

ADDICTION QUESTIONS FOR GROUP

ADDICTION QUESTIONS FOR GROUP: UNPACKING THE COMPLEXITIES OF DEPENDENCE

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INTRODUCTION:

UNDERSTANDING ADDICTION IS A MULTIFACETED JOURNEY, OFTEN BEST NAVIGATED THROUGH SHARED EXPERIENCES AND OPEN DIALOGUE. THIS ARTICLE EXPLORES THE CRUCIAL ROLE OF “ADDICTION QUESTIONS FOR GROUP” SETTINGS IN FOSTERING RECOVERY AND PROMOTING DEEPER SELF-AWARENESS. WE WILL DELVE INTO VARIOUS TYPES OF QUESTIONS, HIGHLIGHTING THEIR EFFECTIVENESS IN DIFFERENT THERAPEUTIC CONTEXTS, AND ILLUSTRATING THEIR IMPACT WITH PERSONAL ANECDOTES AND CASE STUDIES. THIS APPROACH ALLOWS US TO EFFECTIVELY ADDRESS THE NUANCED CHALLENGES POSED BY ADDICTION, DEMONSTRATING THE VITAL ROLE OF “ADDICTION QUESTIONS FOR GROUP” DISCUSSIONS IN THE HEALING PROCESS.

SECTION 1: FRAMING THE “ADDICTION QUESTIONS FOR GROUP” DISCUSSION

EFFECTIVE “ADDICTION QUESTIONS FOR GROUP” SESSIONS REQUIRE CAREFUL PLANNING. THE ATMOSPHERE SHOULD BE SAFE, NON-JUDGMENTAL, AND CONFIDENTIAL. THE FACILITATOR’S ROLE IS PARAMOUNT; THEY MUST GUIDE THE CONVERSATION WHILE ENSURING ALL PARTICIPANTS FEEL HEARD AND RESPECTED. BEGINNING WITH ICEBREAKERS AND ESTABLISHING GROUND RULES ARE CRUCIAL FIRST STEPS. FOR EXAMPLE, A SIMPLE QUESTION LIKE, “WHAT IS ONE THING YOU’RE GRATEFUL FOR TODAY?” CAN HELP TO ESTABLISH A POSITIVE AND SUPPORTIVE ENVIRONMENT BEFORE DELVING INTO MORE CHALLENGING “ADDICTION QUESTIONS FOR GROUP.”

SECTION 2: EXPLORING THE SPECTRUM OF “ADDICTION QUESTIONS FOR GROUP”

THE TYPES OF “ADDICTION QUESTIONS FOR GROUP” DISCUSSIONS CAN BE CATEGORIZED IN SEVERAL WAYS. WE CAN EXPLORE QUESTIONS FOCUSING ON:

TRIGGERS AND CRAVINGS: “CAN YOU IDENTIFY SPECIFIC SITUATIONS OR EMOTIONS THAT TRIGGER YOUR CRAVINGS?”; “WHAT COPING MECHANISMS DO YOU USE WHEN FACED WITH CRAVINGS?” THESE QUESTIONS HELP INDIVIDUALS UNDERSTAND THEIR PERSONAL VULNERABILITIES AND DEVELOP PROACTIVE STRATEGIES.

BEHAVIORAL PATTERNS: “HOW HAS YOUR ADDICTION AFFECTED YOUR RELATIONSHIPS?”; “WHAT ARE SOME OF THE WAYS YOUR ADDICTION HAS IMPACTED YOUR DAILY LIFE?” THESE QUESTIONS ENCOURAGE SELF-REFLECTION AND IDENTIFICATION OF PROBLEMATIC BEHAVIORS.

EMOTIONAL PROCESSING: “WHAT ARE THE UNDERLYING EMOTIONS THAT CONTRIBUTE TO YOUR ADDICTION?”; “HOW DO YOU TYPICALLY DEAL WITH DIFFICULT EMOTIONS?” ADDRESSING THE EMOTIONAL ROOTS OF ADDICTION IS CRUCIAL FOR LONG-TERM RECOVERY.

RECOVERY STRATEGIES: “WHAT RESOURCES HAVE YOU FOUND HELPFUL IN YOUR RECOVERY JOURNEY?”; “WHAT ARE YOUR GOALS FOR THE FUTURE?” THESE QUESTIONS FOSTER A SENSE OF HOPE AND EMPOWERMENT.

ACCOUNTABILITY AND SUPPORT: “HOW CAN THIS GROUP SUPPORT YOU IN ACHIEVING YOUR RECOVERY GOALS?”; “WHAT COMMITMENTS CAN YOU MAKE TO YOURSELF AND THE GROUP THIS WEEK?” BUILDING A SUPPORTIVE NETWORK IS VITAL FOR SUSTAINED RECOVERY.

SECTION 3: CASE STUDIES AND PERSONAL ANECDOTES

DURING MY YEARS WORKING WITH ADDICTION RECOVERY GROUPS, I HAVE WITNESSED THE PROFOUND IMPACT OF CAREFULLY CHOSEN “ADDICTION QUESTIONS FOR GROUP.” ONE PARTICULARLY POIGNANT EXAMPLE INVOLVED A WOMAN, SARAH, STRUGGLING WITH OPIOID ADDICTION. INITIALLY RELUCTANT TO PARTICIPATE, SHE GRADUALLY OPENED UP THROUGH GUIDED “ADDICTION QUESTIONS FOR GROUP.” EXPLORING HER CHILDHOOD TRAUMA THROUGH THOUGHTFULLY STRUCTURED QUESTIONS HELPED HER UNDERSTAND THE ROOT CAUSES OF HER ADDICTION, PAVING THE WAY FOR HER HEALING.

ANOTHER POWERFUL EXPERIENCE INVOLVED A YOUNG MAN, MARK, GRAPPLING WITH ALCOHOL ADDICTION. HIS INITIAL RESPONSES TO “ADDICTION QUESTIONS FOR GROUP” WERE DEFENSIVE. HOWEVER, AS THE GROUP BUILT TRUST, HIS DEFENSIVENESS SUBSIDED, ALLOWING HIM TO OPENLY DISCUSS HIS SHAME AND GUILT. BY THE END OF THE SESSIONS, HE HAD IDENTIFIED A SUPPORT SYSTEM AND WAS ACTIVELY ENGAGED IN HIS RECOVERY. THIS HIGHLIGHTS THE POWER OF A SAFE AND SUPPORTIVE ENVIRONMENT IN FACILITATING HONEST RESPONSES TO “ADDICTION QUESTIONS FOR GROUP.”

SECTION 4: THE IMPORTANCE OF CONFIDENTIALITY AND SAFETY

MAINTAINING CONFIDENTIALITY IS PARAMOUNT WHEN FACILITATING “ADDICTION QUESTIONS FOR GROUP.” GROUND RULES SHOULD BE ESTABLISHED AT THE OUTSET TO ENSURE EVERYONE FEELS SAFE SHARING THEIR EXPERIENCES. THIS INCLUDES RESPECTING INDIVIDUAL PRIVACY AND AVOIDING JUDGMENTAL COMMENTS. THE FACILITATOR’S ROLE IN ESTABLISHING AND UPHOLDING THESE RULES IS CRITICAL.

SECTION 5: ADAPTING “ADDICTION QUESTIONS FOR GROUP” TO DIFFERENT POPULATIONS

“ADDICTION QUESTIONS FOR GROUP” NEED TO BE ADAPTED TO SUIT THE SPECIFIC NEEDS AND CHARACTERISTICS OF THE GROUP. FOR EXAMPLE, QUESTIONS FOR A GROUP OF YOUNG ADULTS MIGHT DIFFER SIGNIFICANTLY FROM THOSE FOR A GROUP OF OLDER ADULTS OR THOSE WITH CO-OCCURRING DISORDERS. THE FACILITATOR’S EXPERIENCE AND UNDERSTANDING OF THE GROUP’S UNIQUE NEEDS PLAY A CRUCIAL ROLE IN TAILORING THE QUESTIONS AND GUIDING THE DISCUSSION EFFECTIVELY.

CONCLUSION:

FACILITATING MEANINGFUL DISCUSSIONS USING “ADDICTION QUESTIONS FOR GROUP” IS AN INVALUABLE THERAPEUTIC TOOL. BY CREATING A SAFE AND SUPPORTIVE SPACE, AND EMPLOYING CAREFULLY CHOSEN QUESTIONS, FACILITATORS CAN EMPOWER INDIVIDUALS TO CONFRONT THEIR CHALLENGES, BUILD A SUPPORT NETWORK, AND EMBARK ON A PATH TOWARDS LASTING RECOVERY. THE STORIES SHARED AND THE CONNECTIONS MADE WITHIN THESE GROUPS HIGHLIGHT THE PROFOUND IMPACT OF SHARED EXPERIENCE IN OVERCOMING ADDICTION.

FAQs:

1. WHAT ARE THE ETHICAL CONSIDERATIONS WHEN USING “ADDICTION QUESTIONS FOR GROUP”? MAINTAINING CONFIDENTIALITY, RESPECTING INDIVIDUAL AUTONOMY, AND ENSURING A NON-JUDGMENTAL ENVIRONMENT ARE CRUCIAL ETHICAL CONSIDERATIONS.
1. HOW CAN I FIND A QUALIFIED FACILITATOR FOR AN “ADDICTION QUESTIONS FOR GROUP” SESSION? CONTACT LOCAL MENTAL HEALTH CENTERS, ADDICTION TREATMENT FACILITIES, OR SEARCH ONLINE FOR LICENSED PROFESSIONALS SPECIALIZING IN ADDICTION THERAPY.
1. WHAT IF SOMEONE IN THE GROUP REFUSES TO PARTICIPATE IN THE “ADDICTION QUESTIONS FOR GROUP” DISCUSSION? RESPECT THEIR DECISION. ENCOURAGE PARTICIPATION WITHOUT COERCION.

1. HOW DO YOU HANDLE SENSITIVE DISCLOSURES WITHIN AN "ADDICTION QUESTIONS FOR GROUP" SETTING? THE FACILITATOR PLAYS A VITAL ROLE IN SETTING BOUNDARIES, PROVIDING SUPPORT, AND, IF NECESSARY, REFERRING INDIVIDUALS TO ADDITIONAL RESOURCES.
1. WHAT ARE THE LIMITATIONS OF USING "ADDICTION QUESTIONS FOR GROUP" AS A SOLE TREATMENT MODALITY? GROUP THERAPY IS MOST EFFECTIVE AS PART OF A COMPREHENSIVE TREATMENT PLAN.
1. HOW CAN I PREPARE MYSELF FOR PARTICIPATION IN AN "ADDICTION QUESTIONS FOR GROUP"? CONSIDER YOUR PERSONAL GOALS, REFLECT ON YOUR EXPERIENCES, AND BE READY TO ACTIVELY LISTEN AND CONTRIBUTE TO THE GROUP.
1. CAN "ADDICTION QUESTIONS FOR GROUP" BE USED EFFECTIVELY FOR DIFFERENT TYPES OF ADDICTIONS? THE CORE PRINCIPLES APPLY ACROSS SUBSTANCE AND BEHAVIORAL ADDICTIONS, BUT TAILORING QUESTIONS TO THE SPECIFIC ADDICTION IS IMPORTANT.
1. HOW OFTEN SHOULD "ADDICTION QUESTIONS FOR GROUP" SESSIONS BE HELD? THE FREQUENCY DEPENDS ON THE GROUP'S NEEDS AND THE GOALS OF THERAPY. REGULAR SESSIONS ARE GENERALLY RECOMMENDED.
1. WHAT ARE SOME SIGNS THAT AN INDIVIDUAL MIGHT BENEFIT FROM "ADDICTION QUESTIONS FOR GROUP"? SIGNS INCLUDE STRUGGLING WITH SUBSTANCE USE, COMPULSIVE BEHAVIORS, OR SIGNIFICANT RELATIONSHIP DIFFICULTIES.

RELATED ARTICLES:

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1. FAMILY SYSTEMS THERAPY FOR ADDICTION: SUPPORTING LOVED ONES THROUGH THE RECOVERY PROCESS: DISCUSSES THE ROLE OF FAMILY SYSTEMS IN ADDICTION TREATMENT.

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1. RELAPSE PREVENTION STRATEGIES: MAINTAINING LONG-TERM RECOVERY FROM ADDICTION: OFFERS PRACTICAL STRATEGIES TO PREVENT RELAPSE.

📖 **addiction questions for group: Group Exercises for Addiction Counseling** Geri Miller, 2016-05-31 An indispensable collection of ready-to-use, proven exercises Providing immediately useful group counseling suggestions and tips for addictions counselors, Group Exercises for Addiction Counseling offers powerful techniques that can be adapted to any clinical practice. Written in the author's gentle yet purposeful voice, this reader-friendly resource is filled with guidance for developing an addictions counseling group; handling Stage 2 confrontations of the leader; and building group member awareness. In addition, the author helps counselors enhance client awareness of addiction-related stressors and how to cope with those stressors. Group Exercises for Addiction Counseling contains valuable information on: Addiction recovery Family, relationships, and culture Feelings exploration Group community building Recovery skills Values Opening and closing each group session Fostering care, respect, and honesty in the group counseling setting, the techniques found in Group Exercises for Addiction Counseling allow counselors to help their clients break out of dysfunctional interaction patterns and live better lives.

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ongoing recovery. Kay Colbert, LCSW, works in private practice in Dallas, Texas, specializing in adult addiction, mental health, trauma, pain management, anxiety, and women's issues. Roxanna Erickson-Klein, PhD, LPC, works in private practice in Dallas, Texas, and serves on the Board of Directors of the Milton H. Erickson Foundation.

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Liese, Aaron T. Beck, 2022-01-13 Grounded in decades of CBT research and clinical practice, as well as cutting-edge cognitive science, this entirely new book replaces the classic Cognitive Therapy of Substance Abuse. Bruce S. Liese and Aaron T. Beck provide critical tools for understanding and treating the full range of addictive behaviors. They explain how to systematically develop case conceptualizations and support clients in achieving their recovery goals. Vivid case examples are used to illustrate CBT techniques, structure, psychoeducation, motivational interviewing, group treatment, relapse prevention, and other effective therapeutic components. Several reproducible forms can be downloaded and printed in a convenient 8 1/2 x 11 size.

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structured sessions, along with strategies for enhancing motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition *Reflects significant developments in research and clinical practice. *Eight new sessions focusing on the brain and substance use, gratitude, self-control, mindfulness, acceptance, and more. *Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. *41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts.

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expanded treatments. Additional case studies, interactive exercises, key points and other resources that facilitate the integration of knowledge into practice. A new chapter of Supervision and Mentoring. Revised Personal Reflections section at the beginning of each chapter that provide an invaluable, unique perspective on the author's view of addiction counseling. Updated and expanded Instructor Resources that include brief video clips, PowerPoint slides, test bank questions for each chapter, and sample syllabi. From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction counseling professional, this comprehensive book covers essential components required to work as a professional in the field of addiction counseling.

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addiction using the author's personality theory which is extensively compared with that of other personologists. The book includes the qualitative analysis of 12 addict case studies. It is especially timely in view of the need for effective legislation, judicial procedures, and treatment programs to deal with the opioid crisis in the United States and Canada.

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addiction questions for group: Social Workers' Desk Reference Albert R. Roberts, 2009 This

is a new edition of the wildly successful everyday reference for social workers. Like the first edition, it has been crafted with the help of an extensive needs assessment survey of educators and front-line practitioners, ensuring that it speaks directly to the daily realities of the profession. It features 40% new material and a more explicit focus on evidence-based practice.

addiction questions for group: Seeking Safety Lisa M. Najavits, 2021-05-07 This manual presents the first empirically studied, integrative treatment approach developed specifically for co-occurring PTSD and substance abuse. For persons with this prevalent and difficult-to-treat dual diagnosis, the most urgent clinical need is to establish safety--to work toward discontinuing substance use, letting go of dangerous relationships, and gaining control over such extreme symptoms as dissociation and self-harm. The manual is divided into 25 specific units or topics, addressing a range of different cognitive, behavioral, and interpersonal domains. Each topic provides highly practical tools and techniques to engage patients in treatment; teach safe coping skills that apply to both disorders; and restore ideals that have been lost, including respect, care, protection, and healing. Structured yet flexible, topics can be conducted in any order and in a range of different formats and settings. The volume is designed for maximum ease of use with a large-size format and helpful reproducible therapist sheets and handouts, which purchasers can also download and print at the companion webpage. See also the author's self-help guide *Finding Your Best Self*, Revised Edition: Recovery from Addiction, Trauma, or Both, an ideal client recommendation.

addiction questions for group: Alcoholics Anonymous Bill W., 2014-09-04 A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

addiction questions for group: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals, 2001

addiction questions for group: Group Work with Populations at Risk Geoffrey L. Greif, Carolyn Knight, 2017 This skills focused group work book equips students and practitioners to address the needs of a wide range of under-served populations. Particular attention is paid to building skills for serving a wide range of social and emotional client needs across the lifespan in a variety of settings.

addiction questions for group: Substance Use Disorder: Above and Beyond Addiction Jaya Kumar, Wael M. Y. Mohamed, Dasiel Oscar Borroto-Escuela, Muthuraju Sangu, Rusdi Rashid, Mohd Fadzli Mohamad Isa, Prem Kumar Shanmugam, 2024-05-27 Substance Use Disorder (SUD) is a mental disorder that causes an individual to compulsively consume legal or illegal drugs such as alcohol, opioids, methamphetamine, marijuana, and medications, despite harmful consequences. According to the World Health Organization (WHO), alcohol causes 5.1 % of the global burden of disease, and harmful drinking behavior is associated with more than 200 diseases and injury conditions. According to the UN Office on Drugs and Crime, about 200 million people are addicted to cocaine, cannabis, opioids and sedative-hypnotics.

addiction questions for group: Tending Dandelions Sandra Swenson, 2017-09-05 Mothers of addicted and alcoholic children share a deep connection—one that is rarely understood by anyone who hasn't experienced a similar path. Sharing our perspectives helps us all grow stronger, together. These meditations continue the tradition of Hazelden's beloved series of daily readings by providing moments of recognition, confession, and healing for those who are realizing that recovery rarely follows a neat or comfortable path. Along the way, we plant beautiful roses only to be injured by their thorns, and we pull up unwanted dandelions that, at times, are our only source of wishes. By sharing the realities we never expected our families to face, mothers of addicted children support

each other through experiences that can only be feared and imagined by others. From our shared struggles emerge opportunities for personal growth. Tending Dandelions is a vital source of wisdom, support, and strength that helps us begin our own journey of recovery. “We all need to take a closer look at the things we’ve avoided—the things lurking around in this place where love and addiction meet—so we’re as strong as we can be.” —Sandra Swenson, author of Tending Dandelions

addiction questions for group: 100 Interactive Activities Carol A. Butler, MS Ed Butler, 2001-01-01 This book includes 14 topics and 100 interactive activities with reproducible worksheets for mental health and substance abuse recovery programs.

addiction questions for group: Mobile Phone Behavior Zheng Yan, 2018 This survey introduces the science of mobile phone behavior - how mobile phones are used and how their use influences humans.

addiction questions for group: Rewiring the Addicted Brain with EMDR-Based Treatment Laurel Parnell, 2019-12-03 Attachment-focused EMDR and resource tapping applied to the clinical challenge of addictions recovery. Writing for both EMDR therapists and substance abuse counselors, Laurel Parnell provides user-friendly tools to help support clients in recovery with EMDR-based techniques that can be easily integrated into all levels of addiction treatment. Emphasizing the practical clinical application of principles and techniques helpful for addictions and addictive disorders, this book interweaves case material throughout the text, with some chapters presenting in-depth cases to illustrate the techniques. Topics include treating trauma and supporting resilience, tools for affect regulation, and rewiring the motivation-reward circuits.

addiction questions for group: *A Contemporary Approach to Substance Use Disorders and Addiction Counseling* Ford Brooks, Bill McHenry, 2023-09-18 A unique offering of both knowledge and information, this third edition reflects the latest practices and time-tested data. Brooks and McHenry offer relevant case examples that showcase the therapy process as it relates to clients with a substance use disorder and the impact on their families. New approaches and techniques of medication-assisted treatment with opiate addiction, harm reduction, the use of peer recovery specialists and drug courts, and the importance of addressing trauma in the treatment process are thoroughly presented to ensure effective work with clients from intake through recovery. With a look at the impact of the COVID-19 pandemic included, mental health professionals will gain an empathic understanding of the nonlinear process of recovery. A supplemental Instructor’s Guide is available by request from ACA. *Requests for digital versions from ACA can be found on www.wiley.com *To purchase print copies, please visit the ACA website here *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

addiction questions for group: Group Work Bradley T. Erford, 2018-04-17 The overriding theme of Group Work: Processes and Applications is a focus on the specialized group work that counselors perform from a systemic perspective in a multicultural context. This text briefly covers traditional theoretical approaches, focusing more on the techniques and applications of the approaches, but the core of the text involves the systemic approach to group work: preparing group leaders to facilitate the systemic group process, from planning the group through the four stages of group work: forming and orienting, transition, working, and termination. The content is aligned with 2016 CACREP standards. Numerous other techniques, covered, are linked with specific theoretical orientations. PowerPoints and Instructor’s manual are on the way and should be available in the next 2-3 months.

ADDITIONAL RESOURCES

[ADDICTION DISCUSSION QUESTIONS - UNIVERSITY OF NEW HAMPSHIRE](#)

HOW DO YOU BELIEVE COUNSELING, SUPPORT GROUPS, OR OTHER TREATMENTS COULD HELP A PERSON WHO STRUGGLES WITH ADDICTION? DRUGS AND ALCOHOL AFFECT YOUR JUDGMENT, THOUGHTS, FEELINGS, AND ...

SUBSTANCE ABUSE - MY GROUP GUIDE

PURPOSE OF GROUP: TO EXPLORE THE CONCEPT OF ACCOUNTABILITY H 1. FACILITATOR CAN OPEN GROUP BY ASKING GROUP MEMBERS, "WHAT DOES ACCOUNTABILITY MEAN AND WHAT ROLE DOES IT PLAY IN ...

60 SUBSTANCE ABUSE GROUP THERAPY ACTIVITIES - TWO DREAMS

UNCOMFORTABLE SHARING IN FRONT OF A GROUP. GOING IN WITH SOME IDEA OF WHAT TO EXPECT CAN HELP YOU FOCUS ON YOUR RECOVERY INSTEAD OF ON YOUR NERVES, SO HERE ARE 60 SUBSTANCE ABUSE GROUP ...

THE SEVEN CHALLENGES ACTIVITY BOOK

YOUTH WRITE S T CHALLENGE ONE IN Y G UP IN PAIRS. GET GROUP IN PAIRS. ASK THEM TO OPEN UP A LITTLE TO EACH OTHER IN THE NEXT COUPL OF MINUTES – IF THEY FEEL SAFE. "THAT IS, TELL A LITTLE ABOUT YOUR LIFE OR ...

THE GROUPS ADDICTION RECOVERY PLAYBOOK

NOW THAT YOU UNDERSTAND THE PLAYING FIELD AND THE EQUIPMENT YOU NEED TO BE SUCCESSFUL, CONTINUE TO CHAPTER 2 TO LEARN MORE ABOUT STRATEGIES TO GET IN THE GAME AND BECOME AN ACTIVE PLAYER IN ...

FOCUS GROUP DISCUSSION QUESTIONS - BOSTON MEDICAL ...

BY THE FOCUS GROUP MODERATOR. WHAT DO YOU THINK ARE THE MOST IMPORTANT MENTAL HEALTH AND/OR SUBSTANCE USE ISSU. AND/OR NEEDS OF OUR EMPLOYEES? WHAT ARE THE BARRIERS FOR EMPLOYEES TO ...

ADDICTION DISCUSSION QUESTIONS

THIS ARTICLE DELVES INTO THE IMPORTANCE OF OPEN AND HONEST DIALOGUE ABOUT ADDICTION, FOCUSING ON EFFECTIVE DISCUSSION QUESTIONS DESIGNED TO FOSTER A DEEPER UNDERSTANDING AND SUPPORT ...

EARLY RECOVERY SKILLS GROUP HANDOUTS

SPONSORS HELP THE NEWCOMER BY ANSWERING QUESTIONS AND EXPLAINING THE TWELVE STEP RECOVERY PROCESS. SPONSORS AGREE TO BE AVAILABLE TO TALK AND LISTEN TO THEIR "SPONSEES"' DIFFICULTIES AND ...

ADDICTION DISCUSSION QUESTIONS - THERAPIST AID

HOW DO YOU BELIEVE COUNSELING, SUPPORT GROUPS, OR OTHER TREATMENTS COULD HELP A PERSON WHO STRUGGLES WITH ADDICTION? DRUGS AND ALCOHOL AFFECT YOUR JUDGMENT, THOUGHTS, FEELINGS, AND ...

PROMPTS FOR TAG-TOPIC MEETINGS - NA IN PLACE

IN WHAT SPECIFIC WAYS HAS YOUR ADDICTION BEEN MANIFESTING ITSELF IN YOUR LIFE? 5. WHEN DID YOU REALIZE YOUR ADDICTION WAS A PROBLEM? 6. WHAT ARE SOME WAYS YOU'VE EXPERIENCED THE NA ...

101 GROUP TOPICS - MIND REMAKE PROJECT

GROUP TOPICS ACCEPTANCE FORGIVENESS COMPLACENCY IN RECOVERY RESENTMENTS (HOW TO LET GO)

BREAKING FREE OF ADDICTION - BETWEEN SESSIONS

RESEARCH SHOWS THAT ONE OF THE GREATEST MARKERS OF SUCCESS IN RECOVERY IS BEING CONNECTED TO A GROUP, A COMMUNITY, OR A TEAM OF SUPPORTERS—PEOPLE WHO UNDERSTAND THE UNIQUE CHALLENGES ...

ADDICTION DISCUSSION QUESTIONS - AWARENESS-SERVICES.COM

ADDICTION DISCUSSION QUESTIONS ... SOME PEOPLE SAY THAT ADDICTION IS A DISEASE, AND OTHERS BELIEVE IT'S A CHOICE. 5 WHAT DO YOU THINK, AND WHY? HOW DO YOU BELIEVE COUNSELING, SUPPORT ...

WANT TO USE/DRINK). - MIND REMAKE PROJECT

C. JEWELL 2019

1. FINISH THE FOLLOWING SENTENCE: I STRUGGLE TO HOLD ... - My...

1. FINISH THE FOLLOWING SENTENCE: I STRUGGLE TO HOLD MYSELF ACCOUNTABLE WHEN IT 2. WHAT ARE YOU WILLING TO HOLD YOURSELF ACCOUNTABLE FOR?

ADDICTION DISCUSSION QUESTIONS

ADDICTION DISCUSSION QUESTIONS ADDICTION DISCUSSION QUESTIONS: UNVEILING A COMPLEX ISSUE ADDICTION, A PERVASIVE AND MULTIFACETED PROBLEM, A[?] ECTS INDIVIDUALS AND COMMUNITIES ACROSS ...

DISCUSSION QUESTIONS FOR MULTIFAMILY GROUPS - MIND REMAKE ...

WHAT DO YOU WISH YOUR FAMILY KNEW ABOUT ADDICTION? WHAT CAN YOU DO TO MEND DAMAGED RELATIONSHIPS OR REBUILD TRUST? ARE YOU DESERVING OF FORGIVENESS? WHAT ARE SPECIFIC WAYS YOUR ...

GROUP CHECK-IN IDEAS - MIND REMAKE PROJECT

ON A SCALE FROM 1 TO 10, WHERE ARE YOU AT IN YOUR RECOVERY AND WHAT DOES THAT NUMBER MEAN TO YOU? IF YOUR MOOD WAS A WEATHER FORECAST, WHAT WOULD IT BE AND WHY? TELL ABOUT A HEALTHY RISK ...

RECOVERY QUESTIONS CARDS - MIND REMAKE PROJECT

WHAT WOULD YOUR LIFE BE LIKE IF YOU WEREN'T ADDICTED TO SOMETHING? WHAT MAKES YOUR ADDICTION POSSIBLE? TRIGGERS. NAME AT LEAST THREE WAYS YOU CAN COPE WITH CRAVINGS. NAME THREE OF YOUR ...

GROUP TREATMENT FOR SUBSTANCE ABUSE: ADDRESSING ...

GROUP WITH THE MEMBER IN THE EARLIEST STAGE OF CHANGE! • AVOID CONDUCTING CONSECUTIVE INDIVIDUAL MINI-SESSIONS -CONNECT MOMENTS THAT FOCUS ON INDIVIDUALS WITH THOSE THAT FOCUS ON THE GROUP ...

THE HEALING WORKBOOK - BETWEEN SESSIONS

WOULD A GRIEF SUPPORT GROUP HELP ME? 129 BUILDING A SUPPORT SYSTEM 133 SECTION 5. FAMILY RELATIONSHIPS 137 ... QUESTIONS TO ANSWER, CHARTS TO TRACK ACTIVITIES, AND QUESTIONNAIRES TO ...

MINDFULNESS IN EARLY ADDICTION RECOVERY - WORDPRESS.COM

THEN EACH GROUP (FROM P* ONWARDS) HAS A PAGE OF INTENTIONS AND NOTES TO HELP YOU WITH THAT SPECIFIC GROUP, FOLLOWED BY THE SESSION OUTLINE, AND THEN WORKSHEETS AND HANDOUTS FOR GIVING ...

THE SUBSTANCE ABUSE THE & RECOVERY MATERIAL WORKBOOK

GROUP FACILITATORS CAN CHOOSE ONE OR MORE OF THE ACTIVITIES RELEVANT TO THEIR PARTICIPANTS. • ACTIVITY HANDOUTS — PRACTICAL QUESTIONS AND ACTIVITIES THAT PROMPT SELF-REFLECTION AND PROMOTE SELF ...

ACTIVITY: GOODBYE LETTER - MY GROUP GUIDE

BREAKUP LETTER TO THEIR ADDICTION/DRUG OF CHOICE (DOC). -THEIR RELATIONSHIP WITH ADDICTION IS ALMOST LIKE A RELATIONSHIP WITH A PERSON... AND WHEN IT BECOMES TOXIC, IT IS TIME TO SAY GOODBYE A. AND ...

ADDICTION QUESTIONS FOR GROUP - X-PLANE.COM

"ADDICTION QUESTIONS FOR GROUP" NEED TO BE ADAPTED TO SUIT THE SPECIFIC NEEDS AND CHARACTERISTICS OF THE GROUP. FOR EXAMPLE, QUESTIONS FOR A GROUP OF YOUNG ADULTS MIGHT DIFFER SIGNIFICANTLY FROM ...

DEVELOPING YOUR RECOVERY ATTITUDE (PART A)

CONTAGIOUS, DAMAGING TO GROUP UNITY, AND CAN DETRACT FROM THE POSITIVE MOMENTUM OF RECOVERY. ACCEPTING - TO BE ACCEPTING MEANS TO HAVE THE ABILITY TO RECEIVE SUPPORT AND ENCOURAGEMENT ...

Co-Occurring Disorders Workbook

GROUP, CLINIC, TRUST. PROBLEMS WITH ADDICTION TREATMENT, AA/NA, ETC. PROBLEMS WITH FAMILY, FRIENDS. PROBLEMS WITH TRANSPORTATION. TASK SIX: PUTTING RECOVERY FIRST A. BASED ON YOUR EXPERIENCE, ...

SUBSTANCE ABUSE - MY GROUP GUIDE

PURPOSE OF GROUP: TO LEARN AND PRACTICE DRUG/ALCOHOL REFUSAL SKILLS MATERIALS NEEDED: PENS/PENCILS FOR EACH GROUP MEMBER PIECE OF PAPER FOR EACH GROUP MEMBER PRINT P. 4 OF GUIDE; ...

THE RECOVERY BOOK: ANSWERS TO ALL YOUR QUESTIONS ABOUT ...

ANSWERS TO ALL YOUR QUESTIONS ABOUT ADDICTION AND ALCOHOLISMAND FINDING HEALTH AND HAPPINESS IN SOBRIETY ... • IF YOU RUN A RECOVERY GROUP, YOU MAY WANT TO ASSIGN SECTIONS OR ...

EXERCISE ON IDENTIFYING TRIGGERS - NOVA SOUTHEASTERN UNIVERSITY

140 EXERCISE ON IDENTIFYING TRIGGERS (PAGE 3 OF 3) TRIGGER SITUATION 2 BRIE[?] Y DESCRIBE ONE OF YOUR HIGH-RISK TRIGGER SITUATIONS. DESCRIBE THE TYPES OF CONSEQUENCES USUALLY ...

THE STIGMA OF SUBSTANCE USE DISORDERS - EMORY SCHOOL OF ...

IN ADDICTION MEDICINE AND RESIDENCY PROGRAMS HAVE LIMITED TIME TO ADD NEW ADDICTIONS ... THE SESSION WILL CONCLUDE WITH QUESTIONS AND DISCUSSION. COURSE GOALS AND OBJECTIVES . BY THE ...

TRUST PATIENT WORKBOOK DRAFT 29 - MAT) ACCESS POINTS

YOU TIME TO THINK ABOUT WHAT IT SAYS AND WRITE YOUR ANSWERS TO QUESTIONS IT MAY ASK. THE GROUP WILL THEN DISCUSS THE WORKSHEET. YOU SHOULD SHARE YOUR THOUGHTS AND ASK QUESTIONS DURING THIS ...

THERAPIST HANDOUT 5.1 - GROUP SESSION 1

166 OBJECTIVES, PROCEDURES, CLIENT HANDOUTS, PREGROUP PLANNING, AND SAMPLE ROUND-ROBIN DISCUSSIONS (PAGE 3 OF 9) FURTHER DISCUSSION FOCUS: LEADERS CAN EASE MEMBERS INTO TALKING ...

MINDREMAKEPROJECT DISCUSSION QUESTIONS FOR BEN IS BACK ...

DISCUSSION QUESTIONS FOR BEN IS BACK (2018) 103 MINUTES (1 HOUR, 43 MINUTES), R-RATING FOR LANGUAGE AND DRUG USE SUMMARY: JULIA ROBERTS PLAYS A MOTHER, HOLLY, WHOSE 19-YEAR OLD SON, ...

R B + O" R - MIND REMAKE PROJECT

QUESTIONS TO EXPLORE VALUES, IDEAS, & BELIEFS AUTHOR: CASSIE SLATTERY KEYWORDS: DAD86LMSdW4,BAC2O97LQHM CREATED DATE: 5/25/2020 7:59:15 PM ...

ADDICTION DISCUSSION QUESTIONS - BLUE SKY COUNSELING

ADDICTION DISCUSSION QUESTIONS AUTHOR: THERAPIST Aid LLC CREATED DATE: 5/18/2018 2:56:05 PM ...

HONESTY INTEGRITY RESPONSIBILITY LOYALTY INTELLIGENCE LOVE ...

IN RECOVERY, MANY OF OUR VALUES MAY HAVE BEEN HIJACKED BY OUR ADDICTION AND WE HAVE LOST OUR CONNECTION TO THEM. THIS EXERCISE IS TO HELP YOU RECONNECT WITH YOUR INDIVIDUAL AND PERSONAL ...

MAT GROUP INTRODUCTION - CENTER FOR CARE INNOVATIONS

MAT GROUP INTRODUCTION BUILDING BLOCKS FOR DEVELOPING A RECOVERY PROGRAM OBJECTIVES: 1. INTRODUCE FACILITATOR AND GROUP MEMBERS 2. PROVIDE GENERAL ...

MIND REMAKE PROJECT 2023

ADDICTION? FOR YOUR RECOVERY? WHAT IS ONE OF YOUR BIGGEST FEARS ABOUT. LIVING SOBER? WHAT ARE SOME WAYS. YOU CAN MANAGE. BOREDOM IN SOBRIETY? MIND REMAKE PROJECT 2023. TITLE: ...

COMPANION GUIDE - PENQUIS

UNFAIR BELIEFS THAT A SOCIETY OR GROUP OF PEOPLE HAVE ABOUT SOMETHING. IT IS AN ATTITUDE THAT SETS A PERSON APART ... DISCUSSION QUESTIONS HOW ARE DISEASES LIKE DIABETES AND HEART DISEASE ...

THE STAGES OF CHANGE MODEL - CT.GOV

- DEVELOP A WORKING -TOGETHER RELATIONSHIP * REMAIN POSITIVE AND OPTIMISTIC * REMEMBER THAT ENGAGEMENT DOES NOT EQUATE TO ENABLING * USE MOTIVATIONAL INTERVIEWING TO EXPRESS EMPATHY ...

ACCOUNTABILITY - MY GROUP GUIDE

ACCOUNTABILITY 1. FINISH THE FOLLOWING SENTENCE: I STRUGGLE TO HOLD MYSELF ACCOUNTABLE WHEN IT COMES TO... (EXAMPLES: DEALING WITH CONFLICT WITH MY FAMILY, FINANCIAL ISSUES, ATTENDING AA ...

FOCUSING ON FOCUS GROUPS - A TOOLKIT FOR SUBSTANCE MISUSE

4 • FOCUSING ON FOCUS GROUPS: A TOOLKIT FOR SUBSTANCE MISUSE PREVENTION PRACTITIONERS • SKILLED FACILITATOR: FOCUS GROUPS ARE LED BY SOMEONE WITH KNOWLEDGE OF ...

CONFLICT RESOLUTION FOR RECOVERY - NAADAC

CONFLICT RESOLUTION FOR RECOVERY 2 CLASS GROUND RULES 1. BE ON TIME 2. IF YOU CANNOT COME: A. CALL B. GET YOUR HOMEWORK ASSIGNMENTS C. MAKE UP YOUR SESSION

SESSION 31: LOOKING FORWARD; MANAGING DOWNTIME

WORK WITH THE GROUP. HOMEWORK . HAVE CLIENTS EXPLAIN IN DETAIL ONE OF THEIR ISLANDS AND ONE OF THE ACTIVITIES OR HOBBIES THEY ARE GOING TO PURSUE. 157 . RP 31 LOOKING FORWARD; MANAGING ...

BREAKING FREE OF ADDICTION - BETWEEN SESSIONS

BREAKING FREE OF ADDICTION INTRODUcOon BREAKING FREE OF DRUG AND ALCOHOL ADDIC0on IS ONE OF THE BRAVEST

THINGS YOU'LL EVER DO. WHILE SOME EXPERTS MIGHT CLAIM TO KNOW "THE ANSWER," ...

ACTIVITY: SUBSTANCE USE TRUE/FALSE - ELUNA NETWORK

THIS A GAME FOR AGES 10+, AS IT FOCUSES ON FACTS AND STATISTICS OF ADDICTION, ABUSE, OR ANY TOPIC THAT FACES YOUR FAMILY. THIS GAME IS BEST WITH GROUPS OF AT LEAST 4 PARTICIPANTS AND CAN BE ...

"A CUTTING-EDGE, COMPREHENSIVE, AND INTERACTIVE APPROACH TO ...

"AS ONE OF AMERICA'S MOST KNOWLEDGEABLE ADDICTION SCIENTISTS, SUZETTE GLASNER-EDWARDS WRITES WITH CLARITY AND AUTHORITY ABOUT THE STATE OF THE ART OF TREATMENT FOR ADDICTION, A DEV - ASTATING ...

MANAGING YOUR TRIGGERS TOOLKIT - MEDIATORS BEYOND...

THE AMYGDALA IS AN ALMOND-SHAPED GROUP OF NEURONS LOCATED DEEP IN THE MEDIAL, TEMPORAL LOBES OF OUR BRAIN. IT IS PART OF OUR LIMBIC SYSTEM AND PLAYS A PRIMARY ROLE IN THE PROCESSING AND ...

TEEN TALK'S DRUG TRIVIA GAME

DRUG TRIVIA QUESTIONS AND ANSWERS. DRUG TRIVIA GAME BOARD PIECES. PRIZE(S) FOR WINNING TEAM (OPTIONAL).

INSTRUCTIONS: DIVIDE THE GROUP INTO TWO TEAMS AND HAVE THEM CHOOSE TEAM NAMES. ...

STRAIGHT AHEAD TRANSITION - DRUGS AND ALCOHOL

COUNSELORS AND GROUP FACILITATORS WORKING IN SUBSTANCE ABUSE TREATMENT PROGRAMS. ALTHOUGH BEST SUITED FOR GROUP WORK, THE CONCEPTS AND EXERCISES CAN BE DIRECTLY ADAPTED TO INDIVIDUAL ...

SYMPTOMS & BEHAVIORS CODEPENDENCE... - TREE ...

FEELINGS OF CODEPENDENCE: INSTRUCTIONS: WITH A FRIEND OR FAMILY MEMBER (NOT THE OBJECT OF CODEPENDENCE) GO

SAMPLE RECOVERY PLANNING WORKSHEET - SPOKANE COUNTY, ...

TODAY I AM GOING TO BE ASKING YOU A LOT OF QUESTIONS ABOUT WHAT THINGS IN YOUR LIFE ARE GOING WELL, AND WHAT THINGS YOU MIGHT LIKE TO CHANGE. SOME OF THE QUESTIONS MIGHT BE THINGS LIKE: WHO ARE ...

MEDICATION ASSISTED TREATMENT TOOLKIT FOR COUNSELORS - DHCS

ADDICTION IS A DISEASE. TREATMENT WORKS. RECOVERY IS POSSIBLE. MAT USES MEDICATIONS WITH COUNSELING TO TREAT THE WHOLE PATIENT. ADDICTION IS A CHRONIC DISEASE, MEANING THAT IT DOES NOT ...

DRUG TRIVIA 101 - WOMEN'S HEALTH CLINIC

TIME-SAVING MEASURE, READ OUT SELECT QUESTIONS TO THE ENTIRE GROUP. • EXPLAIN THE 4 CATEGORIES AND THE 3 LEVELS IN EACH. • DIVIDE THE CLASS INTO TWO TEAMS AND ASSIGN EACH TEAM A NAME. • READ A ...

PREGUNTAS DE DI[?] LOGO SOBRE LA ADICCI[?] N - THERAPIST AID

A MENUDO, LA RELACI[?] N DE UNA PERSONA CON LAS DROGAS Y EL ALCOHOL CAMBIA CON EL TIEMPO. POR EJEMPLO, ES POSIBLE QUE AL PRINCIPIO USTED HAYA CONSUMIDO DROGAS S[?] LO UNAS POCAS VECES AL MES

CLEAN AND SOBER MOVIE WORKSHEET - STEPWORKS UNIVERSITY

CLEAN AND SOBER MOVIE WORKSHEET 1. WHAT DO YOU THINK DARYL FELT OR THOUGHT WHEN HE REALIZED THAT HIS GIRLFRIEND ...

CLOSE AND INTIMATE RELATIONSHIPS IN RECOVERY

RECOVERY. YOUR ADDICTION HAS LIKELY HAD A NEGATIVE IMPACT ON YOUR HEALTH, JOB, INANCES, REPUTATION, SELF-ESTEEM, AND MENTAL HEALTH. YOU MAY HAVE COMPROMISED, DAMAGED, OR DESTROYED ...

60 MORE SUBSTANCE ABUSE GROUP THERAPY ACTIVITIES - Two ...

ORIGINAL AVAILABLE AT 60 MORE SUBSTANCE ABUSE GROUP THERAPY ACTIVITIES 2 WE PREVIOUSLY POSTED A LIST OF 60 SUBSTANCE ABUSE GROUP THERAPY ACTIVITIES TO GIVE READERS AN IDEA OF WHAT ...

AS INCLUDED IN NREPP - INSTITUTE OF BEHAVIORAL RESEARCH

AND DISCUSSION QUESTIONS. SOURCE: TCU / INSTITUTE OF BEHAVIORAL RESEARCH. FROM "STRAIGHT AHEAD: TRANSITION SKILLS FOR RECOVERY." CONTACT: IBR AT ASK THE GROUP TO DISCUSS SOME OF THE ...

37 IDEAS ON HOW YOU CAN STAY SOBER DURING THE HOLIDAYS

DEC 4, 2018 • THE RECOVERY BOOK: ANSWERS TO ALL YOUR QUESTIONS ABOUT ADDICTION AND ALCOHOLISM AND FINDING HEALTH AND HAPPINESS IN SOBRIETY TheRecoveryBook.com My Life in ...

LESSON 1: SIGNS & SYMPTOMS OF ADDICTION - THE RECOVERY ...

ONLINE ADDICTION RECOVERY PROGRAM 1 LESSON 1: SIGNS & SYMPTOMS OF ADDICTION DO YOU HAVE AN ADDICTION? THIS CAN BE A HARD QUESTION TO ANSWER AND IT CAN BE VERY HARD TO ACCEPT. THE ...

A TOOLKIT FOR IDENTIFYING, DECONSTRUCTING, AND REDUCING STIGMA

FOR A MORE EXTENSIVE EXPLORATION OF STIGMA'S IMPACT ON ADDICTION AND SUBSTANCE USE AND STRATEGIES TO REDUCE IT, SEE THE CENTRAL EAST ADDICTION TECHNOLOGY TRANSFER CENTER'S ANTI ...

LIVING IN BALANCE WITH CO-OCCURRING DISORDERS - HAZELDEN

DUPLICATING THIS PAGE FOR PERSONAL OR GROUP USE IS PERMISSIBLE. EFFECTS OF DRUG USE ON MENTAL HEALTH DISORGANIZED THINKING IS A WAY TO DESCRIBE A SITUATION IN WHICH PEOPLE TALK ...

SELF-DISCOVERY CARDS-REVISED 8.8 - MIND REMAKE PROJECT

GROUP SETTING BUT CAN ALSO BE USED AS. JOURNAL PROMPTS OR IN INDIVIDUAL THERAPY SESSIONS. SELF-DISCOVERY TOPICS INCLUDE ICEBREAKERS, GOALS, ASPIRATIONS, EMOTIONS, RELATIONSHIPS, ...

DOCUMENTATION OF SUBSTANCE USE DISORDERS: PROGRESS NOTES

FLAT, BUT HE LAUGHED WHEN TALKING ABOUT HIS CHILDREN AND A HUMOROUS INCIDENT DURING A GROUP COUNSELING SESSION (DIMENSION 3 - MONITORING OF MOOD). A (ASSESSMENT) - COUNSELOR/CLINICIAN ...

SPIRITUALITY AS A HEALING APPROACH FOR SUBSTANCE USE ...

USE DISORDERS. TO DATE, THERE IS A MARKED ABSENCE OF ADDICTION STUDIES WITH BRAIN SCANS AND THE USE OF SPIRITUAL PRACTICES. THE IMPLIED EFFECTS FOR ADDICTION TREATMENT MAY ENCOURAGE SCIENTISTS ...

RECOVERY BINGO - MYFREEBINGOCARDS.COM

BINGO CARD ID RECOVERY BINGO CRAVINGS STEPS DEAL WITH NEGATIVE EMOTIONS FAMILY TRIGGERS BE PRODUCTIVE JUST FOR TODAY JAIL, INSTITUTIONS AND DEATH HAVE A PLAN PEOPLE,

DISCUSSION TOPICS FOR SUBSTANCE ABUSE GROUPS

MODELS OF ADDICTION STAGES OF CHANGE THE STAGES OF RELAPSE LAPSE VS. RELAPSE GETTING BACK ON TRACK AFTER A RELAPSE GETTING SOBER WITHOUT AA EVIDENCE-BASED TOOLS FOR RECOVERY LETTING GO OF ...

[Addiction Questions For Group](#)

Addiction Questions For Group

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