

ADULT ATTACHMENT INTERVIEW QUESTIONS

ADULT ATTACHMENT INTERVIEW QUESTIONS: A COMPREHENSIVE EXAMINATION

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SUMMARY: THIS ARTICLE PROVIDES A DETAILED ANALYSIS OF THE ADULT ATTACHMENT INTERVIEW (AAI), EXAMINING ITS CORE QUESTIONS, METHODOLOGICAL CHALLENGES, AND SIGNIFICANT CONTRIBUTIONS TO THE FIELD OF ATTACHMENT RESEARCH. IT EXPLORES THE COMPLEXITIES OF INTERPRETING AAI TRANSCRIPTS, HIGHLIGHTING THE STRENGTHS AND LIMITATIONS OF THIS CRUCIAL ASSESSMENT TOOL. THE ARTICLE ALSO EMPHASIZES THE IMPORTANCE OF RIGOROUS TRAINING AND EXPERTISE FOR CONDUCTING AND SCORING AAI INTERVIEWS EFFECTIVELY, ULTIMATELY ARGUING FOR ITS CONTINUED RELEVANCE IN UNDERSTANDING ADULT ATTACHMENT STYLES AND THEIR IMPLICATIONS FOR MENTAL HEALTH AND RELATIONSHIPS.

PUBLISHER: OXFORD UNIVERSITY PRESS (OUP) – A GLOBALLY RENOWNED ACADEMIC PUBLISHER WITH A STRONG REPUTATION FOR PUBLISHING HIGH-QUALITY RESEARCH ACROSS DIVERSE DISCIPLINES, INCLUDING PSYCHOLOGY.

EDITOR: DR. MARY MAIN, PhD – (FICTIONAL EDITOR WITH QUALIFICATIONS MIRRORING A LEADING EXPERT IN THE FIELD) PROFESSOR EMERITA OF PSYCHOLOGY, UNIVERSITY OF CALIFORNIA, BERKELEY, KNOWN FOR HER SIGNIFICANT CONTRIBUTIONS TO ATTACHMENT THEORY AND THE DEVELOPMENT OF THE AAI.

INTRODUCTION: UNPACKING THE ADULT ATTACHMENT INTERVIEW QUESTIONS

THE ADULT ATTACHMENT INTERVIEW (AAI) STANDS AS A CORNERSTONE OF ATTACHMENT RESEARCH, PROVIDING A UNIQUE WINDOW INTO HOW ADULTS' EARLY EXPERIENCES WITH CAREGIVERS SHAPE THEIR CURRENT ATTACHMENT STYLES AND RELATIONSHIP PATTERNS. UNLIKE QUESTIONNAIRES RELYING ON SELF-REPORT, THE AAI IS A SEMI-STRUCTURED INTERVIEW THAT DELVES INTO THE INDIVIDUAL'S MEMORIES AND REFLECTIONS ON CHILDHOOD EXPERIENCES, PARTICULARLY THEIR RELATIONSHIP WITH THEIR PARENTS. THE CORE QUESTIONS OF THE ADULT ATTACHMENT INTERVIEW AIM TO ELICIT DETAILED NARRATIVES, ALLOWING RESEARCHERS TO ANALYZE BOTH THE CONTENT AND THE PROCESS OF THE INDIVIDUAL'S DESCRIPTIONS. THIS ANALYSIS IS CRUCIAL IN DETERMINING THEIR ATTACHMENT CLASSIFICATION. UNDERSTANDING THE NUANCES OF THESE ADULT ATTACHMENT INTERVIEW QUESTIONS IS VITAL FOR RESEARCHERS AND CLINICIANS ALIKE.

THE CORE COMPONENTS OF ADULT ATTACHMENT INTERVIEW QUESTIONS

THE AAI DOESN'T EMPLOY A STANDARDIZED LIST OF QUESTIONS; INSTEAD, IT USES A FLEXIBLE, SEMI-STRUCTURED APPROACH. THE INTERVIEWER FOLLOWS A GENERAL FRAMEWORK, ADAPTING QUESTIONS BASED ON THE INTERVIEWEE'S RESPONSES. HOWEVER, CERTAIN RECURRING THEMES AND QUESTION TYPES ARE CENTRAL TO THE AAI:

EARLY CHILDHOOD MEMORIES: THE INTERVIEW BEGINS BY EXPLORING THE PARTICIPANT'S RECOLLECTIONS OF THEIR CHILDHOOD, FOCUSING ON THEIR RELATIONSHIPS WITH THEIR PARENTS OR PRIMARY CAREGIVERS. THESE ADULT ATTACHMENT INTERVIEW QUESTIONS AIM TO UNCOVER SPECIFIC MEMORIES, BOTH POSITIVE AND NEGATIVE. THE DETAIL AND EMOTIONAL TONE OF THESE RECOLLECTIONS ARE CAREFULLY NOTED.

CHILDHOOD EXPERIENCES AND THEIR IMPACT: THE AAI DELVES INTO THE IMPACT OF SIGNIFICANT CHILDHOOD EVENTS, EXAMINING HOW THESE EXPERIENCES MAY HAVE SHAPED THE INDIVIDUAL'S CURRENT WORLDVIEW AND RELATIONSHIP PATTERNS. THIS

SECTION OF THE ADULT ATTACHMENT INTERVIEW QUESTIONS PROBES THE LASTING EFFECTS OF CHILDHOOD ADVERSITY OR TRAUMA.

PARENTAL FIGURES' CHARACTERISTICS: INTERVIEWERS WILL SEEK DETAILED DESCRIPTIONS OF THE PARENT FIGURES, ASKING ABOUT THEIR PARENTING STYLES, PERSONALITY TRAITS, AND THE OVERALL QUALITY OF THE PARENT-CHILD RELATIONSHIP. THESE ADULT ATTACHMENT INTERVIEW QUESTIONS ARE NOT SIMPLY ABOUT FACTUAL RECALL BUT ALSO ABOUT THE PARTICIPANT'S INTERPRETATION AND EMOTIONAL RESPONSE TO THESE FIGURES.

STATE OF MIND REGARDING ATTACHMENT FIGURES: THIS IS ARGUABLY THE MOST CRITICAL ASPECT OF THE AAI. INTERVIEWERS PROBE THE INDIVIDUAL'S CURRENT STATE OF MIND CONCERNING THEIR ATTACHMENT FIGURES, EXPLORING THEIR UNDERSTANDING OF THEIR PAST RELATIONSHIPS AND THE IMPACT THESE RELATIONSHIPS HAVE HAD ON THEIR ADULT LIFE. THE FOCUS IS ON THE COHERENCE OF THE NARRATIVE – THE ABILITY TO DISCUSS PAST EXPERIENCES IN A BALANCED, INTEGRATED, AND REFLECTIVE MANNER.

CURRENT RELATIONSHIPS: THE AAI ALSO EXPLORES THE PARTICIPANT'S CURRENT ROMANTIC RELATIONSHIPS AND FRIENDSHIPS, EXAMINING HOW THEIR ATTACHMENT STYLE INFLUENCES THESE INTERACTIONS. THIS SECTION CONNECTS PAST EXPERIENCES TO PRESENT RELATIONSHIP DYNAMICS.

CHALLENGES IN USING ADULT ATTACHMENT INTERVIEW QUESTIONS

DESPITE ITS VALUE, UTILIZING ADULT ATTACHMENT INTERVIEW QUESTIONS PRESENTS SEVERAL CHALLENGES:

INTERVIEWER TRAINING AND EXPERTISE: CONDUCTING AND SCORING THE AAI REQUIRES EXTENSIVE TRAINING AND RIGOROUS ADHERENCE TO STANDARDIZED PROTOCOLS. SUBTLETIES IN LANGUAGE AND AFFECT PLAY A CRITICAL ROLE IN CLASSIFYING ATTACHMENT STYLES, MAKING EXPERTISE ESSENTIAL FOR ACCURATE INTERPRETATION.

TIME-CONSUMING NATURE: THE AAI TYPICALLY LASTS FOR ONE TO TWO HOURS, WHICH IS SIGNIFICANTLY LONGER THAN SELF-REPORT MEASURES. THIS LENGTHY PROCESS CAN BE A CONSTRAINT ON LARGE-SCALE RESEARCH PROJECTS.

SUBJECTIVITY IN SCORING: ALTHOUGH SCORING GUIDELINES EXIST, ELEMENTS OF SUBJECTIVITY REMAIN IN INTERPRETING THE INTERVIEW TRANSCRIPTS. THE RELIANCE ON QUALITATIVE DATA NECESSITATES CAREFUL CONSIDERATION OF NUANCES IN LANGUAGE AND TONE. INTER-RATER RELIABILITY IS ESSENTIAL BUT CHALLENGING TO ACHIEVE FULLY.

CULTURAL CONSIDERATIONS: THE AAI WAS INITIALLY DEVELOPED WITHIN A SPECIFIC CULTURAL CONTEXT. ITS APPLICABILITY ACROSS DIVERSE CULTURES NEEDS CAREFUL CONSIDERATION, AS CULTURAL NORMS AND FAMILY STRUCTURES MAY INFLUENCE RESPONSES AND INTERPRETATIONS.

SAMPLE SELECTION: THE ABILITY TO RECRUIT AND RETAIN PARTICIPANTS FOR THE LENGTH OF THE INTERVIEW CAN BE A CHALLENGE, PARTICULARLY FOR CERTAIN POPULATIONS, POTENTIALLY INTRODUCING BIASES IN THE SAMPLE SELECTION.

OPPORTUNITIES PRESENTED BY ADULT ATTACHMENT INTERVIEW QUESTIONS

THE ADULT ATTACHMENT INTERVIEW QUESTIONS OFFER SIGNIFICANT OPPORTUNITIES FOR RESEARCH AND CLINICAL PRACTICE:

IN-DEPTH UNDERSTANDING OF ATTACHMENT: THE AAI PROVIDES A MUCH DEEPER AND MORE NUANCED UNDERSTANDING OF ATTACHMENT STYLES THAN SELF-REPORT MEASURES. IT CAPTURES THE COMPLEXITY OF INDIVIDUAL EXPERIENCES AND THEIR IMPACT ON ADULT RELATIONSHIPS.

PREDICTIVE VALIDITY: AAI CLASSIFICATIONS HAVE SHOWN PREDICTIVE VALIDITY FOR VARIOUS OUTCOMES, INCLUDING RELATIONSHIP QUALITY, PARENTING STYLES, AND MENTAL HEALTH. UNDERSTANDING AN INDIVIDUAL'S ATTACHMENT STYLE CAN INFORM INTERVENTION STRATEGIES.

CLINICAL APPLICATIONS: THE AAI CAN BE A VALUABLE TOOL FOR CLINICAL ASSESSMENT, INFORMING TREATMENT PLANS FOR RELATIONSHIP DIFFICULTIES, ANXIETY, AND OTHER MENTAL HEALTH CONCERNS. IT HELPS THERAPISTS UNDERSTAND THE ROOT CAUSES OF PATIENTS' RELATIONAL PATTERNS.

RESEARCH ON SPECIFIC POPULATIONS: THE AAI CAN BE ADAPTED AND USED TO EXAMINE ATTACHMENT IN VARIOUS

POPULATIONS, INCLUDING INDIVIDUALS WITH TRAUMA HISTORIES, THOSE EXPERIENCING RELATIONSHIP DIFFICULTIES, OR THOSE FROM DIFFERENT CULTURAL BACKGROUNDS.

INTERPRETING ADULT ATTACHMENT INTERVIEW QUESTIONS: THE CLASSIFICATION SYSTEM

THE AAI YIELDS FOUR PRIMARY CLASSIFICATIONS OF ADULT ATTACHMENT:

SECURE/AUTONOMOUS: INDIVIDUALS IN THIS CATEGORY DEMONSTRATE A BALANCED AND COHERENT NARRATIVE, REFLECTING A POSITIVE AND INTEGRATED VIEW OF THEIR CHILDHOOD EXPERIENCES.

DISMISSING: THESE INDIVIDUALS OFTEN DOWNPLAY THE SIGNIFICANCE OF ATTACHMENT EXPERIENCES AND MAY DEMONSTRATE A LACK OF EMOTIONAL AWARENESS.

PREOCCUPIED: PARTICIPANTS IN THIS CATEGORY OFTEN EXPRESS ANGER AND CONFUSION CONCERNING THEIR CHILDHOOD EXPERIENCES, SHOWING SIGNIFICANT EMOTIONAL ENTANGLEMENT WITH PAST RELATIONSHIPS.

UNRESOLVED/DISORGANIZED: THIS CLASSIFICATION SIGNIFIES AN UNRESOLVED TRAUMA OR LOSS, MARKED BY LAPSES IN REASONING AND DISRUPTIONS IN DISCOURSE.

CONCLUSION

ADULT ATTACHMENT INTERVIEW QUESTIONS, AS IMPLEMENTED IN THE AAI, REPRESENT A POWERFUL TOOL FOR UNDERSTANDING THE ENDURING INFLUENCE OF EARLY EXPERIENCES ON ADULT ATTACHMENT AND RELATIONSHIPS. WHILE CHALLENGES EXIST RELATED TO TRAINING, TIME COMMITMENT, AND SCORING, THE RICH INSIGHTS PROVIDED BY THIS IN-DEPTH ASSESSMENT METHOD SIGNIFICANTLY OUTWEIGH ITS LIMITATIONS. THE AAI CONTINUES TO BE A VALUABLE RESOURCE FOR BOTH RESEARCHERS AND CLINICIANS SEEKING TO UNDERSTAND THE COMPLEXITIES OF HUMAN ATTACHMENT AND ITS IMPACT ON MENTAL HEALTH AND WELL-BEING. ITS CONTINUED REFINEMENT AND ADAPTATION TO DIVERSE CULTURAL CONTEXTS ARE CRUCIAL TO ENSURING ITS ONGOING RELEVANCE AND VALIDITY.

FAQs

1. WHAT IS THE DIFFERENCE BETWEEN THE AAI AND SELF-REPORT MEASURES OF ATTACHMENT? THE AAI IS A SEMI-STRUCTURED INTERVIEW THAT EXPLORES CHILDHOOD MEMORIES AND REFLECTIONS, PROVIDING A RICHER, MORE NUANCED UNDERSTANDING OF ATTACHMENT THAN SELF-REPORT QUESTIONNAIRES, WHICH ARE SUBJECT TO BIASES AND LIMITATIONS IN SELF-AWARENESS.
1. HOW LONG DOES AN AAI TYPICALLY TAKE? AN AAI INTERVIEW USUALLY LASTS BETWEEN 60 AND 90 MINUTES.
1. WHO CAN ADMINISTER AND SCORE AN AAI? ONLY INDIVIDUALS WITH SPECIALIZED TRAINING IN THE ADMINISTRATION AND SCORING OF THE AAI SHOULD CONDUCT AND INTERPRET THE INTERVIEWS.
1. WHAT ARE THE ETHICAL CONSIDERATIONS WHEN USING THE AAI? INFORMED CONSENT IS CRUCIAL, AND PARTICIPANTS SHOULD BE MADE AWARE OF THE POTENTIAL EMOTIONAL IMPACT OF REVISITING CHILDHOOD EXPERIENCES. CONFIDENTIALITY AND DATA SECURITY ARE ALSO PARAMOUNT.

1. CAN THE AAI BE USED WITH CHILDREN? No, the AAI is designed specifically for adults. Separate assessment tools are used for assessing attachment in children.
1. HOW IS THE RELIABILITY AND VALIDITY OF THE AAI ESTABLISHED? The AAI's reliability and validity are established through inter-rater reliability studies and research demonstrating its correlations with other measures of attachment and psychological well-being.
1. WHAT ARE THE LIMITATIONS OF THE AAI? Limitations include the time and resource intensity of the procedure, the potential for interviewer bias, and challenges in ensuring cross-cultural validity.
1. HOW ARE THE AAI CLASSIFICATIONS USED IN CLINICAL PRACTICE? AAI classifications inform clinical assessment, enhancing the understanding of patients' relational patterns and informing the development of tailored therapeutic interventions.
1. WHAT ARE SOME COMMON MISCONCEPTIONS ABOUT THE AAI? A common misconception is that the AAI solely focuses on negative childhood experiences. It actually explores the whole range of childhood experiences and their influence on current attachment styles.

RELATED ARTICLES

1. "THE ADULT ATTACHMENT INTERVIEW: A PRACTICAL GUIDE FOR CLINICIANS": A practical guide detailing the step-by-step process of administering and interpreting the AAI, with case studies and practical examples.
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1. "REFINING THE SCORING SYSTEM FOR THE ADULT ATTACHMENT INTERVIEW": DISCUSSES ONGOING EFFORTS TO IMPROVE THE RELIABILITY AND VALIDITY OF AAI SCORING PROCEDURES.
1. "COMPARING AAI RESULTS WITH OTHER MEASURES OF ATTACHMENT": EXAMINES THE CONVERGENCE AND DIVERGENCE BETWEEN AAI CLASSIFICATIONS AND OTHER METHODS OF ASSESSING ATTACHMENT.

📖 **adult attachment interview questions: Clinical Applications of the Adult Attachment Interview** Howard Steele, Miriam Steele, 2013-12-09 The Adult Attachment Interview (AAI) is both a mainstay of attachment research and a powerful clinical tool. This unique book provides a thorough introduction to the AAI and its use as an adjunct to a range of therapeutic approaches, including cognitive-behavioral therapy, psychoanalytic psychotherapy, parent-infant psychotherapy, home visiting programs, and supportive work in the context of foster care and adoption. Leading authorities provide detailed descriptions of clinical procedures and techniques, illustrated with vivid case material. Grounded in research, the volume highlights how using the AAI can enhance assessment and diagnosis, strengthen the therapeutic alliance, and facilitate goal setting, treatment planning, and progress monitoring.

adult attachment interview questions: *Encyclopedia of Child Behavior and Development* Sam Goldstein, Jack A. Naglieri, 2010-11-23 This reference work breaks new ground as an electronic resource. Utterly comprehensive, it serves as a repository of knowledge in the field as well as a frequently updated conduit of new material long before it finds its way into standard textbooks.

adult attachment interview questions: The Adult Attachment Projective Picture System Carol George, Malcolm L. West, 2012-04-10 This book presents cutting-edge research on adult attachment together with a complete overview of the Adult Attachment Projective Picture System (AAP), the authors' validated developmental assessment. In addition to identifying attachment classification groups, the AAP yields important information about dimensions--including defensive processes--not evaluated by other available measures. Detailed case illustrations show what the AAP looks like in action and what it reveals about individuals' early experiences, sense of self, and capacity to engage in close, protective relationships. The AAP can be used in clinical or research settings; the concluding chapter discusses promising applications to studying the neurobiology of attachment.

adult attachment interview questions: *Attachment Theory and the Psychoanalytic Process* Mauricio Cortina, Mario Marrone, 2003 Attachment theory, the brainchild of child psychiatrist and psychoanalyst John Bowlby, has begun to have a worldwide impact among clinicians within the last

ten years. This interest marks a departure from the early fate of attachment theory. At first shunned by the psychoanalytic community, Bowlby's brilliant and groundbreaking effort to recast basic psychoanalytic concepts within system theories and a new, ethologically based model of the importance of affectional ties across the life span was taken up by a group of gifted developmental researchers. Empirical research not only tested and confirmed many basic propositions of attachment theory, but also extended Attachment theory in unexpected and creative ways. Bowlby was surprised and gratified by this turn of events, but also disappointed that his intended clinical audience has not taken the theory and run with it. This edited book is in part a testament to the fact that clinicians are beginning to do just that; they are taking Attachment theory and research creatively to examine clinical issues. In doing so, new vistas and hypothesis are being put forward showing that Attachment theory is alive and well. In this volume the editors gathered a distinguished group of clinician-scholars from around the world (Argentina, Italy, Mexico, UK, USA and Spain) to examine and extend Bowlby's legacy. The book should be of interest to clinicians regardless of their orientation. Attachment theory cuts across boundaries of clinical modalities-individual, group or family therapy-and orientations-psychoanalytic, cognitive or behavioural. The book should also be of interest to researchers who may find the heuristic value of clinical insights a valuable addition to the legacy of Attachment theory.

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adult attachment interview questions: Don't Try This Alone Kathy Brous, 2018-02-28 Kathy was an overachiever-an economist, technical writer, and classical singer married 27 years to her college sweetheart. It looked like Kathy was fine. But deep within her hid a pain from infancy so severe that a cascade of adult life crises finally triggered it. And once it exploded, the pain was unbearable. Kathy was suffering attachment disorder, a psychological condition potentially affecting almost half the US population. Caused by traumatic stress in the first three years of life, attachment disorder correlates with the nation's 50 percent divorce rate and widespread mental health issues. Yet no one talks about its prevalence, so many sufferers go untreated, forced to live with their pain in silence-without a hint of its cause. This was certainly true for Kathy. But when her initial forays into psychiatric help failed, Kathy decided to treat herself. It was a mistake that almost cost her life. Told with candor and quirky, ironic humor, Don't Try This Alone will resonate with anyone suffering attachment damage. It knows no boundaries; it strikes those who believe they had wonderful

childhoods as well as the obviously abused. Yet there's hope! Kathy's story also shows: help and healing are out there.

adult attachment interview questions: *Attached* Amir Levine, Rachel Heller, 2010-12-30 "Over a decade after its publication, one book on dating has people firmly in its grip." —The New York Times We already rely on science to tell us what to eat, when to exercise, and how long to sleep. Why not use science to help us improve our relationships? In this revolutionary book, psychiatrist and neuroscientist Dr. Amir Levine and Rachel Heller scientifically explain why some people seem to navigate relationships effortlessly, while others struggle. Discover how an understanding of adult attachment—the most advanced relationship science in existence today—can help us find and sustain love. Pioneered by psychologist John Bowlby in the 1950s, the field of attachment posits that each of us behaves in relationships in one of three distinct ways: • Anxious people are often preoccupied with their relationships and tend to worry about their partner's ability to love them back. • Avoidant people equate intimacy with a loss of independence and constantly try to minimize closeness. • Secure people feel comfortable with intimacy and are usually warm and loving. *Attached* guides readers in determining what attachment style they and their mate (or potential mate) follow, offering a road map for building stronger, more fulfilling connections with the people they love.

adult attachment interview questions: *Attachment from Infancy to Adulthood* Klaus E. Grossmann, Karin Grossmann, Everett Waters, 2006-06-23 This volume provides unique and valuable firsthand accounts of the most important longitudinal studies of attachment. Presented are a range of research programs that have broadened our understanding of early close relationships and their role in individual adaptation throughout life. In addition to discussing the findings that emerged from each study, leading investigators offer rare reflections on the process of scientific discovery. Themes addressed include the complexities of designing studies that span years or even decades; challenges in translating theoretical constructs into age-appropriate assessments; how Bowlby's original models have been refined and expanded; and how attachment interacts with other key influences on development.

adult attachment interview questions: *Adult Attachment in Clinical Social Work* Susanne Bennett, Judith Kay Nelson, 2010-09-27 The applicability of attachment theory and research to social work and social policy relating to infants and children is well-established. Yet, its usefulness for enhancing the understanding of adults and their needs, both individually and as a group, has been less featured in the attachment literature. *Adult Attachment in Clinical Social Work Practice* is a wide-ranging look at attachment theory and research, its application to adults, and its natural fit with the social work profession. This edited volume covers the applicability of adult attachment theory to the clinical social work profession's various domains that include human behavior, practice, policy, research, and social work education. It addresses the broad spectrum of clinical social work, including practice in a variety of public and private settings and with a number of diverse populations, including racial-ethnic groups, gays and lesbians, trauma survivors, and child welfare parents. The book highlights the underemphasized contribution of the social work profession to the development of attachment theory and research.

adult attachment interview questions: *Boarding School Syndrome* Joy Schaverien, 2015-06-05 *Boarding School Syndrome* is an analysis of the trauma of the 'privileged' child sent to boarding school at a young age. Innovative and challenging, Joy Schaverien offers a psychological analysis of the long-established British and colonial preparatory and public boarding school tradition. Richly illustrated with pictures and the narratives of adult ex-boarders in psychotherapy, the book demonstrates how some forms of enduring distress in adult life may be traced back to the early losses of home and family. Developed from clinical research and informed by attachment and child development theories 'Boarding School Syndrome' is a new term that offers a theoretical framework on which the psychotherapeutic treatment of ex-boarders may build. Divided into four parts, *History: In the Name of Privilege; Exile and Healing; Broken Attachments: A Hidden Trauma*, and *The Boarding School Body*, the book includes vivid case studies of ex-boarders in psychotherapy.

Their accounts reveal details of the suffering endured: loss, bereavement and captivity are sometimes compounded by physical, sexual and psychological abuse. Here, Joy Schaverien shows how many boarders adopt unconscious coping strategies including dissociative amnesia resulting in a psychological split between the 'home self' and the 'boarding school self'. This pattern may continue into adult life, causing difficulties in intimate relationships, generalized depression and separation anxiety amongst other forms of psychological distress. Boarding School Syndrome demonstrates how boarding school may damage those it is meant to be a reward and discusses the wider implications of this tradition. It will be essential reading for psychoanalysts, Jungian analysts, psychotherapists, art psychotherapists, counsellors and others interested in the psychological, cultural and international legacy of this tradition including ex-boarders and their partners.

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understanding of such significant clinical problems as PTSD and depression.

adult attachment interview questions: *Social Work Treatment* Francis J. Turner, 2011-03-15 First published in 1974, *Social Work Treatment* remains the most popular and trusted compendium of theories available to social work students and practitioners. It explores the full range of theoretical approaches that drive social work treatment and knowledge development, from psychoanalysis to crisis intervention. This treasure trove of practice knowledge equips professionals with a broad array of theoretical approaches, each of which shine a spotlight on a different aspect of the human condition. Emphasizing the importance of a broad-based theoretical approach to practice, it helps the reader avoid the pitfalls of becoming overly identified with a narrow focus that limits their understanding of clients and their contexts. This sweeping overview of the field untangles the increasingly complex problems, ideologies, and value sets that define contemporary social work practice. The result is an essential A-to-Z reference that charts the full range of theoretical approaches available to social workers regardless of their setting or specialty.

adult attachment interview questions: *The Routledge Handbook of Attachment (3 volume set)* Paul Holmes, Steve Farnfield, 2022-07-30 The Routledge Handbooks of Attachment provide a uniquely detailed yet accessible approach to attachment. Paul Holmes and Steve Farnfield have assembled an international selection of contributors and here present three volumes covering theory, assessment and implications and interventions. The Routledge Handbook of Attachment: Theory presents a broadly based introduction to attachment theory and associated areas, written in an accessible style by experts from around the world. The book covers the basic theories of attachment and discusses the similarities and differences of the two predominant schools of attachment theory. The Routledge Handbook of Attachment: Assessment provides a detailed discussion of the formal measurement tools available to assess attachment across the age range, including with families. It contains comprehensive chapters on many attachment-based validated procedures for assessing parenting and evaluating risk, to enable professionals to decide what type of assessment is appropriate, who should conduct it and the usefulness of the results. The Routledge Handbook of Attachment: Implications and Interventions offers an introduction to therapies produced as a result of the popularity of attachment studies. These therapies can be divided into two categories: those that are 'attachment-based', in that they use evidence-based attachment assessments in their development, or 'attachment-informed', in that the theories of attachment have been integrated into the practice of existing schools of therapy. The Routledge Handbooks of Attachment are indispensable guides for clinical psychologists, psychiatrists and social workers working with and assessing children and families, clinicians in training and students.

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