

1. "Evidence-Based Treatment for Knee Osteoarthritis": This article reviews the latest research on effective physical therapy interventions for osteoarthritis of the knee, a common condition treated in Wantagh physical therapy clinics.

1. "Understanding and Managing Low Back Pain": This article provides a comprehensive overview of low back pain and its effective management through physical therapy, a common concern addressed by physical therapists in Wantagh.

1. "Choosing the Right Physical Therapist: A Patient's Guide": This article serves as a guide for patients seeking physical therapy, assisting them in choosing a qualified and experienced

therapist, vital for those researching 'advance physical therapy - physical therapist in wantagh'.

advance physical therapy physical therapist in wantagh: Social Research and Policy in the Development Arena Martin Doornbos, 2015-10-08 The author focuses on the research-policy nexus in development studies, highlighting reciprocal orientations and interactions between the domains of social research and of policy and politics. He looks at instances where these domains are complementary and geared towards common objectives, but also with others marked by opposing rationales.

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advance physical therapy physical therapist in wantagh: Ultimate Pulmonary Wellness Noah Greenspan, 2017-09-21 Ultimate Pulmonary Wellness is a resource for all people living with respiratory disease including patients, their families and caretakers; and clinicians. This well-rounded guidebook is the fusion of twenty-five years of clinical practice, education and research

by Dr. Noah Greenspan, board-certified clinical specialist in cardiovascular and pulmonary physical therapy; and Program Director of the Pulmonary Wellness & Rehabilitation Center in New York City. It is one of the most comprehensive works of its kind. This brand new first edition draws together a complex variety of threads, clearly defining the key components of living well with a pulmonary disease; including the anatomy, physiology and pathophysiology of the respiratory system; the multifactorial and multi-systemic nature of breathing; the role of medicine (physician, diagnosis and treatment) in the management and prevention of respiratory disease; and the importance of lifestyle factors, such as exercise, nutrition and managing your emotions, as well as the prevention of infection; in ultimate pulmonary wellness; and living your absolute best life with respiratory disease.

advance physical therapy physical therapist in wantagh: Chief Physical Therapist

National Learning Corporation, 2016 The Chief Physical Therapist Passbook(R) prepares you for your test by allowing you to take practice exams in the subjects you need to study. It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam, including but not limited to; Application of the principles and practices of physical therapy in the administration of a physical therapy program; Supervision; and more.

advance physical therapy physical therapist in wantagh: Adult Reconstruction Daniel J.

Berry, Scott Steinmann, 2007 Written by leading experts from the Mayo Clinic, this volume of our Orthopaedic Surgery Essentials Series presents all the information residents need on hip, knee, shoulder, and elbow reconstruction in adults. It can easily be read cover to cover during a rotation or used for quick reference before a patient workup or operation. The user-friendly, visually stimulating format features ample illustrations, algorithms, bulleted lists, charts, and tables. Coverage of each region includes physical evaluation and imaging, evaluation and treatment of disorders, and operative treatment methods. The extensive coverage of operative treatment includes primary and revision arthroplasty and alternatives to arthroplasty.

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2014-10-17 As a practicing child psychiatrist and mother of three, Jodi Gold has a unique understanding of both the mind-boggling benefits and the serious downsides of technology. Dr. Gold weaves together scientific knowledge and everyday practical advice to help you foster your child's healthy relationship to technology, from birth to the teen years. You'll learn: *How much screen time is too much at different ages. *What your kids and teens are actually doing in all those hours online. *How technology affects social, emotional, and cognitive development. *Which apps and games build smarts and let creativity shine. *How your own media habits influence your children. *What you need to know about privacy concerns, cyberbullying, and other dangers. *Ways to set limits that the whole family can live with. Winner (Second Place)—American Journal of Nursing Book of the Year Award, Child Health Category

advance physical therapy physical therapist in wantagh: The Theory and Practice of Vocal

Psychotherapy Diane Austin, 2009-04-15 The voice is the most powerful and widely used instrument in music therapy. This book demonstrates the enormous possibilities for personal change and growth using a new, voice-based model of psychotherapy where the sounds of the voice are expressed, listened to and interpreted in order to access unconscious aspects of the self and retrieve memories, images and feelings from the past. Combining theory with practice, the book explains the foundations of vocal psychotherapy and goes on to explore its usage in clinical practice and the various techniques involved. The book integrates important concepts from depth psychology such as regression, reenactment and working with transference and counter-transference with the practice of vocal music therapy. Drawing on over twenty years of research, the author uses case studies to illustrate specific vocal interventions, including improvisation techniques such as vocal holding, free associative singing and psychodramatic singing. Vocal Psychotherapy highlights the value of voice work as an integral part of the psychotherapeutic process and provides a model of advanced clinical work that will be essential reading for music and creative arts therapists.

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and Society Graham A. Colditz, 2015-08-12 The first edition of the Encyclopedia of Cancer and

Society was published in 2007 and received a 2008 Editors' Choice Award from Booklist. It served as a general, non-technical resource focusing on cancer from the perspective of the social and behavioral sciences, exploring social and economic impacts, the "business" of cancer, advertising of drugs and treatment centers, how behavior change could offer great potential for cancer prevention, environmental risks, food additives and regulation, the relation between race and ethnicity and cancer risk, socioeconomic status, controversies—both scientific and political—in cancer treatment and research, country-by-country entries on cancer around the world, and more. Given various developments in the field including new drug treatments, political controversies over use of the vaccines Gardasil and Cervarix with young girls to prevent cervical cancer, and unexpected upticks in the prevalence of adult smoking within the U.S. following decades of decline, the SAGE Encyclopedia of Cancer and Society, Second Edition serves as an updated and more current encyclopedia that addresses concerns pertaining to this topic. Key Features: · Approximately half of the 700 first-edition articles revised and updated · 30+ new entries covering new developments since 2006 · Signed entries with cross-references · Further Readings accompanied by pedagogical elements · New Reader's Guide · Updated Chronology, Resource Guide, Glossary, and through new Index The SAGE Encyclopedia of Cancer and Society, Second Edition serves as a reliable and precise source for students and researchers with an interest in social and behavioral sciences and seeks to better understand the continuously evolving subject matter of cancer and society.

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provide an authoritative guide to the field.

advance physical therapy physical therapist in wantagh: Rehab Science: How to Overcome Pain and Heal from Injury Tom Walters, Glen Cordoza, 2023-04-11 Recover from injuries and put a stop to pain with this step-by-step guide In his new book, Rehab Science, renowned orthopedic physical therapist Tom Walters shows you how to take back the power to heal. He explains how to understand and identify pain and injury, how to treat common issues to muscles, tendons, ligaments, and more, and how to end chronic pain for good. Our current healthcare model, with its emphasis on treating symptoms rather than addressing the root cause of those symptoms, can be frustrating, especially for people with ongoing pain. Rehab Science outlines a new way of thinking about pain and injury with a movement-based system that helps you treat pain and heal from injuries on your own terms. Dr. Walters delivers proven protocols that strengthen the body, improve mobility and movement quality, alleviate pain, ensure full recovery, and keep pain and injury from reoccurring in the future. This book highlights common issues like ankle sprains, tennis elbow, and low back pain and provides protocols for rehabilitating each one step by step and week by week. Find out what you can do to accelerate the phases of healing by using targeted movements and pain-relieving rehab exercises. Full-color photo sequences show how to do each exercise correctly. In Rehab Science, you'll learn: • How to identify and treat common pains and injuries • Which exercises can prevent pain from returning • How long you should be doing rehab exercises • Major signs and symptoms that may require medical attention • How a diagnosis can factor into recovery • What common X-ray and MRI findings mean • How to program exercises to rehab specific injuries • When you might need to consider surgery • And much, much more

advance physical therapy physical therapist in wantagh: Sensory Processing Challenges: Effective Clinical Work with Kids & Teens Lindsey Biel, 2014-02-03 Equipping clinicians with "sensory smarts" to treat their child clients. Many children, teens, and even adults experience sensory processing challenges including out-of-proportion reactions to certain sensory experiences that most of us find commonplace. These challenges can range from mild to severe—from difficulty tolerating fluorescent lights and discomfort with certain clothing textures, to fight-or-flight reactions to unexpected or loud noises such as sirens or automatic hand dryers, or such strong oral sensitivities that the individual can tolerate eating just a few foods. They may struggle with one or more "sensory channels, or, more often, be quickly overwhelmed by the demand to process multisensory input (especially in busy environments with competing sights, sounds, and smells), leading to poor self-regulation, acting out, and tuning out. Sensory challenges, sometimes referred to as Sensory Processing Disorder when they interfere with daily function, are frequently seen in tandem with autism, anxiety, attention disorders, oppositional defiant disorder, and other diagnoses. This book equips clinicians with all the information they need to know to recognize and understand sensory sensitivities; connect the dots between behavior and underlying sensory processing problems; when to refer and collaborate with sensory processing professionals; and essential "sensory smart" strategies that can help clients feel and function at their best at home, in school, and in the community.

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Release, or the Scalp Glide. • Is your lower back killing you? Do the Pelvic Rock or the Pelvic Clock. • Feel those calves cramping up again? Do the Ankle Pump. • Need something to relieve your aching feet? Try the Foot Dome, the Toe Lift, or a simple self-massage. • Does your knee hurt when you walk downstairs? Do the Squeeze and Step.

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advance physical therapy physical therapist in wantagh: Beating Endo Iris Kerin Orbuch, Amy Stein, 2019-06-25 From two of the world's leading experts in endometriosis comes an essential, first-of-its kind book that unwraps the mystery of the disease and gives women the tools they need to reclaim their lives from it. Approximately one out of every 10 women has endometriosis, an inflammatory disease that causes chronic pain, limits life's activities, and may lead to infertility. Despite the disease's prevalence, the average woman may suffer for a decade or more before receiving an accurate diagnosis. Once she does, she's often given little more than a prescription for pain killers and a referral for the wrong kind of surgery. Beating Endo arms women with what has long been missing—even within the medical community—namely, cutting-edge knowledge of how the disease works and what the endo sufferer can do to take charge of her fight against it. Leading gynecologist and endometriosis specialist Dr. Iris Kerin Orbuch and world-renowned pelvic pain specialist and physical therapist Dr. Amy Stein have long partnered with each other and with other healthcare practitioners to address the disease's host of co-existing conditions—which can include pelvic floor muscle dysfunction, gastrointestinal ailments, painful bladder syndrome, central nervous system sensitization—through a whole-mind/whole-body approach. Now, Beating Endo formalizes the multimodal program they developed, offering readers an anti-inflammatory lifestyle protocol that incorporates physical therapy, nutrition, mindfulness, and environment to systematically addresses each of the disease's co-conditions on an ongoing basis up to and following excision surgery. This is the program that has achieved successful outcomes for their patients; it is the program that works to restore health, vitality, and quality of life to women with endo. No more “misdiagnosis roulette” and no more limits on women's lives: Beating Endo puts the tools of renewed health in the hands of those whose health is at risk.

advance physical therapy physical therapist in wantagh: The Earth Diet Liana Werner-Gray, 2014-10-28 The ultimate guide book to assist people in transforming their health through a natural lifestyle. Beauty queen Miss Earth Australia Liana Werner-Gray got a wake-up call

at the age of 21, when she was diagnosed with a precancerous tumor in her throat. Realizing that health issues were holding her back, including in her entertainment career, she decided to change her lifestyle. Through juicing and using the whole-food recipes shared in this book, Liana healed herself in only three months. This success inspired Liana to create the Earth Diet and make information on the incredible power of plant-based and natural food available to others. She has since used her recipes to help thousands of people with cancer, diabetes, acne, addictions, obesity, and more. When you get the essential vitamins, minerals, and micronutrients your body needs, you can't help but feel better. In this book, you'll find more than 100 nutrient-dense, gluten-free recipes that provide proper nutrition, tips for shifting out of toxic habits, and lifestyle recipes for household and personal-care products to help you heal in all areas of your life. The Earth Diet is inclusive, with recipes for every person, ranging from raw vegans to meat eaters to those following a gluten-free diet. It also features specific guidelines for weight loss, boosting the immune system, increasing your energy, juice cleansing, and more. If you're looking for great-tasting recipes to help you live your healthiest life ever, then this book is for you.

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advance physical therapy physical therapist in wantagh: Mind, Body, Spirit And Discovering the Purpose of life Diane Kurtz Calabrese, 2021-09-15 The purpose of this book is offering every one of you who reads it the opportunity of having a clearer perspective of life.... God's greatest gift... Life really is a miracle in itself and it is so easy to take that for granted. You are not here by chance; I can assure you that. You are God's miracle, not by luck or chance... but by purpose. Each and every one of us are here for a divine reason. We are equally gifted by Jesus Christ our life force energy, by God. We are unique in our physical appearance as well as our spiritual essence. We have one soul that is on a journey to learn what it is like to live on the earth plane. And, this is the earth school. We are here for a very short period of time. Don't leave here not recognizing what it is you came here for.

advance physical therapy physical therapist in wantagh: Rhinology and Anterior Skull Base Surgery Marios Stavrakas, Hisham S Khalil, 2021-07-26 This book offers a selection of pertinent patient case-presentations in the field of rhinology, anterior skull base and facial plastics surgery. It further explores the evidence-based management of simple to complex clinical presentations. Each chapter start with the diagnosis and progresses from medical or surgical treatment to the post-operative follow up of the presented clinical condition. The various case reports are concise; however, sufficiently comprehensive and cover conditions from emergencies in adult and paediatric rhinology, to elective care, sino-nasal and anterior skull base neoplasms systemic diseases affecting the nose and paranasal sinuses, and underpinned by illustrations, imaging, and intra-operative photographs to emphasize the clinical approach. Rhinology and Anterior Skull Base Surgery - A Case-based Approach is a highly informative and carefully presented book, providing insights for exam candidates, trainees, general practitioners, rhinologists and otolaryngologists with an interest in anterior skull base, facial plastics and rhinology.

advance physical therapy physical therapist in wantagh: Atlas of Advanced Shoulder Arthroscopy Andreas B. Imhoff, Jonathan B. Ticker, Augustus D. Mazzocca, Andreas Voss, 2017-12-15 Arthroscopic surgery has been one of the biggest Orthopedic advances in the last century. It affects people of all ages. Total joint replacement may capture popular imagination, but arthroscopy continues to have a greater effect on more people. This Atlas provides the most up to date resource of advanced arthroscopic techniques, as well as including all the standard procedures. Beautifully illustrated and supported by online videos of the latest techniques, this Atlas will appeal to both experienced shoulder surgeons as well as the orthopedic surgeon seeking to enhance his or her knowledge of shoulder arthroscopy.

advance physical therapy physical therapist in wantagh: New York State Public Health

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conditions and the massage treatments most effective for their relief. A particular contribution this text makes is its validation for the role of massage in treating orthopedic conditions. In addition, it aims to help the clinician understand the relationship between the soft tissues to which they apply their techniques and the overall orthopedic disorder affecting their clients. Although written chiefly for massage practitioners, the lessons it teaches are relevant to any practitioner who is concerned with the treatment of soft-tissue injuries. Includes detailed technical information, extensive illustrations, and reliable reference material essential to everyday practice. Provides a comprehensive approach to treatment of common soft tissue pain and injury. Explains common orthopedic problems in detail, addressing biomechanics, kinesiology, and anatomy. Provides an in-depth discussion of the physiologic rationale for soft tissue treatments and explains those most effective for each condition. Integrates treatment approaches from across the field and gives detailed, easy-to-follow steps for their application. Compares traditional treatments with soft tissue manipulation for each problem discussed. Clearly links anatomy, physiology, and biomechanics with clinical practice. Designed for quick and easy reference with more than 200 high-quality full colour illustrations and numerous photos of treatment techniques. New clinical case studies and tips illustrate the techniques discussed. Now presented in full colour. New step-by-step photographs depict the techniques described in full detail. Increased artwork and photographs make learning more visual. Case studies demonstrate techniques and management in clinical practice Clinical hints and tips throughout. Greater guidance in treatment strategies to include 'Treatment Approaches' and 'Rehabilitation Protocol Considerations'.

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