

aa big book study edition

A Critical Analysis of the AA Big Book Study Edition and its Impact on Current Trends

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Publisher: Alcoholics Anonymous World Services, Inc. (AAWS). AAWS is the globally recognized publisher of all official Alcoholics Anonymous literature, holding significant credibility within the addiction recovery field due to its long history and direct connection to the AA fellowship.

Editor: While the AA Big Book Study Edition doesn't list a single editor in the traditional sense, the text has undergone numerous revisions and updates overseen by the AAWS General Service Office, ensuring consistency with AA principles and incorporating feedback from the AA fellowship worldwide.

Keywords: aa big book study edition, AA Big Book, Alcoholics Anonymous, 12-step program, addiction recovery, relapse prevention, spirituality, fellowship, recovery literature, study guide, self-help, addiction treatment

1. Introduction: The Enduring Relevance of the AA Big Book Study Edition

The AA Big Book Study Edition, a revised and annotated version of Alcoholics Anonymous' foundational text, Alcoholics Anonymous, continues to play a crucial role in addiction recovery. This analysis delves into its impact on current trends in addiction treatment and recovery, examining its strengths, limitations, and ongoing relevance in a rapidly evolving landscape. The AA Big Book Study Edition offers a structured approach to understanding the program's core principles, making it a valuable resource for both newcomers and long-term members. Its accessibility and readily available format have contributed significantly to its lasting impact.

2. Analyzing the AA Big Book Study Edition: Structure and Content

The AA Big Book Study Edition differs from the standard edition by incorporating features designed to facilitate study and discussion. These additions often include:

Annotations and Explanatory Notes: These clarify potentially confusing passages, offering context and insights into the historical and philosophical underpinnings of the program.

Discussion Questions: These prompts encourage reflection and critical engagement with the text, fostering deeper understanding and personal application.

Study Guide Structure: The edition often breaks down the book into manageable sections with corresponding study guides, making it easier for individuals and groups to navigate the extensive material.

Updated Language: While maintaining the original text's essence, the AA Big Book Study Edition often updates outdated language to improve accessibility and comprehension for contemporary readers.

These additions significantly enhance the AA Big Book Study Edition's usability, converting a sometimes daunting text into a more accessible and engaging tool for recovery.

3. The Impact of the AA Big Book Study Edition on Current Trends

The AA Big Book Study Edition's impact on current trends in addiction treatment is multifaceted:

Increased Accessibility: The structured format removes some of the barriers to entry for individuals new to the program. The clear explanations and study guides make the core concepts of AA more understandable for those unfamiliar with its language and principles.

Enhanced Engagement in Group Therapy: The inclusion of discussion questions promotes deeper engagement during group meetings, fostering a more participatory and reflective experience. This actively supports the development of crucial peer support networks, a vital component of recovery.

Integration with Evidence-Based Practices: While not explicitly evidence-based in its methodology, the AA Big Book Study Edition's focus on self-reflection, personal responsibility, and community support aligns with many principles of modern therapeutic approaches. The improved understanding fostered by the study edition can enhance the effectiveness of other therapies.

Addressing Criticisms: Some criticisms of AA, such as the perceived lack of scientific backing and its spiritual emphasis, are addressed indirectly. The AA Big Book Study Edition's explanatory notes provide context, helping individuals navigate potential points of contention and fostering a more nuanced understanding of the program.

4. Limitations and Criticisms of the AA Big Book Study Edition

Despite its widespread use and positive impact, the AA Big Book Study Edition is not without its limitations:

Potential for Rigidity: The emphasis on a specific set of principles can be seen as rigid and inflexible, potentially discouraging individuals who require more tailored approaches to recovery.

Spiritual Emphasis: The book's strong spiritual focus may be off-putting to individuals with secular or atheistic perspectives. However, it's important to note that "spirituality" within AA is broadly defined and can encompass various belief systems.

Lack of Diversity Representation: The original text and subsequent editions have been criticized for lacking representation of diverse populations, potentially limiting its relevance and accessibility for certain groups. Efforts to address this are ongoing within the AA fellowship.

Over-reliance on the Book: The AA Big Book Study Edition, while helpful, should not be the sole focus of recovery. It should be complemented by other therapeutic interventions, professional guidance, and community support.

5. The Future of the AA Big Book Study Edition and its Role in Addiction Recovery

The AA Big Book Study Edition continues to be a valuable resource for individuals seeking recovery from addiction. Its structured approach, enhanced accessibility, and focus on self-reflection and community support remain highly relevant. However, to ensure its continued impact, it is crucial to:

Increase Inclusivity and Diversity: Further efforts to incorporate diverse voices and perspectives in future editions will enhance its relevance for broader populations.

Integrate with Modern Therapeutic Approaches: Continued exploration of how the AA Big Book Study Edition's principles can be effectively integrated with other evidence-based therapies will broaden its application and effectiveness.

Maintain a Balance between Tradition and Adaptation: The AA Big Book Study Edition should strive to maintain the core principles of AA while adapting to the changing needs of individuals seeking recovery in the 21st century.

6. Conclusion

The AA Big Book Study Edition remains a cornerstone of the 12-step recovery program. Its impact on current trends in addiction treatment is undeniable, providing enhanced accessibility, fostering deeper engagement, and aligning with many contemporary therapeutic approaches. While limitations exist, its ongoing relevance and potential for future adaptation ensures its continued role in supporting individuals on their journey to recovery. The ongoing efforts to improve inclusivity and integrate the book with modern techniques will further strengthen its position as a valuable resource in the fight against addiction.

7. FAQs

1. Is the AA Big Book Study Edition suitable for everyone seeking recovery?
While helpful for many, it might not be suitable for all due to its 12-step focus and spiritual emphasis. Other recovery methods exist.
1. Can I use the AA Big Book Study Edition without attending AA meetings?
Yes, the book can be a tool for self-reflection, but the full benefit is realized through active participation in AA meetings and fellowship.
1. How does the AA Big Book Study Edition compare to the standard edition?
The study edition includes annotations, discussion questions, and a more structured format, making it easier to understand and study.
1. Is the AA Big Book Study Edition scientifically validated? While not

directly validated through clinical trials, its principles align with aspects of evidence-based practices, including peer support and self-reflection.

1. What if I find the spiritual aspects of the AA Big Book Study Edition challenging? The concept of spirituality in AA is broad. Many find solace in a higher power without religious connotations.
1. Is the AA Big Book Study Edition suitable for individuals with other addictions besides alcohol? Yes, the principles are applicable to various addictions, with adaptations where necessary.
1. Where can I find the AA Big Book Study Edition? It's usually available through AA meetings, online retailers, and some bookstores.
1. How long does it typically take to complete a study of the AA Big Book Study Edition? This varies widely based on individual pace and group dynamics. Some complete it in months, others take longer.
1. Is professional guidance necessary when using the AA Big Book Study Edition? While not mandatory, professional help can supplement the book's teachings and provide personalized support.

8. Related Articles

1. "Understanding the Twelve Steps in the AA Big Book Study Edition": A detailed explanation of each step, providing context and insights from the AA Big Book Study Edition.
1. "The Role of Spirituality in the AA Big Book Study Edition": An exploration of the spiritual dimension within AA, clarifying its meaning and application.
1. "Integrating the AA Big Book Study Edition with Cognitive Behavioral Therapy": An analysis of how the principles of the book can complement CBT techniques.

1. "The Importance of Fellowship in the AA Big Book Study Edition": A discussion of the significance of peer support in recovery, as highlighted in the book.
1. "Overcoming Relapse: Practical Applications from the AA Big Book Study Edition": Strategies for relapse prevention based on insights from the AA Big Book Study Edition.
1. "Addressing Diversity and Inclusion in the AA Big Book Study Edition": A critical examination of representation and inclusivity within the text and the AA fellowship.
1. "The History and Evolution of the AA Big Book Study Edition": A chronological look at the book's development and its adaptations over time.
1. "Comparing Different Editions of the AA Big Book": A side-by-side comparison of the standard and study editions, highlighting key differences.
1. "Using the AA Big Book Study Edition in a Group Setting: Facilitator's Guide": A practical guide for leading discussions and study groups using the AA Big Book Study Edition.

aa big book study edition: Alcoholics Anonymous Study Edition - Burgundy Anonymous Press, The, 2009-01-01 The text of Alcoholics Anonymous with pages opposite text for notes. Includes a word index, subject index and dictionary. Complete retyped Original Manuscript of the text. 2 place keeping ribbons. Burgundy leather cover.

aa big book study edition: Alcoholics Anonymous Bill W., 2014-09-04 A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

aa big book study edition: *The Book That Started It All* Alcoholics Anonymous, 2010-09-03 The

Book That Started It All Hardcover

aa big book study edition: Ebby Mel B., 2013-11-05 This is both a fascinating history of the formative years of Alcoholics Anonymous, as well as the bitter-sweet tale of the troubled man Bill W. always referred to as my sponsor. In 1934, Ebby Thatcher called an old drinking buddy to tell him about the happiness he was finding in sobriety. His friend's name was Bill Wilson, and this book is the story of their life-long friendship. Deeply informative and moving, a valuable contribution to the history of A.A. A 'must' reading for anyone interested in one of the more fascinating chapters in A.A.'s history.--Nell Wing, Retired A.A. Archivist and Bill Wilson's Secretary

aa big book study edition: Big Book Study Guides for AA Alcoholics Anonymous, 2014-11-07 Two Study Guides For the Big Book of Alcoholics Anonymous The first study guide has a summary of each book and then hundreds of follow up questions to answer and add sobriety notes. Can be used alone and in group meetings. The Dr.'s Opinion, More About Alcoholism, A Vision for You and all the rest are included. The second study guide is a smaller week by week exercise guide that is suited for group meetings. Can also be used for Narcotics Anonymous, Overeaters Anonymous and other Twelve Step Groups.

aa big book study edition: Alcoholics Anonymous, Fourth Edition Alcoholics Anonymous World Services, Inc., 2013-12-04 Known as the Big Book, the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939. Opening chapters articulate A.A.'s program of recovery from alcoholism — the original Twelve Steps — and recount the personal histories of A.A.'s co-founders, Bill W. and Dr. Bob. In the pages that follow, more than 40 A.A. members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous. Whether reading passages at meetings, reading privately for personal reflection, or working with a sponsor, the Big Book can be a source of inspiration, guidance and comfort on the journey to recovery. This Fourth Edition of Alcoholics Anonymous has been approved by the General Service Conference.

aa big book study edition: The Little Red Book Edward A. Webster, 1957

aa big book study edition: Alcoholics Anonymous Study Edition , 2012

aa big book study edition: Big Book Study Workshop Workbook Aron Schwartz, 2016-06-13 The best Big Book workshop workbook available anywhere today is right here in your hands. This time you and your group are going to be taken through the Big Book as thorough as Joe & Charlie , Joe H. and Don P. did in the days of the old. This workbook and workshop format helps to systematically lead you and your group through all 12 steps thoroughly trying to create such an experience within you that you feel a spiritual shift occur in your being. The sole purpose of this is book is to fit ourselves to be of maximum service to God and to our fellows. We feel that we are doing such a service by presenting to you this material. You only need go through it and then share this process with others who would care so much as to have it. We pray there are many, because we see there are many who need it. So our advice can only be to go through this as thoroughly as you will need in order to prepare yourself to save the live of others who are dying by the thousands as we speak. We are more than a thousand men and women who have recovered from a seemingly hopeless state of mind and body. And we are here to present you with precise instructions for you to recover as well.

aa big book study edition: Carry This Message Joe McQ, 2002 As an internationally respected teacher and lecturer on the Twelve Step method introduced by Alcoholics Anonymous, Joe McQ knows that sponsorship is a key construct for the success of the program because it involves moving a person through the Twelve Step process to recovery. In the early days of AA, sponsors would come to the alcoholic's home and talk him through Steps 1 and 2, and when they were thoroughly convinced he was ready, they would start him on the program. Step 12 is the foundation of sponsorships: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, to practice these principles in all our affairs. Carry This Message addresses McQ's concern that sponsors have lost some skills in working with alcoholics. AA sponsors need to refocus on the Big Book, on the Twelve Steps, and on their message, urges McQ, to recognize the

value of the program and to return to its roots and essence. Directed to sponsors, this is a companion book to *The Steps We Took*, offering tools for helping others find recovery and new life through the Twelve Step program.

aa big book study edition: *The Big Book of Alcoholics Anonymous (Including 12 Steps, Guides and Prayers)* Bill W., 2015-12-19 This is the Original Big Book of Alcoholics Anonymous 1st Edition. The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism. This book describes how the founders, Bill Smith and Dr. Bob recovered from alcoholism through Spiritual Principles. This Edition is Equipped with a Twelve Step Guide & Prayer Section to help other addictions as well, Including Marijuana & Drug addiction, as well as Overeating, Gambling and Sex Addictions. The Original Stories Include: THE UNBELIEVER THE EUROPEAN DRINKER A FEMININE VICTORY A BUSINESS MAN'S RECOVERY A DIFFERENT SLANT TRAVELER, EDITOR, SCHOLAR THE BACKSLIDER HOME BREWEMEISTER THE SEVEN MONTH SLIP MY WIFE AND I A WARD OF THE PROBATE COURT RIDING THE RODS THE SALESMAN FIRED AGAIN THE FEARFUL ONE TRUTH FREED ME! SMILE WITH ME, AT ME A CLOSE SHAVE EDUCATED AGNOSTIC ANOTHER PRODIGAL STORY THE CAR SMASHER HINDSIGHT ON HIS WAY AN ALCOHOLICS WIFE AN ARTISTS CONCEPT THE ROLLING STONE

aa big book study edition: *When Man Listens* Cecil Rose, 2008-07-09 Reprint of an edition published in New York in 1937 by Oxford University Press.

aa big book study edition: *The Little Red Book Study Guide* Bill P., 2011-02-14 This study guide for *The Little Red Book* gives newcomers to AA the structure needed to live the Twelve Steps. Designed as an aid for the study of the Big Book, *The Little Red Book* contains many helpful topics for discussion meetings. Drawing from the practical experience of alcoholics who found peace of mind and contented sobriety by following a way of spiritual life set forth in *Alcoholics Anonymous*, *The Little Red Book* can help members quickly develop an acceptable 24-hour schedule of AA living. Based on the many past study guide formats and beginner classes for *The Little Red Book* and modeled after Twelve Step instruction programs offered at AA meetings, this new study guide provides a solid and comprehensive study structure for men and women in AA Twelve Step groups and for individuals studying *The Little Red Book* on their own. While *The Little Red Book* interprets the Twelve Steps, the Guide gives newcomers to AA the structure needed to live them.

aa big book study edition: *Big Book Awakening* Dan Sherman, 1992-01-01 Written to be used in conjunction with, not instead of the Big Book of Alcoholics anonymous. This book will help guide you through a personal experience with all Twelve Steps as they are outlined in the AA Big Book. You write notes and questions from the Big Book Awakening into your own Big Book for personal consideration. After you have completed this process yourself your Big Book is now a powerful working with others book with questions and considerations that will help you work with others both one-on-one and in workshops. They themselves write the same notes into their own Big Book to one day do the same.

aa big book study edition: *Twelve Steps and Twelve Traditions Trade Edition* Bill W., 1953 Twelve Steps to recovery.

aa big book study edition: *A Program For You* Anonymous, 2009-10-23 *A Program for You* leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. *A Program for You* leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. *A Program for You* clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, *Alcoholics Anonymous*, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of its message for those of us reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, *A Program for You* helps us experience the same path of renewal that Bill W. and the first hundred AA members did.

aa big book study edition: *Joe and Charlie* John Smith, 2014-12-27 *The Joe & Charlie Journey*

to Recovery in *THE BIG BOOK COKMES ALIVE* is a book that you'll want to read for your own Big Book AA recovery as well as get for your friend too.

aa big book study edition: *The 20 Most Misunderstood, Misinterpreted, Mistakes* Danny Falcone, 2016-02-28 After traveling the world doing workshops on the steps and Big Book studies for over twenty years, Danny has realized how many people have no real understanding of the program of recovery. The national recovery rate of 15 percent success is a far cry from the statistics of 75 percent presented in the Big Book. This book outlines the most common mistakes and misunderstandings that happen daily with the recovering population. If you want a new understanding of the 12-Step Program, this book is a must-read.

aa big book study edition: *Writing the Big Book* William H. Schaberg, 2019-09-24 The definitive history of writing and producing the Big Book of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. *Writing the Big Book* brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's *Not-God*, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely circulated about early A.A. history. Fast-paced, engaging, and contrary, *Writing the Big Book* presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful.

aa big book study edition: *Drop the Rock* Bill P., Todd W., Sara S., 2009-06-03 A practical guide to letting go of the character defects that get in the way of true and joyful recovery. Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are the rocks that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six and Seven, *Drop the Rock* combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories and a reference section.

aa big book study edition: *The Little Red Book* Anonymous, 2021-03-03 Designed as an aid for the study of the book Alcoholics Anonymous, *The Little Red Book* contains many helpful topics for discussion meetings. This is the original study guide to the Big Book, Alcoholics Anonymous. Filled with practical information for those first days of sober living, this little book: offers newcomers advice about the program, how long it takes, and what to look for in a sponsor; provides in-depth discussions of each of the Twelve Steps and related character defects; poses common questions about AA and helping others, identifying where to find answers in the Big Book; and features non-sexist language.

aa big book study edition: *The Little Big Book Dictionary and Concordance for Included Words* Lyle Parkins, 1998-11-04

aa big book study edition: *OA Big Book Study Guide* Lawrie Cherniack, 2014-01-08 This book is sold at cost of sale on Amazon for the benefit of OA members who want a print copy of the popular Big Book study by Lawrie C. Unauthorized reproduction of this book for sale is a violation of copyright law and sale at a price greater than cost is a violation of the author's terms of copyright. Find a free PDF copy of this book, additional information, podcasts and webcasts at oabigbook.info

aa big book study edition: Stools and Bottles Anonymous, 2010-02-19 This popular book provides thirty-one daily reminders on commonly encountered AA problems during an alcoholic's way of life. Stools and Bottles offers penetrating insights into the first four Steps from a well-known A.A. talk. The author, who also wrote *The Little Red Book*, describes a three-legged stool, the legs of which represents Steps One, Two, and Three. They support the seat, which symbolizes the alcoholic. An excellent aid to the daily application of the A.A. program. An old-time classic!

aa big book study edition: 12-Step Workbook for Recovering Alcoholics, Including Powerful 4Th-Step Worksheets Iam Pastal, 2015-08-07 This workbook for recovering alcoholics is a great resource for anyone who wants to quit drinking alcohol for good! It follows a 12-step program that contains actionable advice, helpful activities, and useful prayers for recovery. This quit lit book is also based on the author's experience recovering and working with Alcoholic Anonymous, an organization devoted to abstinence-based recovery from alcoholism.

aa big book study edition: Deep Learning Ian Goodfellow, Yoshua Bengio, Aaron Courville, 2016-11-10 An introduction to a broad range of topics in deep learning, covering mathematical and conceptual background, deep learning techniques used in industry, and research perspectives. "Written by three experts in the field, Deep Learning is the only comprehensive book on the subject." —Elon Musk, cochair of OpenAI; cofounder and CEO of Tesla and SpaceX Deep learning is a form of machine learning that enables computers to learn from experience and understand the world in terms of a hierarchy of concepts. Because the computer gathers knowledge from experience, there is no need for a human computer operator to formally specify all the knowledge that the computer needs. The hierarchy of concepts allows the computer to learn complicated concepts by building them out of simpler ones; a graph of these hierarchies would be many layers deep. This book introduces a broad range of topics in deep learning. The text offers mathematical and conceptual background, covering relevant concepts in linear algebra, probability theory and information theory, numerical computation, and machine learning. It describes deep learning techniques used by practitioners in industry, including deep feedforward networks, regularization, optimization algorithms, convolutional networks, sequence modeling, and practical methodology; and it surveys such applications as natural language processing, speech recognition, computer vision, online recommendation systems, bioinformatics, and videogames. Finally, the book offers research perspectives, covering such theoretical topics as linear factor models, autoencoders, representation learning, structured probabilistic models, Monte Carlo methods, the partition function, approximate inference, and deep generative models. Deep Learning can be used by undergraduate or graduate students planning careers in either industry or research, and by software engineers who want to begin using deep learning in their products or platforms. A website offers supplementary material for both readers and instructors.

aa big book study edition: Alcoholics Anonymous Editor, 2021-02-19 Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith, who developed the organization's twelve-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. Informally known as *The Big Book*, it has gone through numerous editions, and as a lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics. Alcoholics Anonymous (also known as the Big Book in recovery circles) sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease.

aa big book study edition: The Steps We Took Joe McQ, 2015-01-01 The words of this book's title are said aloud every day by thousands of people meeting together to help each other recover from addiction.s the addictions may be to alcohol or cocaine, gambling or food, violence or sex, but the path to recovery is the same. The exciting thing about the Twelve Steps is that they teach us how to live. Once we know the design of living and the principles of living a successful life, we find that we not only get over the problems we see, but we avoid many other problems we would have had. To me, the miracle is that all this was boiled down into twelve simple Steps that anybody can apply. This is a book of plain-spoken wisdom for people with addictions and people who love them. Joe McQ

has been a student of the Twelve Steps for more than three decades. He, like tens of thousands of others, lives them every day, one day at a time. In *The Steps We Took*, Joe takes us through them, one Step at a time, and helps us understand how they work-and how they can change our lives.

aa big book study edition: A New Pair of Glasses Chuck C., 1984

aa big book study edition: Daily Reflections A a, Aa World Services Inc, 2017-07-27 This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A.

Conference-approved literature, such as *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, *As Bill Sees It* and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. *Daily Reflections* has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

aa big book study edition: An AA Big Book Study Guide for Compulsive Overeaters

Lawrie C., 2013-03-12 This is a twelve-step guide to the AA Big Book for compulsive overeaters written by an OA member and reproduced under the author's terms. This is a 5x9 edition with smaller print than the original. An 8 1/2x11 inch version with larger print is also available on Amazon.

aa big book study edition: The EZ Big Book of Alcoholics Anonymous Member A.A.,

2015-06-30 Finally! The book that thousands of alcoholics have been waiting for! An updated version of the Big Book of Alcoholics Anonymous. This edited revision of the old, basic text is reader-friendly and carries the exact same message as the 1939 version of Alcoholics Anonymous. It's written in a style that's friendly to readers of any gender, race, or spiritual path. Until now, Bill Wilson's 1939 book has never been edited for modern readers. This book is for: Women who object to the sexist language in the original Big Book. The EZ Big Book is gender neutral. All partners of alcoholics, including gays and lesbians. The EZ Big Book makes no assumption about the genders or marital status of partners. Alcoholics at all reading levels. The language is reader-friendly and journalistic in tone. Readers of any faith, including agnostics. The spiritual references in the book are all-encompassing. Non-English speakers. Readers for whom English is a second language buy the EZ Big Book because the writing is simple and direct. About the Author The author is a retired science and nature writer with double-digit of sobriety. Her last years of drinking took her to emergency rooms several times and finally to rehab.

aa big book study edition: Stranger in a Strange Land Robert A. Heinlein, 2014-06-05 The

original uncut edition of *STRANGER IN A STRANGE LAND* by Hugo Award winner Robert A Heinlein - one of the most beloved, celebrated science-fiction novels of all time. Epic, ambitious and entertaining, *STRANGER IN A STRANGE LAND* caused controversy and uproar when it was first published and is still topical and challenging today. Twenty-five years ago, the first manned mission to Mars was lost, and all hands presumed dead. But someone survived... Born on the doomed spaceship and raised by the Martians who saved his life, Valentine Michael Smith has never seen a human being until the day a second expedition to Mars discovers him. Upon his return to Earth, a young nurse named Jill Boardman sneaks into Smith's hospital room and shares a glass of water with him, a simple act for her but a sacred ritual on Mars. Now, connected by an incredible bond, Smith, Jill and a writer named Jubal must fight to protect a right we all take for granted: the right to love.

aa big book study edition: Adult Children Adult Children of Alcoholics (Association), 2006 This

is the official ACA Fellowship Text that is Adult Children of Alcoholics World Service Organization (ACA WSO) Conference Approved Literature. Adult Children of Alcoholics/Dysfunctional Families (ACA) is an independent 12 Step and 12 Tradition anonymous program.

aa big book study edition: Living Sober Trade Edition Anonymous, 1975 Tips on living

sober.

aa big book study edition: The Language of the Heart A A Grapevine, Incorporated, Bill W, 2002-02 Language of the Heart contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.

aa big book study edition: Alcoholics Anonymous Big Book Workbook George B, 2012-03 The basic workbook of the Alcoholics Anonymous, which traces its roots, explores its precepts, and presents stories from participants that demonstrate the program's effectiveness.

aa big book study edition: Things Fall Apart Chinua Achebe, 1994-09-01 "A true classic of world literature . . . A masterpiece that has inspired generations of writers in Nigeria, across Africa, and around the world." —Barack Obama "African literature is incomplete and unthinkable without the works of Chinua Achebe." —Toni Morrison Nominated as one of America's best-loved novels by PBS's The Great American Read Things Fall Apart is the first of three novels in Chinua Achebe's critically acclaimed African Trilogy. It is a classic narrative about Africa's cataclysmic encounter with Europe as it establishes a colonial presence on the continent. Told through the fictional experiences of Okonkwo, a wealthy and fearless Igbo warrior of Umuofia in the late 1800s, Things Fall Apart explores one man's futile resistance to the devaluing of his Igbo traditions by British political and religious forces and his despair as his community capitulates to the powerful new order. With more than 20 million copies sold and translated into fifty-seven languages, Things Fall Apart provides one of the most illuminating and permanent monuments to African experience. Achebe does not only capture life in a pre-colonial African village, he conveys the tragedy of the loss of that world while broadening our understanding of our contemporary realities.

aa big book study edition: The Narcotics Anonymous Step Working Guides , 1998-01-01 Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.

aa big book study edition: Narcotics Anonymous , 2008 Narcotics Anonymous (NA) describes itself as a nonprofit fellowship or society of men and women for whom drugs had become a major problem. Narcotics Anonymous uses a traditional 12 step model that has been expanded and developed for people with varied substance abuse issues. This work is the so-called Basic Text and is divided into two parts. Part 1 discusses the basics of the NA fellowship program and the twelve steps and traditions. Part 2 is composed of many personal recovery stories.

Additional Resources

American - Airline Pilot Central Forums

May 6, 2025 · AA new hire 777 (1 2 3) vivimicmic on 06-05-2025. 06-06-2025 12:31 PM by MinimumEffort. 24. ...

AA New Hire Training - Airline Pilot Central Forums

Mar 23, 2018 · 737 and 320 training is 25 days with the on-off schedule that EMBFlyer described. E190 and S80 is ...

AA retirement travel benefits for old hirees

Jul 27, 2022 · American - AA retirement travel benefits for old hirees - I understand you can retire with 10 ...

Regular expression that doesn't contain certain string

Apr 5, 2009 · regex: /aa.*?aa/ aabbabcaabda => aabbabcaa aaaaaabda => aaaa aabbabcaabda => aabbabcaa ...

JetBlue/AA deal dead. - Page 3 - Airline Pilot Central Forums

Apr 30, 2025 · American - JetBlue/AA deal dead. - Originally Posted by mostpeople Didnt AA just grab a ...

American - Airline Pilot Central Forums

May 6, 2025 · AA new hire 777 (1 2 3) vivimicmic on 06-05-2025. 06-06-2025 12:31 PM by MinimumEffort. 24. 4,548. AA ...

AA New Hire Training - Airline Pilot Central Forums

Mar 23, 2018 · 737 and 320 training is 25 days with the on-off schedule that EMBFlyer described. E190 and S80 is 33 days with a similar schedule, but they have an additional week of ground ...

AA retirement travel benefits for old hirees

Jul 27, 2022 · American - AA retirement travel benefits for old hirees - I understand you can retire with 10 years AA service and receive travel benefits, but I was told if you are over 55 when ...

Regular expression that doesn't contain certain string

Apr 5, 2009 · regex: /aa.*?aa/ aabbabcaabda => aabbabcaa aaaaaabda => aaaa aabbabcaabda => aabbabcaa aababaaaabdaa => aababaa, aabdaa You could use negative lookahead, too, ...

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Apr 30, 2025 · American - JetBlue/AA deal dead. - Originally Posted by mostpeople Didnt AA just grab a bunch of gates in New York BACK from the NEA project? Even with those, AA operates ...

Schedule at AA - Airline Pilot Central Forums

Sep 19, 2023 · American - Schedule at AA - Hello, What is typical schedule at AA? Is it possible to fly 1,2 and 3 day trips at all? Or in general it is 4 day trips? I am looking at Philly base in ...

AA Non-Rev travel - Airline Pilot Central Forums

May 20, 2019 · I have had AA travel benefits for 7+ years now (AA for 5, and Envoy for 2). I think they are the best in the industry. Boarding priority is determined by pass classification D1, D2, ...

AA Hiring? - Page 220 - Airline Pilot Central Forums

May 11, 2023 · American - AA Hiring? - Originally Posted by jflyer86 It must have something to do with the pilotcredentials.com website, because SWA application also dropped the ...

AA new hire 777 - Page 3 - Airline Pilot Central Forums

Jun 6, 2025 · American - AA new hire 777 - Originally Posted by ImSoSussand are also relatively very young, some still in their 30s. They will lock up those WB CA slots for 15 to 20 ...

utf 8 - How to decode a (percent encoding URL) that contains ...

Dec 9, 2019 · I want to convert percent-encoding URLs in all languages but vb6 only supports English. I have tested the following code. but it can only convert English characters: Private ...

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