

14 questions for couples

14 Questions for Couples: Unlocking Deeper Connection and Industry Implications

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Introduction:

The strength of a relationship hinges on effective communication and self-awareness. While seemingly simple, asking the right questions can unlock deeper levels of understanding and intimacy within a couple. This article delves into the power of "14 questions for couples," exploring their profound impact on relationship health and their broader implications for the relationship coaching and therapy industries. We'll explore the specific questions, analyze their significance, and discuss how professionals can leverage these questions in their practice.

H1: The Power of "14 Questions for Couples": A Deep Dive

The seemingly simple act of asking thoughtful questions can transform a relationship. The right "14 questions for couples" can foster vulnerability, encourage honest self-reflection, and ultimately lead to stronger bonds. These questions aren't designed to be accusatory or judgmental; rather, they serve as catalysts for meaningful conversations and self-discovery. The impact extends beyond the immediate conversation; they pave the way for consistent, open communication, the bedrock of any successful relationship.

H2: The 14 Crucial Questions & Their Implications

Here are 14 questions designed to spark meaningful conversations and deeper understanding within a couple's relationship. Each question is thoughtfully crafted to address key aspects of a healthy partnership:

1. What are your non-negotiables in a relationship? (Identifies core values and expectations)
2. What are your biggest fears regarding our future together? (Addresses anxieties and insecurities)
3. How do you define success in our relationship? (Clarifies shared goals and aspirations)
4. What are your individual love languages? (Enhances understanding of emotional expression)
5. What are your biggest sources of stress, and how can I support you? (Promotes empathy and support)
6. What is one thing you appreciate most about me? (Reinforces positive feelings and appreciation)
7. What is one area where you feel we can improve as a couple? (Encourages constructive criticism and growth)
8. How do you envision us resolving conflicts in the future? (Develops conflict resolution strategies)
9. What are your individual dreams and aspirations, and how can we support each other's growth? (Promotes individual fulfillment within the relationship)
10. What are your expectations for intimacy and physical affection? (Addresses crucial aspects of physical connection)
11. How do we handle financial decisions as a couple? (Clarifies financial expectations and strategies)
12. How do we maintain our individual identities while being a couple? (Addresses the balance between individuality and togetherness)
13. How comfortable are you expressing your emotions openly and honestly? (Evaluates communication style and openness)
14. What are your long-term goals for our relationship? (Reinforces shared vision and commitment)

H3: Industry Implications of "14 Questions for Couples"

The use of "14 questions for couples," or similar sets of insightful questions, holds significant implications for various relationship-focused industries:

Couples Therapy: Therapists can utilize these questions as a starting point for sessions, prompting deeper exploration of relationship dynamics and identifying areas needing attention.

Relationship Coaching: Coaches can incorporate these questions into their programs to guide couples toward greater self-awareness and improved communication.

Premarital Counseling: These questions are invaluable in premarital counseling, helping couples establish clear expectations and address potential challenges before marriage.

Self-Help Resources: The "14 questions for couples" framework can form the basis for self-help books, workshops, and online resources aimed at strengthening relationships.

H4: Maximizing the Effectiveness of "14 Questions for Couples"

To maximize the benefits of these questions, couples should:

Create a safe and comfortable environment: Minimize distractions and ensure both partners feel heard and respected.

Listen actively and empathetically: Focus on understanding your partner's perspective, not just formulating your response.

Avoid judgment and defensiveness: Approach the conversation with openness and a willingness to learn.

Be honest and vulnerable: Share your thoughts and feelings openly, even if it's uncomfortable.

Follow up on the conversation: Don't let the conversation end without creating actionable steps to address any identified issues.

Conclusion:

The "14 questions for couples" presented in this article offer a powerful tool for strengthening relationships. By fostering open communication, promoting self-reflection, and encouraging empathy, these questions contribute significantly to relationship health. Their impact extends beyond individual couples, shaping the landscape of relationship-focused industries and providing valuable resources for improving communication and building stronger, more fulfilling partnerships. The key is consistent application and a commitment to fostering genuine connection.

FAQs:

1. Can these questions be used with all types of couples? Yes, but the approach and context may need adjustment depending on the couple's relationship stage and specific challenges.

1. What if my partner doesn't want to answer these questions? Respect your partner's boundaries, but encourage open dialogue about why they're hesitant.

1. How often should couples engage in these discussions? Regular, though not necessarily frequent, discussions are ideal – perhaps quarterly or as needed.

1. Are there any risks associated with using these questions? Potential risks include uncovering unresolved conflicts, but these can be addressed constructively with support.

1. What if the answers reveal significant problems in the relationship? This highlights the need for professional help, such as couples therapy.

1. Can these questions be adapted for different relationship lengths? Yes, adjust the focus based on the relationship stage (e.g., newly dating vs. long-term marriage).

1. How can I make these questions feel less like an interrogation? Frame them as opportunities for connection and shared growth.

1. Should I write down my answers? This is entirely optional, but it can help with reflection and remembering key points.

1. Where can I find more resources on improving communication in relationships? Relationship Insights offers various books, workshops, and online resources.

Related Articles:

1. Understanding Love Languages: An exploration of the five love languages and how they impact communication and intimacy.
2. Effective Communication Strategies for Couples: Practical tips and techniques for improving communication skills.
3. Conflict Resolution Techniques for Couples: Strategies for resolving conflicts constructively and maintaining a healthy relationship.
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14 questions for couples: *Questions for Couples Journal* Maggie Reyes, 2020-04-21 Spark conversation and grow closer with these 400 questions for couples. Having fun together is a paramount part of a strong and happy relationship. This book of questions is full of insightful and revealing topics, so you and your partner can connect and have a blast discovering what makes each of you unique and a great match for each other. Go beyond other relationship books for couples with: ALL KINDS OF CONVERSATIONS: Discuss a variety of questions, from your favorite movies and meals to your most important memories and feelings about intimacy. NO PRESSURE: The flexible format means you can tackle these questions in any order, whenever you have the time. Answer a whole bunch at once, or once in a blue moon—it's up to you. QUESTIONS FOR COUPLES AT EVERY STAGE: Stay connected and show you care, whether you're newly dating, long-distance, or a longtime couple just looking to spice things up. Discover more about yourself, your partner, and your relationship with these fun and meaningful questions.

14 questions for couples: *Questions Couples Ask* Les and Leslie Parrott, 2010-06-15 From communication, conflict, and careers to sex, in-laws, and money. *Questions Couples Ask* is your first resource for help with the foremost hurdles of marriage. Drs. Les and Leslie Parrott share cutting-edge insights on the 100 top questions married couples ask. Whether you want to improve your own marriage or nurture the marriages of others, Christianity's premier husband-wife marriage counseling team equips you with expert advice for building a thriving relationship: How can I be honest without hurting my partner's feelings? What do we do when one of us is a spender and one of us is a hoarder? What can we do to protect our marriage against extramarital affairs? How can we

be more spiritually intimate as a married couple?

14 questions for couples: The Couple's Quiz Book Alicia Muñoz, 2020-06-09 Energize your relationship with this quiz book for couples Curiosity is a great way to create and sustain intimacy in relationships. Create curiosity in your relationship with quizzes that will have you competing against one another to see who really knows who best. The first part focuses on you as an individual. The quizzes shine a light on your personal likes and dislikes as you answer questions about your partners' preferences. The second part contains quizzes focused on you both as a couple. Answer questions together as a couple and compare your similarities and differences. In each part, there are light and playful themes mixed with complex and challenging ones. You'll get a chance to reminisce about your past, explore the present, and dream about the future together. Create a deeper connection with your partner and grow your relationship with this standout among relationship books for couples.

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14 questions for couples: A More Beautiful Question Warren Berger, 2014-03-04 To get the best answer-in business, in life-you have to ask the best possible question. Innovation expert Warren Berger shows that ability is both an art and a science. It may be the most underappreciated tool at our disposal, one we learn to use well in infancy-and then abandon as we grow older. Critical to learning, innovation, success, even to happiness-yet often discouraged in our schools and workplaces-it can unlock new business opportunities and reinvent industries, spark creative insights at many levels, and provide a transformative new outlook on life. It is the ability to question-and to do so deeply, imaginatively, and "beautifully." In this fascinating exploration of the surprising power of questioning, innovation expert Warren Berger reveals that powerhouse businesses like Google, Nike, and Netflix, as well as hot Silicon Valley startups like Pandora and Airbnb, are fueled by the ability to ask fundamental, game-changing questions. But Berger also shares human stories of people using questioning to solve everyday problems-from "How can I adapt my career in a time of constant change?" to "How can I step back from the daily rush and figure out what really makes me happy?" By showing how to approach questioning with an open, curious mind and a willingness to work through a series of "Why," "What if," and "How" queries, Berger offers an inspiring framework of how we can all arrive at better solutions, fresh possibilities, and greater success in business and life.

14 questions for couples: 365 Questions For Couples Michael J Beck, Stanis Marusak Beck, Seanna Beck, 1998-03-01 What does he really think? How many things would you like to know—but don't—about your partner? Do you wish your partner would ask you about your past, your goals, your inner thoughts? When was the last time the two of you shared a dream, a memory, or a fantasy together? 365 Questions for Couples shows you how to get closer to your partner by asking and

answering thought-provoking questions on such subjects as: Your relationship Relationship with others Goals and fantasies Life experiences Memories Sex Remember, there are no right or wrong answers. The only rule is that you cannot ask a question that you refuse to answer yourself. So put some quiet time aside, make yourself comfortable, and enter together into the world of goals, dreams, emotions, and your previously hidden past!

14 questions for couples: *Questions for Couples* Marcus Kusi, Ashley Kusi, 2017-04-26 Do you find it difficult coming up with thought-provoking conversation starters or topics to discuss with your partner? Do you want to discover insightful questions that can lead to having deeper, exciting, and more meaningful conversations as a couple? Don't have much to talk about except the day-to-day life activities? If you answered yes to any of these questions, you're not alone. We all want to have better, more substantial, and engaging conversations everyday with our significant other. However, knowing where to start or the right questions to ask can be a challenge when things become routine. That's why we wrote *Questions for Couples*. We have used these open-ended questions to get to know each other more deeply, have better conversations, and improve our relationship. We believe these questions will do the same for your relationship too. In *Questions for Couples*, you will discover: 1. 469 Thought-provoking conversation starters for connecting, building trust, and rekindling intimacy in your relationship. 2. Fun, engaging, and open-ended questions that will lead to some of the best conversations you have had in a while with your partner, bring you closer, and really get you learning about each other. 3. Creative conversation starters for communicating and expressing your feelings, needs, and desires. 4. Refreshing questions you can discuss with each other on a daily or weekly basis to help you grow your relationship, as well as personal development. Simply select 365 questions that you love, and use them for a 365 Days of Questions Challenge with your partner. 5. Thought-provoking questions that will help you talk about things you might never think of on your own, which is especially helpful if you are looking for something new to talk about. 6. Inspiring conversation starters for setting yearly goals as a couple, so you can grow together while achieving them. 7. Exciting sex questions that will get you talking and sharing your sexual desires, so you can have better and more satisfying sex. And much more. You can have great conversations when you know what questions to ask. You just need the right questions. Open-ended questions that will spark deeper conversations, so you can discover and learn more about yourself, and your partner. Whether you are dating, in a committed relationship, engaged, married, or in a long-distance relationship, this book is for you. *Questions for Couples* will get you talking for hours, even if you have very little to talk about. Plus because it's pocket-sized, it's easy to take everywhere; for road trips, coffee dates, to date nights dinner or events, the beach, vacation trips, etc. Now, get your copy of this questions book for couples today. ----- Related keywords to this *Questions for Couples* book: Questions for couples, marriage questions, relationship questions, questions for dating couples, dating questions, questions for couples book, relationship questions, relationship questions book, questions couples, questions for couples game, questions for couples therapy, questions for married couples, questions for married couples fun, questions for couples to ask each other, book of questions for couples, what if questions for couples, 365 questions for couples, questions for engaged couples, relationship questions to ask, relationship questions game, relationship questions for couples, fun relationship questions, dating icebreaker questions, marriage counseling questions, conversation starters for couples, conversation starters, relationship books, marriage books, newlyweds book, books for couples, marriage help books, relationship help books, books for couples, books for married couples, dating books,

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14 questions for couples: Fierce Marriage Ryan Frederick, Selena Frederick, 2018-04-17 Ryan and Selena Frederick were newlyweds when they landed in Switzerland to pursue Selena's dream of training horses. Neither of them knew at the time that Ryan was living out a death sentence brought on by a worsening genetic heart defect. Soon it became clear he needed major surgery that could either save his life--or result in his death on the operating table. The young couple prepared for the worst. When Ryan survived, they both realized that they still had a future together. But the near loss changed the way they saw all that would lie ahead. They would live and love fiercely, fighting for each other and for a Christ-centered marriage, every step of the way. Fierce Marriage is their story, but more than that, it is a call for married couples to put God first in their relationship, to measure everything they do and say to each other against what Christ did for them, and to see marriage not just as a relationship they should try to keep healthy but also as one worth fighting for in every situation. With the gospel as their foundation, Ryan and Selena offer hope and practical help for common struggles in marriage, including communication problems, sexual frustration, financial stress, family tension, screen-time disconnection, and unrealistic expectations.

14 questions for couples: The Perfect Couple Elin Hilderbrand, 2018-06-19 From New York Times bestselling author Elin Hilderbrand, comes a novel about the many ways family can fill our lives with love...if they don't kill us first. It's Nantucket wedding season, also known as summer-the sight of a bride racing down Main Street is as common as the sun setting at Madaket Beach. The Otis-Winbury wedding promises to be an event to remember: the groom's wealthy parents have spared no expense to host a lavish ceremony at their oceanfront estate. But it's going to be memorable for all the wrong reasons after tragedy strikes: a body is discovered in Nantucket Harbor just hours before the ceremony-and everyone in the wedding party is suddenly a suspect. As Chief of Police Ed Kapenash interviews the bride, the groom, the groom's famous mystery-novelist mother, and even a member of his own family, he discovers that every wedding is a minefield-and no couple is perfect. Featuring beloved characters from The Castaways, Beautiful Day, and A Summer Affair, The Perfect Couple proves once again that Elin Hilderbrand is the queen of the summer beach read.

14 questions for couples: 101 Conversation Starters for Couples Gary Chapman, Ramon Presson, 2012-03-21 Your spouse is a unique person, filled with amazing insights, thoughts, feelings, and experiences. Communication is key to really knowing and fully loving that person. Bestselling author and marriage counselor Gary Chapman has developed this handy tabletop resource to get you and your spouse talking. With 101 probing questions, couples will find their relationship enhanced, their intimacy deepened, and their romance ignited. 101 Conversation Starters for Couples is the perfect companion to the bestselling book, The 5 Love Languages®. It also makes an excellent Valentines Day, wedding, and anniversary gift. It helps you and your spouse get the conversation flowing.

14 questions for couples: Counsel for Couples Jonathan D. Holmes, 2019-03-05 Many pastors feel ill-equipped to handle the challenges that arise when a couple is going through marital difficulties. If you are or have been in this situation before, this book shows church leaders how to counsel married couples from both a logical and biblical perspective. Author and pastor Jonathan Holmes offers you a practical guide to get started with the first sessions and then offers specific guidance on nine of the most common topics that come up in marriage counseling. In Counsel for Couples, Holmes provides you with: a biblical methodology that navigates you through the world of

marriage counseling based on God's word a theological counseling approach addressing the deepest of marital issues advice from several respected voices in the biblical counseling community In each chapter, you'll meet a new couple dealing with a different issue, much like the people in your church, office, and neighborhood. Whether you're a novice or already knowledgeable, Counsel for Couples provides theologically sound and biblically practical tools to help you as you help couples in need.

14 questions for couples: Conflict Resolution for Christian Couples Paul R. Shaffer, 2007-06-18 Conflict Resolution for Christian Couples is written in a comprehensive, easy-to-understand, and logical progression that maps out how to have a healthy relationship - one where conflict can be readily managed. The book has solid answers and strategies for Christian couples having difficulties working out reasonable solutions. This book consists of four parts. Part I is about establishing a spiritually healthy foundation for the relationship: 1) knowing the basics of Biblical knowledge, prayer, fellowship and ministry, and 2) taking into account the spiritual world, and respecting the balance between grace and accountability. Part II details a useful conflict resolution model and itemizes 26 effective tools (the ABCs) for moving smoothly through issues. Part III provides a 3-part solution model for mapping out a plan for change, and discusses healthy routines for maintaining change. Part IV addresses two unique dilemmas for long-term relationships: 1) affair recovery or affair safe-guarding, and 2) considering or going through a marital separation.

14 questions for couples: Knowing Her Intimately Laura M. Brotherson, 2016-09-07 Take your relationship to the next level...intimately! Knowing her intimately is the ultimate how-to-handbook--power-packed with hope and help for creating the intimate and passionate relationship God intended. Taking a respectful, yet straightforward approach, this sex-therapy-in-a-book, helps couples navigate the intricacies of intimacy to strengthen their marriages.--Back cover.

14 questions for couples: Snoop Sam Gosling, 2018-10-25 Does what's in your bathroom or on your desk reveal what's on your mind? What's the best way to find out what your partner is really like? For ten years, ingenious academic Sam Gosling has been studying how people project (and protect) their inner selves. Full of cutting-edge research, Snoop will sharpen your perception of others, as well as of yourself. Amazingly, and perhaps alarmingly, Gosling proves that what we own and how we act can inadvertently reveal more about our personalities than even our most intimate conversations.

14 questions for couples: The Couple's Activity Book Crystal Schwanke, 2020-09-22 Ready to strengthen your relationship? Start with a little fun Whether you're just starting your romantic adventure or celebrating years of marriage, The Couple's Activity Book can help you enhance your connection with playful, interactive games and activities. Through moments of shared laughter, physical reconnection, and meaningful conversation, you'll discover new and engaging ways to relate to one another. Feeling adventurous? Creative? Silly? Each chapter of this relationship book for couples is centered on a specific mood, so you can pick an activity that intrigues you both and jump right in, or you can work through the book together from cover to cover. The games in The Couple's Activity Book range from fun fill-in-the-blanks and word scrambles to more involved activities, like themed date nights, DIY day spas, and becoming tourists in your own hometown. Some can be done spontaneously. Others need a little preparation for a truly special experience. Unlike other relationship books for couples, the activities are designed to be carefree and entertaining without the added pressure of journaling or deep reflections. Build a stronger, loving bond with this big activity book for couples and have fun along the way.

14 questions for couples: Tiny Love Stories Daniel Jones, Miya Lee, 2020-12-08 "Charming. . . A moving testament to the diversity and depths of love." —Publishers Weekly You'll laugh, you'll cry, you'll be swept away—in less time than it takes to read this paragraph. Here are 175 true stories—honest, funny, tender and wise—each as moving as a lyric poem, all told in no more than one hundred words. An electrician lights up a woman's life, a sister longs for her homeless brother, strangers dream of what might have been. Love lost, found and reclaimed. Love that's romantic,

familial, platonic and unexpected. Most of all, these stories celebrate love as it exists in real life: a silly remark that leads to a lifetime together, a father who struggles to remember his son, ordinary moments that burn bright.

14 questions for couples: *Couple and Family Assessment* Len Sperry, 2024-09-17 This fourth edition text features the latest, most common, and important assessment measures and strategies for addressing problematic clinical issues related to working with families, couples, and children. Chapters provides strategies for systematically utilizing these various assessment measures with a wide range of family dynamics that influence couples and families. These include couples conflict, divorce, separation, mediation, premarital decisions, parenting conflicts, child abuse, family violence, custody evaluation, and child and adolescent conditions, i.e., depression, anxiety, conduct disorder, bipolar disorder, obsessive compulsive disorder, autism, Asperger's syndrome, and learning disorders that can significantly influence family dynamics. Filled with extensive clinical case material that illustrates the use of these various assessment measures and strategies in an array of clinical situations, this edition is filled with new assessment devices as well as a new chapter on family trauma and family chronic illness. This book is essential reading for both students in family and couple therapy courses as well as practitioners working with families, couples, and children.

14 questions for couples: *The Mathematics of Marriage* John M. Gottman, James D. Murray, Catherine C. Swanson, Rebecca Tyson, Kristin R. Swanson, 2005-01-14 Divorce rates are at an all-time high. But without a theoretical understanding of the processes related to marital stability and dissolution, it is difficult to design and evaluate new marriage interventions. The Mathematics of Marriage provides the foundation for a scientific theory of marital relations. The book does not rely on metaphors, but develops and applies a mathematical model using difference equations. The work is the fulfillment of the goal to build a mathematical framework for the general system theory of families first suggested by Ludwig Von Bertalanffy in the 1960s. The book also presents a complete introduction to the mathematics involved in theory building and testing, and details the development of experiments and models. In one marriage experiment, for example, the authors explored the effects of lowering or raising a couple's heart rates. Armed with their mathematical model, they were able to do real experiments to determine which processes were affected by their interventions. Applying ideas such as phase space, null clines, influence functions, inertia, and uninfluenced and influenced stable steady states (attractors), the authors show how other researchers can use the methods to weigh their own data with positive and negative weights. While the focus is on modeling marriage, the techniques can be applied to other types of psychological phenomena as well.

14 questions for couples: *A Year of Questions* Ashley Kusi, Marcus Kusi, 2020-03 A Year of Questions: A 52-Week Q&A Book for Couples to Complete Together, Connect, and Have Meaningful Conversations A Year of Questions is the perfect Q&A book for couples to spend quality time together, connect, and have meaningful conversations. With this Q&A journal for couples, you'll be able to: 1. Spend quality time with your significant other, so you can connect and strengthen intimacy in your relationship. More specifically, there are 52 engaging and thought-provoking questions for couples to complete together. 2. Create a new weekly date night activity; a fun thing for couples to do together. 3. Have exciting/interesting conversations about your relationship, appreciate, and understand your partner better. 4. Open up to each other, communicate your needs, share your dreams and memories. 5. Learn new things about your partner and reflect on your relationship. What's more, the questions that cover topics such as communication, gratitude, life experiences, money, sex, and much more. You can even use them as conversation starters. Plus, this question and answer journal for couples is simple, easy to use, and has enough room to comfortably write your answers. If you don't like writing, you can simply discuss your answers. Lastly, A Year of Questions makes a great engagement, relationship anniversary, bridal shower, Christmas, birthdays, holidays, or wedding gift for your friends and family. Now: Get your copy of this Q&A book for couples today.

14 questions for couples: *201 Great Questions for Married Couples* Jerry D. Jones, 1999 Here

are questions you'll want to ask to get your spouse talking about what really matters. Great marriage enhancement or small-group tool.

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14 questions for couples: The Couple Next Door Shari Lapena, 2016-08-23 A NEW YORK TIMES BESTSELLER Another thrilling domestic suspense novel from the New York Times bestselling author of *Not a Happy Family* "The twists come as fast [as] you can turn the pages." —People "I read this novel at one sitting, absolutely riveted by the storyline. The suspense was beautifully rendered and unrelenting!" —Sue Grafton It all started at a dinner party. . . A domestic suspense debut about a young couple and their apparently friendly neighbors—a twisty, rollercoaster ride of lies, betrayal, and the secrets between husbands and wives. . . Anne and Marco Conti seem to have it all—a loving relationship, a wonderful home, and their beautiful baby, Cora. But one night, when they are at a dinner party next door, a terrible crime is committed. Suspicion immediately lands on the parents. But the truth is a much more complicated story. Inside the curtained house, an unsettling account of what actually happened unfolds. Detective Rasbach knows that the panicked couple is hiding something. Both Anne and Marco soon discover that the other is keeping secrets, secrets they've kept for years. What follows is the nerve-racking unraveling of a family—a chilling tale of deception, duplicity, and unfaithfulness that will keep you breathless until the final shocking twist.

14 questions for couples: The Science of the Couple Lorne Campbell, Jennifer La Guardia, James M. Olson, Mark P. Zanna, 2013-07-04 Although love and relationships have been focal points for poets and philosophers for thousands of years, these topics had not traditionally been the focus of empirical research. As a result, very little was known about how couples maintained happiness and satisfaction in their relationships, or how relationships deteriorated, ultimately ending in separation or divorce. However, since the early 1980s, relationships research has blossomed as a field - and is now one of the most vibrant topics in social psychology and beyond. This volume brings together the latest research on couple functioning from the perspectives of social and personality psychology, neurobiology, health, and clinical psychology. Additionally, the research presented highlights the use of survey, experimental, implicit, and longitudinal methods, as well as specialized techniques employed in neuroscience, psychophysiology, and psychoneuroimmunology in the study of couple level processes. The underlying aim of this volume is to examine how these theories and methods converge to provide a deeper, holistic model of couples' processes and functioning. With its state-of-the-art, integrative overview of this exciting discipline, *The Science of the Couple* is essential reading for social psychologists, clinicians, and anyone with an interest in the dynamics of interpersonal relationships.

14 questions for couples: Not Yet Married Marshall Segal, 2017-06-20 *Life Is Never Mainly About Love and Marriage. So Learn to Live and Date for More.* Many of you grew up assuming that marriage would meet all of your needs and unlock God's purposes for you. But God has far more planned for you than your future marriage. *Not Yet Married* is not about waiting quietly in the corner of the world for God to bring you the one, but about inspiring you to live and date for more now. If you follow Jesus, the search for a spouse is no longer a pursuit of the perfect person, but a pursuit of more of God. He will likely write a love story for you different than the one you would write for yourself, but that's because he loves you and knows how to write a better story. This book was written to help you find real hope, happiness, and purpose in your not-yet-married life.

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14 questions for couples: The All-or-Nothing Marriage Eli J. Finkel, 2017-09-19 "After years of debate and inquiry, the key to a great marriage remained shrouded in mystery. Until now..."—Carol Dweck, author of Mindset: The New Psychology of Success Eli J. Finkel's insightful and ground-breaking investigation of marriage clearly shows that the best marriages today are better than the best marriages of earlier eras. Indeed, they are the best marriages the world has

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14 questions for couples: The Intimate Couple Jon Carlson, Len Sperry, 1999 First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

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14 questions for couples: *The Seven Principles for Making Marriage Work* John Gottman, PhD, Nan Silver, 2015-05-05 NEW YORK TIMES BESTSELLER • Over a million copies sold! "An eminently practical guide to an emotionally intelligent—and long-lasting—marriage."—Daniel Goleman, author of *Emotional Intelligence* *The Seven Principles for Making Marriage Work* has revolutionized the way we understand, repair, and strengthen marriages. John Gottman's unprecedented study of couples over a period of years has allowed him to observe the habits that can make—and break—a marriage. Here is the culmination of that work: the seven principles that guide couples on a path toward a harmonious and long-lasting relationship. Straightforward yet profound, these principles teach partners new approaches for resolving conflicts, creating new common ground, and achieving greater levels of intimacy. Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem, whether dealing with issues related to sex, money, religion, work, family, or anything else. Packed with new exercises and the latest research out of the esteemed Gottman Institute, this revised edition of *The Seven Principles for Making Marriage Work* is the definitive guide for anyone who wants their relationship to attain its highest potential.

14 questions for couples: *The Practice of Emotionally Focused Couple Therapy* Susan M. Johnson, 2019-07-26 Since its original publication in 1996, *The Practice of Emotionally Focused Couple Therapy* has been the definitive guide for couple therapists, supervisors, and students wishing to practice emotionally focused therapy. This cutting-edge third edition addresses recent changes in the field of couple therapy, including updated research results relating to clinical

interventions, expanded understandings of emotion regulation, adult attachment and neuroscience, and dynamic EFT applications for a range of issues such as depression, anxiety, sexual disorders, and PTSD. Chapters introduce micro-interventions for use in EFT couple sessions, as well as a systematic presentation of a macro set of interventions called the EFT Tango. Clinical examples are included throughout, bringing the in-session process of change alive, and two case chapters offer in-depth commentaries of Stage 1 and Stage 2 EFT sessions. Written by the leading authority on emotionally focused therapy, this third edition is an essential reference on all aspects of EFT and its uses for mental health professionals in the field of couple and marital therapy.

14 questions for couples: *Same-Sex Couples before National, Supranational and International Jurisdictions* Daniele Gallo, Luca Paladini, Pietro Pustorino, 2013-12-02 The present volume focuses on the jurisprudence of national, supranational and international jurisdictions (and quasi-jurisdictions) as regards the legal status of same-sex couples. Its aim is to explore the content, rationale, functioning and potential of the different jurisdictions' reasonings and their contribution to the strengthening of LGBTI rights (and duties). As a consequence, the book tries to convey the complexities and controversies that derive from the judicial recognition of same-sex couples across the world, taking always into account the relationship of the judiciary with the executive and the legislature and the related problems of legitimacy and democracy. The volume deals with this issue and considers it as a crucial test for modern democracies and contemporary societies.

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