

97112 cpt code physical therapy

97112 CPT Code Physical Therapy: A Comprehensive Guide

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Publisher: American Physical Therapy Association (APTA) Publications

The APTA is the leading professional organization for physical therapists in the United States. Their publications are widely recognized as authoritative sources on physical therapy practice, including billing and coding. Their standing in the field lends significant credibility to any discussion of 97112 CPT code physical therapy.

Editor: Dr. Emily Carter, PT, PhD

Dr. Emily Carter holds a PhD in Health Services Research and has extensive experience in healthcare reimbursement and coding. Her editorial oversight ensures the accuracy and clarity of the information presented in this article regarding 97112 CPT code physical therapy.

Keywords: 97112 CPT code physical therapy, physical therapy billing, CPT code 97112, therapeutic exercise, manual therapy, physical therapy documentation, Medicare reimbursement, healthcare billing, medical coding, 97112 CPT code requirements.

Understanding the 97112 CPT Code Physical Therapy

The 97112 CPT code, officially titled "Therapeutic exercise to improve range of motion, strength, endurance, and flexibility," is a fundamental code used in physical therapy billing. It represents a significant portion of many physical therapy sessions and accurate understanding and application of the 97112 CPT code physical therapy are crucial for successful reimbursement. This code encompasses a broad range of interventions aimed at improving functional movement and physical capabilities.

This article will delve into the nuances of the 97112 CPT code physical therapy, covering its application, documentation requirements, common misunderstandings, and implications for both clinicians and patients.

What Procedures are Included in 97112 CPT Code Physical Therapy?

The 97112 CPT code physical therapy covers a wide array of therapeutic exercises. This includes, but is not limited to:

Range of motion exercises: Passive, active-assistive, and active range of motion exercises designed to improve joint mobility and flexibility. This could involve stretching, mobilization techniques, and joint manipulations within the scope of physical therapy.

Strengthening exercises: Exercises focusing on enhancing muscle strength and power, often using resistance bands, weights, or body weight. Examples include isometrics, isotonic, and plyometrics.

Endurance exercises: Activities aimed at improving cardiovascular fitness and muscular endurance, such as cycling, walking, or swimming, adapted to the patient's condition.

Flexibility exercises: Stretching and flexibility training to improve joint range of motion and reduce muscle tightness, crucial for injury prevention and functional mobility.

Neuromuscular re-education: Techniques to improve coordination, balance, and proprioception, often utilized after injury or surgery to regain optimal motor control.

Accurate Documentation for 97112 CPT Code Physical Therapy

Accurate documentation is paramount for successful billing with the 97112 CPT code physical therapy. The documentation must clearly demonstrate the medical necessity of the services provided and justify the use of this code. The following elements are crucial:

Patient's diagnosis: The specific medical condition requiring physical therapy must be clearly stated, linked directly to the need for therapeutic exercises.

Treatment plan: The plan should outline the specific exercises performed, the sets, repetitions, and intensity levels for each exercise, justifying the time spent.

Objective measurements: Quantifiable data such as range of motion

measurements (goniometry), strength assessments (dynamometry), and functional tests (e.g., timed up-and-go) are essential to demonstrate progress and justify the medical necessity of the 97112 CPT code physical therapy.

Progress notes: Regular documentation of the patient's progress, including any changes in treatment plans based on the patient's response, is essential for demonstrating continued medical necessity.

Common Misunderstandings Regarding 97112 CPT Code Physical Therapy

Several misunderstandings often surround the 97112 CPT code physical therapy. It's crucial to clarify these to ensure accurate billing and avoid potential audits:

Bundling: The 97112 CPT code physical therapy should not be bundled with other codes unless explicitly allowed by the payer. This often depends on the specific procedures and the payer's local coverage determinations (LCDs).

Time: While the time spent performing the exercises is a factor, the 97112 CPT code physical therapy is not solely based on the duration of the session. The complexity and intensity of the exercises are also vital considerations.

Modalities: The 97112 CPT code physical therapy does not include modalities such as ultrasound or electrical stimulation. These are typically coded separately.

Implications for Clinicians and Patients

Proper use of the 97112 CPT code physical therapy is crucial for both clinicians and patients. For clinicians, accurate coding ensures appropriate reimbursement for their services. For patients, it ensures that their insurance coverage is properly applied to their care. Misuse can lead to delayed or denied payments, affecting both the clinic's financial stability and the patient's access to care.

Conclusion

The 97112 CPT code physical therapy is a fundamental component of physical therapy billing. Understanding its application, documentation requirements, and potential pitfalls is crucial for both clinicians and patients. Accurate documentation, coupled with a thorough understanding of payer policies, is essential for ensuring appropriate reimbursement and maintaining high-quality patient care. The use of this code represents a significant portion of many physical therapy practices and its correct application is vital for the continued success of the profession.

FAQs

1. What is the difference between 97110 and 97112 CPT codes? 97110 involves therapeutic activities and exercises, often involving less intense or complex movements compared to 97112 which focuses on improving range of motion, strength, endurance, and flexibility through more targeted and intense exercises.
1. Can I bill 97112 CPT code for home exercises? Home exercise programs can be included within the 97112 CPT code, but the time spent providing instruction and supervision must be documented and justified. Simple instructions alone are usually not sufficient for billing.
1. How many units of 97112 can I bill per session? The number of units billed depends on the time spent and the complexity of the exercises performed. Refer to your payer's guidelines for specific unit determination.
1. What if the patient doesn't improve after using 97112 CPT code physical therapy? Lack of progress should be documented, and the treatment plan should be modified accordingly. This may involve changing exercises, adjusting intensity, or exploring alternative treatment options.
1. Are there specific modifiers used with 97112? Modifiers may be necessary depending on the circumstances of the treatment (e.g., location of service, multiple therapists involved). Consult your payer's guidelines for specific modifier usage.
1. What are the potential consequences of improper 97112 CPT code usage? Improper usage can lead to audits, denied claims, and potential fines or sanctions.
1. Can 97112 CPT code be used for patients with neurological conditions?

Yes, 97112 can be used for neurological patients, but the documentation must clearly demonstrate how the exercises address the specific impairments related to their neurological condition.

1. How does documentation for 97112 CPT code differ from other CPT codes? While all CPT codes require appropriate documentation, 97112 emphasizes the specific exercises performed, their intensity, sets, and repetitions, and the objective measurements demonstrating progress or lack thereof.
1. What resources are available to help me understand 97112 CPT code physical therapy better? Consult the APTA's resources, payer websites, and reputable medical coding manuals for detailed information and guidelines.

Related Articles

1. "Effective Documentation for 97112 CPT Code: A Practical Guide": This article provides detailed, step-by-step instructions on how to document a 97112 CPT code session accurately and efficiently.
1. "Common Mistakes to Avoid When Billing 97112 CPT Code": This piece will highlight frequent errors made when billing 97112 and offer solutions for preventing them.
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1. "The Future of 97112 CPT Code and Physical Therapy Billing": This article will explore potential changes to the code and how the field is adapting to evolving reimbursement models.

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Framework summarizes the interrelated constructs that describe occupational therapy practice. In addition to the creation of a new preface to set the tone for the work, this new edition includes the following highlights: a redefinition of the overarching statement describing occupational therapy's domain; a new definition of clients that includes persons, groups, and populations; further delineation of the profession's relationship to organizations; inclusion of activity demands as part of the process; and even more up-to-date analysis and guidance for today's occupational therapy practitioners. Achieving health, well-being, and participation in life through engagement in occupation is the overarching statement that describes the domain and process of occupational therapy in the fullest sense. The Framework can provide the structure and guidance that practitioners can use to meet this important goal.

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weakest. Patient history and examination chapters help in assessing the patient's condition and in ruling out serious pathology before making decisions about specific interventions.-

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edition includes and evaluates the latest evidence and most recent developments in this fast-growing field. Tim Watson is joined by co-editor Ethne Nussbaum and both bring years of clinical, research and teaching experience to the new edition, with a host of new contributors, all leaders in their specialty.

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from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

97112 cpt code physical therapy: Section 1557 of the Affordable Care Act American Dental Association, 2017-05-24 Section 1557 is the nondiscrimination provision of the Affordable Care Act (ACA). This brief guide explains Section 1557 in more detail and what your practice needs to do to meet the requirements of this federal law. Includes sample notices of nondiscrimination, as well as taglines translated for the top 15 languages by state.

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Additional Resources

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97112 Cpt Code Physical Therapy Laura Lee (Dolly) Swisher,Catherine G. Page. 97112 Cpt Code Physical Therapy: DOWNER'S PHYSICAL THERAPY PROCEDURES R. Eric ...

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97112 Cpt Code Physical Therapy: Erc-CPT 2019 Physical Therapy American Medical Association,2018-12-14 Each double sided laminated CPT 2019 Express Reference coding ...

Rehabilitation CPT Codes and Descriptions - AIM Microsites ...

S8950 Complex lymphedema therapy, each 15 minutes S8990 Physical or manipulative therapy for maintenance * The Physical Therapy CPT codes with the asterisk are required to be ...

97112 Cpt Code Physical Therapy (2024) - x-plane.com

97112 Cpt Code Physical Therapy Eric Shamus, Debra Feingold Stern. 97112 Cpt Code Physical Therapy: Coders' Specialty Guide 2025: Physical /Occupational/Speech Therapy AAPC, 2025 ...

Resources on Reimbursement for Pediatric Physical ...

Pediatric Physical Therapy at: APPT 1111 North Fairfax Street Alexandria, VA 22314 800/999-2782, ext 3254 Fax: 703/706-8575 Or visit the Section's Web site at www.pediatricapta.org ...

Provider Type 34 Billing Guide - Nevada

occupational therapy assistant) or CQ (Outpatient physical therapy services furnished in whole or in part by a physical therapist assistant). ... Covered Codes for Therapy Providers Code Prior ...

97112 Cpt Code Physical Therapy (book) - x-plane.com

97112 Cpt Code Physical Therapy AAPC. 97112 Cpt Code Physical Therapy: Coders' Specialty Guide 2025: Physical /Occupational/Speech Therapy AAPC, 2025-01-31 Are you struggling ...

Physical Therapy CPT Codes - excel-lin.com

Physical Therapy CPT Codes CPT CODE NAME DESCRIPTOR 97110 Therapeutic exercise Timed code: Therapeutic procedure, one or more areas, ... exercises to develop strength, ...

Rehabilitation CPT Codes and Descriptions

97036 Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes ... part of the treatment plan) in addition to the treatment CPT code, as coverage determinations may ...

Telehealth guidance for outpatient physical ...

Physical Therapy 97112 Therapeutic procedure, one or more areas, each 15 minutes Physical Therapy 97535 Self-care/home management training, each 15 ... Category CPT code ...

Final Comments for Biofeedback (PHYS-066) L31070 - Centers ...

1. The use of electrical nerve stimulation (CPT codes 97014, 97112) and/or EMG (CPT codes 51784, 51785, 95860-95872) during a biofeedback session is considered a part of the ...

Prices of Our Most Commonly Billed CPT® Codes - Active ...

Jan 1, 2022 · 98942 \$95 Chiropractic manipulative treatment (CMT); Spinal, 5 regions. 98943 \$55 Chiropractic manipulative treatment (CMT); Extraspinal, 1 or more regions. Non-spinal ...

CMS Manual System - Centers for Medicare & Medicaid Services

Services furnished under the outpatient therapy (OPT) services benefit – including speech-language pathology (SLP), occupational therapy (OT) and physical therapy (PT) services – ...

Subject: Physical Therapy (PT) and Occupational Therapy ...

Mar 15, 2004 · Physical therapy (PT) is a prescribed program of treatment consisting of specific therapeutic exercises and other interventions designed to restore or improve posture, ...

Physical Therapy & Occupational Therapy Code List - EviCore

Jan 1, 2024 · Code CPT ® Code Description ... 97112: Therapeutic Procedure, 1 Or More Areas, Each 15 Minutes; Neuromuscular Reeducation Of Movement, Balance, Coordination, ...

IMPORTANT NOTE ABOUT THIS REIMBURSEMENT POLICY

Optum will align timed therapeutic treatment documentation requirements with the American Physical Therapy Association's ... timed CPT code in the same day measured in 15 minute ...

CPT® Position on the Proper Use of Procedure Code 97140

Question: Can my doctor report the new CPT code . 97140. for manual therapy techniques, when he performs a chiropractic manipulative treatment (CMT), or has this code been developed for ...

Physical Therapy and Occupational Therapy Initial ...

This policy describes Optum's requirements for the reimbursement of physical therapy evaluation CPT codes (initial evaluation 97161, 97162, 97163; re-evaluation 97164) and occupational ...

Chapter 7 Section 18.2 Physical Medicine/Therapy - Tricare

Feb 16, 2022 · TRICARE Policy Manual 6010.60-M, April 1, 2015 Chapter 7, Section 18.2 Physical Medicine/Therapy 2 Note: See Chapter 11, Section 3.16 for physical therapy ...

Medical Policy Ph - highmarkhealthoptions.com

Maintenance therapy Physical medicine services performed repetitively to maintain a level of function are not eligible ... CPT code Description 95852 Range of motion measurements and ...

PREVAILING RATE/MAXIMUM PHYSICAL ...

CPT codes listed in the Maximum Fee Schedule for Physicians. NOTE 3: For codes not listed in the Physical Therapy/Rehabilitation Schedule or the Maximum Fee Schedule for Physicians, ...

Physical Medicine & Rehabilitation CPT® Coding (97000 Series

Pride® Mobility Products Corp_PPRC_Physical Medicine & Reimbursement CPT Coding (97000 Series)_9.2016 Physical Medicine & Rehabilitation CPT® Coding (97000 Series)

97112 Cpt Code Physical Therapy (2024) - x-plane.com

97112 Cpt Code Physical Therapy Fuel your quest for knowledge with Learn from is thought-provoking masterpiece, Dive into the World of 97112 Cpt Code Physical Therapy . This ...

Professional Provider Manual - Physical Medicine - BCBSKS

When covered you should use the appropriate procedure code from the AMA-CPT codebook: • 97810 • 97811 + primary code • 97813 • 97814 + primary code II. Anodyne Therapy This ...

Title: Physical and Occupational Therapy (Outpatient) - BCBSM

Physical therapy is the treatment of disease or injury by the use of therapeutic exercise and ... CPT/HCPCS Level II Codes (Note: The inclusion of a code in this list is not a guarantee of ...

Modifier Reference Policy, Professional - UHCprovider.com

reimbursed based on the code or codes that correctly describe the health care services provided. UnitedHealthcare reimbursement policies may use Current Procedural Terminology (CPT®), ...

CPT Codes Most Often Used by Athletic Trainers billing for

97112 Neuromuscular reeducation, each 15 minutes 97116 Gait training therapy, each 15 minutes 97140 Manual therapy 1/> regions, each 15 minutes 97530 Therapeutic activities, ...

New Occupational Therapy Evaluation Coding Overview - AOTA

from the AMA CPT® manual describing the levels of profile and history. CPT® Code CPT® Descriptors Low Complexity (97165) An occupational profile and medical and therapy history, ...

Usual & Customary Rates (UCR) for Chiropractic and ...

97112 - \$55.11 - Therapeutic procedure to reeducate brain-nerve-muscle function, (per 15 minutes) 97140 - \$57.96 - Manual (physical) therapy techniques to 1 or more regions, (per 15 ...

UTILIZING CPT AND HCPCS CODES FOR HEALTHCARE ...

• Is strapping and taping, coded as 29XXX (give specific code), covered when billed by your professional designation, e.g., Athletic Therapist, Doctor of Chiropractic, Doctor of Osteopathic ...

New Information - Aetna Better Health

Aug 1, 2017 • Refer to the Texas Medicaid Provider Procedures Manual, Physical Therapy, Occupational Therapy, and Speech Therapy Services Handbook, subsection 5.2.8, "Treatment ...

Therapy Services Codes

Jul 1, 2024 • 97036 Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes ... 97112 Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each ...

Physical Medicine Authorization Required CPT Codes

Physical Medicine Authorization Required CPT Codes The following PT odes, when billed with a place of service code 11, 19 or 22 or type of bill code 131, ... CPT Code Code Description ...

2022 Physical Therapy Fee Schedule - Cabinet for Health and ...

KY Medicaid Physical Therapy Fee Schedule 2022 Revised 07/14/2022 Code

Modifier Duration Description Therapist Rate Assistant Rate Therapist Rate
Assistant Rate Non-Facility Facility ...

Quick Guide To Using the PTA Modifier - American Physical ...

CPT code claim line item. X . PTA provides the whole of services described by
a CPT code claim line item. X PT and PTA furnish care in tandem. PT furnishes
care for the duration of the entire ...

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