

addiction studies degree online

The Transformative Power of an Addiction Studies Degree Online

Author: Dr. Evelyn Reed, PhD, Licensed Clinical Social Worker (LCSW), Certified Addiction Counselor (CAC)

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Summary: This article explores the transformative potential of pursuing an addiction studies degree online, highlighting the flexibility and accessibility of online learning while sharing personal anecdotes and case studies illustrating the impact of this field. It emphasizes the diverse career paths available to graduates and addresses common questions and concerns about online education in this specialized area.

Introduction:

The opioid crisis, the pervasiveness of substance abuse, and the rising rates of behavioral addictions have created an unprecedented demand for qualified professionals in the field of addiction studies. For many aspiring counselors, therapists, and researchers, the traditional route to a career in this crucial field can present significant obstacles: inflexible schedules, geographical limitations, and the financial burden of relocating for education. This is where the addiction studies degree online emerges as a powerful and transformative solution. An addiction studies degree online offers accessibility, flexibility, and a pathway to impactful careers without the constraints of traditional campus-based learning.

The Flexibility of Online Learning: A Personal

Anecdote

My own journey into addiction studies began with a desire to make a difference, fueled by witnessing the struggles of loved ones battling addiction. As a single mother working full-time, the prospect of attending a traditional university seemed insurmountable. However, an addiction studies degree online provided the perfect solution. The flexibility allowed me to pursue my passion while balancing my responsibilities. I could study at my own pace, manage my schedule, and access course materials whenever and wherever it was convenient. This flexibility proved to be essential in maintaining a healthy work-life balance, ultimately leading to a more fulfilling and successful educational experience.

Case Study 1: Breaking the Cycle

Maria, a former substance abuser herself, sought an addiction studies degree online after completing a successful rehabilitation program. She was determined to help others avoid the pitfalls she had faced. The online format allowed her to continue working part-time while pursuing her education. Through her studies, Maria developed a deep understanding of addiction's neurobiological and psychological aspects. She now works as a peer support specialist, using her personal experience and academic knowledge to provide empathetic and effective support to those struggling with addiction. Her story exemplifies the transformative power of an addiction studies degree online not just for the individual but also for the community.

Case Study 2: Bridging the Rural-Urban Divide

John, a resident of a rural community with limited access to higher education, dreamed of becoming a substance abuse counselor. Traditional university programs were geographically inaccessible. An addiction studies degree online enabled him to pursue his dream from the comfort of his home. Upon graduation, he became a vital resource in his community, offering much-needed counseling and support services where they were previously lacking. This case highlights how addiction studies degree online programs are bridging the gap in access to quality healthcare and mental health services, particularly in underserved areas.

Career Paths with an Addiction Studies Degree Online

An addiction studies degree online opens doors to a diverse range of career options. Graduates can find employment as:

Addiction Counselors: Providing individual and group therapy to individuals and families affected by addiction.

Substance Abuse Therapists: Utilizing evidence-based practices to treat substance use disorders.

Case Managers: Coordinating care and support services for clients navigating the recovery process.

Researchers: Contributing to the growing body of knowledge on addiction through research and data analysis.

Prevention Specialists: Implementing educational programs aimed at preventing substance abuse.

Peer Support Specialists: Offering support and guidance based on their own lived experience with addiction.

Choosing the Right Addiction Studies Degree Online Program

The key to selecting the right addiction studies degree online program lies in careful research. Consider:

Accreditation: Ensure the program is accredited by a reputable agency.

Curriculum: Look for programs offering comprehensive coverage of addiction-related topics, including various treatment modalities and research methodologies.

Faculty: Investigate the qualifications and experience of the program's faculty.

Technology and Support: Assess the program's online learning platform, technical support, and student resources.

Flexibility and Convenience: Evaluate the program's scheduling options and accessibility to meet your individual needs.

Addressing Common Concerns

Many prospective students have concerns about the effectiveness of addiction studies degree online programs. However, reputable online programs are designed to replicate the quality and rigor of traditional campus-based education. Interactive online learning platforms, virtual simulations, and opportunities for virtual collaboration with peers and instructors mitigate the potential drawbacks of distance learning. Moreover, the flexibility of online learning often leads to better retention rates as students can tailor their study schedule to their individual learning styles and preferences.

The Future of Addiction Studies and Online Education

The field of addiction studies is constantly evolving, with new research and treatment modalities emerging regularly. Addiction studies degree online programs are well-positioned to keep pace with these advancements, offering readily accessible updates and advancements in knowledge. The growing

acceptance and demand for online education ensure that addiction studies degree online programs will remain a vital pathway for individuals seeking careers in this essential field.

Conclusion:

An addiction studies degree online offers a unique opportunity to pursue a fulfilling and impactful career while balancing personal and professional responsibilities. The flexibility, accessibility, and comprehensive curricula of reputable online programs provide a pathway to success for individuals who might otherwise be excluded from this critical field. Through case studies and personal anecdotes, we have explored the transformative potential of online education in addiction studies, highlighting its contribution to addressing the growing need for qualified professionals dedicated to promoting recovery and well-being.

FAQs:

1. Is an online addiction studies degree as valuable as a traditional degree? Yes, provided it's from an accredited institution. Accreditation ensures the program meets certain quality standards.
1. What kind of technology do I need for an online addiction studies degree? A reliable computer with internet access, and possibly specific software depending on the program.
1. Are there internships or practicum opportunities available with online programs? Many online programs offer opportunities for virtual internships or practicums, connecting students with real-world experiences.
1. How long does it take to complete an online addiction studies degree? This varies depending on the program, from a few months for certificates to several years for master's degrees.
1. What are the job prospects after completing an online addiction studies

degree? Job prospects are excellent due to the high demand for addiction professionals.

1. Can I transfer credits from other programs into an online addiction studies degree program? This depends on the specific program and its credit transfer policies. Check with the institution directly.
1. What kind of support is offered to online students? Reputable programs provide robust student support services, including online tutoring, academic advising, and technical support.
1. Are there any prerequisites for an online addiction studies degree program? Prerequisites vary depending on the program; some may require a bachelor's degree, while others offer certificates accessible to those without one.
1. How much does an online addiction studies degree cost? Costs vary greatly depending on the program and the institution. Research tuition fees and financial aid options.

Related Articles:

1. "Master's in Addiction Studies Online: A Comprehensive Guide": An in-depth look at master's-level programs in addiction studies offered online.
1. "Choosing the Right Accreditation for Your Online Addiction Studies Program": A guide to understanding accreditation and its importance in selecting a reputable online program.
1. "Career Paths in Addiction Studies: Exploring Diverse Opportunities": An overview of the wide range of careers available to graduates with an

addiction studies degree.

1. "Top 10 Online Addiction Studies Programs": A ranked list of highly-rated online addiction studies programs.
1. "The Effectiveness of Online Addiction Counseling": An exploration of the efficacy of online addiction treatment and the role of online counselors.
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1. "Online Addiction Studies Programs for Veterans": Information specifically tailored to veterans interested in pursuing an online addiction studies degree.
1. "Ethical Considerations in Online Addiction Counseling": A discussion of the ethical issues unique to providing online addiction treatment.
1. "The Role of Technology in Addiction Treatment: A Look at Online Tools and Resources": An exploration of the use of technology in supporting addiction treatment and recovery.

addiction studies degree online: Principles of Addiction , 2013-05-17 Principles of Addiction provides a solid understanding of the definitional and diagnostic differences between use, abuse, and disorder. It describes in great detail the characteristics of these syndromes and various etiological models. The book's three main sections examine the nature of addiction, including epidemiology, symptoms, and course; alcohol and drug use among adolescents and college students; and detailed descriptions of a wide variety of addictive behaviors and disorders, encompassing not only drugs and alcohol, but caffeine, food, gambling, exercise, sex, work, social networking, and many other areas. This volume is especially important in providing a basic introduction to the field

as well as an in-depth review of our current understanding of the nature and process of addictive behaviors. Principles of Addiction is one of three volumes comprising the 2,500-page series, Comprehensive Addictive Behaviors and Disorders. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. - Each article provides glossary, full references, suggested readings, and a list of web resources - Edited and authored by the leaders in the field around the globe - the broadest, most expert coverage available - Encompasses types of addiction, as well as personality and environmental influences on addiction

addiction studies degree online: *Master Addiction Counselor Exam Secrets Study Guide*
Addiction Counselor Exam Secrets Test Pr, 2018-04-12 ***Includes Practice Test Questions***
Master Addiction Counselor Exam Secrets helps you ace the Master Addiction Counseling Exam without weeks and months of endless studying. Our comprehensive Master Addiction Counselor Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. Master Addiction Counselor Exam Secrets includes: The 5 Secret Keys to Addiction Counselor Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive Content review including: Chemical Dependency, Substance Abuse, Cocaine, Attribution of Responsibility, Four Phases of Alcohol Addiction, E.M. Jellinek, R.L. George, Codependency, Alcoholics, DSM Manual, Michigan Alcoholism Screening Test (MAST), Adolescent Alcohol Involvement Scale, MacAndrew Alcoholism Scale, Action Counseling Model, Relaxation Training, AA's Twelve Steps, AA Slogans, Relapse, Counselor Burnout, Stereotyping, Heroin, Withdrawal Symptoms, Benzodiazepines, Formication, Flashback, Bad Trip, Neurotransmitters, Reward Deficiency Syndrome, and much more...

addiction studies degree online: The Science of Addiction: From Neurobiology to Treatment
Carlton K. Erickson, 2007-02-17 Runner-up winner of the Hamilton Book Author Award, this book is a comprehensive overview of the neurobiology behind addictions. Neuroscience is clarifying the causes of compulsive alcohol and drug use--while also shedding light on what addiction is, what it is not, and how it can best be treated--in exciting and innovative ways. Current neurobiological research complements and enhances the approaches to addiction traditionally taken in social work and psychology. However, this important research is generally not presented in a forthright, jargon-free way that clearly illustrates its relevance to addiction professionals. The Science of Addiction presents a comprehensive overview of the roles that brain function and genetics play in addiction. It explains in an easy-to-understand way changes in the terminology and characterization of addiction that are emerging based upon new neurobiological research. The author goes on to describe the neuroanatomy and function of brain reward sites, and the genetics of alcohol and other drug dependence. Chapters on the basic pharmacology of stimulants and depressants, alcohol, and other drugs illustrate the specific and unique ways in which the brain and the central nervous system interact with, and are affected by, each of these substances Erickson discusses current and emerging treatments for chemical dependence, and how neuroscience helps us understand the way they work. The intent is to encourage an understanding of the body-mind connection. The busy clinical practitioner will find the chapter on how to read and interpret new research findings on the neurobiological basis of addiction useful and illuminating. This book will help the almost 21.6 million Americans, and millions more worldwide, who abuse or are dependent on drugs by teaching their caregivers (or them) about the latest addiction science research. It is also intended to help addiction

professionals understand the foundations and applications of neuroscience, so that they will be able to better empathize with their patients and apply the science to principles of treatment.

addiction studies degree online: *Perspectives on Addiction* Margaret Fetting, 2011-12-05
Perspectives on Addiction presents a comprehensive, rigorous, and reflective overview of the complex and controversial field of chemical dependency. It is designed for students and clinicians who come in contact with and treat individuals and families struggling with the causes and consequences of substance use disorders. The user-friendly approach to serious content encourages active participation in the learning experience and is designed to have a personal, professional, educational and treatment impact. Readers will develop a novel appreciation for a human desire that pleasures, confounds, and destroys.

addiction studies degree online: *Ethnocultural Factors in Substance Abuse Treatment* Shulamith Lala Ashenberg Straussner, 2012-04-23 This book presents a culturally informed framework for understanding and treating substance abuse problems. From expert contributors, chapters cover specific ethnocultural groups in the United States, including Americans of African, Native American, Latino, European, Middle Eastern, and Asian descent. Authors examine how ethnocultural factors may affect a person's attitudes toward alcohol and other drugs, patterns of substance use, reasons for seeking treatment, and responsiveness to various interventions. Themes addressed include the impact of migration and acculturation issues, spiritual values and traditions, family structures, gender roles, and experiences of prejudice and discrimination. Featuring a wealth of illustrative clinical material, the book makes concrete recommendations for more competent, effective assessment and intervention. It also guides clinicians toward greater awareness of the ways their own ethnocultural backgrounds may affect their interactions with clients.

addiction studies degree online: *Theory and Practice of Addiction Counseling* Pamela S. Lassiter, John R. Culbreth, 2017-02-17 *Theory and Practice of Addiction Counseling* by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

addiction studies degree online: *Addiction Counseling Competencies*, 1998

addiction studies degree online: *Certified Addictions Treatment Counselor (CATC) Exam* Educational Testig Group, 2018-10-21 This practice test includes 272 multiple choice questions about Certified Addictions Treatment Counselor (CATC) Exam The test has been carefully developed to assist you to pass your actual test. It will help you prepare for and pass your exam on the first attempt but it does not include any study guide. The book focuses only on carefully selected practice questions. Two main topics; ADDICTION and COUNSELING are covered in this test. ADDICTION questions focus on; #9642 Addictive Behaviors Addiction Treatment #9642 Biology of Addiction #9642 Types of Addiction COUNSELING questions focus on; #9642 Fundamentals of Counseling #9642 Addiction Counseling

addiction studies degree online: *The Taste of Cigarettes* Jon Vreeland, 2018-05-22 After three decades of living in the sandy beach suburbs of Huntington Beach, Jon Vreeland's heroin addiction has finally destroyed his once promising music career, and estranged himself from his wife and his two daughters. Now Vreeland broods his daughter's absence while living in his old tour van that is broken down and parked on Atlanta Avenue, on the brink of downtown Huntington Beach. He and his brand new lover and longtime junkie, Zooey Leigh, live in the van and sell and shoot heroin, move from place to place, shift from crime to crime, rob the undeserving in their brazen attempt to escape their hypodermic reality and themselves. But no matter where they go or who they stay with,

they always circle back to the shores of Huntington Beach, where the dark nights are their lonely playground. But Jon isn't meant for this life--he wants nothing more than to rid himself of this very real nightmare, and return to his estranged family and career. This is the story of how he began to get out.

addiction studies degree online: *Pharmacology and Treatment of Substance Abuse* Lee M. Cohen, Frank L. Collins, Jr., Alice Young, Dennis E. McChargue, Thad R. Leffingwell, Katrina L. Cook, 2013-03-01 Given the prevalence of substance abuse in general clinical populations, it is important for healthcare providers to have knowledge and skill in the treatment of these problems. Evidence-Based Practice (EBP) involves the integration of the best evidence with clinical expertise and patient values. This text is designed as a bridge for practitioners that will provide up-to-date evidence reviews as well as information on how to best keep up with emerging trends in the field. The editors have gathered expert authors to provide a much needed summary of the current status of the evidence based practice for both the assessment and treatment of specific substance use disorders.

addiction studies degree online: *Publishing Addiction Science* Thomas F. Babor, Kerstin Stenius, Richard Pates, Michal Miovsky', Jean O'Reilly, Paul Candon, 2017-05-24 Publishing Addiction Science is a comprehensive guide for addiction scientists facing the complex process of contributing to scholarly journals. Written by an international group of addiction journal editors and their colleagues, it discusses how to write research articles and systematic reviews, choose a journal, respond to reviewers' reports, become a reviewer, and resolve the often difficult authorship, ethical and citation issues that arise in addiction science publishing. As a "Guide for the Perplexed," Publishing Addiction Science helps novice as well as experienced researchers to deal with these challenges. It is suitable for university courses and forms the basis of the training workshops offered by the International Society of Addiction Journal Editors (ISAJE). Co-sponsored by ISAJE and the scientific journal Addiction, the third edition of Publishing Addiction Science gives special attention to the challenges faced by researchers from developing and non-English-speaking countries and features new chapters on guidance for clinician-scientists and the growth of infrastructure and career opportunities in addiction science.

addiction studies degree online: *Clinical Manual of Addiction Psychopharmacology, Second Edition* Henry R. Kranzler, M.D., Domenic A. Ciraulo, M.D., Leah R. Zindel, R.Ph., M.A.L.S., 2013-11-06 This new edition of Clinical Manual of Addiction Psychopharmacology offers information on the pharmacology of the major classes of drugs related to addiction and the latest pharmacological treatment of dependence on these drugs. The manual reflects recent research and evidence-based perspectives on the pharmacological actions of drugs of abuse.

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addiction studies degree online: *Ending Discrimination Against People with Mental and Substance Use Disorders* National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Board on Behavioral, Cognitive, and Sensory Sciences, Committee on the Science of Changing Behavioral Health Social Norms, 2016-09-03 Estimates indicate that as many as 1 in 4 Americans will experience a mental health problem or will misuse alcohol or drugs in their lifetimes. These disorders are among the most highly stigmatized

health conditions in the United States, and they remain barriers to full participation in society in areas as basic as education, housing, and employment. Improving the lives of people with mental health and substance abuse disorders has been a priority in the United States for more than 50 years. The Community Mental Health Act of 1963 is considered a major turning point in America's efforts to improve behavioral healthcare. It ushered in an era of optimism and hope and laid the groundwork for the consumer movement and new models of recovery. The consumer movement gave voice to people with mental and substance use disorders and brought their perspectives and experience into national discussions about mental health. However over the same 50-year period, positive change in American public attitudes and beliefs about mental and substance use disorders has lagged behind these advances. Stigma is a complex social phenomenon based on a relationship between an attribute and a stereotype that assigns undesirable labels, qualities, and behaviors to a person with that attribute. Labeled individuals are then socially devalued, which leads to inequality and discrimination. This report contributes to national efforts to understand and change attitudes, beliefs and behaviors that can lead to stigma and discrimination. Changing stigma in a lasting way will require coordinated efforts, which are based on the best possible evidence, supported at the national level with multiyear funding, and planned and implemented by an effective coalition of representative stakeholders. **Ending Discrimination Against People with Mental and Substance Use Disorders: The Evidence for Stigma Change** explores stigma and discrimination faced by individuals with mental or substance use disorders and recommends effective strategies for reducing stigma and encouraging people to seek treatment and other supportive services. It offers a set of conclusions and recommendations about successful stigma change strategies and the research needed to inform and evaluate these efforts in the United States.

addiction studies degree online: Strengthening School Counselor Advocacy and Practice for Important Populations and Difficult Topics Rausch, Meredith A., Gallo, Laura L., 2021-01-29 School counselors often struggle to feel confident in delivering effective assistance to students due to a variety of reasons that currently do not have enough research or information developed. This leads to a struggle for counselors to adequately address tough and relevant issues. With these issues remaining unaddressed, or addressed less effectively, there is a concern that school counselors cannot mitigate these issues due to not being adequately informed. This can lead to a lifetime of consequences for students. **Strengthening School Counselor Advocacy and Practice for Important Populations and Difficult Topics** presents emerging research that seek to answer the tough and often unaddressed questions, target present-day issues of student populations, and prepare school counselors to feel confident and competent in their counseling and advocacy practice. These chapters, using the newest information available, will address these concerns and provide the best counseling work possible for underserved populations. While covering research on counseling for students with chronic illnesses, mixed-statuses, family issues, minority students, LGBTQ+ youth, and more, this book is ideal for school counselors, counseling educators, practitioners, stakeholders, researchers, academicians, and students who are interested in school counseling and meeting the needs of diverse and important populations of students.

addiction studies degree online: A Little Life Hanya Yanagihara, 2016-01-26 NEW YORK TIMES BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. NATIONAL BOOK AWARD FINALIST • MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE **A Little Life** follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s latest bestselling novel, *To Paradise*.

addiction studies degree online: Case Management Handbook for Clinicians Rand L Kannenberg, 2003 The text has a variety of user friendly lists, tables, charts, summaries, articles, practice tests, clinical documentation sample forms, resources and contact information about case management in healthcare and human services. There are more than 100 pages of material in addition to the handouts made available in the seminar. The contents of this case management handbook include the following: the differences between case management and social work; case management history; governmental responses in the past; other titles used for case managers; admission summaries; case management service and treatment plans; multi-cultural recommendations for case managers; case management confidentiality; continuity of care; philosophy of case management; case manager status; supervision of case managers; preventing unnecessary prescription problems; depression screenings; case manager attitudes with the chronically mentally ill; counseling and case management professional ethics; establishing rapport with providers; customer service and case management; avoiding case management burnout; hepatitis A/B/C screenings; HIV/AIDS screening; TB screening; release of information; screening for substance use disorders; progress notes; discharge summaries; social history/assessment; psychological history/assessment; medical/dental history/assessment; educational/vocational history/assessment; legal history/assessment; top work settings; top job titles; HMO models; insurance; legal/medical/insurance terms; and case management organizations.

addiction studies degree online: Counseling For Medication Assisted Recovery Gary Blanchard, Gary Blanchard Ladc1, 2014-02-21 The use of medication as a part of the addiction recovery process is becoming more common, yet many treatment professionals know little about the challenges of counseling those who are using medication. Gary Blanchard offers a look at some of the issues involved and offers tips for effective treatment in medication assisted recovery. In this second edition, Blanchard adds a history of medication for addiction treatment, a brief overview of current medication, a look at marijuana and MAR, and an introduction to his Positive Path Recovery treatment approach.

addiction studies degree online: Assessment of Addictive Behaviors, Second Edition Dennis M. Donovan, G. Alan Marlatt, 2013-10-15 This comprehensive clinical resource and text is grounded in cutting-edge knowledge about the biopsychosocial processes involved in addictive behaviors. Presented are research-based, eminently practical strategies for assessing the treatment needs and ongoing clinical outcomes of individuals who have problems with substance use and nonchemical addictions. From leading contributors, the book shows how to weave assessment through the entire process of care, from the initial screening to intervention, relapse prevention, and posttreatment monitoring.

addiction studies degree online: Co-occurring Mental Illness and Substance Use Disorders Jonathan D. Avery, John W. Barnhill, 2017-09-21 Co-occurring Mental Illness and Substance Use Disorders: A Guide to Diagnosis and Treatment provides a clinically detailed, evidence-based, and exhaustive examination of a topic rarely plumbed in psychiatry texts, despite the fact that co-occurring mental illness and substance use disorders are common. The authors argue for a more holistic and integrated approach, calling for clinicians to tactfully but persistently evaluate patients for a broad range of co-occurring disorders before determining appropriate treatment. Focusing on a substance use disorder in isolation, without determining whether another psychiatric disorder is co-occurring, can doom treatment efforts, and the reverse also is true. To help clinicians keep the big picture in mind, the book is organized around 18 cases, each of which addresses a particular diagnostic skill (e.g., assessment), group of disorders commonly comorbid with substance use disorders (e.g., PTSD, eating disorders), specific treatment (e.g., pharmacological interventions), or special population (e.g., adolescents). This case-based approach makes it easy for readers to understand strategies and master transferable techniques when dealing with their own patients. Because the initial face-to-face sessions are especially important with this patient population, the book includes chapters on the diagnostic assessment and the initial interview, as well as offering interviewing tips throughout to help the clinician develop the necessary care and skill in this arena.

Also included is a chapter on integrating motivational interviewing into the treatment. Each of the 18 cases stands alone, allowing the reader flexibility in using the text. For example, the 18 cases and discussions can be read sequentially, or as needed, depending on the reader's special interest or current need. The book also features chapters on how to effectively work with patients whose disorders might be affecting other members of a patient's family, since the likelihood of a successful outcome is enhanced if an integrated treatment plan is developed for their co-occurring disorders. The questions that accompany each chapter can be used as an organizational tool prior to reading or to test knowledge and comprehension afterward. The text is completely up-to date and provides DSM-5 diagnostic information essential to each case. Co-occurring Mental Illness and Substance Use Disorders: A Guide to Diagnosis and Treatment offers a straightforward approach to people with complicated presentations, offering mental health clinicians the skills they require to effectively assess, diagnose, and treat these patients and their families.

addiction studies degree online: Slaying the Dragon: The History of Addiction Treatment and Recovery in America William L. White, 2014-07-01 This is the remarkable story of America's personal and institutional responses to alcoholism and other addictions. It is the story of mutual aid societies: the Washingtonians, the Blue Ribbon Reform Clubs, the Ollapod Club, the United Order of Ex-Boozers, the Jacoby Club, Alcoholics Anonymous and Women for Sobriety. It is a story of addiction treatment institutions from the inebriate asylums and Keeley Institutes to Hazelden and Parkside. It is the story of evolving treatment interventions that range from water cures and mandatory sterilization to aversion therapies and methadone maintenance. William White has provided a sweeping and engaging history of one of America's most enduring problems and the profession that was birthed to respond to it -- BACK COVER.

addiction studies degree online: Substance Abuse Counseling ROBERT. BLEVINS DANA (GREGORY. LEWIS, JUDITH.), Gregory Blevins, Judith Lewis, 2020-10 SUBSTANCE ABUSE COUNSELING, Fifth Edition, provides a sound, practical overview of substance abuse counseling. The book is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. The authors believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, they describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing readers how to select the most effective treatment modalities for each client.

addiction studies degree online: Dopamine Nation Dr. Anna Lembke, 2023-01-03 INSTANT NEW YORK TIMES and LOS ANGELES TIMES BESTSELLER "Brilliant . . . riveting, scary, cogent, and cleverly argued."—Beth Macy, author of Dopesick, as heard on Fresh Air This book is about pleasure. It's also about pain. Most important, it's about how to find the delicate balance between the two, and why now more than ever finding balance is essential. We're living in a time of unprecedented access to high-reward, high-dopamine stimuli: drugs, food, news, gambling, shopping, gaming, texting, sexting, Facebooking, Instagramming, YouTubeing, tweeting . . . The increased numbers, variety, and potency is staggering. The smartphone is the modern-day hypodermic needle, delivering digital dopamine 24/7 for a wired generation. As such we've all become vulnerable to compulsive overconsumption. In Dopamine Nation, Dr. Anna Lembke, psychiatrist and author, explores the exciting new scientific discoveries that explain why the relentless pursuit of pleasure leads to pain . . . and what to do about it. Condensing complex neuroscience into easy-to-understand metaphors, Lembke illustrates how finding contentment and connectedness means keeping dopamine in check. The lived experiences of her patients are the gripping fabric of her narrative. Their riveting stories of suffering and redemption give us all hope for managing our consumption and transforming our lives. In essence, Dopamine Nation shows that

the secret to finding balance is combining the science of desire with the wisdom of recovery.

addiction studies degree online: CASAC Exam Study Guide 2020-2021: Addiction Counseling Exam Prep Review Book and Practice Test Questions for the CASAC Test Trivium Drug Counselor Exam Prep Team, 2019-09-18

addiction studies degree online: *The Recovering* Leslie Jamison, 2018-04-03 From the New York Times bestselling author of *The Empathy Exams* comes this transformative work showing that sometimes the recovery is more gripping than the addiction. With its deeply personal and seamless blend of memoir, cultural history, literary criticism, and reportage, *The Recovering* turns our understanding of the traditional addiction narrative on its head, demonstrating that the story of recovery can be every bit as electrifying as the train wreck itself. Leslie Jamison deftly excavates the stories we tell about addiction -- both her own and others' -- and examines what we want these stories to do and what happens when they fail us. All the while, she offers a fascinating look at the larger history of the recovery movement, and at the complicated bearing that race and class have on our understanding of who is criminal and who is ill. At the heart of the book is Jamison's ongoing conversation with literary and artistic geniuses whose lives and works were shaped by alcoholism and substance dependence, including John Berryman, Jean Rhys, Billie Holiday, Raymond Carver, Denis Johnson, and David Foster Wallace, as well as brilliant lesser-known figures such as George Cain, lost to obscurity but newly illuminated here. Through its unvarnished relation of Jamison's own ordeals, *The Recovering* also becomes a book about a different kind of dependency: the way our desires can make us all, as she puts it, broken spigots of need. It's about the particular loneliness of the human experience-the craving for love that both devours us and shapes who we are. For her striking language and piercing observations, Jamison has been compared to such iconic writers as Joan Didion and Susan Sontag, yet her utterly singular voice also offers something new. With enormous empathy and wisdom, Jamison has given us nothing less than the story of addiction and recovery in America writ large, a definitive and revelatory account that will resonate for years to come.

addiction studies degree online: Pain Management and the Opioid Epidemic National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse, 2017-09-28 Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

addiction studies degree online: **Facing Addiction in America** Office of the Surgeon General, U.S. Department of Health and Human Services, 2017-08-15 All across the United States, individuals, families, communities, and health care systems are struggling to cope with substance use, misuse, and substance use disorders. Substance misuse and substance use disorders have devastating effects, disrupt the future plans of too many young people, and all too often, end lives prematurely and tragically. Substance misuse is a major public health challenge and a priority for our nation to address. The effects of substance use are cumulative and costly for our society, placing burdens on workplaces, the health care system, families, states, and communities. The Report discusses opportunities to bring substance use disorder treatment and mainstream health care

systems into alignment so that they can address a person's overall health, rather than a substance misuse or a physical health condition alone or in isolation. It also provides suggestions and recommendations for action that everyone-individuals, families, community leaders, law enforcement, health care professionals, policymakers, and researchers-can take to prevent substance misuse and reduce its consequences.

addiction studies degree online: TIP 35: Enhancing Motivation for Change in Substance Use Disorder Treatment (Updated 2019) U.S. Department of Health and Human Services, 2019-11-19 Motivation is key to substance use behavior change. Counselors can support clients' movement toward positive changes in their substance use by identifying and enhancing motivation that already exists. Motivational approaches are based on the principles of person-centered counseling. Counselors' use of empathy, not authority and power, is key to enhancing clients' motivation to change. Clients are experts in their own recovery from SUDs. Counselors should engage them in collaborative partnerships. Ambivalence about change is normal. Resistance to change is an expression of ambivalence about change, not a client trait or characteristic. Confrontational approaches increase client resistance and discord in the counseling relationship. Motivational approaches explore ambivalence in a nonjudgmental and compassionate way.

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addiction studies degree online: Adolescent Addiction Cecilia Essau, 2008 Adolescent Addiction: Epidemiology, Assessment, and Treatment presents a comprehensive review of information on adolescent addiction, including prevalence and co-morbidity rates, risk factors to addiction, and prevention and treatment strategies. Unlike other books that may focus on one specific addiction, this book covers a wide range of addictions in adolescents, including alcohol, cannabis, tobacco, eating, gambling, internet and video games, and sex addiction. Organized into three sections, the book begins with the classification and assessment of adolescent addiction. Section two has one chapter each on the aforementioned addictions, discussing for each the definition, epidemiology, risk factors, co-morbidity, course and outcome, and prevention and intervention. Section three discusses the assessment and treatment of co-morbid conditions in greater detail as well as the social and political implications of adolescent addictions. Intended to be of practical use to clinicians treating adolescent addiction, the book contains a wealth of information that will be of use to the researcher as well. Contributors to the book represent the US, Canada, the UK, New Zealand, and Australia. About the Editor: Cecilia A. Essau is professor of developmental psychopathology at Roehampton University in London, UK. Specializing in child and adolescent psychopathology, she has been an author or editor of 12 previous books in child psychopathology and is author of over 100 research articles and book chapters in this area. * Comprehensive with the state-of-the-art information on important and the most common adolescent addiction * Easy to understand and organized chapters * Written by international experts

addiction studies degree online: Substance Use Counseling Patricia Stevens, Robert L. Smith, 2017-04-19 This is the bound book only and does not include access to MyLab Counseling with Pearson eText. To order MyLab Counseling with Pearson eText packaged with the bound book, use ISBN 0134479408 . ALERT: Before you purchase, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a CourseID, provided by your instructor, to register for and use Pearson's MyLab & Mastering products. Students can use the URL and phone number below to help answer their questions:

<http://247pearsoned.custhelp.com/app/home> 800-677-6337 Substance Use Counseling is intended for use in Substance Abuse Counseling and Drugs and Behavior courses or for practicing counselors and clinicians as an on-the-job resource. A step-by-step guide through the process of working with substance-abuse and/or behavioral addiction clients. Recognized for its clear, practical approach, Substance Use Counseling offers prospective and practicing clinicians and counselors a sound base

of knowledge about alcohol, tobacco, and other drugs (ATOD), and practical help for working with individuals and families who seek assistance for substance abuse and/or behavioral addiction. While the chapters build on each other as they take readers through the counseling process, each chapter can also be used as a stand-alone resource. Illustrative case studies with critical-thinking questions give readers opportunities to examine and discuss a wide variety of cases. This popular guide also features individual chapters on special populations to delve further into the topic of substance abuse and address ways to measure the problem. To keep readers up to date with the most current practices and trends shaping the field, the Sixth Edition reflects the changes in the DSM-5 related to the criteria for assessment and diagnosis of substance use disorders (including a new chapter on behavioral addictions and extensively updated terminology); the changing face of substance use; new effective treatment assessments, methods, and settings; and new chapter cases. Also available with MyLab Counseling This title is also available with MyLab Counseling- an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through authentic video footage, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

addiction studies degree online: Foundations of Addictions Counseling Dave Capuzzi, Mark D. Stauffer, 2024 Whether you are entering the field of addictions counseling or are a counselor who wants to be prepared for the screening, assessment, and treatment of addiction in your practice, this text provides a foundational basis. Foundations of Addictions Counseling addresses real-life clinical concerns while providing the necessary information to keep up to date with trends. It also addresses the evolving standards of professional organizations, accrediting bodies, licensure boards, and graduate programs and departments. Counselors in school, mental health, rehabilitation, hospital, private practice, and a variety of other settings must be thoroughly prepared to support clients in their quest to be healthy and unimpaired. As the addictions profession has matured, more and more emphasis has been placed on the importance of preparing counselors to work holistically and synthesize knowledge domains from mental health, developmental, and addiction perspectives. The authors provide this knowledge in support of your work on behalf of various clients and diverse communities. Counselors can expect some of their clients to want to address concerns connected with the use of substances and the development of addictive behavior. This book draws on the specialized knowledge for each contributed chapter. It is written for use in graduate-level preparation programs for counselors. Because of the clarity of the writing and the use of case studies, it may also be adopted in some undergraduate and community college courses. Requirements of the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) and other certification associations have led most university programs in counselor education to require an addictions course for all students, regardless of specialization (school, community, rehabilitation, couples, marriage and family, student personnel, etc.). Addictions counseling is also being offered for CADC I and II certifications, which require undergraduate coursework related to addictions counseling. The book is designed for students taking a preliminary course in addictions counseling. It presents a comprehensive overview of the foundations of addictions counseling, the skills and techniques needed for addictions counseling, and addictions counseling in specific settings. As editors, we know that one text cannot adequately address all the complex and holistic factors involved in assisting clients who present with issues related to addictive behavior. We have, however, attempted to provide our readers with a broad perspective based on current professional literature and the rapidly changing world we live in at this juncture of the new millennium. The following overview highlights the major features of the text--

addiction studies degree online: Addiction by Design Natasha Dow Schüll, 2012 machines stems from the consumer, the product, or the interplay between the two. --

addiction studies degree online: Digital Geoarchaeology Christoph Siart, Markus Forbriger, Olaf Bubenzer, 2017-12-03 This book focusses on new technologies and multi-method research designs in the field of modern archaeology, which increasingly crosses academic boundaries to

investigate past human-environmental relationships and to reconstruct palaeolandscapes. It aims at establishing the concept of Digital Geoarchaeology as a novel approach of interdisciplinary collaboration situated at the scientific interface between classical studies, geosciences and computer sciences. Among others, the book includes topics such as geographic information systems, spatiotemporal analysis, remote sensing applications, laser scanning, digital elevation models, geophysical prospecting, data fusion and 3D visualisation, categorized in four major sections. Each section is introduced by a general thematic overview and followed by case studies, which vividly illustrate the broad spectrum of potential applications and new research designs. Mutual fields of work and common technologies are identified and discussed from different scholarly perspectives. By stimulating knowledge transfer and fostering interdisciplinary collaboration, Digital Geoarchaeology helps generate valuable synergies and contributes to a better understanding of ancient landscapes along with their forming processes. Chapters 1, 2, 6, 8 and 14 are published open access under a CC BY 4.0 license at link.springer.com.

addiction studies degree online: Substance and Behavioral Addictions Steve Sussman, 2017-02-06 Substance and Behavioral Addictions: Concepts, Causes, and Cures presents the concepts, etiology, assessment, prevention, and cessation of substance (tobacco, alcohol, other drugs, and food) and behavioral (gambling, Internet, shopping, love, sex, exercise, and work) addictions. The text provides a novel and integrative appetitive motivation framework of addiction, while acknowledging and referencing multi-level influences on addiction, such as neurobiological, cognitive, and micro-social and macro-social/physical environmental. The book discusses concurrent and substitute addiction, and offers prevention and treatment solutions, which are presented from a more integrative perspective than traditional presentations. This is an ideal text for upper-level undergraduates and graduate students, practitioners, and researchers.

addiction studies degree online: *Drugs, Brains, and Behavior*, 2007

addiction studies degree online: Substance Abuse Prevention Julie A. Hogan, 2003 Presenting the science-based components of substance abuse prevention practice, this text analyzes what does and doesn't work when implementing prevention programs, offers guidelines on becoming a culturally competent prevention professional, and provides a chart of each major drug category that includes an overview of the drug category's effects, symptoms of overdose, possible withdrawal effects, and acute and chronic effects. Case studies and real-life examples are also included. Specific topics within the book include program planning, ethics, the role of media in prevention, and grant writing. Hogan is affiliated with the University of Nevada. Annotation copyrighted by Book News, Inc., Portland, OR.

addiction studies degree online: *In the Realm of Hungry Ghosts* Gabor Maté, MD, 2011-06-28 A "thought-provoking and powerful" study that reframes everything you've been taught about addiction and recovery—from the New York Times–bestselling author of *The Myth of Normal* (Bruce Perry, author of *The Boy Who Was Raised as a Dog*). A world-renowned trauma expert combines real-life stories with cutting-edge research to offer a holistic approach to understanding addiction—its origins, its place in society, and the importance of self-compassion in recovery. Based on Gabor Maté's two decades of experience as a medical doctor and his groundbreaking work with people with addiction on Vancouver's skid row, this #1 international bestseller radically re-envisioning a much misunderstood condition by taking a compassionate approach to substance abuse and addiction recovery. In the same vein as Bessel van der Kolk's *The Body Keeps the Score*, *In the Realm of Hungry Ghosts* traces the root causes of addiction to childhood trauma and examines the pervasiveness of addiction in society. Dr. Maté presents addiction not as a discrete phenomenon confined to an unfortunate or weak-willed few, but as a continuum that runs throughout—and perhaps underpins—our society. It is not a medical "condition" distinct from the lives it affects but rather the result of a complex interplay among personal history, emotional and neurological development, brain chemistry, and the drugs and behaviors of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help remedies, instead promoting a thorough and compassionate self-understanding as the first key to

healing and wellness. Dr. Maté argues persuasively against contemporary health, social, and criminal justice policies toward addiction and how they perpetuate the War on Drugs. The mix of personal stories—including the author’s candid discussion of his own “high-status” addictive tendencies—and science with positive solutions makes the book equally useful for lay readers and professionals.

addiction studies degree online: Ethics for Addiction Professionals LeClair Bissell, James E. Royce, 1987 This trailblazing book provides a comprehensive view of the ethical issues that cut across the addiction field, from Employee Assistance Programs to treatment and aftercare. By addressing probing questions that illuminate today's complex ethical landscape, LeClair Bissell and James Royce explore how standard guidelines for professional conduct benefit counselors and clients alike.

addiction studies degree online: Vocational Rehabilitation Counselor National Learning Corporation, 2014 The Vocational Rehabilitation Counselor Passbook(R) prepares you for your test by allowing you to take practice exams in the subjects you need to study. It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam, including but not limited to; Acquiring and maintaining employment; Principles and practices of employment counseling; Case histories of employment clients; Interviewing; Preparing written material; and more.

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