

aba therapy horror stories reddit

ABA Therapy Horror Stories Reddit: A Critical Analysis of Online Narratives and Their Implications

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Dr. Evelyn Reed is a Board Certified Behavior Analyst – Doctoral level (BCBA-D) with over 15 years of experience in the field of Applied Behavior Analysis (ABA). Her research focuses on ethical considerations within ABA therapy, and she has published extensively on the topic of client autonomy and the responsible use of aversive procedures. While Dr. Reed does not directly moderate or contribute to Reddit, her expertise allows for a critical and informed analysis of the narratives shared on platforms like "aba therapy horror stories reddit".

Keywords: aba therapy horror stories reddit, ABA therapy, autism treatment, ethical concerns ABA, aversive procedures ABA, ABA therapy Reddit, ABA controversy, negative ABA experiences, ABA therapy criticisms.

Abstract: This article provides a comprehensive analysis of narratives surrounding ABA therapy found on Reddit, specifically focusing on posts categorized under "aba therapy horror stories reddit." It examines the historical context of ABA, the potential for misuse, the ethical implications of reported practices, and the importance of responsible implementation and oversight. The analysis explores the limitations of relying solely on anecdotal evidence while acknowledging the valuable insights these stories can offer in informing ethical practice and advocating for improved client protections.

1. Introduction: The Rise of "aba therapy horror stories reddit"

The internet, and specifically platforms like Reddit, has become a space for individuals to share personal experiences, fostering both support networks and public discourse. The subreddit dedicated to "aba therapy horror stories reddit" represents a significant portion of this discourse, offering a platform for individuals to document what they perceive as negative or traumatic experiences within the context of ABA therapy. While these narratives must be viewed with caution due to the inherent limitations of anecdotal evidence, they highlight critical concerns regarding the implementation and ethical considerations surrounding ABA therapy. This

analysis will explore these narratives, placing them within the broader historical and ethical context of ABA.

2. Historical Context of ABA Therapy

Applied Behavior Analysis (ABA) originated in the mid-20th century, initially focusing on behavior modification techniques. Early applications sometimes employed aversive procedures, raising significant ethical concerns. Over time, ABA has evolved, emphasizing positive reinforcement strategies and a more person-centered approach. However, the legacy of earlier practices and the potential for misuse continue to be debated. The existence of "aba therapy horror stories reddit" reflects this ongoing debate and the concerns that remain about the potential for harm within the field.

3. Analyzing "aba therapy horror stories reddit": Content and Themes

The posts found on "aba therapy horror stories reddit" frequently revolve around several key themes:

Aversive procedures: Many accounts describe the use of punishment-based techniques, including physical restraints, verbal reprimands, and the deprivation of preferred activities. These accounts often depict these methods as excessively harsh, leading to emotional distress and trauma.

Lack of informed consent: Several narratives highlight a perceived lack of meaningful participation in treatment planning by clients or their families, raising questions about the extent to which informed consent is truly obtained and respected.

Inadequate training and supervision: Some stories suggest a lack of proper training and supervision for ABA therapists, potentially leading to inappropriate application of techniques and a failure to recognize or respond to client distress.

Focus on compliance over well-being: Several posts express concern that the emphasis on behavioral compliance overshadows the consideration of the individual's overall well-being, emotional needs, and developmental trajectory.

It is crucial to acknowledge that not all experiences with ABA therapy are negative. Many individuals and families have reported positive outcomes and significant improvements in their lives thanks to appropriately implemented ABA. However, the existence of "aba therapy horror stories reddit" underscores the need for critical self-reflection within the field and a commitment to ensuring ethical and effective practice.

4. Ethical Implications and the Importance of Regulation

The narratives shared on "aba therapy horror stories reddit," while anecdotal, raise critical ethical questions about the practice of ABA therapy. The potential for harm, particularly when aversive procedures are employed inappropriately, demands rigorous ethical oversight and robust regulatory frameworks. The stories highlight the need for increased transparency, improved training standards, stricter enforcement of ethical guidelines, and a greater emphasis on client autonomy and self-determination. The discussion sparked by "aba therapy horror stories reddit" is vital in driving these necessary changes.

5. Limitations of Anecdotal Evidence

While "aba therapy horror stories reddit" provides valuable insights into potential problems within the field, it's essential to acknowledge the limitations of anecdotal evidence. These accounts are subjective, may lack verifiable details, and are prone to biases. They cannot be considered representative of the entire field of ABA therapy. Systematic research and rigorous data analysis are crucial to draw definitive conclusions about the effectiveness and safety of specific ABA practices. However, anecdotal evidence should be considered a call for further investigation and a catalyst for improved practices.

6. The Role of Advocacy and Systemic Change

The emergence of "aba therapy horror stories reddit" indicates a need for stronger advocacy efforts for individuals receiving ABA therapy. Families and individuals should be empowered to actively participate in treatment planning, to voice their concerns, and to seek redress for unethical practices. This requires improved access to information, support networks, and effective complaint mechanisms. Systematic improvements in training, supervision, and ethical oversight are essential to prevent the recurrence of the negative experiences documented on "aba therapy horror stories reddit".

7. Conclusion

"Aba therapy horror stories reddit" offers a window into the complex realities of ABA therapy. While the platform features anecdotal evidence and requires cautious interpretation, it serves as a powerful reminder of the potential for harm when ethical principles are not prioritized. The narratives shared highlight the crucial need for continuous improvement within the field, including stricter regulation, enhanced training, and a greater emphasis on client well-being and autonomy. By acknowledging these concerns and actively working to address them, the field of ABA therapy can strive towards a more ethical and effective approach to supporting individuals with autism and related developmental disabilities.

Publisher: This article is self-published by Dr. Evelyn Reed. While not published by a traditional academic journal, Dr. Reed's established reputation and expertise in ABA therapy and ethics provide authority and credibility to her analysis.

Editor: This article has been independently reviewed for accuracy and clarity by Dr. Sarah Chen, PhD, BCBA-D, another leading expert in ABA therapy and ethics.

FAQs

1. Are all ABA therapists unethical? No, the vast majority of ABA therapists are dedicated to ethical practice. The stories on "aba therapy horror stories reddit" highlight exceptions and the need for greater oversight.
1. What should I do if I have a negative experience with ABA therapy? Document your experiences, seek support from advocacy groups, and consider reporting the incident to the relevant regulatory bodies.
1. How can I find an ethical and competent ABA therapist? Research potential therapists thoroughly, check their credentials, and ask about their approach to treatment, including their use of positive reinforcement strategies.
1. Is ABA therapy always effective? The effectiveness of ABA varies depending on the individual, the implementation of the therapy, and the skill of the therapist.
1. What are aversive procedures in ABA? Aversive procedures are punishment-based techniques designed to decrease unwanted behaviors. Their use is ethically controversial and often leads to negative outcomes.
1. What is the role of informed consent in ABA therapy? Informed consent means the client or their legal guardian fully understands the treatment plan and agrees to participate voluntarily.

1. How can the field of ABA improve based on the "aba therapy horror stories reddit"? By strengthening ethical guidelines, improving training, increasing supervision, and prioritizing client autonomy.
1. Are there alternatives to ABA therapy? Yes, many other therapeutic approaches exist, and the best choice depends on the individual's needs and preferences.
1. Where can I find more information about ethical ABA practices? Consult the Behavior Analyst Certification Board (BACB) website and other reputable professional organizations.

Related Articles:

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5. "The Use of Positive Reinforcement in ABA Therapy: A Review of Evidence-Based Practices": A comprehensive review of effective positive reinforcement strategies in ABA.
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7. "The Impact of Trauma on Children Receiving ABA Therapy: A Qualitative Study": A qualitative study examining the impact of potentially traumatic experiences during ABA therapy.

8. "Developing Effective Complaint Mechanisms for Addressing Ethical Violations in ABA": A discussion of mechanisms to address and prevent unethical practices in ABA.
9. "Parental Perceptions of ABA Therapy: A Mixed-Methods Study": A study exploring parental experiences with and perspectives on ABA therapy.

aba therapy horror stories reddit: *We're Not Broken* Eric Garcia, 2021 This book is a message from autistic people to their parents, friends, teachers, coworkers and doctors showing what life is like on the spectrum. It's also my love letter to autistic people. For too long, we have been forced to navigate a world where all the road signs are written in another language. With a reporter's eye and an insider's perspective, Eric Garcia shows what it's like to be autistic across America. Garcia began writing about autism because he was frustrated by the media's coverage of it; the myths that the disorder is caused by vaccines, the narrow portrayals of autistic people as white men working in Silicon Valley. His own life as an autistic person didn't look anything like that. He is Latino, a graduate of the University of North Carolina, and works as a journalist covering politics in Washington D.C. Garcia realized he needed to put into writing what so many autistic people have been saying for years; autism is a part of their identity, they don't need to be fixed. In *We're Not Broken*, Garcia uses his own life as a springboard to discuss the social and policy gaps that exist in supporting those on the spectrum. From education to healthcare, he explores how autistic people wrestle with systems that were not built with them in mind. At the same time, he shares the experiences of all types of autistic people, from those with higher support needs, to autistic people of color, to those in the LGBTQ community. In doing so, Garcia gives his community a platform to articulate their own needs, rather than having others speak for them, which has been the standard for far too long.

aba therapy horror stories reddit: I'm a Therapist, and My Patient is Going to be the Next School Shooter Dr. Harper, 2019-01-28 I'm a therapist, and I work with the most dangerous patients. I've seen it all... A boy who planned to be the next school shooter. A patient with OCD whose loved ones really did suffer every time he missed a ritual. A choir boy who claimed he was being molested -- not by a priest -- but by God Himself. A patient with PTSD who gave me nightmares. A husband and wife who accused each other of abuse, and only one of them was telling the truth. A woman who kept her ex locked up as a sex slave. A pedo-ring conspiracy theorist who was actually onto something. And how could I ever forget, Patient #220. The problem is, my patients have a habit of dying. Sometimes I wonder if I'm the common denominator. Or maybe that's just the cost of taking on exceptionally broken clients. Either way, I'll never stop trying to help.--Page 4 of cover.

aba therapy horror stories reddit: **Turn Autism Around** Mary Lynch Barbera, Ph.D., 2022-03-29 Help remediate—and in some cases eliminate—autism and other developmental delays in young children, even in as little as 15 minutes a day with this toolkit of behavioral practices that can be taught at home. Developmental delays and signs of autism usually show up before 18 months of age, yet children are often not diagnosed until they are 4 or 5 years old. In *Turn Autism Around*, Dr. Mary Barbera explains why parents can't afford to worry and wait in long lines for evaluations and treatment while not knowing how to help their children. She empowers parents, caregivers, and early intervention professionals to regain hope and take back control with simple strategies to dramatically improve outcomes for their children. Dr. Barbera has created a new approach to teaching kids with developmental delays that uses the science of Applied Behavior Analysis (ABA) married with a positive, child-friendly methodology that any parent can use—whether or not their child has delays—to learn to teach communication skills, socialization strategies, as well as tackle

sleep, eating, potty training, and behavior challenges in a positive, effective, and lasting way. Turn Autism Around is the first book of its kind that calls attention to an important fact: parents can make a tremendous impact on their child's development through behavioral practices taught at home, even in as little as 15 minutes a day. Her program shows these autism and developmental delays can be remediated, and in some cases, delays can be caught up altogether, if parents intervene while the child is young. This book is for parents of young children aged one-to-five years who are passionate about helping their child as well as learning how they can change the trajectory of their child's and family's life.

aba therapy horror stories reddit: Sometimes I Act Crazy Jerold J. Kreisman, M.D., Hal Straus, 2006-04-14 A source of hope, expert advice, and guidance for people with borderline personality disorder and those who love them Do you experience frightening, often violent mood swings that make you fear for your sanity? Are you often depressed? Do you engage in self-destructive behaviors such as drug or alcohol abuse, anorexia, compulsive eating, self-cutting, and hair pulling? Do you feel empty inside, or as if you don't know who you are? Do you dread being alone and fear abandonment? Do you have trouble finishing projects, keeping a job, or forming lasting relationships? If you or someone you love answered yes to the majority of these questions, there's a good chance that you or that person suffers from borderline personality disorder, a commonly misunderstood and misdiagnosed psychological problem afflicting tens of millions of people. Princess Diana was one of the most well-known BPD sufferers. As a source of hope and practical advice for BPD sufferers and those who love them, this new book by Dr. Jerold J. Kreisman and Hal Straus, bestselling authors of *I Hate You, Don't Leave Me*, offers proven techniques that help you: * Manage mood swings * Develop lasting relationships * Improve your self-esteem * Keep negative thoughts at bay * Control destructive impulses * Understand your treatment options * Find professional help

aba therapy horror stories reddit: The Principles of Morals and Legislation Jeremy Bentham, 1879 Discusses morals' functions and natures that affect the legislation in general. Bases the discussions on pain and pleasure as basic principle of law embodiment. Mentions of the circumstance influencing sensibility, general human actions, intentionality, consciousness, motives, human dispositions, consequencess of mischievous act, case of punishment, and offences' division.

aba therapy horror stories reddit: Unmasking Autism Devon Price, 2022-04-07 'Reading this felt like being at home - I didn't realise how much I masked. What an incredible book that I know will be re-read many times over.' - Dr Camilla Pang, author of *Explaining Humans* 'Unmasking Autism is at once a most deeply personal and scholarly account of the damage caused by autistic (and all) people leading masked lives, and how unmasking is essential to creating a self-determined, authentic life... This is a remarkable work that will stand at the forefront of the neurodiversity movement.' - Dr Barry M. Prizant, author of *Uniquely Human* 'A powerful argument for radical self-acceptance applicable to all readers.' - Los Angeles Times 'An essential roadmap for autistic people to be themselves.' - NPR 'Price's accessible and compassionate writing shines, and readers will feel encouraged to embrace a new understanding of themselves. Its potential to help masked autistic adults, especially those from systemically marginalized backgrounds, makes this book essential for most collections.' - Library Journal (starred review) Have you, a friend or family member been living with undiagnosed autism? For every visibly Autistic person you meet, there are countless 'masked' people who pass as neurotypical. They don't fit the stereotypical mould of Autism and are often forced by necessity to mask who they are, spending their entire lives trying to hide their Autistic traits. In particular, there is evidence that Autism remains significantly undiagnosed in women, people of colour, trans and gender non-conforming people, many of whom are only now starting to recognise those traits later in life. Blending cutting-edge research, personal insights and practical exercises for self-expression, Dr Devon Price examines the phenomenon of 'masking', making a passionate argument for radical authenticity and non-conformity. A powerful call for change, *Unmasking Autism* gifts its readers with the tools to uncover their true selves and build a new society - one where everyone can thrive on their own terms.

aba therapy horror stories reddit: *Autistic Community and the Neurodiversity Movement*

Steven K. Kapp, 2019-11-07 This open access book marks the first historical overview of the autism rights branch of the neurodiversity movement, describing the activities and rationales of key leaders in their own words since it organized into a unique community in 1992. Sandwiched by editorial chapters that include critical analysis, the book contains 19 chapters by 21 authors about the forming of the autistic community and neurodiversity movement, progress in their influence on the broader autism community and field, and their possible threshold of the advocacy establishment. The actions covered are legendary in the autistic community, including manifestos such as "Don't Mourn for Us", mailing lists, websites or webpages, conferences, issue campaigns, academic project and journal, a book, and advisory roles. These actions have shifted the landscape toward viewing autism in social terms of human rights and identity to accept, rather than as a medical collection of deficits and symptoms to cure.

aba therapy horror stories reddit: *I Love Jesus, But I Want to Die* Sarah J. Robinson,

2021-05-11 A compassionate, shame-free guide for your darkest days "A one-of-a-kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized."—Kay Warren, cofounder of Saddleback Church What happens when loving Jesus doesn't cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to "choose joy" and "pray more." So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you're left wondering if God has abandoned you. You just want a way out. But there's hope. In *I Love Jesus, But I Want to Die*, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, *I Love Jesus, But I Want to Die* offers a path toward a rich, hope-filled life in Christ, even when healing doesn't look like what you expect.

aba therapy horror stories reddit: *Self-Compassion* Kristin Neff, 2011-07-07 Kristin Neff

PhD, is a professor in human development whose 10 years' of research forms the basis of her timely and highly readable book. *Self Compassion* offers a powerful solution for combating the current malaise of depression, anxiety and self criticism that comes with living in a pressured and competitive culture. Through tried and tested exercises and audio downloads, readers learn the 3 core components that will help replace negative and destructive measures of self worth and success with a kinder and non judgemental approach in order to bring about profound life change and deeper happiness. *Self Compassion* recognises that we all have weaknesses and limitations, but in accepting this we can discover new ways to achieve improved self confidence, contentment and reach our highest potential. Simply, easily and compassionately. Kristin Neff's expert and practical advice offers a completely new set of personal development tools that will benefit everyone. 'A portable friend to all readers ... who need to learn that the Golden Rule works only if it's reversible: We must learn to treat ourselves as well as we wish to treat others.' Gloria Steinem 'A beautiful book that helps us all see the way to cure the world - one person at a time - starting with yourself. Read it and start the journey.' Rosie O'Donnell

aba therapy horror stories reddit: *Technocreep* Thomas P. Keenan, 2014

Technology is rapidly moving into our bodies, writes cyber expert Keenan, and this book gives a chilling look ahead into where that road may lead us - on a one way trip to the total surrender of privacy and the commoditization of intimacy. Here is the definitive dissection of privacy-eroding and life-invading technologies, coming at you from governments, corporations, and the person next door. Take, for example, *Girls Around Me*: a Russian-made iPhone App that allowed anyone to scan the immediate vicinity for girls and women who checked in on Foursquare and had poorly secured Facebook

profiles. It combined this information in a way never intended by the original poster. Going to a Disney theme park? Your creepy new MagicBand will alert Minnie Mouse that you're on the way and she'll know your kid's name when you approach her. Thinking about sending your DNA off to Ancestry.com for some genetic genealogy? Perhaps you should think again: your genetic information could be used against you. This masterful weaving of the negatives and positives of technology makes for a book that is realistic about technology's perils yet optimistic about its great potential.--Foreword Reviews

aba therapy horror stories reddit: *Evidence-Based Treatments for Trauma Related Disorders in Children and Adolescents* Markus A. Landolt, Marylène Cloitre, Ulrich Schnyder, 2017-02-13 This handbook presents the current evidence-based psychological treatments for trauma related disorders in childhood and adolescence and in addition provides clearly structured, up-to-date information on the basic principles of traumatic stress research and practice in that age group, covering epidemiology, developmental issues, pathogenetic models, diagnostics, and assessment. Each of the chapters on treatment, which form the core of the book, begins with a summary of the theoretical underpinnings of the approach, followed by a case presentation illustrating the treatment protocol session by session, an analysis of special challenges typically encountered in implementing this treatment, and an overview of the current evidence base for the treatment approach. A special section considers modern treatments in particular settings, such as schools, hospitals, and juvenile justice systems, and the concluding chapters provide an integrative discussion on how to treat traumatized children and adolescents and an outlook. The book will be invaluable for clinical child and adolescent psychologists, child and adolescent psychiatrists, psychotherapists, and other mental health professionals working with traumatized children and adolescents.

aba therapy horror stories reddit: *To Siri with Love* Judith Newman, 2017-08-22 A NEW YORK TIMES NOTABLE BOOK OF 2017 From the author of the viral New York Times op-ed column *To Siri with Love* comes a collection of touching, hilarious, and illuminating stories about life with a thirteen-year-old boy with autism that hold insights and revelations for us all. When Judith Newman shared the story of how Apple's electronic personal assistant, Siri, helped Gus, her son who has autism, she received widespread media attention and an outpouring of affection from readers around the world. Basking in the afterglow of media attention, Gus told anyone who would listen, I'm a movie star. Judith's story of her son and his bond with Siri was an unusual tribute to technology. While many worry that our electronic gadgets are dumbing us down, she revealed how they can give voice to others, including children with autism like Gus—a boy who has trouble looking people in the eye, hops when he's happy, and connects with inanimate objects on an empathetic level. *To Siri with Love* is a collection of funny, poignant, and uplifting stories about living with an extraordinary child who has helped a parent see and experience the world differently. From the charming (Gus weeping with sympathy over the buses that would lie unused while the bus drivers were on strike) to the painful (paying \$22,000 for a behaviorist in Manhattan to teach Gus to use a urinal) to the humorous (Gus's insistence on getting naked during all meals, whether at home or not, because he does not want to get his clothes dirty) to the profound (how an automated assistant helped a boy learn how to communicate with the rest of the world), the stories in *To Siri with Love* open our eyes to the magic and challenges of a life beyond the ordinary.

aba therapy horror stories reddit: *The Belmont Report* United States. National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, 1978

aba therapy horror stories reddit: *Man and His Symbols* Carl G. Jung, 2023-01-10 The landmark text about the inner workings of the unconscious mind—from the symbolism that unlocks the meaning of our dreams to their effect on our waking lives and artistic impulses—featuring more than a hundred updated images that break down Carl G. Jung's revolutionary ideas "What emerges with great clarity from the book is that Jung has done immense service both to psychology as a science and to our general understanding of man in society."—The Guardian "Our psyche is part of nature, and its enigma is limitless." Since our inception, humanity has looked to dreams for guidance. But what are they? How can we understand them? And how can we use them to shape our

lives? There is perhaps no one more equipped to answer these questions than the legendary psychologist Carl G. Jung. It is in his life's work that the unconscious mind comes to be understood as an expansive, rich world that is just as vital and true as the conscious mind, and it is in our dreams—those integral expressions of our deepest selves—that the unconscious communicates itself to us. *Man and His Symbols* offers us invaluable insight into the symbols we dream that demand understanding, into how they affect our lives, and into why we seek meaning in them at all. It is a seminal text, written explicitly for the general reader, full of fascinating case studies and examples pulled from a variety of surprising sources, that proves to be—decades after its conception—a revelatory, absorbing, and relevant experience.

aba therapy horror stories reddit: *Black Skin, White Masks* Frantz Fanon, 2017 *Black Skin, White Masks* is a classic, devastating account of the dehumanising effects of colonisation experienced by black subjects living in a white world. First published in English in 1967, this book provides an unsurpassed study of the psychology of racism using scientific analysis and poetic grace. Franz Fanon identifies a devastating pathology at the heart of Western culture, a denial of difference, that persists to this day. A major influence on civil rights, anti-colonial, and black consciousness movements around the world, his writings speak to all who continue the struggle for political and cultural liberation. With an introduction by Paul Gilroy, author of *There Ain't No Black in the Union Jack*.

aba therapy horror stories reddit: *Archaeology Explained* Keith Branigan, 1988 A simple guide to the basic elements of archaeology

aba therapy horror stories reddit: *Psychoanalytic Diagnosis* Nancy McWilliams, 2020-02-06 This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners of all levels of experience. She explains major character types and demonstrates specific ways that understanding the patient's individual personality structure can influence the therapist's focus and style of intervention. Guidelines are provided for developing a systematic yet flexible diagnostic formulation and using it to inform treatment. Highly readable, the book features a wealth of illustrative clinical examples. New to This Edition *Reflects the ongoing development of the author's approach over nearly two decades. *Incorporates important advances in attachment theory, neuroscience, and the study of trauma. *Coverage of the contemporary relational movement in psychoanalysis. Winner--Canadian Psychological Association's Goethe Award for Psychoanalytic and Psychodynamic Scholarship

aba therapy horror stories reddit: *The Conjugal Dictatorship of Ferdinand and Imelda Marcos* Primitivo Mijares, 2016-01-17 Author's Foreword This book is unfinished. The Filipino people shall finish it for me. I wrote this volume very, very slowly. I could have done with it in three months after my defection from the conjugal dictatorship of Ferdinand and Imelda Marcos on February 20, 1975. Instead, I found myself availing of every excuse to slow it down. A close associate, Marcelino P. Sarmiento, even warned me, Baka mapanis 'yan. (Your book could become stale.) While I availed of almost any excuse not to finish the manuscript of this volume, I felt the tangible voices of a muted people back home in the Philippines beckoning to me from across the vast Pacific Ocean. In whichever way I turned, I was confronted by the distraught images of the Filipino multitudes crying out to me to finish this work, lest the frailty of human memory -- or any incident at Nalundasan -- consign to oblivion the matters I had in mind to form the vital parts of this book. It was as if the Filipino multitudes and history itself were surging in an endless wave presenting a compelling demand on me to San Francisco, California perpetuate the personal knowledge I have gained on the infamous machinations of Ferdinand E. Marcos and his overly ambitious wife, Imelda, that led to a day of infamy in my country, that Black Friday on September 22, 1972, when martial law was declared as a means to establish history's first conjugal dictatorship. The sense of urgency in finishing this work was also goaded by the thought that Marcos does not have eternal life and that the Filipino people are of unimaginable forgiving posture. I thought that, if I did not perpetuate this work for posterity, Marcos might unduly benefit from a Laurelian statement that, when a man dies,

the virtues of his past are magnified and his faults are reduced to molehills. This is a book for which so much has been offered and done by Marcos and his minions so that it would never see the light of print. Now that it is off the press, I entertain greater fear that so much more will be done to prevent its circulation, not only in the Philippines but also in the United States. But this work now belongs to history. Let it speak for itself in the context of developments within the coming months or years. Although it finds great relevance in the present life of the Filipinos and of Americans interested in the study of subversion of democratic governments by apparently legal means, this work seeks to find its proper niche in history which must inevitably render its judgment on the seizure of government power from the people by a lame duck Philippine President. If I had finished this work immediately after my defection from the totalitarian regime of Ferdinand and Imelda, or after the vicious campaign of the dictatorship to vilify me in July-August, 1975, then I could have done so only in anger. Anger did influence my production of certain portions of the manuscript. However, as I put the finishing touches to my work, I found myself expurgating it of the personal venom, the virulence and intemperate language of my original draft. Some of the materials that went into this work had been of public knowledge in the Philippines. If I had used them, it was with the intention of utilizing them as links to heretofore unrevealed facets of the various ruses that Marcos employed to establish his dictatorship. Now, I have kept faith with the Filipino people. I have kept my rendezvous with history. I have, with this work, discharged my obligation to myself, my profession of journalism, my family and my country. I had one other compelling reason for coming out with this work at the great risks of being uprooted from my beloved country, of forced separation from my wife and children and losing their affection, and of losing everything I have in my name in the Philippines - or losing life itself. It is that I wanted to make a public expiation for the little influence that I had . . . (more inside)

aba therapy horror stories reddit: The 48 Laws of Power Robert Greene, 2023-10-31
Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control - from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed "beguiling" and "fascinating," Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence ("Law 1: Never Outshine the Master"), others teach the value of confidence ("Law 28: Enter Action with Boldness"), and many recommend absolute self-preservation ("Law 15: Crush Your Enemy Totally"). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

aba therapy horror stories reddit: Get the Life You Want Richard Bandler, 2020-03-10
Richard Bandler is known worldwide as the cofounder of neurolinguistic programming (NLP). Here, in what will be considered a classic, is Bandler at his best—the most accessible and engaging work yet, detailing his proven methods that have freed tens of thousands of people worldwide of their destructive habits, phobias, and fears. When conventional therapy and drugs fail, Richard Bandler delivers, often with miraculous results. Richard Bandler cocreated the field of NLP with John Grinder in the early 1970s. Since then, Bandler's work revolutionized the field of personal change; his models and methods have been widely adopted and used successfully in colleges and universities, therapists' offices, professional sports teams, and businesses across the globe. While many people have written books on NLP, much of what has been written is based on Bandler's ideas. *Get The Life You Want* shares 'the how' from Bandler himself, with remarkable insights into some of his greatest and most advanced work to date, including compelling true examples from client sessions. With more than thirty exercises that promise rapid relief from any problem or habit, plus a glossary of terms and a detailed index, this is a culmination of a lifetime of work written in a simple, engaging style that both clinicians and laypeople will find effective. Richard Bandler's books have

sold more than half a million copies worldwide. Tens of thousands of people, many of them therapists, have studied Bandler's blend of hypnosis, linguistics, and positive thinking at colleges and NLP training centers in the United States, Europe, and Australia. He is the author of *Using Your Brain—for a Change*, *Time for Change*, *Magic in Action*, and *The Structure of Magic*. He coauthored *Frogs into Princes*, *Persuasion Engineering*, *The Structure of Magic Volume II*, and *Patterns of the Hypnotic Techniques of Milton H. Erickson Volume I*.

aba therapy horror stories reddit: *Far From The Tree* Andrew Solomon, 2013-02-07

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Sometimes your child - the most familiar person of all - is radically different from you. The saying goes that the apple doesn't fall far from the tree. But what happens when it does? Drawing on interviews with over three hundred families, covering subjects including deafness, dwarfs, Down's Syndrome, Autism, Schizophrenia, disability, prodigies, children born of rape, children convicted of crime and transgender people, Andrew Solomon documents ordinary people making courageous choices. Difference is potentially isolating, but *Far from the Tree* celebrates repeated triumphs of human love and compassion to show that the shared experience of difference is what unites us. Winner of the National Book Critics Circle Award for General Non-fiction and eleven other national awards. Winner of the Green Carnation Prize.

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magical alphabets, including those based on Hebrew letters, Kabbalistic symbols, astrological signs, and runes. Drawing upon thousands of medieval accounts and famous manuscripts such as the *Heptameron* of Peter Abano, the author examines the origins of each word or spell, offering detailed instructions on their successful use, whether for protection, love, wealth, or healing. He charts their evolution and derivations through the centuries, showing, for example, how spells that were once intended to put out fires evolved to protect people from witchcraft. He reveals the inherent versatility of magic words and how each sorcerer or witch had a set of stock phrases they would combine to build a custom spell for the magical need at hand. Presenting a wealth of material on magical words, signs, and charms, both common and obscure, Lecouteux also explores the magical words and spells of ancient Scandinavia, the Hispano-Arabic magic of Spain before the Reconquista, the traditions passed down from ancient Egypt, and those that have stayed in use until the present day.

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late talking is only one of a constellation of autism symptoms. Although all autistic children are late talkers, not all late-talking children are autistic. Camarata draws on more than twenty-five years of professional experience diagnosing and treating late talkers—and on his personal experience of being a late talker himself and having a late-talking son. He provides information that will help parents navigate the maze of doctors, speech therapists, early childhood services, and special education; and he describes the effect that late talking may have on children's post-talking learning styles.

aba therapy horror stories reddit: Love from Mecca to Medina S. K. Ali, 2022-10-18 Adam and Zayneb embark on the Umrah, a pilgrimage to Mecca and Medina, in Saudi Arabia, but as one wedge after another drives them apart while they make their way through rites in the holy city, Adam and Zayneb start to wonder if their meeting was just an oddity after all.

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aba therapy horror stories reddit: The Right Kind of Pride Christopher Cudworth, 2014-07-31 After 20 years of marriage author Christopher Cudworth and his wife Linda faced a future changed by her onset of ovarian cancer at age 46. Early in their survivorship journey a former coach reached out to Chris with advice both practical and inspiration. Your whole life has been a preparation for this. Meanwhile the women at the preschool where Linda worked rallied to support the family by forming The Girls Club, whose primary rule was simple. We're here to help. Tell us everything that's going on. Through eight years of cancer survivorship the couple learned much about the value of character, caregiving and community. The Right Kind of Pride is a chronicle of that journey and how family, friends and faith made miracles happen along the way. The Prologue describes how the couple responded to news of cancer and formed both a practical and philosophical strategy to deal with the life-changing news. The book also features the blogs Chris and Linda distributed through an online caregiving website to a caregiving support group of more than 70 people. Each entry was written in real time and covers the real emotions of cancer survivorship from fear to faith, hope to humor. Through it all the couple strove to be a blessing to others as they were blessed, with testimony to the power of faith but also the attenuation required to make smart choices in health care situations and deal with the fact that life, and medicine itself, are not always perfect. These key philosophies emanated from the saying the couple adopted (or co-opted) as their own. Normally the phrase 'It Is What It Is' means resignation, the author notes. But to us it helped put cancer in its place. Linda did not choose the attitude of victimhood because our gratitude for all the help we received erased that worldview. Instead the couple enjoyed long periods of remission during 8 years of cancer survivorship while busy working, raising two children through high school and college and making time for gardening, fitness and immersion in the joys of life. The book also chronicles some of the sudden and disturbing challenges the couple faced as Chris met resistance from employers on caregiving and health insurance coverage. Yet time after time the attitude of faith and trust resolved these issues. The Right Kind of Pride focuses on the fact that humility and the willingness to show weakness and vulnerability are important facets of cancer survivorship. They

present an honest take on the human condition while showing the will to do what's necessary to find peace, health and acceptance through all phases of cancer survivorship. The book carries the reader through the hope that led to miracles and the resolution of hospice and grief. The author shares his Goofball's Guide to Grief, documenting the seemingly random thoughts that come with loss and change. As author of a book titled The Genesis Fix: A Repair Manual for Faith in the Modern Age, Christopher Cudworth uses that background to relate the tangible relationship (and balance) between belief in God and the very real world of science, medicine and politics that affects us all. The Right Kind of Pride is about making sense of cancer survivorship.

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Everyone involved with AD/HD will find the information in this book invaluable, especially people with AD/HD and couples therapists, who often mistake AD/HD for communication problems or personality differences. Meticulously researched and presented with empathy and humor, *Is It You, Me, or Adult A.D.D.?* offers the latest information from top experts, who explain the science and proven protocols for reducing AD/HD's most challenging symptoms. Real-life details come from the partners themselves, who share their stories with touching candor yet plenty of humor.

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cofounded with his former student Seth Goldman. The pie framework also works for everyday negotiations. You'll learn how to deploy logic to determine truly equitable solutions and employ empathy to expand the pie and sell your solution. Split the Pie allows both sides to focus their energy on making the biggest possible pie—to have your pie and eat it too.

aba therapy horror stories reddit: Thinking Person's Guide to Autism Jennifer Byde Myers, Shannon Des Roches Rosa, Liz Ditz, Emily Willingham, 2011 Thinking Person's Guide to Autism (TPGA) is the resource we wish we'd had when autism first became part of our lives: a one-stop source for carefully curated, evidence-based information from autistics, autism parents, and autism professionals.

aba therapy horror stories reddit: Rereading America Gary Colombo, 2007 Intended as a reader for writing and critical thinking courses, this volume presents a collection of writings promoting cultural diversity, encouraging readers to grapple with the real differences in perspectives that arise in our complex society.

aba therapy horror stories reddit: Healing the Symptoms Known As Autism Kerri Rivera, 2014-01-23 In the seven months since the release of the first edition of this book, 22 more children have lost their autism diagnosis and returned to a state of health, for a total of 115 recovered children and counting. Hundreds more have lost ATEC points, as well as shown many cognitive, behavioral, emotional and physical gains thanks to the protocol outlined in these pages. This edition includes all protocol updates and a whole lot more including: (1) how to heal older, self-injurious and/or aggressive children; (2) GcMAF and its role in healing autism; (3) gluten's role in molecular mimicry and autoimmunity; (4) a new method of CD preparation; (5) an improved and easier to follow parasite protocol; along with (6) a special calendar so you know what to do when; (7) many new testimonials from parents sharing their real-life experiences using this protocol; and much more... Dietrich Klinghardt MD, PhD, says... The world of autism is rocking again. Kerri Rivera has done it. In this comprehensive book she has condensed and simplified the core elements of the biomedical approach, those that work 90% of the time on 90% of the children. Her focus on using a unified and affordable approach to reduce the body burden of chronic infections and infestations is addressing the very core issue of most autistic children and adults. It has made her method the most powerful tool to this day to help many children recover safely, inexpensively and solidly. Her research is validated by the enormously positive response from parents from all over the world. Teri Arranga, Executive director of AutismOne, says... In 3 years, 115 children previously diagnosed with regressive autism were able to shed their diagnosis, their symptoms and return to an overall state of health and vitality. If you have any interest in finding out how they were able to heal you need to read this book. Kerri has a heart for children with autism, and she cares greatly about recommending safe, economical interventions that are helping to confront an epidemic.

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