

# **aa big book study**

## **AA Big Book Study: A Deep Dive into Alcoholics Anonymous's Core Text**

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Keywords: AA Big Book study, Alcoholics Anonymous, Big Book, recovery, addiction treatment, 12 steps, spirituality, sobriety, AA meetings, fellowship, support groups, self-help, relapse prevention.

### **Introduction: Understanding the Power of an AA Big Book Study**

An AA Big Book study is a crucial component of the Alcoholics Anonymous (AA) program, offering a structured approach to understanding and applying the principles outlined in the organization's foundational text, Alcoholics Anonymous. This guide delves into the significance of an AA Big Book study, exploring its various methods, benefits, and role in achieving and maintaining long-term sobriety. This detailed examination of AA Big Book study will equip both newcomers and long-term members with a deeper appreciation of this vital aspect of recovery.

### **The Significance of the Big Book in AA**

The Big Book, formally titled Alcoholics Anonymous, isn't just a book; it's a roadmap to recovery, detailing the experiences, insights, and principles that form the foundation of AA. It narrates personal stories of individuals who found freedom from alcoholism, illustrating the power of surrender, self-reflection, and connection with a higher power. The book's significance lies in its accessibility and relatable nature. It speaks directly to the struggles, doubts, and hopes of those battling alcoholism, offering a message of hope and a pathway to a fulfilling life in recovery.

### **The Purpose of an AA Big Book Study**

An AA Big Book study provides a systematic approach to understanding and applying the Big Book's teachings. These studies vary in format, from informal discussions among a small group to structured sessions led by experienced members. The core purpose, however, remains consistent: to delve

deeply into the text, fostering introspection, shared experiences, and a deeper understanding of the 12 Steps and 12 Traditions. An AA Big Book study helps members connect the principles to their own lives, translating theoretical concepts into practical application for long-term recovery.

## **Methods and Formats of AA Big Book Study**

AA Big Book studies adopt several formats, catering to diverse learning styles and group dynamics:

**Chapter-by-Chapter Study:** This common method involves systematically working through the Big Book, one chapter at a time. Each session focuses on a particular chapter, prompting discussion, personal reflection, and sharing of relevant experiences.

**Themed Studies:** These studies focus on specific themes or concepts within the Big Book, such as surrender, faith, or the 12 Steps. This approach allows for a deeper exploration of particular challenges and principles relevant to members' individual struggles.

**Step Studies:** These studies concentrate on each of the 12 Steps individually, providing a detailed examination of each step's meaning and practical application. This intensive approach helps members internalize the process of recovery, working through each step methodically and reflectively.

**Story-Based Studies:** This method emphasizes the personal stories found throughout the Big Book, using them as catalysts for discussion and self-reflection. Sharing relatable experiences creates a sense of community and encourages empathy among participants.

## **Benefits of Participating in an AA Big Book Study**

Engaging in an AA Big Book study offers numerous benefits for individuals seeking recovery:

**Increased Understanding:** A systematic study enhances comprehension of the Big Book's principles, leading to a clearer understanding of the AA program and its efficacy.

**Enhanced Self-Reflection:** Discussions and personal reflections triggered by the study prompt introspection, allowing members to identify patterns, triggers, and underlying issues contributing to their alcoholism.

**Improved Application of the 12 Steps:** The study guides members in applying the 12 Steps to their daily lives, providing a framework for personal growth and sustained sobriety.

**Stronger Fellowship:** The shared experience of the study fosters a sense of community and support among participants, building stronger bonds within the

AA fellowship.

**Increased Accountability:** The structured environment and group discussions encourage accountability and provide support during challenging times.

## **Choosing the Right AA Big Book Study**

The best approach to an AA Big Book study depends on individual preferences and needs. Consider factors such as group size, the study's format, and the experience level of the group facilitator. Newcomers may benefit from a more structured, chapter-by-chapter study, while experienced members might prefer a more thematic or step-based approach. Finding a supportive and comfortable environment is crucial for successful participation.

## **Addressing Common Challenges in AA Big Book Studies**

Despite the immense benefits, some challenges can arise during an AA Big Book study:

**Resistance to Change:** Some members might resist the self-reflection and personal accountability required for effective participation.

**Difficulties with Spirituality:** The Big Book's emphasis on spirituality can be challenging for some members, particularly those with negative experiences with organized religion. Open and sensitive discussion is crucial in addressing this.

**Reluctance to Share:** Some individuals might hesitate to share personal experiences openly, hindering the group's dynamic. Building a safe and trusting environment is paramount.

**Different Interpretations:** The Big Book's concepts can be open to various interpretations, which can lead to disagreements or conflicts within the group. Respectful and constructive dialogue is key.

## **Conclusion: The Enduring Power of an AA Big Book Study**

The AA Big Book study remains a cornerstone of the Alcoholics Anonymous program, offering a powerful tool for self-discovery, growth, and sustained sobriety. By providing a structured approach to understanding and applying the Big Book's principles, these studies foster self-reflection, build community, and ultimately contribute to lasting recovery. Whether you're a newcomer seeking guidance or a long-term member looking to deepen your understanding, an AA Big Book study can be a transformative experience.

## FAQs

1. What if I don't understand a part of the Big Book? Don't hesitate to ask questions. The purpose of the study is to learn and understand together.
1. Is it necessary to attend AA meetings to participate in a Big Book study? While it's highly recommended, it's not strictly required. The study itself can provide valuable support.
1. Can I participate in a Big Book study if I'm not an alcoholic? While primarily designed for alcoholics, anyone interested in the principles of recovery is welcome.
1. How often do AA Big Book studies meet? The frequency varies, typically weekly or bi-weekly.
1. What if I miss a session? Most studies provide opportunities to catch up or review missed material.
1. Is there a cost to participate in an AA Big Book study? AA Big Book studies are generally free.
1. What if I disagree with something in the Big Book? Open and respectful discussion is encouraged. Different interpretations are possible.
1. Can I start a Big Book study myself? While possible, joining an established group is often more beneficial.

1. How do I find an AA Big Book study in my area? Check the AA website or contact your local AA group.

## Related Articles

1. The 12 Steps of AA: A Deep Dive: An in-depth exploration of each of the 12 Steps outlined in the Big Book.
1. Understanding the 12 Traditions of AA: An analysis of the principles that guide the functioning of AA groups.
1. The Power of Sponsorship in AA Recovery: A discussion of the importance of mentorship and support in the AA program.
1. Overcoming Relapse in AA: Strategies and Support: Practical advice and strategies for navigating setbacks in recovery.
1. The Role of Spirituality in AA Recovery: An examination of the spiritual dimension of the program and its importance in maintaining sobriety.
1. AA and Mental Health: Integrating Treatment for Co-occurring Disorders: Addressing the challenges of co-occurring mental health conditions and addiction.
1. Building a Strong Support Network in AA: Strategies for fostering meaningful connections within the AA community.
1. The Importance of Honesty and Self-Reflection in AA: The vital role of self-awareness and accountability in the recovery journey.

# 1. Finding the Right AA Meeting for You: Guidance on choosing an AA meeting that fits your needs and preferences.

**Publisher:** This article is published independently and is not affiliated with Alcoholics Anonymous World Services, Inc. However, it draws extensively on the content of the Big Book, Alcoholics Anonymous, which is published by Alcoholics Anonymous World Services, Inc., a well-respected organization known for its commitment to providing resources for those seeking recovery from alcoholism.

**Editor:** Dr. Emily Carter, PhD, editor and expert in addiction studies. Dr. Carter has a long history of working with individuals struggling with substance use disorders.

**aa big book study:** *Alcoholics Anonymous Study Edition* - Burgundy Anonymous Press, The, 2009-01-01 The text of Alcoholics Anonymous with pages opposite text for notes. Includes a word index, subject index and dictionary. Complete retyped Original Manuscript of the text. 2 place keeping ribbons. Burgundy leather cover.

**aa big book study:** *Alcoholics Anonymous* Bill W., 2014-09-04 A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

**aa big book study: Big Book Study Guides for AA** Alcoholics Anonymous, 2014-11-07 Two Study Guides For the Big Book of Alcoholics Anonymous The first study guide has a summary of each book and then hundreds of follow up questions to answer and add sobriety notes. Can be used alone and in group meetings. The Dr.'s Opinion, More About Alcoholism, A Vision for You and all the rest are included. The second study guide is a smaller week by week exercise guide that is suited for group meetings. Can also be used for Narcotics Anonymous, Overeaters Anonymous and other Twelve Step Groups.

**aa big book study:** Carry This Message Joe McQ, 2002 As an internationally respected teacher and lecturer on the Twelve Step method introduced by Alcoholics Anonymous, Joe McQ knows that sponsorship is a key construct for the success of the program because it involves moving a person through the Twelve Step process to recovery. In the early days of AA, sponsors would come to the alcoholic's home and talk him through Steps 1 and 2, and when they were thoroughly convinced he was ready, they would start him on the program. Step 12 is the foundation of sponsorships: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, to practice these principles in all our affairs. Carry This Message addresses McQ's concern that sponsors have lost some skills in working with alcoholics. AA sponsors need to refocus on the Big Book, on the Twelve Steps, and on their message, urges McQ, to recognize the value of the program and to return to its roots and essence. Directed to sponsors, this is a companion book to The Steps

We Took, offering tools for helping others find recovery and new life through the Twelve Step program.

**aa big book study: Big Book Study Workshop Workbook** Aron Schwartz, 2016-06-13 The best Big Book workshop workbook available anywhere today is right here in your hands. This time you and your group are going to be taken through the Big Book as thorough as Joe & Charlie, Joe H. and Don P. did in the days of the old. This workbook and workshop format helps to systematically lead you and your group through all 12 steps thoroughly trying to create such an experience within you that you feel a spiritual shift occur in your being. The sole purpose of this book is to fit ourselves to be of maximum service to God and to our fellows. We feel that we are doing such a service by presenting to you this material. You only need go through it and then share this process with others who would care so much as to have it. We pray there are many, because we see there are many who need it. So our advice can only be to go through this as thoroughly as you will need in order to prepare yourself to save the lives of others who are dying by the thousands as we speak. We are more than a thousand men and women who have recovered from a seemingly hopeless state of mind and body. And we are here to present you with precise instructions for you to recover as well.

**aa big book study: OA Big Book Study Guide** Lawrie Cherniack, 2014-01-08 This book is sold at cost of sale on Amazon for the benefit of OA members who want a print copy of the popular Big Book study by Lawrie C. Unauthorized reproduction of this book for sale is a violation of copyright law and sale at a price greater than cost is a violation of the author's terms of copyright. Find a free PDF copy of this book, additional information, podcasts and webcasts at [oabigbook.info](http://oabigbook.info)

**aa big book study: Joe and Charlie** John Smith, 2014-12-27 The Joe & Charlie Journey to Recovery in THE BIG BOOK COKMES ALIVE is a book that you'll want to read for your own Big Book AA recovery as well as get for your friend too.

**aa big book study: Twelve Steps and Twelve Traditions Trade Edition** Bill W., 1953 Twelve Steps to recovery.

**aa big book study: Big Book Awakening** Dan Sherman, 1992-01-01 Written to be used in conjunction with, not instead of the Big Book of Alcoholics Anonymous. This book will help guide you through a personal experience with all Twelve Steps as they are outlined in the AA Big Book. You write notes and questions from the Big Book Awakening into your own Big Book for personal consideration. After you have completed this process yourself your Big Book is now a powerful working with others book with questions and considerations that will help you work with others both one-on-one and in workshops. They themselves write the same notes into their own Big Book to one day do the same.

**aa big book study: Ebby** Mel B., 2013-11-05 This is both a fascinating history of the formative years of Alcoholics Anonymous, as well as the bitter-sweet tale of the troubled man Bill W. always referred to as my sponsor. In 1934, Ebby Thatcher called an old drinking buddy to tell him about the happiness he was finding in sobriety. His friend's name was Bill Wilson, and this book is the story of their life-long friendship. Deeply informative and moving, a valuable contribution to the history of A.A. A 'must' reading for anyone interested in one of the more fascinating chapters in A.A.'s history.--Nell Wing, Retired A.A. Archivist and Bill Wilson's Secretary

**aa big book study: Living Sober Trade Edition** Anonymous, 1975 Tips on living sober.

**aa big book study: The Steps We Took** Joe McQ, 2015-01-01 The words of this book's title are said aloud every day by thousands of people meeting together to help each other recover from addiction.s the addictions may be to alcohol or cocaine, gambling or food, violence or sex, but the path to recovery is the same. The exciting thing about the Twelve Steps is that they teach us how to live. Once we know the design of living and the principles of living a successful life, we find that we not only get over the problems we see, but we avoid many other problems we would have had. To me, the miracle is that all this was boiled down into twelve simple Steps that anybody can apply. This is a book of plain-spoken wisdom for people with addictions and people who love them. Joe McQ has been a student of the Twelve Steps for more than three decades. He, like tens of thousands of others, lives them every day, one day at a time. In The Steps We Took, Joe takes us through them,

one Step at a time, and helps us understand how they work-and how they can change our lives.

**aa big book study: The 20 Most Misunderstood, Misinterpreted, Mistakes** Danny Falcone, 2016-02-28 After traveling the world doing workshops on the steps and Big Book studies for over twenty years, Danny has realized how many people have no real understanding of the program of recovery. The national recovery rate of 15 percent success is a far cry from the statistics of 75 percent presented in the Big Book. This book outlines the most common mistakes and misunderstandings that happen daily with the recovering population. If you want a new understanding of the 12-Step Program, this book is a must-read.

**aa big book study: *Alcoholics Anonymous Study Edition*** , 2012

**aa big book study: Daily Reflections** A a, Aa World Services Inc, 2017-07-27 This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, *As Bill Sees It* and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. *Daily Reflections* has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

**aa big book study: 12-Step Workbook for Recovering Alcoholics, Including Powerful 4Th-Step Worksheets** Iam Pastal, 2015-08-07 This workbook for recovering alcoholics is a great resource for anyone who wants to quit drinking alcohol for good! It follows a 12-step program that contains actionable advice, helpful activities, and useful prayers for recovery. This quit lit book is also based on the author's experience recovering and working with Alcoholics Anonymous, an organization devoted to abstinence-based recovery from alcoholism.

**aa big book study: A Program For You** Anonymous, 2009-10-23 A Program for You leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. A Program for You leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. A Program for You clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, Alcoholics Anonymous, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of its message for those of us reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, A Program for You helps us experience the same path of renewal that Bill W. and the first on hundred AA members did.

**aa big book study: Alcoholics Anonymous, Fourth Edition** Alcoholics Anonymous World Services, Inc., 2013-12-04 Known as the Big Book, the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939. Opening chapters articulate A.A.'s program of recovery from alcoholism — the original Twelve Steps — and recount the personal histories of A.A.'s co-founders, Bill W. and Dr. Bob. In the pages that follow, more than 40 A.A. members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous. Whether reading passages at meetings, reading privately for personal reflection, or working with a sponsor, the Big Book can be a source of inspiration, guidance and comfort on the journey to recovery. This Fourth Edition of Alcoholics Anonymous has been approved by the General Service Conference.

**aa big book study: *Beginners' Book*** Aa Grapevine, 2008 Full of useful suggestions, insights and solutions for newcomers, this book features stories by AA members about what helped them get sober and successfully navigate early sobriety.

**aa big book study: The Little Red Book Study Guide** Bill P., 2011-02-14 This study guide for The Little Red Book gives newcomers to AA the structure needed to live the Twelve Steps. Designed as an aid for the study of the Big Book, The Little Red Book contains many helpful topics for discussion meetings. Drawing from the practical experience of alcoholics who found peace of mind and contented sobriety by following a way of spiritual life set forth in Alcoholics Anonymous, The Little Red Book can help members quickly develop an acceptable 24-hour schedule of AA living. Based on the many past study guide formats and beginner classes for The Little Red Book and modeled after Twelve Step instruction programs offered at AA meetings, this new study guide provides a solid and comprehensive study structure for men and women in AA Twelve Step groups and for individuals studying The Little Red Book on their own. While The Little Red Book interprets the Twelve Steps, the Guide gives newcomers to AA the structure needed to live them.

**aa big book study: An AA Big Book Study Guide for Compulsive Overeaters** Lawrie C., 2013-03-12 This is a twelve-step guide to the AA Big Book for compulsive overeaters written by an OA member and reproduced under the author's terms. This is a 5x9 edition with smaller print than the original. An 8 1/2x11 inch version with larger print is also available on Amazon.

**aa big book study: One Breath at a Time** Kevin Griffin, 2018-02-06 Merging Buddhist mindfulness practices with the Twelve Step program, this updated edition of the bestselling recovery guide One Breath at a Time will inspire and enlighten you to live a better, healthier life. Many in recovery turn to the Twelve Steps to overcome their addictions, but struggle with the spiritual program. But what they might not realize is that Buddhist teachings are intrinsically intertwined with the lessons of the Twelve Steps, and offer time-tested methods for addressing the challenges of sobriety. In what is considered the cornerstone of the most significant recovery movement of the 21st century, Kevin Griffin shares his own extraordinary journey to sobriety and how he integrated the Twelve Steps of recovery with Buddhist mindfulness practices. With a new foreword by William Alexander, the author of Ordinary Recovery, One Breath at a Time takes you on a journey through the Steps, examining critical ideas like Powerlessness, Higher Power, and Moral Inventory through the lens of the core concepts of Buddhism—the Four Noble Truths, the Eightfold Path, mindfulness, loving-kindness, and more. The result is a book that presents techniques and meditations for finding clarity and awareness in your life, just as it has for thousands of addicts and alcoholics.

**aa big book study: The Little Red Book** Anonymous, 2021-03-03 Designed as an aid for the study of the book Alcoholics Anonymous, The Little Red Book contains many helpful topics for discussion meetings. This is the original study guide to the Big Book, Alcoholics Anonymous. Filled with practical information for those first days of sober living, this little book: offers newcomers advice about the program, how long it takes, and what to look for in a sponsor; provides in-depth discussions of each of the Twelve Steps and related character defects; poses common questions about AA and helping others, identifying where to find answers in the Big Book; and features non-sexist language.

**aa big book study: A Twelve Step Journey to Self Transformation** Mark H., Floyd Henderson, 2004 A Twelve Step Journey to SELF-transformation is the true story of two men whose paths crossed and whose lives were changed forever after. The authors reveal how they reached all four levels of healing that Bill W. spoke of: spiritual sobriety, mental sobriety, physical sobriety, and emotional sobriety.

**aa big book study: The Little Red Book** Edward A. Webster, 1957

**aa big book study: Deep Learning** Ian Goodfellow, Yoshua Bengio, Aaron Courville, 2016-11-10 An introduction to a broad range of topics in deep learning, covering mathematical and conceptual background, deep learning techniques used in industry, and research perspectives. "Written by three experts in the field, Deep Learning is the only comprehensive book on the subject." —Elon Musk, cochair of OpenAI; cofounder and CEO of Tesla and SpaceX Deep learning is a form of machine learning that enables computers to learn from experience and understand the world in terms of a hierarchy of concepts. Because the computer gathers knowledge from experience, there is no need for a human computer operator to formally specify all the knowledge that the computer

needs. The hierarchy of concepts allows the computer to learn complicated concepts by building them out of simpler ones; a graph of these hierarchies would be many layers deep. This book introduces a broad range of topics in deep learning. The text offers mathematical and conceptual background, covering relevant concepts in linear algebra, probability theory and information theory, numerical computation, and machine learning. It describes deep learning techniques used by practitioners in industry, including deep feedforward networks, regularization, optimization algorithms, convolutional networks, sequence modeling, and practical methodology; and it surveys such applications as natural language processing, speech recognition, computer vision, online recommendation systems, bioinformatics, and videogames. Finally, the book offers research perspectives, covering such theoretical topics as linear factor models, autoencoders, representation learning, structured probabilistic models, Monte Carlo methods, the partition function, approximate inference, and deep generative models. Deep Learning can be used by undergraduate or graduate students planning careers in either industry or research, and by software engineers who want to begin using deep learning in their products or platforms. A website offers supplementary material for both readers and instructors.

**aa big book study: "Pass it On"** Alcoholics Anonymous World Services, inc, 1984-01-01 The story of Bill Wilson and how the A.A. message reached the world/

**aa big book study: Stools and Bottles** Anonymous, 2010-02-19 This popular book provides thirty-one daily reminders on commonly encountered AA problems during an alcoholic's way of life. Stools and Bottles offers penetrating insights into the first four Steps from a well-known A.A. talk. The author, who also wrote The Little Red Book, describes a three-legged stool, the legs of which represents Steps One, Two, and Three. They support the seat, which symbolizes the alcoholic. An excellent aid to the daily application of the A.A. program. An old-time classic!

**aa big book study: Writing the Big Book** William H. Schaberg, 2019-09-24 The definitive history of writing and producing the Big Book of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's Not-God, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely circulated about early A.A. history. Fast-paced, engaging, and contrary, Writing the Big Book presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful.

**aa big book study: The Little Big Book Dictionary and Concordance for Included Words** Lyle Parkins, 1998-11-04

**aa big book study: The Big Book of Alcoholics Anonymous ( Including 12 Steps, Guides and Prayers )** Bill W., 2015-12-19 This is the Original Big Book of Alcoholics Anonymous 1st Edition. The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism. This book describes how the founders, Bill Smith and Dr. Bob recovered from alcoholism through Spiritual Principles. This Edition is Equipped with a Twelve Step Guide & Prayer Section to help other addictions as well, Including Marijuana & Drug addiction, as well as Overeating, Gambling and Sex Addictions. The Original Stories Include: THE UNBELIEVER THE EUROPEAN DRINKER A

FEMININE VICTORY A BUSINESS MAN'S RECOVERY A DIFFERENT SLANT TRAVELER, EDITOR,  
SCHOLAR THE BACKSLIDER HOME BREWEMEISTER THE SEVEN MONTH SLIP MY WIFE AND I  
A WARD OF THE PROBATE COURT RIDING THE RODS THE SALESMAN FIRED AGAIN THE  
FEARFUL ONE TRUTH FREED ME! SMILE WITH ME, AT ME A CLOSE SHAVE EDUCATED  
AGNOSTIC ANOTHER PRODIGAL STORY THE CAR SMASHER HINDSIGHT ON HIS WAY AN  
ALCOHOLICS WIFE AN ARTISTS CONCEPT THE ROLLING STONE

**aa big book study: Adult Children** Adult Children of Alcoholics (Association), 2006 This is the official ACA Fellowship Text that is Adult Children of Alcoholics World Service Organization (ACA WSO) Conference Approved Literature. Adult Children of Alcoholics/Dysfunctional Families (ACA) is an independent 12 Step and 12 Tradition anonymous program.

**aa big book study: *Why Early A.A. Succeeded*** Dick B., 2001 Early AAs founded their pioneer program on basic ideas from the Bible. What did they study? What did they learn? How did they approach the possible biblical subjects? There are historical answers, and this book provides them. More important, how can someone in A.A. or a 12 Step program study the Bible in the way the pioneers did and achieve the same 75% to 93% documented success rates among seemingly hopeless medically incurable alcoholics who went to any lengths to establish their relationship and fellowship with God. This book shows you how to do it today!

**aa big book study: *The Language of the Heart*** A A Grapevine, Incorporated, Bill W, 2002-02 Language of the Heart contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.

**aa big book study: *Emotional Sobriety*** Aa Grapevine, 2011 Volume Two of one of our most popular books. Sober AA members describe the positive transformations sobriety can bring as they practice the principles of the program in all aspects of their lives.

**aa big book study: *The Best of Bill*** A A Grapevine, Incorporated, Bill W, 1955 A handsome collection of five of AA cofounder Bill W.'s most powerful Grapevine essays sharing his thoughts on faith, fear, honesty, humility and love.

**aa big book study: *A New Pair of Glasses*** Chuck C., 1984

**aa big book study: *12 Step Workbook*** M V Peterson, Pat Peterson, 2005 The basic principles of many of the popular twelve step programs are combined in this book into one easy text, covering problems with: Alcohol, Drugs, Gambling, Anger, Food, Relapse, People, Places, & Things. This book will benefit anyone suffering from these destructive behaviors by using a series of open-ended questions to work the twelve steps of recovery programs.

**aa big book study: *Leveled Books (K-8)*** Irene C. Fountas, Gay Su Pinnell, 2006 For ten years and in two classic books, Irene Fountas and Gay Su Pinnell have described how to analyze the characteristics of texts and select just-right books to use for guided reading instruction. Now, for the first time, all of their thinking and research has been updated and brought together into *Leveled Books, K-8* to form the ultimate guide to choosing and using books from kindergarten through middle school. Fountas and Pinnell take you through every aspect of leveled books, describing how to select and use them for different purposes in your literacy program and offering prototype descriptions of fiction and nonfiction books at each level. They share advice on: the role of leveled books in reading instruction, analyzing the characteristics of fiction and nonfiction texts, using benchmark books to assess instructional levels for guided reading, selecting books for both guided and independent reading, organizing high-quality classroom libraries, acquiring books and writing proposals to fund classroom-library purchases, creating a school book room. In addition, Fountas and Pinnell explain the leveling process in detail so that you can tentatively level any appropriate book that you want to use in your instruction. Best of all, *Leveled Books, K-8* is one half of a new duo of resources that will change how you look at leveled books. Its companion-[www.FountasandPinnellLeveledBooks.com](http://www.FountasandPinnellLeveledBooks.com)-is a searchable and frequently updated website that includes more than 18,000 titles. With *Leveled Books, K-8* you'll know how and why to choose books for your readers, and with [www.FountasandPinnellLeveledBooks.com](http://www.FountasandPinnellLeveledBooks.com), you'll have the ideal tool at your fingertips for finding appropriate books for guided reading. Book jacket.

**aa big book study: Joe and Charlie: the Big Book Comes Alive** Linda R., 2016-07-30 Joe McQuany and Charlie Parmley (who died in 2007 and 2011, respectively) known as Joe and Charlie met in 1973 and spent the next three decades spreading their interpretation of the Big Book. Most of those in the A.A. program are familiar with the duo. These two Southern gentlemen are credited with making the program literature accessible to many who might have otherwise found the language archaic and just downright confusing. Alcoholics Anonymous quietly considers Joe and Charlie to have had the most significant impact on AA in the last 30 years.

## **Additional Resources**

*The Big Book Study Guide - Pocono Intergroup AA*

The purpose of this Study Guide is to enable the student to understand the information the authors of the book, Alcoholics Anonymous, intended to impart to each of us based on their ...

THE BIG BOOK BUNCH 12 STEP WORKBOOK

Aug 12, 2015 · We are the Big Book Bunch group of Alcoholics Anonymous. Our origins are the Students of the Big Book group, which has met in Woodland Hills, California since December ...

MergedFile - AA Book Club

In this booklet you will find a list of topics for literature-based AA meetings. Each topic consists of a title and 'cut and pasted' passages from the book Alcoholics Anonymous.

**The Twelve Step Program - Big Book Guide**

For further study, it is suggested that you get a copy of the "Big Book" of Alcoholics Anonymous. You are going to become a Sponsor! (See Baltimore, Maryland Drug Study)2. Helping others ...

**Big Book Meeting Weekly Reading Schedule.doc - oa ...**

Big Book Weekly Reading Schedule (21 weeks thru first 164 pages) ... Page 1 of 2

**Pre-Big Book Study Overview Presentation - OA NoVA ...**

IS BIG BOOK STUDY APPROVED BY OVEREATERS ANONYMOUS? All AA literature that has the AA logo is approved by OA World Service. It is the opinion of the presenters and the words ...

Fourth Step Worksheets Guides and 12 Steps Study Work ...

These are the original Fourth Step Guides and Work sheets used in the Dallas B., AA Big Book Study, the 4th Step Workshops, and the 12 Step Study Workshops. If you get these 4th Step ...

**SAA Big Book Study Guide**

The purpose of this Study Guide is to enable the student to understand the information the authors of the book, Alcoholics Anonymous, intended to impart to each of us based on their ...

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alcoholics in 1935. In the Big Book, as the text Alcoholics Anonymous is known, we read the written words of the first 100 men and women of AA as they were put in the way of a spiritual ...

#### Joe & Charlie Big Book Study.key - Take The 12

EMOTIONAL - Based upon our needs for another person or persons. Some tend to dominate, some are overly dependent on others. Instruction 1: In dealing with resentments, we set them ...

#### *Person, - Experience The Big Book*

Let's take a look at each point separately: First, where does the Big Book tell us the problem of the real alcoholic resides? (23:1) "...the main problem of the alcoholic centers in his mind...." ...

#### **A Guide to the Study of The Twelve Steps of Alcoholics ...**

The following portion of Chapter 5 of the big book, "Alcoholics Anonymous" is considered by many the masterpiece, the priceless ingredient of recovery including the Twelve Steps, that it surely is.

#### STEP WORK GROUP GUIDE - Writing The Big Book

The Big Book, Alcoholics Anonymous, contains a detailed account of how the authors recovered from alcoholism. The essential foundations of that recovery can be described in two basic ...

#### **Step Study Team Study Guide - My Spiritual Toolkit**

This Study Guide has proven helpful in providing structure and guidance for learning to work the Twelve-Step Program, as it is described in the book Alcoholics Anonymous, in small groups of ...

#### **Chapter 5 - How It Works - (pp. 58-71) - Alcoholics Anonymous**

We hope you are convinced now that God can remove whatever self-will has blocked you off from Him. If you have already made a decision, and an inventory of your grosser handicaps, you ...

#### **INTRODUCTION Study and Practice - [stepsbybigbook.net](http://stepsbybigbook.net)**

about how they should be done. This Steps by the Big Book workbook is for those who are willing to grow along spiritual lines (60: 1) by studying the first 103 pages of the Big Book while ...

#### *Big Book - Contents - (pp. v-x) - Alcoholics Anonymous*

From childhood trauma to skid row drunk, this hobo finally found a Higher Power, bringing sobriety and a long-lost family. "I had been preached to, analyzed, cursed, and counseled, but no one ...

#### **#2189 UnofficialGuideUpdate\_R1 - AA in the Desert**

The book Alcoholics Anonymous, referred to on the dust cover as "the Big Book, the Basic Text for Alcoholics Anonymous", contains 575 pages. Personal stories, some of which change with ...

#### The Twelve Step Program - Big Book Guide - Recovery HQ

Remember, recovery from a seemingly hopeless state of mind and body is

possible by working the Twelve Steps, as directed in the Big Book of Alcoholics Anonymous, everyday.

### **bbguideorig.PDF**

Use this Study Guide of the AA Big Book as if the author were "a sponsor in print" who, like "a safari guide" is taking you on a ...

### *The Big Book Study Guide - Pocono Intergroup AA*

The purpose of this Study Guide is to enable the student to understand the information the authors of the book, Alcoholics Anonymous, ...

### **THE BIG BOOK BUNCH 12 STEP WORKBOOK**

Aug 12, 2015 · We are the Big Book Bunch group of Alcoholics Anonymous. Our origins are the Students of the Big Book group, ...

### **MergedFile - AA Book Club**

In this booklet you will find a list of topics for literature-based AA meetings. Each topic consists of a title and 'cut and pasted' ...

### **The Twelve Step Program - Big Book Guide**

For further study, it is suggested that you get a copy of the "Big Book" of Alcoholics Anonymous. You are going to become a ...

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