

above ground therapy pool

Above Ground Therapy Pools: Revolutionizing Aquatic Therapy Accessibility and Affordability

By Dr. Anya Sharma, Ph.D., OTR/L

Dr. Anya Sharma is a licensed Occupational Therapist and holds a Ph.D. in Rehabilitation Science. With over 15 years of experience in aquatic therapy and rehabilitation, she has extensively researched the impact of accessible aquatic therapy on patient outcomes.

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Edited by: Sarah Miller, M.Ed., ATP, a certified Assistive Technology Professional with over 20 years of experience in adaptive equipment and rehabilitation technology.

Summary: This article explores the burgeoning trend of above ground therapy pools, examining their impact on accessibility, affordability, and the overall landscape of aquatic therapy. It delves into the benefits, challenges, and future implications of this innovative approach to rehabilitation.

Introduction:

The therapeutic benefits of water have been recognized for centuries. Aquatic therapy, utilizing the buoyancy, resistance, and warmth of water, offers a unique and effective approach to rehabilitation for a wide range of conditions. However, traditional in-ground therapy pools often present significant barriers to accessibility, both geographically and financially. The rise of the above ground therapy pool is changing this landscape, democratizing access to this powerful form of therapy.

H1: The Advantages of Above Ground Therapy Pools

The shift towards above ground therapy pools offers several compelling advantages:

Cost-Effectiveness: The initial investment for an above ground pool is significantly lower than that of an in-ground facility. This reduced capital expenditure makes aquatic therapy more financially viable for smaller clinics, private practices, and even home-based rehabilitation settings. This is particularly crucial in underserved communities where access to specialized therapy services is limited.

Increased Accessibility: The installation of an above ground therapy pool is far less

complex and invasive than that of an in-ground pool. This allows for placement in a wider variety of locations, overcoming geographical barriers and increasing accessibility for patients in rural areas or those with limited mobility. The ease of installation also means that clinics can more readily adapt to fluctuating patient demand.

Customization and Flexibility: Above ground pools offer greater flexibility in terms of size, design, and features. This allows for customization based on specific therapeutic needs and patient populations. Features like ramps, lifts, and adjustable water depths can be easily incorporated to enhance accessibility and accommodate diverse needs.

Reduced Maintenance: Compared to in-ground pools, above ground therapy pools generally require less intensive maintenance. This translates to lower operational costs and reduced downtime.

Improved Patient Experience: The more accessible and convenient nature of above ground therapy pools can lead to improved patient satisfaction and engagement, contributing to better treatment outcomes. The ability to offer therapy closer to home can also significantly reduce travel time and stress for patients.

H2: Challenges and Considerations

While the benefits of above ground therapy pools are substantial, there are also important challenges and considerations:

Durability and Longevity: The durability of an above ground pool needs careful consideration. Choosing a high-quality, robust model is crucial to ensure long-term functionality and minimize the need for frequent repairs or replacements.

Structural Integrity: The ground on which the pool is installed must be properly assessed to ensure sufficient support and prevent structural issues. Professional installation is essential to avoid potential problems.

Water Quality and Treatment: Maintaining optimal water quality is paramount in a therapeutic setting. Investing in a reliable filtration and sanitation system is crucial to prevent the growth of bacteria and maintain hygiene.

Regulatory Compliance: Clinics and facilities must ensure compliance with all relevant safety and building regulations when installing and operating an above ground therapy pool.

H3: The Future of Above Ground Therapy Pools in Aquatic Rehabilitation

The increasing adoption of above ground therapy pools suggests a significant shift in the delivery of aquatic rehabilitation. This trend is likely to accelerate, driven by factors such as:

Growing Demand for Aquatic Therapy: As the awareness of the benefits of aquatic therapy

grows, so too will the demand for accessible and affordable services.

Technological Advancements: Ongoing advancements in pool technology, including improved materials, energy-efficient filtration systems, and innovative accessibility features, will further enhance the appeal and practicality of above ground pools.

Focus on Cost-Effectiveness: The healthcare industry's increasing emphasis on cost-effective and efficient service delivery will fuel the adoption of more affordable solutions like above ground therapy pools.

H4: Conclusion

Above ground therapy pools represent a significant advancement in aquatic rehabilitation. Their affordability, accessibility, and customization options are revolutionizing the industry, making this powerful form of therapy accessible to a wider patient population. While challenges remain, the potential benefits of this innovative approach are undeniable, paving the way for a more equitable and effective future for aquatic therapy.

FAQs

1. What are the typical costs associated with an above ground therapy pool? Costs vary widely depending on size, features, and installation. It's best to obtain quotes from multiple suppliers.
1. What is the lifespan of an above ground therapy pool? With proper maintenance and a high-quality model, an above ground therapy pool can last for many years.
1. What safety features should I look for in an above ground therapy pool? Consider features like ramps, lifts, handrails, and non-slip surfaces to enhance safety.
1. What permits or licenses are required for installing an above ground therapy pool? Regulations vary by location; check with your local authorities.
1. How much space do I need to install an above ground therapy pool? The required space will depend on the size of the pool you choose.

1. What type of water filtration system is recommended for a therapy pool? A high-quality filtration and sanitation system is essential for maintaining water purity.
1. Can I use an above ground pool for both therapy and recreational purposes? It is generally not recommended to mix therapeutic and recreational use.
1. What are the common maintenance tasks for an above ground therapy pool? Regular cleaning, water testing, and filter maintenance are essential.
1. Are there any financial incentives or grants available for purchasing an above ground therapy pool? Check with local and national healthcare organizations for funding opportunities.

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above ground therapy pool: Comprehensive Aquatic Therapy Andrew J. Cole, Bruce E. Becker, 2004 This multidisciplinary reference reviews the biologic, medical, and rehabilitative research that underlies aquatic therapy and applies these scientific findings to current evaluation and treatment techniques for a broad range of problems and disorders. Contributors from physiatry, physical therapy, occupational therapy and sports medicine take a practical, evidence-based approach to therapy, discussing the effects of the aquatic environment on human physiology, as well as goal setting and functional outcomes. They also address related issues such as facility design, management and staffing to senior wellness programs and associated legal considerations. The

completely revised and updated 2nd Edition features new chapters on wound management, pediatric aquatic therapy and the use of aquatic therapy for common orthopedic problems.

above ground therapy pool: The Humane Gardener Nancy Lawson, 2017-04-18 In this eloquent plea for compassion and respect for all species, journalist and gardener Nancy Lawson describes why and how to welcome wildlife to our backyards. Through engaging anecdotes and inspired advice, profiles of home gardeners throughout the country, and interviews with scientists and horticulturalists, Lawson applies the broader lessons of ecology to our own outdoor spaces. Detailed chapters address planting for wildlife by choosing native species; providing habitats that shelter baby animals, as well as birds, bees, and butterflies; creating safe zones in the garden; cohabiting with creatures often regarded as pests; letting nature be your garden designer; and encouraging natural processes and evolution in the garden. The Humane Gardener fills a unique niche in describing simple principles for both attracting wildlife and peacefully resolving conflicts with all the creatures that share our world.

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complex discipline. Presented in full color, with illustrations and photographs throughout and real-world case studies, the book is a detailed yet practical guide ideal for the clinical setting. Providing must-have information for anyone working with active dogs or rehabilitation patients, *Canine Sports Medicine and Rehabilitation* offers enlightening chapters including: Locomotion and Athletic Performance; Canine Therapeutic Exercise; Canine Aquatic Therapy; Conditioning and Retraining the Canine Athlete; Veterinary Orthotics and Prosthetics; Diagnosis of and Treatment Options for Disorders of the Canine Spine; Rehabilitation for Geriatric Canine Patients; The Role of Acupuncture and Manipulative Therapy in Canine Rehabilitation; and much more. Presents current, state-of-the-art information on sports medicine and rehabilitation in dogs Offers perspectives from an international list of expert authors Covers all topics related to veterinary care of the canine athlete and all active dogs Includes illustrations and photographs throughout to demonstrate key concepts Provides clinical cases that set the information in context *Canine Sports Medicine and Rehabilitation* is a complete resource for veterinarians, physical therapists, veterinary technicians, and anyone interested in working with canine athletes or in offering rehabilitation therapy in their practice.

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above ground therapy pool: *Hookers, Midgets, and Fire Trucks* Linda Gayle Thompson, 2010-10-07 How often do you rock through life thinking everything is grand, and then out of nowhere, smack, you get hit hard? How do you make it through the bad stuff the really bad stuff? In her memoir, *Hookers, Midgets, and Fire Trucks: An Invitation to Our Party*, Linda Gayle Thompson shares how laughing, loving, crying, and honest-to-God begging for answers got her through the absurdity of life, which she equates to a party. Linda's honest connection with people and her ability to blend zany real-life humor with her passion to motivate others causes the lives she touches to be changed forever. Through the toughest times of her life, Linda discovered her guardian angels and overcame overwhelming grief and depression. Based on the information she has learned, she believes we truly are eternal. Linda grew up as an insecure child, not realizing her own inner

strength until she married her own personal quadriplegic Don Quixote and became his sole caregiver. Thompson shares how absurd humor, tenacious spirit, and guardian angels carried her through a lifetime of one catastrophic blow after another. Hilarious, freakish anecdotes woven together with tragic, real-life experiences and lessons learned from both produce a magical blend of inspiration, tears, and laughter.

above ground therapy pool: Rescuing an Angel Peggy Lovelock, 2019-07-01 Mr. Sims needed someone to give him a second chance. This young Shih Tzu was headed for the pound and possible euthanizing when our paths crossed. I had just started my personal dog training business when we met. He was brought to me for obedience instruction, but after just a few lessons, he was abandoned on my doorstep. My book, *Rescuing an Angel: Heel, Mr. Sims, Heal*, is the story of our twelve-year relationship in which the roles of teacher and student constantly shifted. It shows the strong partnership we built with relationship-based dog training methods, competitive obedience, therapy dog work, and my education into canine physical issues, both obvious ones and very elusive ones. This story is a blend of dog training instruction, human-dog camaraderie, mystery, and humor and ends with the ultimate act of selfless love. Each chapter has information that is helpful to a dog owner, and it continues the thread of Mr. Sims's story. Everyone has a story to tell about their pet, but Peg Lovelock's *Rescuing an Angel: Heel, Mr. Sims, Heal* is extraordinary. Peg brought me into the world of a handsome Shih Tzu, Mr. Sims. Mr. Sims brought me into the world of a compassionate dog trainer, Peg Lovelock. This is a beautiful story about the relationship between Peg and Mr. Sims, who she rescued and gave unconditional love and respect. As Peg trained Mr. Sims to become an outstanding competitor, and he won all kinds of titles and awards, Mr. Sims gave his love right back to Peg in appreciation for how much he was loved and how well he was cared for. I loved the way Peg started each chapter with a message and the way that she caught my attention with the phrase, peeling the onion. I loved the uncanny wit of this author. *Rescuing an Angel: Heel, Mr. Sims, Heal* will warm your heart as you feel the mutual bond between Peg and her dog, Mr. Sims, and the love and respect they had for each other. I loved reading Peg's book, *Rescuing an Angel: Heel, Mr. Sims, Heal*. Linda Caputo

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above ground therapy pool: Monkeys and the Chair Renee Oppenheim Peacock, 2013-02-12 Once in a lifetime, you may be fortunate enough to meet a child who will change your view of the world forever. Josiah was that kind of a child. Born with severe cerebral palsy and numerous health challenges, he was blessed with an infectious joy and the gift of encouraging others. His faith in God and his passion to serve far surpassed his limited abilities. To know him was to be inspired. His life was cut short by his frailty, but his legacy remains.

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above ground therapy pool: One Way Out Michael Pool, 2020-11-17 All small towns have secrets... When a troubled teenage girl goes missing in a remote Colorado ski valley, Denver private investigator Rick Malone is called in for help by an old friend accused of involvement in the disappearance. Within hours, he finds himself snowed in and in conflict with local law enforcement, not to mention working with an ex-lover and partner from a past he'd rather forget. Making matters worse, the stress sends him careening into a bipolar episode, filling his mind with static at a time when danger abounds, pushing him to the edge of sanity. As tensions run high and leads run low, Malone will learn that all small towns have their secrets, and sometimes powerful people will do anything to keep those secrets buried beneath the snow. PRAISE FOR MICHAEL POOL ♦ This is good, tough stuff, retro and modern at the same time. Not an easy trick. Highly recommend. -- Joe Lansdale, award-winning author of the Hap and Leonard series. ♦ "Written by a real private eye who knows the profession, One Way Out proves that bringing realism to a genre chock-full of cliches not only works, it sings. -- Frank Zafiro, author of the River City series ♦ "Michael Pool is the real deal — a real-life PI and one hell of a writer. And One Way Out is one hell of a book." -- Dietrich Kalteis, author of Cradle The Deep and The Deadbeat Club ♦ ...Pool writes PI fiction with hard-won authenticity and infectious love for the genre. -- Sam Wiebe, author of the Dave Wakeland series ♦ Pool writes his protagonist's pragmatic and streetwise routines and methodologies with bulletproof street cred. --The Lone Star Lineup

above ground therapy pool: *Hagitude* Sharon Blackie, 2022-09-01 'There can be a perverse pleasure, as well as a sense of rightness and beauty, in insisting on flowering just when the world expects you to become quiet and diminish.' Sharon Blackie What is Hagitude ? It means being at ease with the unique power women embody in the second half of their life. It means having a strong sense of who we are and what we have to offer the world. And a firm belief in our place in the ever-shifting web of life. For the woman who wishes to flourish without chasing eternal youth comes Hagitude. Interweaving myth, psychology, landscape and ecofeminism, acclaimed author Sharon Blackie reclaims the mid years as an alchemical moment - from which to shift into your chosen, authentic and fulfilling future - and the elder years as a path to dynamic influence. 'A fascinating book ... well researched, packed with stories and bursting with lovely descriptions of the natural

world. There's plenty in it to inspire women of every age.' Christina Patterson, Sunday Times

above ground therapy pool: I Know This Much Is True Wally Lamb, 1998-06-03 With his stunning debut novel, *She's Come Undone*, Wally Lamb won the adulation of critics and readers with his mesmerizing tale of one woman's painful yet triumphant journey of self-discovery. Now, this brilliantly talented writer returns with *I Know This Much Is True*, a heartbreaking and poignant multigenerational saga of the reproductive bonds of destruction and the powerful force of forgiveness. A masterpiece that breathtakingly tells a story of alienation and connection, power and abuse, devastation and renewal--this novel is a contemporary retelling of an ancient Hindu myth. A proud king must confront his demons to achieve salvation. Change yourself, the myth instructs, and you will inhabit a renovated world. When you're the same brother of a schizophrenic identical twin, the tricky thing about saving yourself is the blood it leaves on your hands--the little inconvenience of the look-alike corpse at your feet. And if you're into both survival of the fittest and being your brother's keeper--if you've promised your dying mother--then say so long to sleep and hello to the middle of the night. Grab a book or a beer. Get used to Letterman's gap-toothed smile of the absurd, or the view of the bedroom ceiling, or the influence of random selection. Take it from a godless insomniac. Take it from the uncrazy twin--the guy who beat the biochemical rap. Dominick Birdsey's entire life has been compromised and constricted by anger and fear, by the paranoid schizophrenic twin brother he both deeply loves and resents, and by the past they shared with their adoptive father, Ray, a spit-and-polish ex-Navy man (the five-foot-six-inch sleeping giant who snoozed upstairs weekdays in the spare room and built submarines at night), and their long-suffering mother, Concettina, a timid woman with a harelip that made her shy and self-conscious: She holds a loose fist to her face to cover her defective mouth--her perpetual apology to the world for a birth defect over which she'd had no control. Born in the waning moments of 1949 and the opening minutes of 1950, the twins are physical mirror images who grow into separate yet connected entities: the seemingly strong and protective yet fearful Dominick, his mother's watchful monkey; and the seemingly weak and sweet yet noble Thomas, his mother's gentle bunny. From childhood, Dominick fights for both separation and wholeness--and ultimately self-protection--in a house of fear dominated by Ray, a bully who abuses his power over these stepsons whose biological father is a mystery. I was still afraid of his anger but saw how he punished weakness--pounced on it. Out of self-preservation I hid my fear, Dominick confesses. As for Thomas, he just never knew how to play defense. He just didn't get it. But Dominick's talent for survival comes at an enormous cost, including the breakup of his marriage to the warm, beautiful Dessa, whom he still loves. And it will be put to the ultimate test when Thomas, a Bible-spouting zealot, commits an unthinkable act that threatens the tenuous balance of both his and Dominick's lives. To save himself, Dominick must confront not only the pain of his past but the dark secrets he has locked deep within himself, and the sins of his ancestors--a quest that will lead him beyond the confines of his blue-collar New England town to the volcanic foothills of Sicily's Mount Etna, where his ambitious and vengefully proud grandfather and a namesake Domenico Tempesta, the *sostegno del famiglia*, was born. Each of the stories Ma told us about Papa reinforced the message that he was the boss, that he ruled the roost, that what he said went. Searching for answers, Dominick turns to the whispers of the dead, to the pages of his grandfather's handwritten memoir, *The History of Domenico Onofrio Tempesta, a Great Man from Humble Beginnings*. Rendered with touches of magic realism, Domenico's fablelike tale--in which monkeys enchant and religious statues weep--becomes the old man's confession--an unwitting legacy of contrition that reveals the truth's of Domenico's life, Dominick learns that power, wrongly used, defeats the oppressor as well as the oppressed, and now, picking through the humble shards of his deconstructed life, he will search for the courage and love to forgive, to expiate his and his ancestors' transgressions, and finally to rebuild himself beyond the haunted shadow of his twin. Set against the vivid panoply of twentieth-century America and filled with richly drawn, memorable characters, this deeply moving and thoroughly satisfying novel brings to light humanity's deepest needs and fears, our aloneness, our desire for love and acceptance, our struggle to survive at all costs. Joyous, mystical, and exquisitely written, *I Know This Much Is True* is an extraordinary

reading experience that will leave no reader untouched.

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above ground therapy pool: *Superstar Billy Graham* Billy Graham, Keith Elliot Greenberg, 2006 'The man of the hour, the man with the power, too sweet to be sour!' That was how Superstar Billy Graham described himself, and who could argue? Graham was perhaps the single most influential performer of the past thirty years, and the mark of that influence can be found in Superstars ranging from Hulk Hogan to Scott Steiner. His outrageous ring attire and Muhammad Ali-style interviews were a breath of fresh air during an era when sports entertainment was much more bare-bones than it is today. Just as fans flocked to see the Superstar compete in the ring, so they loved to listen to him pontificate on the microphone, even if he was bad-mouthing the Superstars they held dear. With his equally colourful manager the Grand Wizard at his side, Graham toppled Bruno Sammartino from his WWE Championship perch for the last time on April 30, 1977. He went on to hold the prize for nearly ten months, the longest reign for any ring villain in WWE history to this day. Clad in tie-dye and feather boas, the Superstar was a sign of things to come, and boasted a chiselled, muscular physique that was very unique at the time. During the late 1980s, he made a brief return to WWE competition, and even enjoyed stints as a manager and broadcaster. Graham has experienced it all and he's going to be talking about it in this book, with stories about all the legendary wrestlers - including Sammartino, Jimmy 'Superfly' Snuka and Sergeant Slaughter - that no true wrestling fan will want to miss.

above ground therapy pool: *Physical Medicine and Rehabilitation* Joel A. DeLisa, Bruce M. Gans, Nicholas E. Walsh, 2005 The gold-standard physical medicine and rehabilitation text is now in its Fourth Edition—with thoroughly updated content and a more clinical focus. More than 150 expert contributors—most of them new to this edition—address the full range of issues in contemporary physical medicine and rehabilitation and present state-of-the-art patient management strategies, emphasizing evidence-based recommendations. This edition has two separate volumes on Physical Medicine and Rehabilitation Medicine. Each volume has sections on principles of evaluation and management, management methods, major problems, and specific disorders. Treatment algorithms and boxed lists of key clinical facts have been added to many chapters.

above ground therapy pool: *Nature-Based Allied Health Practice* Amy Wagenfeld, Shannon Marder, 2023-10-19 The benefits of interacting with nature for our social, cognitive, and physical

wellbeing are well documented. But how practical is it to take therapy into nature, or bring nature into therapy? This evidence-based and accessible guide demonstrates easily workable, creative, tried-and-tested strategies for bringing nature into therapy. It includes simple and fun ready-to-go activity ideas. Using the life-course as a framework, the authors highlight the impact of nature at every stage of human development. From younger children to older adults, anyone can benefit from outdoor therapy, and different therapeutic offerings can be adapted to suit most individuals and groups. Resources are included to help assess a program's readiness to incorporate nature, create plans to take therapy outdoors (or bring the outside in), and evaluate the impact it could have for patients or clients. With testimonials from service users who have felt the benefits of nature-based practices, and case studies highlighting excellence in practice from health and social care professionals across various fields, this book will inspire and empower allied health and mental health practitioners to take their therapy practice outdoors.

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focused in the center of the pool. Both types are fully adjustable with 99 speed settings. Any client can be challenged against the current – from a professional athlete to a frail patient working on ...

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Design of Therapeutic Pools - physiotherapyjournal.com

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converter to the pool inlet port as shown to the right. Attach the other end of your filter pump hose to the filter pump outlet port. For filter pumps 1500 and above it is located below the filter ...

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HOW TO HANDLE POOL LEAKS - fitmaxipool.com

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