

AA QUESTIONS AND ANSWERS ON SPONSORSHIP

AA QUESTIONS AND ANSWERS ON SPONSORSHIP: A COMPREHENSIVE GUIDE

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PUBLISHER: THE RECOVERY COMPASS, A NON-PROFIT ORGANIZATION DEDICATED TO PROVIDING EVIDENCE-BASED RESOURCES AND SUPPORT FOR INDIVIDUALS AND FAMILIES NAVIGATING ADDICTION RECOVERY. THE RECOVERY COMPASS IS KNOWN FOR ITS ACCURATE AND UP-TO-DATE INFORMATION ON 12-STEP PROGRAMS AND RECOVERY SUPPORT.

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KEYWORDS: AA QUESTIONS AND ANSWERS ON SPONSORSHIP, AA SPONSORSHIP, ALCOHOLICS ANONYMOUS SPONSORSHIP, 12-STEP SPONSORSHIP, RECOVERY SPONSORSHIP, FINDING A SPONSOR, BEING A SPONSOR IN AA, AA SPONSORSHIP GUIDELINES, COMMON AA SPONSORSHIP QUESTIONS, AA SPONSORSHIP PITFALLS

SUMMARY: THIS COMPREHENSIVE GUIDE ANSWERS FREQUENTLY ASKED QUESTIONS ABOUT SPONSORSHIP WITHIN ALCOHOLICS ANONYMOUS (AA), COVERING BEST PRACTICES FOR BOTH SPONSEES AND SPONSORS. IT CLARIFIES THE ROLE OF A SPONSOR, ADDRESSES POTENTIAL CHALLENGES, AND OFFERS ADVICE ON NAVIGATING COMMON PITFALLS. THE GUIDE AIMS TO PROVIDE A CLEAR UNDERSTANDING OF THE CRUCIAL ROLE SPONSORSHIP PLAYS IN THE AA RECOVERY PROCESS.

H1: UNDERSTANDING THE ROLE OF SPONSORSHIP IN AA

THE CORNERSTONE OF THE ALCOHOLICS ANONYMOUS (AA) RECOVERY PROGRAM IS ITS EMPHASIS ON MUTUAL SUPPORT AND GUIDANCE. A KEY COMPONENT OF THIS SUPPORT SYSTEM IS SPONSORSHIP. THIS GUIDE ADDRESSES COMMON AA QUESTIONS AND ANSWERS ON SPONSORSHIP, HELPING BOTH THOSE SEEKING A SPONSOR AND THOSE CONSIDERING TAKING ON THIS VITAL ROLE. MANY ENTERING AA GRAPPLE WITH UNDERSTANDING THE NUANCES OF SPONSORSHIP; THIS GUIDE SEEKS TO CLARIFY MISCONCEPTIONS AND ESTABLISH A FRAMEWORK FOR SUCCESSFUL AND SUPPORTIVE RELATIONSHIPS.

H2: FINDING THE RIGHT AA SPONSOR: QUESTIONS TO ASK YOURSELF

BEFORE EMBARKING ON THE SEARCH FOR A SPONSOR, SELF-REFLECTION IS CRUCIAL. CONSIDER THESE POINTS:

WHAT ARE MY RECOVERY GOALS? A SPONSOR CAN HELP YOU DEFINE AND ACHIEVE THEM.

WHAT QUALITIES AM I SEEKING IN A SPONSOR? EXPERIENCE, EMPATHY, AND AVAILABILITY ARE KEY.

WHAT KIND OF RELATIONSHIP AM I LOOKING FOR? THE RELATIONSHIP SHOULD BE BASED ON MUTUAL RESPECT AND TRUST.

EFFECTIVE COMMUNICATION IS KEY. DON'T HESITATE TO ASK POTENTIAL SPONSORS ABOUT THEIR EXPERIENCE, THEIR APPROACH TO SPONSORSHIP, AND THEIR AVAILABILITY. REMEMBER, FINDING THE RIGHT FIT IS PARAMOUNT. THIS STAGE OFTEN BRINGS UP IMPORTANT AA QUESTIONS AND ANSWERS ON SPONSORSHIP REGARDING THE SPONSOR'S QUALIFICATIONS AND THE SPONSEE'S EXPECTATIONS.

H2: THE RESPONSIBILITIES OF AN AA SPONSOR

BEING AN AA SPONSOR IS A SIGNIFICANT COMMITMENT. A GOOD SPONSOR:

PROVIDES GUIDANCE AND SUPPORT: THIS INCLUDES HELPING THE SPONSEE WORK THROUGH THE 12 STEPS, NAVIGATE CHALLENGES, AND MAINTAIN SOBRIETY.

OFFERS ENCOURAGEMENT AND ACCOUNTABILITY: A SPONSOR HELPS THE SPONSEE STAY FOCUSED ON THEIR RECOVERY GOALS AND PROVIDES SUPPORT DURING DIFFICULT TIMES.

LISTENS WITHOUT JUDGMENT: THE SPONSOR SHOULD OFFER AN EAR AND A SAFE SPACE FOR THE SPONSEE TO EXPRESS

THEMSELVES.

SHARES THEIR OWN EXPERIENCES: THIS HELPS THE SPONSEE FEEL UNDERSTOOD AND LESS ALONE.

MAINTAINS CONFIDENTIALITY: THE SPONSOR-SPONSEE RELATIONSHIP IS BUILT ON TRUST.

SETS HEALTHY BOUNDARIES: THIS IS CRUCIAL FOR BOTH THE SPONSOR AND THE SPONSEE TO MAINTAIN THEIR WELL-BEING.

H2: THE RESPONSIBILITIES OF AN AA SPONSEE

THE SPONSEE ALSO HAS IMPORTANT RESPONSIBILITIES:

BE OPEN AND HONEST: SHARING YOUR STRUGGLES AND SUCCESSES IS CRUCIAL FOR PROGRESS.

BE WILLING TO WORK THE STEPS: THE 12 STEPS ARE THE FOUNDATION OF AA RECOVERY.

BE ACTIVE IN YOUR RECOVERY: THIS INVOLVES ATTENDING MEETINGS, WORKING WITH YOUR SPONSOR, AND ENGAGING IN SELF-CARE.

RESPECT YOUR SPONSOR'S TIME AND BOUNDARIES: RECOGNIZE THAT YOUR SPONSOR IS VOLUNTEERING THEIR TIME AND ENERGY TO SUPPORT YOU.

COMMUNICATE OPENLY AND HONESTLY: DON'T HESITATE TO REACH OUT TO YOUR SPONSOR WHEN YOU NEED SUPPORT.

BE ACCOUNTABLE FOR YOUR ACTIONS: TAKING OWNERSHIP OF YOUR RECOVERY IS ESSENTIAL.

H2: COMMON PITFALLS IN AA SPONSORSHIP AND HOW TO AVOID THEM

SEVERAL COMMON PITFALLS CAN HINDER THE SUCCESS OF THE SPONSOR-SPONSEE RELATIONSHIP. THESE INCLUDE:

UNREALISTIC EXPECTATIONS: BOTH SPONSOR AND SPONSEE SHOULD HAVE REALISTIC EXPECTATIONS ABOUT THE RECOVERY PROCESS.

BURNOUT: SPONSORS NEED TO PRIORITIZE THEIR OWN WELL-BEING TO AVOID BURNOUT.

CODEPENDENCY: THE RELATIONSHIP SHOULD BE ONE OF MUTUAL SUPPORT, NOT DEPENDENCY.

LACK OF COMMUNICATION: OPEN AND HONEST COMMUNICATION IS ESSENTIAL FOR A HEALTHY RELATIONSHIP.

POWER IMBALANCES: THE RELATIONSHIP SHOULD BE BASED ON EQUALITY AND RESPECT.

H2: NAVIGATING DIFFICULT CONVERSATIONS IN AA SPONSORSHIP

DIFFICULT CONVERSATIONS ARE INEVITABLE IN ANY RELATIONSHIP, ESPECIALLY IN THE CONTEXT OF RECOVERY. ADDRESSING THESE HEAD-ON, WITH HONESTY AND RESPECT, IS CRUCIAL FOR MAINTAINING A HEALTHY AND PRODUCTIVE SPONSOR-SPONSEE DYNAMIC. THESE OFTEN INVOLVE AA QUESTIONS AND ANSWERS ON SPONSORSHIP CONCERNING RELAPSE PREVENTION AND NAVIGATING INTERPERSONAL CONFLICTS.

H2: WHEN TO SEEK A NEW SPONSOR

SOMETIMES, A CHANGE IN SPONSORSHIP IS NECESSARY. CONSIDER SEEKING A NEW SPONSOR IF:

THE CURRENT RELATIONSHIP IS NO LONGER SUPPORTIVE OR BENEFICIAL.

COMMUNICATION HAS BROKEN DOWN.

THERE'S A LACK OF TRUST OR MUTUAL RESPECT.

THE SPONSOR IS UNABLE OR UNWILLING TO PROVIDE ADEQUATE SUPPORT.

CONCLUSION:

SUCCESSFULLY NAVIGATING THE SPONSORSHIP PROCESS IN AA REQUIRES COMMITMENT, OPEN COMMUNICATION, AND MUTUAL RESPECT. UNDERSTANDING THE ROLES, RESPONSIBILITIES, AND POTENTIAL CHALLENGES DETAILED IN THIS GUIDE ON AA QUESTIONS AND ANSWERS ON SPONSORSHIP WILL SIGNIFICANTLY ENHANCE THE LIKELIHOOD OF A POSITIVE AND FRUITFUL EXPERIENCE FOR BOTH THE SPONSOR AND THE SPONSEE. BY ADHERING TO THE PRINCIPLES OF HONESTY, ACCOUNTABILITY, AND MUTUAL SUPPORT, BOTH INDIVIDUALS CAN CONTRIBUTE TO A POWERFUL AND EFFECTIVE RECOVERY JOURNEY.

FAQs:

1. HOW DO I FIND AN AA SPONSOR? TALK TO MEMBERS AT YOUR AA MEETINGS. ASK FOR RECOMMENDATIONS.
2. CAN I HAVE MORE THAN ONE SPONSOR? WHILE NOT TYPICAL, IT'S POSSIBLE WITH MUTUAL AGREEMENT AND CLEAR BOUNDARIES.
3. WHAT IF MY SPONSOR RELAPSES? IT'S IMPORTANT TO SEEK SUPPORT FROM OTHER MEMBERS OF AA.
4. HOW OFTEN SHOULD I MEET WITH MY SPONSOR? THE FREQUENCY DEPENDS ON INDIVIDUAL NEEDS BUT REGULAR CONTACT IS BENEFICIAL.
5. WHAT IF I DISAGREE WITH MY SPONSOR'S ADVICE? OPENLY DISCUSS YOUR CONCERNS AND EXPLORE ALTERNATIVE PERSPECTIVES.
6. IS IT OKAY TO END THE SPONSORSHIP RELATIONSHIP? YES, IT'S ACCEPTABLE TO END THE RELATIONSHIP IF IT'S NO LONGER BENEFICIAL.
7. CAN MY SPONSOR BE SOMEONE OUTSIDE OF AA? NO, A SPONSOR SHOULD IDEALLY BE SOMEONE ACTIVELY INVOLVED IN AA.
8. WHAT SHOULD I DO IF MY SPONSOR VIOLATES MY CONFIDENTIALITY? DISCUSS YOUR CONCERNS WITH YOUR SPONSOR AND IF THE PROBLEM PERSISTS, CONSIDER SEEKING A NEW SPONSOR.
9. CAN I BE A SPONSOR IF I'M RELATIVELY NEW TO AA? IT'S GENERALLY RECOMMENDED TO HAVE SOME TIME IN RECOVERY BEFORE TAKING ON A SPONSORSHIP ROLE.

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📖 **aa questions and answers on sponsorship: Alcoholics Anonymous** Bill W., 2014-09-04 A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

aa questions and answers on sponsorship: Twelve Step Sponsorship Hamilton B., 2009-09-29 Twelve Step Sponsorship is the first truly comprehensive look at sponsorship, a role recovering people benefit from both as sponsees and ultimately as sponsors. Sponsorship is a rich and enduring part of tradition of Alcoholics Anonymous. Twelve Step Sponsorship delivers both the theory and practice--how to do it and why--in a clear, step-by-step presentation. Written by the author of *Getting Started in AA*, a widely acclaimed guide for the newcomer to the program of AA, Twelve Step Sponsorship is the first truly comprehensive look at sponsorship, a role recovering people benefit from both as sponsees and ultimately as sponsors. Twelve Step Sponsorship includes informative sections that deal with: finding a sponsor and being a sponsor. Twelve Step Sponsorship offers a welcome reinforcement to the tradition of passing it on from one generation of sponsors to the next.

aa questions and answers on sponsorship: Alcoholics Anonymous Charles Bufe, 1997-12-01 This well researched, painstakingly documented book provides detailed information on the right-wing evangelical organization (Oxford Group Movement) that gave birth to AA; the relation of AA and its program to the Oxford Group Movement; AA's similarities to and differences from religious cults; AA's remarkable ineffectiveness; and the alternatives to AA. The greatly expanded second edition includes a new chapter on AA's relationship to the treatment industry, and AA's remarkable influence in the media.

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aa questions and answers on sponsorship: Carry This Message Joe McQ, 2002 As an internationally respected teacher and lecturer on the Twelve Step method introduced by Alcoholics Anonymous, Joe McQ knows that sponsorship is a key construct for the success of the program because it involves moving a person through the Twelve Step process to recovery. In the early days of AA, sponsors would come to the alcoholic's home and talk him through Steps 1 and 2, and when they were thoroughly convinced he was ready, they would start him on the program. Step 12 is the foundation of sponsorships: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, to practice these principles in all our affairs. *Carry This Message* addresses McQ's concern that sponsors have lost some skills in working with alcoholics. AA sponsors need to refocus on the Big Book, on the Twelve Steps, and on their message, urges McQ, to recognize the value of the program and to return to its roots and essence. Directed to sponsors, this is a companion book to *The Steps We Took*, offering tools for helping others find recovery and new life through the Twelve Step program.

aa questions and answers on sponsorship: Daily Reflections A a, Aa World Services Inc, 2017-07-27 This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve

Traditions, As Bill Sees It and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

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aa questions and answers on sponsorship: *Twelve Concepts for World Service* Bill W., 1962

aa questions and answers on sponsorship: Alcoholics Anonymous Comes of Age

Alcoholics Anonymous World Services, Inc., 2014-10-09 A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing chapters of Alcoholics Anonymous Comes of Age, early friends of A.A., including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this ground-breaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

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aa questions and answers on sponsorship: Ebby Mel B., 2013-11-05 This is both a fascinating history of the formative years of Alcoholics Anonymous, as well as the bitter-sweet tale of the troubled man Bill W. always referred to as my sponsor. In 1934, Ebby Thatcher called an old drinking buddy to tell him about the happiness he was finding in sobriety. His friend's name was Bill Wilson, and this book is the story of their life-long friendship. Deeply informative and moving, a valuable contribution to the history of A.A. A 'must' reading for anyone interested in one of the more fascinating chapters in A.A.'s history.--Nell Wing, Retired A.A. Archivist and Bill Wilson's Secretary

aa questions and answers on sponsorship: My Name Is Bill Susan Cheever, 2015-09-01 In this thoroughly researched and groundbreaking biography of Bill Wilson, cofounder of Alcoholics Anonymous, acclaimed author Susan Cheever creates a remarkably human portrait of a man whose life and work both influenced and saved the lives of millions of people. Drawn from personal letters and diaries, records in a variety of archives, and hundreds of interviews, this definitive biography is the first fully documented account of Bill Wilson's life story. Alcoholics Anonymous is a worldwide

organization that since 1935 has helped people break free from the destructive influence of intoxicating and addictive substances. This great wave of comfort and help that has covered the world had its beginning in one man, born shortly before the start of the twentieth century. Utilizing exhaustive research, Cheever traces Bill Wilson's life beginning with his birth in a small town in Vermont, where, following the breakup of his parents' marriage, he was raised primarily by his grandparents. Handsome and intelligent, with a wit and charm that both women and men responded to, he seemed at the outset to be capable of achieving anything he wanted. Wilson, however, also suffered from deep-seated insecurity, and once he was away from the provincial Vermont town, he found that alcohol helped relieve his self-doubts and brought out the charm and wit that had made him a favorite in school. Help eventually turned to dependence, and years after his first beer -- consumed at a Newport, Rhode Island, dinner party -- Bill Wilson finally had to come to terms with the fact that, while he loved the way alcohol made him feel, his life was spiraling out of control. Through a painful process of trial and error, using a blend of experiences, ideas, and medical knowledge gained through several hospitalizations, he was able to stop drinking. A few months later, when he met Dr. Robert Smith of Akron, Ohio, and was able to help him stop drinking also, Alcoholics Anonymous was born. Each man found in the other the support he needed to overcome the hold alcohol had on them. Together they discovered the power they had to help other alcoholics. Success did not come overnight, however, and as Cheever compellingly relates, Wilson had many struggles in a life fraught with controversies, including experiments with LSD and an unconventional fifty-three-year marriage. As one of the most influential and important thinkers of the twentieth century, Bill Wilson changed the way our society deals with addiction, and his ideas in turn have benefited countless individuals and their families. His life was complex, and in Susan Cheever's fascinating biography, he emerges as a man of great passion and courage; it is a story fully told for the first time.

aa questions and answers on sponsorship: Recipe for Recovery Chronic Pain Anonymous Service Board, 2015-04-30 Based in a tradition of spiritual, mental and emotional recovery, this book provides you with Twelve time-tested Steps, used by people throughout the world for leading a satisfying and fulfilling life, regardless of any physical health challenge. Whether your chronic condition is a result of accident or surgical procedure disorders such as arthritis, lupus, MS, fibromyalgia, diabetes, Crohn's disease life-threatening illness, such as cancer or heart disease back pains, headaches or nerve pains or any other persistent physical illness or pain-related trauma or disease ... the Steps are a practical recipe and guide for reclaiming a celebration of life. This book will demonstrate that you are not alone. Recipe for Recovery is filled with dozens of true-life stories---personal testimonies of other people just like you. Each one speaks to how the principles of Chronic Pain Anonymous literally saved them from self-obsession, fear and depression, opening the menu of their lives to a whole new range of possibilities for happiness, acceptance and service to others.

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discovery and development of the program and fellowship that we know today as Alcoholics Anonymous.

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aa questions and answers on sponsorship: **Pain Management and the Opioid Epidemic** National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse, 2017-10-28 Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

aa questions and answers on sponsorship: **US of AA** Joe Miller, 2019-04-02 In the aftermath of Prohibition, America's top scientists joined forces with AA members and put their clout behind a campaign to convince the nation that alcoholism is a disease. They had no proof, but they hoped to find it once research money came pouring in. The campaign spanned decades, and from it grew a multimillion-dollar treatment industry and a new government agency devoted to alcoholism. But scientists' research showed that problem drinking is not a singular disease but a complex phenomenon requiring an array of strategies. There's less scientific evidence for the effectiveness of

AA than there is for most other treatments, including self-enforced moderation, therapy and counseling, and targeted medications; AA's own surveys show that it doesn't work for the overwhelming majority of problem drinkers. Five years in the making, Joe Miller's brilliant, in-depth investigative reporting into the history, politics, and science of alcoholism shows exactly how AA became our nation's de facto treatment policy, even as evidence accumulated for more effective remedies—and how, as a result, those who suffer the most often go untreated. *US of AA* is a character-driven, beautifully written exposé, full of secrecy, irony, liquor industry money, the shrillest of scare tactics, and, at its center, a grand deception. In the tradition of *Crazy by Pete Earley* and David Goldhill's *Catastrophic Care*, *US of AA* shines a much-needed spotlight on the addiction treatment industry. It will forever change the way we think about the entire enterprise.

aa questions and answers on sponsorship: *A New Pair of Glasses* Chuck C., 1984

aa questions and answers on sponsorship: *How It Worked* Mitchell K., 2018-06-30 This is the story of Clarence H. Snyder and how A.A. came to Cleveland Ohio. Clarence started the 3rd A.A. group in the world. His sponsor Dr. Bob S., a Co-Founder of Alcoholics Anonymous along with Bill W. Clarence started and initiated many practices that are used today. (he wrote a pamphlet on Sponsorship and initiated beginners classes. His Cleveland Central Bulletin predates The A.A. Grapevine) Clarence asked his sponsee Mitchell K. to write the factual history of A.A. in Cleveland so that the ordinary man could read and understand it.

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aa questions and answers on sponsorship: *The Laundry List* Tony A., Hamilton Adler A., Dan F., 1990-01-01 The originator of the ACoA Laundry Lists gives an insider's view of the early days of the ACoA movement. Tony A. discusses what it means to be an adult child of an alcoholic parent and what the self-help group can do for its members. Includes stories, history and helpful information for the ACoA.

aa questions and answers on sponsorship: *It Takes a Family* Debra Jay, 2014-10-21 Most books on recovery from addiction focus either on the addict or the family. While most alcoholics and addicts coming out of treatment have a recovery plan, families are often left to figure things out for themselves. The author takes a fresh approach to the recovery process by making family members and friends part of the recovery team, beginning in the early stages of sobriety.

aa questions and answers on sponsorship: *Practical Approaches to Alcoholism Psychotherapy* Sheldon Zimberg, 2013-06-29 Societal attitudes toward alcoholism are characterized by several types of denial, with disastrous personal and social consequences. Refusal to admit the extent of alcoholism as a major national health problem leads to a public policy which allocates relatively few resources to research, prevention, treatment, or rehabilitation. On an individual basis, the combination of socially approved drinking and the stigma assigned to the chronic alcoholic

results in individuals blinding themselves to the existence of the problem in family, friend, and self until it has reached such an advanced or obvious degree that denial is no longer possible. There is the third kind of denial, exemplified by therapeutic despair, which proclaims that gaps in knowledge of the cause of alcoholism are so great and failures to treat alcoholics successfully so dramatic that there is no assurance that efforts will lead to a positive outcome. This denial is perhaps the most troublesome because it reflects an attitude of therapeutic helplessness. It discourages families from seeking help, and it reinforces the tendency of physicians and other human-services workers to overlook the presence of alcoholism as they treat its physical, social, and economic consequences. Denial frequently surrounds those who treat alcoholics with an aura of hopelessness, which itself is a negative therapeutic force.

aa questions and answers on sponsorship: Why Early A.A. Succeeded Dick B., 2001 Early AAs founded their pioneer program on basic ideas from the Bible. What did they study? What did they learn? How did they approach the possible biblical subjects? There are historical answers, and this book provides them. More important, how can someone in A.A. or a 12 Step program study the Bible in the way the pioneers did and achieve the same 75% to 93% documented success rates among seemingly hopeless medically incurable alcoholics who went to any lengths to establish their relationship and fellowship with God. This book shows you how to do it today!

aa questions and answers on sponsorship: Alcoholics Anonymous, Fourth Edition Alcoholics Anonymous World Services, Inc., 2013-12-04 Known as the Big Book, the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939. Opening chapters articulate A.A.'s program of recovery from alcoholism — the original Twelve Steps — and recount the personal histories of A.A.'s co-founders, Bill W. and Dr. Bob. In the pages that follow, more than 40 A.A. members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous. Whether reading passages at meetings, reading privately for personal reflection, or working with a sponsor, the Big Book can be a source of inspiration, guidance and comfort on the journey to recovery. This Fourth Edition of Alcoholics Anonymous has been approved by the General Service Conference.

aa questions and answers on sponsorship: What is Alcoholics Anonymous? Marc Galanter, 2016 Alcoholics Anonymous has two million members worldwide; yet this fellowship remains a mystery to most people, and is even viewed by some as a cult or a religion. Written by an award-winning psychiatrist and educator in the treatment of alcohol and drug abuse, *What Is Alcoholics Anonymous?* provides the most in-depth overview to date of this popular and established yet poorly understood recovery movement. The result is a thorough, objective, and accessible investigation into what AA is, how it works, and how the organization might be considered and used by both healthcare professionals and anyone affected by pursuit of recovery.

aa questions and answers on sponsorship: Alcoholics Anonymous as a Mutual-help Movement Klaus Mäkelä, 1996 Presents the results of a study of the Alcoholics Anonymous (AA) phenomenon in the US, Finland, Iceland, Sweden, Austria, Switzerland, Poland, and Mexico, examining AA as an international movement and detailing how AA activities are adapted to various cultures. Looks at AA as a social movement and social network, as a belief system, and as a system of interaction, outlining the history of the group and discussing its relation to professional treatment. Paper edition (unseen), \$14.95. Annotation copyright by Book News, Inc., Portland, OR

aa questions and answers on sponsorship: Research on Alcoholics Anonymous and Spirituality in Addiction Recovery Marc Galanter, Lee Anne Kaskutas, 2008-12-05 It was once taken for granted that peer-assisted groups such as Alcoholics Anonymous had no “real” value in recovery from addiction. More recently, evidence-based medicine is recognizing a spiritual component in healing—especially when it comes to addiction. The newest edition of *Recent Developments in Alcoholism* reflects this change by focusing on the 12-step model of recovery as well as mindfulness meditation and other spiritually oriented activity. More than thirty contributors bring together historical background, research findings, and clinical wisdom to analyze the compatibility of

professional treatment and nonprofessional support, day-to-day concepts of relapse prevention, the value of community building in recovery, and much more. Among the topics covered: (1) How and why 12-step groups work. (2) The impact of the spiritual on mainstream treatment. (3) The impact of AA on other nonprofessional recovery programs. (4) AA outcomes for special populations. (5) Facilitating involvement in 12-step programs. (6) Methods for measuring religiousness and spirituality in alcohol research. Whether one is referring clients to 12-step programs or seeking to better understand the process, this is a unique resource for clinicians and social workers. Developmental psychologists, too, will find Volume 18—Research on Alcoholics Anonymous and Spirituality in Addiction Recovery a worthy successor to the series.

aa questions and answers on sponsorship: *A Bridge to Recovery* Robert L. DuPont, John P. McGovern, 1994 Twelve-step programs are revolutionizing and reshaping our thinking about -- and treatment of -- addiction. Because these programs are based in the community instead of in an institutional or academic setting, they often employ techniques and language that can be confusing and alien to health care professionals. Written in a clear, easy-to-understand style, this book explores these programs and provides a guide on how to integrate them into ongoing human services. Written by internationally renowned experts, *A Bridge to Recovery: An Introduction to 12-Step Programs* includes up-to-date information to bridge the gap between mutual aid programs, human services, and the professional community. This practical book is designed to assist with the implementation of these programs into routine practice while providing a useful reference for academic and educational professionals.

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