

abnormal psychology susan nolen hoeksema

Abnormal Psychology: A Deep Dive into Susan Nolen-Hoeksema's Perspectives

Author: Susan Nolen-Hoeksema, PhD. Dr. Nolen-Hoeksema is a renowned professor of psychology and a leading researcher in the field of clinical psychology, specifically focusing on depression and emotion regulation. Her extensive research and publications firmly establish her authority on the subject matter of abnormal psychology. Her work significantly contributes to the understanding and treatment of mental health disorders, making her textbook a cornerstone in the field of abnormal psychology Susan Nolen-Hoeksema.

Publisher: McGraw Hill Education. McGraw Hill is a major publisher of educational materials, including highly respected textbooks in psychology and related fields. Their publication of abnormal psychology Susan Nolen-Hoeksema reflects their commitment to providing quality resources for students and professionals. The publisher's standing in the academic community further validates the book's significance within the realm of abnormal psychology Susan Nolen-Hoeksema.

Editor: (Note: While the specific editor for each edition of Nolen-Hoeksema's textbook may vary, information on the editor is not consistently available in public sources. Information regarding a specific editor would require access to the textbook's copyright page or publisher's database.)

A Comprehensive Overview of Abnormal Psychology by Susan Nolen-Hoeksema

Abnormal psychology Susan Nolen-Hoeksema is not just a textbook; it's a comprehensive exploration of the diverse range of psychological disorders. Dr. Nolen-Hoeksema's approach distinguishes itself through its integration of various perspectives – biological, psychological, and sociocultural – providing a holistic understanding of mental illness. The book doesn't merely present a catalog of disorders; it delves into the underlying mechanisms, risk factors, and effective treatment approaches.

Key Themes in Abnormal Psychology Susan Nolen-Hoeksema:

1. The Biopsychosocial Model: A cornerstone of abnormal psychology Susan Nolen-Hoeksema is the emphasis on the interplay of biological, psychological, and

sociocultural factors in the development and maintenance of mental illness. This integrated perspective moves beyond simplistic explanations, acknowledging the complex interplay of genetic predispositions, neurochemical imbalances, cognitive styles, learned behaviors, and environmental stressors. This model informs the understanding of disorders presented throughout the text on abnormal psychology Susan Nolen-Hoeksema.

1. **Emphasis on Emotion Regulation:** Dr. Nolen-Hoeksema's research heavily influences the book's focus on emotion regulation. She highlights how difficulties in managing emotions, particularly negative emotions, can significantly contribute to the development and perpetuation of psychological disorders, especially depression. The book extensively explores various emotion regulation strategies and their implications for mental health, a crucial aspect missing in many other abnormal psychology texts.
1. **Diathesis-Stress Model:** The book thoroughly explores the diathesis-stress model, which posits that a predisposition (diathesis) interacts with environmental stressors to produce a psychological disorder. This framework provides a nuanced understanding of how individual vulnerabilities combine with life challenges to trigger mental health issues. This model is applied consistently across different disorders discussed within abnormal psychology Susan Nolen-Hoeksema.
1. **Focus on Gender and Cultural Differences:** Abnormal psychology Susan Nolen-Hoeksema doesn't shy away from acknowledging the significant influence of gender and culture on mental health. The book explores how gender roles, societal expectations, and cultural norms can shape the presentation, prevalence, and treatment of psychological disorders. This inclusive approach reflects the growing awareness of the need for culturally sensitive and gender-responsive mental health care.
1. **Evidence-Based Treatment Approaches:** The book provides a detailed overview of various evidence-based treatments for psychological disorders. It highlights the efficacy of different therapeutic modalities, including cognitive behavioral therapy (CBT), interpersonal therapy (IPT), and psychodynamic therapy. The emphasis on empirically supported treatments aligns the text with contemporary best practices in the field of abnormal psychology.
1. **Critical Thinking and Ethical Considerations:** Abnormal psychology Susan Nolen-Hoeksema encourages critical thinking about the diagnosis and treatment of mental

disorders. It addresses ethical considerations related to the assessment, diagnosis, and treatment of psychological issues, promoting responsible and ethical practice in the field.

Summary of Key Arguments and Themes

Abnormal psychology Susan Nolen-Hoeksema presents a comprehensive and integrated approach to understanding and treating psychological disorders. The book emphasizes the biopsychosocial model, highlighting the complex interplay of biological, psychological, and sociocultural factors. It gives special attention to emotion regulation and its role in the development and maintenance of mental illness, particularly depression. The diathesis-stress model provides a framework for understanding the interaction between predispositions and environmental stressors. The book also acknowledges gender and cultural variations in the presentation and treatment of mental disorders and advocates for evidence-based treatment approaches, emphasizing ethical considerations throughout the process. Ultimately, abnormal psychology Susan Nolen-Hoeksema provides a thorough and nuanced understanding of the field, making it a valuable resource for students and professionals alike.

Conclusion

Abnormal Psychology by Susan Nolen-Hoeksema stands as a crucial text in the field, providing a modern, comprehensive, and critically engaging approach to the study of mental illness. Its strengths lie in its integration of diverse perspectives, its emphasis on emotion regulation, and its commitment to evidence-based practices. The text's detailed exploration of various disorders, coupled with its critical analysis of theoretical models and treatment approaches, makes it an invaluable resource for students and professionals seeking a deep understanding of abnormal psychology.

FAQs

1. What makes Nolen-Hoeksema's approach to abnormal psychology unique? Her emphasis on emotion regulation and its connection to depression, particularly in women, sets her work apart.

1. What are the major theoretical perspectives covered in the book? The book covers biological, psychological (cognitive, behavioral, psychodynamic), and sociocultural perspectives.

1. Does the book cover specific diagnostic criteria for disorders? Yes, it details the diagnostic criteria according to the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders, 5th edition).
1. What treatment approaches are discussed? The book covers CBT, IPT, psychodynamic therapy, and other empirically supported treatments.
1. Is the book suitable for undergraduate students? Yes, it's widely used as a core text in undergraduate abnormal psychology courses.
1. How does the book address cultural diversity in mental health? It explores how cultural norms and societal factors influence the experience and expression of mental illness.
1. Does the book discuss the role of genetics in mental illness? Yes, it explores the genetic and biological factors contributing to various psychological disorders.
1. What is the book's stance on the stigma surrounding mental illness? The book actively addresses and challenges the stigma associated with mental illness, advocating for greater understanding and acceptance.
1. Where can I find supplementary resources to enhance my understanding of the topics covered? You can explore additional research articles and resources cited within the textbook, as well as supplementary materials provided by the publisher.

Related Articles:

1. "The Role of Rumination in Depression: A Nolen-Hoeksema Perspective": This article focuses specifically on Nolen-Hoeksema's research on rumination and its contribution to depression.

1. "Gender Differences in Depression: Insights from Nolen-Hoeksema's Work": This article examines Nolen-Hoeksema's research on the unique experiences of depression in women.
1. "Emotion Regulation Strategies and their Effectiveness in Treating Depression": This explores various emotion regulation techniques discussed in Nolen-Hoeksema's work and their effectiveness in treating depression.
1. "A Critical Analysis of the Biopsychosocial Model in Abnormal Psychology": This analyzes the biopsychosocial model as presented in Nolen-Hoeksema's textbook and its implications for understanding mental health.
1. "The Diathesis-Stress Model and its Application to Anxiety Disorders": This article applies the diathesis-stress model, a key concept in Nolen-Hoeksema's work, to the specific context of anxiety disorders.
1. "Evidence-Based Treatments for Depression: A Review of Current Research": This article reviews the most effective treatments for depression, drawing on research cited in the textbook.
1. "Cultural Factors Influencing the Presentation and Treatment of Schizophrenia": This examines how cultural context shapes the presentation and treatment of schizophrenia, building upon Nolen-Hoeksema's emphasis on cultural considerations.
1. "Ethical Considerations in the Diagnosis and Treatment of Personality Disorders": This article explores the ethical challenges in diagnosing and treating personality disorders, a topic discussed within the book's framework.
1. "The Impact of Social Support on Mental Health Outcomes": This article investigates the protective role of social support in mitigating the effects of stress and preventing mental illness, a concept integral to the biopsychosocial model.

abnormal psychology susan nolen hoeksema: Abnormal Psychology Susan

Nolen-Hoeksema, 2007 This text presents the latest biological research and theories in psychopathology, and incorporates discussions of how gender and cultural background influence whether a person's behaviour is labelled as abnormal.

abnormal psychology susan nolen hoeksema: Abnormal Psychology Susan

Nolen-Hoeksema, 2014 This text presents the latest biological research and theories in psychopathology, and incorporates discussions of how gender and cultural background influence whether a person's behaviour is labelled as abnormal.

abnormal psychology susan nolen hoeksema: LooseLeaf for Abnormal Psychology Brett

Marroquín, Susan Nolen-Hoeksema, 2016-10-05 The seventh edition of Susan Nolen-Hoeksema's Abnormal Psychology continues her mission to create a program that blends the most contemporary research on psychological disorders with compassion for those who live with these disorders. Abnormal Psychology personalizes the human experience, while helping students think critically and apply their knowledge through activities in McGraw-Hill Education's digital learning platform, Connect. Connect for Abnormal Psychology includes the only adaptive reading experience on the market, McGraw-Hill Education SmartBook™, as well as new Interactive Case Studies and the Faces of Abnormal Psychology video program.

abnormal psychology susan nolen hoeksema: Women Who Think Too Much Susan

Nolen-Hoeksema, 2016-08-04 'Groundbreaking research . . . Women Who Think Too Much tells why overthinking occurs, why it hurts people, and how to stop' USA Today Are you an overthinker? It's no surprise that our fast-paced, overly self-analytical culture is pushing many people - especially women - to spend countless hours thinking about negative ideas, feelings, and experiences. Renowned psychologist and award-winning researcher Dr Susan Nolen-Hoeksema calls this overthinking, and her groundbreaking research shows you how to break free of it and reclaim your life. In this self-help classic, Nolen-Hoeksema explains why so many women overthink, and offers practical, breakthrough strategies that can be used to escape these negative thoughts, gain confidence and control, and live more productively.

abnormal psychology susan nolen hoeksema: Depressive Rumination Costas

Papageorgiou, Adrian Wells, 2004-02-06 Rumination (recyclic negative thinking), is now recognised as important in the development, maintenance and relapse of recurrence of depression. For instance, rumination has been found to elevate, perpetuate and exacerbate depressed mood, predict future episodes of depression, and delay recovery during cognitive therapy. Cognitive therapy is one of the most effective treatments for depression. However, depressive relapse and recurrence following cognitive therapy continue to be a significant problem. An understanding of the psychological processes which contribute to relapse and recurrence may guide the development of more effective interventions. This is a major contribution to the study and treatment of depression which reviews a large body of research on rumination and cognitive processes, in depression and related disorders, with a focus on the implications of this knowledge for treatment and clinical management of these disorders. * First book on rumination in depressive and emotional disorders * Contributors are the leaders in the field * First editor is a rising researcher and clinician with specialist interest in depression, and second editor is world renowned for his work on cognitive therapy of emotional disorders

abnormal psychology susan nolen hoeksema: Abnormal Psychology Thomas F. Oltmanns,

Robert E. Emery, 2012 It's not about them, it's about all of us. With a focus on critical thinking, Oltmanns and Emery prepare students for the DSM-V and beyond by addressing key issues and concepts that will remain, even as diagnostic criteria change. In Abnormal Psychology, 7th edition Oltmanns and Emery bring both the science and personal aspects of abnormal psychology to life with a focus on evidence-based practice and emerging research. The authors emphasize that

abnormal psychology is not about them, it's about all of us. Using extensive case studies, they present the most cutting edge information on abnormal psychology by covering methods and treatment in context. Organized around the way students learn, this ground breaking text integrates the biological, psychological, and social perspectives in one concurrent story. Teaching & Learning Experience Personalize Learning - The new MyPsychLab delivers proven results in helping students succeed, provides engaging experiences that personalize learning, and comes from a trusted partner with educational expertise and a deep commitment to helping students and instructors achieve their goals. Improve Critical Thinking - With a focus on critical thinking students are encouraged to be inquiring skeptics. Engage Students - Speaking Out video series and case studies woven throughout each chapter engage students in the science and the practice of abnormal psychology. Explore Research - Detailed coverage of research methods and treatment is presented in every chapter; treatment is also covered in a standalone chapter. Support Instructors - Speaking Out videos on DVD, MyPsychLab's Class Prep, video embedded PowerPoints on DVD, MyTest, clicker questions, and an instructor's manual provide extensive support for instructors. Note: MyPsychLab does not come automatically packaged with this text. To purchase MyPsychLab, please visit: www.mypsychlab.com or you can purchase a valuepack of the text + MyPsychLab (at no additional cost). VP: 9780205229260

abnormal psychology susan nolen hoeksema: *Adult Psychopathology Case Studies* Irving B. Weiner, 2003-10-15 A unique case study book, *Adult Psychopathology Case Studies* presents adult client case studies that describe the ways in which people with psychological disorders are likely to think, feel, and act. Written by experienced clinicians and well-known authorities in their respective specialties, it brings together the work of an international group of contributors who address the nature, origin, development, manifestations, course, and prognosis of a diverse range of adult psychopathological conditions. Close examination is given to the clinical, personal, contextual, theoretical, ethical, and legal dimensions of case studies, along with insightful, real-world focus on overlapping themes, such as culture, substance abuse, domestic violence, and sexual abuse. Authors illustrate rational case formulation, but stop short of exhaustive or doctrinaire analyses that would discourage alternative opinions on how and why a disturbance occurred or its likely outcome-giving students an opportunity to apply their own knowledge to each case and providing instructors with material that will spark lively classroom discussion and debate. The contributors also bring a broad range of theoretical perspectives to the diverse array of case studies, including psychoanalytic, psychodynamic-interpersonal, cognitive, and cognitive-behavioral conceptualizations of psychopathology and psychotherapeutic methods. *Adult Psychopathology Case Studies* includes thirteen full-length case studies in the following categories: * Personality disorders * Anxiety and somatoform disorders * Identity disorders * Habit disorders * Serious or psychotic disorders Also included are six brief case studies covering: * Adjustment disorder * Dependent personality disorder * Schizotypal personality disorder * Generalized anxiety disorder * Polysubstance dependence * Depressive disorder *Adult Psychopathology Case Studies* offers an engaging and perceptive look into the real world of adult psychopathology and provides students with an enriching hands-on learning experience as they apply their knowledge and techniques to each of the unique case studies provided in this book.

abnormal psychology susan nolen hoeksema: *Sex Differences in Depression* Susan Nolen-Hoeksema, 1990 Women are twice as likely as men to experience protracted sadness, apathy, low self-esteem, and other symptoms of depression. How can we account for this sex difference? Several explanations have been proposed, some dating back many years. This book critically examines the evidence for each explanation in an attempt to discover what we do and do not know about sex differences in depression. It is a landmark review of the historical, theoretical and empirical approaches to sex differences in depression. Nolen-Hoeksema presents a fresh historical review, makes theoretical criticisms and offers clear and challenging avenues for future research and practical applications.

abnormal psychology susan nolen hoeksema: *Abnormal Psychology* Ann M. Kring, Sheri L.

Johnson, 2018-01-09 Abnormal Psychology: The Science and Treatment of Psychological Disorders consists of a balance and blending of research and clinical application, the use of paradigms as an organizing principle, and involving the learner in the kinds of real-world problem solving engaged in by clinicians and scientists. Students learn that psychopathology is best understood by considering multiple perspectives and that these varying perspectives provide the clearest accounting of the causes of these disorders as well as the best possible treatments.

abnormal psychology susan nolen hoeksema: Handbook of Depression, Second Edition Ian H. Gotlib, Constance L. Hammen, 2008-10-23 Bringing together the field's leading authorities, this acclaimed work is widely regarded as the standard reference on depression. The Handbook provides comprehensive coverage of the epidemiology, course, and outcome of depressive disorders; issues in assessment and diagnosis; psychological and biological risk factors; effective approaches to prevention and treatment; and the nature of depression in specific populations. Each chapter offers a definitive statement of current theories, methods, and research findings, while also identifying key questions that remain unanswered.

abnormal psychology susan nolen hoeksema: OPEN Frankie Bridge, Maleha Khan, Dr Mike McPhillips, 2020-02-06 ****THE SUNDAY TIMES BESTSELLER**** FEATURING A NEW CHAPTER ON COVID-19 AND MENTAL HEALTH 'Brave and beautiful... a first aid manual for your mind.' - Adam Kay, bestselling author of This is Going To Hurt 'Very readable. Very relatable. Intensely moving but also full of practical advice.' - Alastair Campbell I lived with it in silence. I tried to conquer it alone. And then I asked for help. It took me hitting hard, sharp rock bottom for me to truly recognize how ill I was. In OPEN, Frankie Bridge opens up about her ongoing journey from breakdown to breakthroughs and through self-loathing, hospitalization and self-acceptance. Part narrative exploration, part guide, this book will help you to understand the importance of talking and helping each other. It combines guidance and advice from the psychologist and psychiatrist who pulled her back from the brink along with their notes on her and conversations with her. This book will help people open up about their mental health and encourage us all to speak out. Afterword by Mind. 'OPEN is an intimate, honest and powerful read. So personal you want to jump into the pages.' - Giovanna Fletcher, bestselling author of Happy Mum, Happy Baby 'A beautiful read.' - Zoe Ball, BBC Radio 2

abnormal psychology susan nolen hoeksema: Atkinson and Hilgard's Introduction to Psychology, 2009

abnormal psychology susan nolen hoeksema: The Power Of Women Susan Nolen-Hoeksema, 2010-05-06 This new book from bestselling author Susan Nolen-Hoeksema helps women to discover, develop and harness their distinct psychological and social strengths so they can build their confidence and achieve their full potential in all aspects of their lives. The author believes that women are generally extremely hard on themselves: they concentrate on their flaws and shortcomings, trying all the time to fix problems that no one else can see. Her 25 years' research reveals that women have exceptional skills and, despite being ignored or dismissed over the millennia, have shown that they can be superb leaders, entrepreneurs and innovators. Women do much more right than they do wrong. Using the latest thinking in cognitive and behavioural therapy, motivating case histories and easy-to-follow exercises, Susan Nolen-Hoeksema introduces a new programme for step-by-step change. She helps women to understand what is holding them back and inspires them to transform their lives, their work and their relationships.

abnormal psychology susan nolen hoeksema: Abnormal Psychology, Sixth Canadian Edition Loose-Leaf Print Companion FLETT. GORDON L, Nancy L. Kocovski, Gerald C. Davison, John M. Neale, 2017-08-14 Abnormal Psychology, 6th Canadian Edition, builds upon the strengths of the classic Davison and Neale textbook and presents abnormal psychology from a unique Canadian perspective with a contemporary emphasis. It provides students with the most up-to-date, relevant, and comprehensive content available in an abnormal psychology undergraduate textbook. The material is presented in a clear and concise manner that offers students the foundation they need to succeed in the abnormal psychology course and in their future studies. Abnormal Psychology offers

students a wealth of tools and content in a structured online learning environment--WileyPLUS. WileyPLUS provides students with an engaging intuitive interface with cohesive, vetted resources. Everything students need to master the course--videos, a complete eTextbook, practice questions, assessments, and more--is in one place. WileyPLUS provides trusted, author-branded content and resources that can easily be customized to match an instructor's teaching preference and integrated into their campus LMS. Backed by learning science and customer-driven development, the WileyPLUS course supports instructors with efficiency and data-driven insights so they can help students succeed in their coursework and beyond.

abnormal psychology susan nolen hoeksema: Abnormal Psychology Susan Nolen-Hoeksema, 2008 Authored by award-winning teacher and noted researcher Susan Nolen-Hoeksema, this text blends cutting-edge research in psychopathology with compassion for people who suffer from psychological disorders. Capturing the excitement of major advances in biological and psychosocial research and treatment alternatives, Abnormal Psychology Media and Research Update imparts a true enthusiasm for and appreciation of scientific investigation. The author's scientific and caring approach, combined with strong study tools, has won accolades from instructors and students alike. This Media and Research Update includes Faces Interactive Case Studies, which link information about disorders covered in the text to Face Interactive Online, integrating the audio visual resources to the written text. The text continues to place great emphasis on an integrated approach to abnormal psychology, on making biological information clear to students, and on providing a strong focus on empirical research and diversity.

abnormal psychology susan nolen hoeksema: Handbook of Bereavement Research Margaret S. Stroebe, 2001-01-01 The Handbook of Bereavement Research provides a broad view of diverse contemporary approaches to bereavement, examining both normal adaptation and complex manifestations of grief. In this volume, leading interdisciplinary scholars focus on 3 important themes in bereavement research: consequences, coping, and care. In exploring the consequences of bereavement, authors examine developmental factors that influence grief both for the individual and the family at different phases of the life cycle. In exploring coping, they describe new empirical studies about how people can and do cope with grief, without professional intervention. Until recently, intervention for the bereaved has not been scientifically guided and has become the subject of challenging differences of opinion and approach. Chapters in the care section of the volume critically examine interventions to date and provide guidance for assessment and more theoretically and empirically guided treatment strategies. The Handbook provides an up-to-date comprehensive review of scientific knowledge about bereavement in an authoritative yet accessible way that will be essential reading for researchers, practitioners, and health care professionals in the 21st century. (PsycINFO Database Record (c) 2004 APA, all rights reserved).

abnormal psychology susan nolen hoeksema: Handbook of Depression in Adolescents Susan Nolen-Hoeksema, Lori M. Hilt, 2008-11-18 Depressive disorders are among the most common types of psychopathology in the United States. Adolescent-onset depressive disorders represent particularly insidious conditions because of their strong association with chronic and recurrent emotional problems in adulthood. This handbook offers authoritative reviews of research on the nature, ca

abnormal psychology susan nolen hoeksema: How to Stay Sane Philippa Perry, The School of Life, 2012-05-10 There is no simple set of instructions that can guarantee sanity, but if you want to overcome emotional difficulties and become happier, psychotherapist Philippa Perry, author of The Book You Wish Your Parents Had Read, argues that there are four cornerstones to sanity you can influence to bring about change. By developing your self-observation skills, examining how you relate to others, breaking out of your comfort zone and exploring new ways of defining yourself, Philippa demonstrates that it is possible to become a little less tortured and a little more fulfilled. How to Stay Sane is at once a brilliant explanation of our minds and a profoundly useful guide to facing up to the many challenges life throws our way. The School of Life looks at new ways of thinking about life's biggest questions. Discover more fascinating books from the series with How to

Be Alone and How to Think More About Sex.

abnormal psychology susan nolen hoeksema: Risk Factors in Depression Keith S. Dobson, David J. A Dozois, 2011-09-02 Depression is one of the most common mental health disorders, affecting 14% of all people at some point in their lifetime. Women are twice as likely to become depressed as men, but beyond gender there are a variety of risk factors that influence the prevalence and likelihood of experiencing depression. Risk Factors in Depression consolidates research findings on risk factors into one source, for ease of reference for both researchers and clinicians in practice. The book divides risk factors into biological, cognitive, and social risk factors. This provides researchers with the opportunity to examine the interface among different theoretical perspectives and variables, and to look for the opportunity for more complex and explanatory models of depression. - Allows reader to compare and contrast the relative states of development of different models and their databases - Examines the predictive power of these models related to various phases of clinical depression, including onset, maintenance, and relapse - Provides an examination of the therapeutic implications of comprehensive and integrative models of depression

abnormal psychology susan nolen hoeksema: Abnormal Psychology William J. Ray, 2020-01-21 In Abnormal Psychology, best-selling author William J. Ray brings together current perspectives concerning the manner in which the human mind, behavior, and experience can be understood. In addition to the traditional psychological literature, this book draws from work in the cognitive and affective neurosciences, epidemiology, ethology, and genetics. Ray focuses on unifying and integrating the biopsychosocial understandings of human behavior within a broader consideration of human culture and language as it applies to abnormal psychology. With coverage of DSM-5, ICD-11, and RDoC, the fully revised Third Edition puts even greater emphasis on the range of human experiences and medical comorbidities and includes additional references to representations of mental health in popular culture to connect readers with familiar examples. This title is accompanied by a complete teaching and learning package.

abnormal psychology susan nolen hoeksema: Intrusive Thoughts in Clinical Disorders David A. Clark, 2005-01-01 Advancing our understanding of the cognitive underpinnings of psychopathology, this is the first volume dedicated exclusively to the role of UITs (unwanted intrusive thoughts) across a wide range of psychological disorders. This volume will inform the work of researchers and clinicians alike. In addition, the scope and scientific grounding of the book make it an excellent resource for students in graduate clinical training programs to use in their studies and throughout their careers. It will serve as a unique supplemental text in courses in psychotherapy, abnormal psychology and psychopathology, and cognitive-behavioral theory.

abnormal psychology susan nolen hoeksema: Case Studies in Abnormal Psychology Kenneth N. Levy, Kristen M. Kelly, William J. Ray, 2018-01-10 Case Studies in Abnormal Psychology presents a broad range of cases drawn from the clinical experience of authors Kenneth N. Levy, Kristen M. Kelly, and William J. Ray to take readers beyond theory into real-life situations. The authors take a holistic approach by including multiple perspectives and considerations, apart from those of just the patient. Each chapter follows a consistent format: Presenting Problems and Client Description; Diagnosis and Case Formulation; Course of Treatment; Outcome and Prognosis/Treatment Follow-up; and Discussion Questions. Providing empirically supported treatments and long-term follow-up in many case studies gives students a deeper understanding of each psychopathology and the effects of treatment over time.

abnormal psychology susan nolen hoeksema: Essentials of Understanding Abnormal Behavior David Sue, Derald Wing Sue, Diane M. Sue, 2016-01-01 ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR, 3rd Edition offers the same multidimensional focus, multicultural emphasis, topical coverage, and engaging style as its comprehensive counterpart -- UNDERSTANDING ABNORMAL BEHAVIOR -- in a condensed, student-friendly format. Updated to reflect DSM-5 and the newest scientific, psychological, multicultural, and psychiatric research, the text introduces and integrates the Multipath Model of Mental Disorders to explain how biological, psychological, social, and sociocultural factors interact to cause mental disorders. A focus on

resilience highlights prevention and recovery from the symptoms of various disorders, and the book also continues its emphasis on the multicultural, sociocultural, and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of particular importance and relevance to college students. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

abnormal psychology susan nolen hoeksema: Handbook of Gender Research in Psychology Joan C. Chrisler, Donald R. McCreary, 2010-03-12 Donald R. McCreary and Joan C. Chrisler The Development of Gender Studies in Psychology Studies of sex differences are as old as the field of psychology, and they have been conducted in every subfield of the discipline. There are probably many reasons for the popularity of these studies, but three reasons seem to be most prominent. First, social psychological studies of person perception show that sex is especially salient in social groups. It is the first thing people notice about others, and it is one of the things we remember best (Fiske, Haslam, & Fiske, 1991; Stangor, Lynch, Duan, & Glass, 1992). For example, people may not remember who uttered a witty remark, but they are likely to remember whether the quip came from a woman or a man. Second, many people hold firm beliefs that aspects of physiology suit men and women for particular social roles. Men's greater upper body strength makes them better candidates for manual labor, and their greater height gives the impression that they would make good leaders (i. e. , people we look up to). Women's reproductive capacity and the caretaking tasks (e. g. , breastfeeding, baby minding) that accompany it make them seem suitable for other roles that require gentleness and nurturance. Third, the logic that underlies hypothesis testing in the sciences is focused on difference. Researchers design their studies with the hope that they can reject the null hypothesis that experimental groups do not differ.

abnormal psychology susan nolen hoeksema: Cognitive Vulnerability to Depression Rick E. Ingram, Jeanne Miranda, Zindel V. Segal, 1998-03-15 Recurrence of depressive episodes is not uncommon, even after successful treatment. What makes some people more vulnerable than others to this devastating disorder? Do depressive individuals have characteristic thinking and reasoning styles? By what means can cognitive antecedents to affective disorders be identified at different stages in the lifespan, and how can the risks they represent be mitigated? An important resource for anyone who seeks to understand or treat depression, this volume synthesizes the most current research and theory on cognitive vulnerability. Covering methodological, theoretical, and empirical issues, the authors review cognitive theories of depression; explicate and assess the vulnerability approach to psychopathology; and formulate an integrative view of the key proximal and distal antecedents of depression in adults.

abnormal psychology susan nolen hoeksema: Abnormal Psychology, Global Edition Jill Hooley, James Butcher, 2020 For courses in Abnormal Psychology A comprehensive overview of abnormal psychology, with DSM-5 coverage throughout Abnormal Psychology provides a comprehensive and engaging introduction to the primary psychological disorders studied within the discipline. Maintaining a focus on the individuals at the heart of the study of abnormal psychology, authors Jill Hooley, Matthew Nock, and James Butcher employ a biopsychosocial approach that helps students achieve an understanding of the holistic context in which abnormalities of behavior occur. The 18th Edition reflects the newest and most relevant research findings, presented in ways designed to be as engaging as possible to the next generation of students.

abnormal psychology susan nolen hoeksema: Coping With Loss Susan Nolen-Hoeksema, Judith Larson, Judith M. Larson, 2013-01-11 Coping With Loss describes the many ways in which people cope with the death of someone they love. Most earlier books on bereavement have fallen into two categories: distillations of the clinical experience of individual therapists or collections of chapters reporting the results of empirical studies. Each category is valuable but has tended to serve a narrow group of readers--practitioners with particular theoretical orientations or researchers in quest of the latest findings. Coauthored by a leading research psychologist and an experienced therapist who specializes in bereavement education and intervention, this book is different. The

authors weave together the strands of theory, research, and clinical wisdom into a seamless and readable narrative. While they discuss previous work, they also present new data, never before published, from one of the largest studies of bereaved people ever conducted, the Bereavement Coping Project. Unlike most studies to date, which focused on only one type of bereaved group (usually widows or widowers), the Bereavement Coping Project examined the experiences of several different groups during the first 18 months after the death. The groups included those who had lost a spouse, a parent, an adult sibling, or a child; and those who had lost their significant other to cancer or cardiovascular disease on one hand as opposed to the stigmatized disease of AIDS on the other. The book begins with a critical overview of theories of bereavement; succeeding chapters explore in depth the impact of specific types of loss, the impact of particular coping strategies on recovery; the impact of social supports and religion, and the special cases of children and of people who seem to grow and change for the better after a loss. A final chapter considers implications for intervention with bereaved people. Each chapter is richly illuminated with real-life examples throughout and ends with a section called Voices in which bereaved people describe their various attempts to cope in their own words. Insightful and informative.

abnormal psychology susan nolen hoeksema: Abnormal Psychology 7E (Bound)

Nolen-Hoeksema, 2017-01-23 The seventh edition of Susan Nolen-Hoeksema's *Abnormal Psychology* continues her mission to create a program that blends the most contemporary research on psychological disorders with compassion for those who live with these disorders. *Abnormal Psychology* personalizes the human experience and helps students think critically and apply their knowledge.

abnormal psychology susan nolen hoeksema: *Fundamental Statistics for the Behavioral Sciences* David C. Howell, 2016-02-02 *FUNDAMENTAL STATISTICS FOR THE BEHAVIORAL SCIENCES* focuses on providing the context of statistics in behavioral research, while emphasizing the importance of looking at data before jumping into a test. This practical approach provides students with an understanding of the logic behind the statistics, so they understand why and how certain methods are used -- rather than simply carry out techniques by rote. Students move beyond number crunching to discover the meaning of statistical results and appreciate how the statistical test to be employed relates to the research questions posed by an experiment. Written in an informal style, the text provides an abundance of real data and research studies that provide a real-life perspective and help students learn and understand concepts. In alignment with current trends in statistics in the behavioral sciences, the text emphasizes effect sizes and meta-analysis, and integrates frequent demonstrations of computer analyses through SPSS and R. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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Tedeschi, Lawrence G. Calhoun, 1995-06-20 Abstract: We hope that we have presented information in a way that is accessible to clinicians, laypersons, and . . . other people who have experienced trauma. We have also tried to summarize a far-flung literature and describe a way of understanding the process of growth that will encourage more attention from researchers. In addition, we believe that this book can be used as a supplementary text in courses on human development, crisis intervention, and introductory courses in counseling and psychotherapy. It is also our hope that this book will be useful as a resource for helping professionals in a variety of disciplines, including psychology, social work, psychiatry, family counseling, human services, nursing, and sociology. (PsycINFO Database Record (c) 2016 APA, all rights reserved)

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