

97035 cpt code physical therapy

97035 CPT Code Physical Therapy: A Comprehensive Guide

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Introduction:

The CPT code 97035, "Therapeutic procedure, including therapeutic exercises and/or manual therapy techniques; with re-evaluation, each 15 minutes", is a crucial code for physical therapists in billing for their services. Understanding the nuances of this code, including its methodologies and appropriate documentation, is essential for accurate billing and reimbursement. This article provides a comprehensive overview of 97035 CPT code physical therapy, detailing various methodologies and approaches used within its scope.

Understanding the 97035 CPT Code Physical Therapy

The 97035 CPT code signifies a complex set of therapeutic interventions provided by a physical therapist over a 15-minute interval. It's not a simple code encompassing only one treatment modality; rather, it represents a blend of several approaches tailored to the patient's specific needs and condition. The key components are:

Therapeutic Exercises: This encompasses a wide range of exercises designed to improve strength, range of motion, flexibility, balance, and endurance. Examples include range-of-motion exercises, strengthening exercises (using body weight, resistance bands, weights), cardiovascular exercises, and balance training. The specific exercises chosen will depend on the patient's diagnosis, functional limitations, and goals.

Manual Therapy Techniques: These are hands-on techniques applied by the physical therapist to address musculoskeletal impairments. They can include joint mobilization, soft tissue mobilization (massage, myofascial release), muscle energy techniques, and neural mobilization. These techniques aim to improve joint mobility, reduce pain, and restore muscle function.

Neuromuscular Re-education: This focuses on improving the control and coordination of muscles and joints. Techniques used might include proprioceptive exercises (enhancing body awareness), agility drills, and activities to improve motor control and coordination.

Re-evaluation: A critical component of 97035 is the ongoing re-evaluation of the patient's progress. This involves assessing the patient's response to treatment, modifying the plan of care as needed, and setting new goals. This reevaluation isn't a separate procedure but an integral part of the 15-minute session.

Methodologies and Approaches within 97035 CPT Code Physical Therapy

The 97035 code can be utilized across a diverse range of diagnoses and conditions. Here are some examples of how different methodologies are incorporated:

Post-Surgical Rehabilitation: Following surgeries like knee replacements or rotator cuff repairs, 97035 may be used to bill for sessions involving range-of-motion exercises, strengthening exercises, manual therapy to address scar tissue, and neuromuscular re-education to restore normal gait and movement patterns.

Sports Injuries: For athletes recovering from sprains, strains, or other injuries, the code encompasses therapeutic exercises to improve strength and flexibility, manual therapy to address muscle tightness and joint restrictions, and neuromuscular re-education to improve agility and performance.

Neurological Conditions: Patients with stroke, multiple sclerosis, or Parkinson's disease might benefit from sessions billed under 97035, including exercises to improve balance, coordination, and strength, manual therapy to address spasticity or contractures, and neuromuscular re-education to enhance functional mobility.

Orthopedic Conditions: Conditions like arthritis, back pain, and neck pain often involve therapeutic exercises to improve strength and flexibility,

manual therapy to address joint restrictions and pain, and neuromuscular re-education to improve posture and body mechanics.

Documentation for 97035 CPT Code Physical Therapy

Accurate and thorough documentation is paramount for successful billing under the 97035 CPT code. Documentation must clearly demonstrate the time spent on each component (therapeutic exercise, manual therapy, neuromuscular re-education, and re-evaluation) within each 15-minute interval. The following elements should be included:

Patient's Diagnosis: A clear and concise diagnosis should be documented.

Goals of Treatment: Specific, measurable, achievable, relevant, and time-bound (SMART) goals should be outlined.

Interventions Provided: Detailed descriptions of the specific exercises, manual techniques, and neuromuscular re-education strategies utilized, including sets, reps, and intensity levels.

Patient's Response to Treatment: Document the patient's progress, any limitations encountered, and any modifications made to the treatment plan.

Time Spent: Accurate documentation of the time spent on each component of the treatment session is crucial.

Common Mistakes to Avoid When Using 97035 CPT Code Physical Therapy

Several common errors can lead to denied claims or audits. These include:

Insufficient Documentation: Lack of detail regarding the specific interventions provided and the time spent on each component.

Unclear Diagnosis: Failing to accurately document the patient's diagnosis and its relevance to the treatment plan.

Inaccurate Time Reporting: Over- or under-reporting the time spent on specific interventions.

Bundling: Incorrectly bundling 97035 with other codes that are included within its comprehensive nature.

Conclusion:

The 97035 CPT code represents a complex and comprehensive approach to physical therapy. Understanding its components, methodologies, and appropriate documentation is vital for physical therapists to accurately bill for their services and ensure proper reimbursement. By adhering to best practices and paying close attention to detail, physical therapists can effectively utilize the 97035 CPT code to accurately reflect the high-quality care they provide.

FAQs:

1. Can 97035 be used for all patients? No, 97035 is appropriate for patients requiring a combination of therapeutic exercise, manual therapy, and/or neuromuscular re-education. It's not suitable for simple procedures.
1. How many units of 97035 can be billed per session? The number of units depends on the total treatment time in 15-minute increments. For example, a 45-minute session could potentially be billed as three units of 97035.
1. What if the patient only receives therapeutic exercise? In this case, a different CPT code, such as 97110 (Therapeutic exercise), would be more appropriate.
1. What happens if my claim for 97035 is denied? Review your documentation thoroughly for completeness and accuracy. If the denial is unjustified, appeal the decision.
1. Can I use 97035 for telehealth visits? The use of 97035 for telehealth visits depends on the specific services provided and your payer's policies.
1. How does 97035 differ from 97112? 97112 (Therapeutic procedure, group) is used for group therapy sessions, while 97035 is for individual sessions with a combination of modalities.
1. Is it necessary to document the specific manual techniques used? Yes, detailed documentation of specific manual techniques is crucial for justifying the use of 97035.
1. How often should patients be re-evaluated? Re-evaluation should occur frequently enough to adjust the plan of care based on the patient's progress. This may occur daily, weekly, or less often depending on the

patient's condition and response to treatment.

1. What resources are available to learn more about CPT codes? The American Medical Association (AMA) website and other reputable medical billing resources offer comprehensive information on CPT codes and their proper usage.

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ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

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therapy, the five roles of the physical therapist (Patient/Client Manager, Consultant, Critical Inquirer, Educator, and Administrator), the role of the physical therapist in today's health care system, and professional leadership and development. Case studies, how to lists and tips from the field encourage critical thinking and provide strategies for various issues. The book also offers tips on preparing a portfolio, determining leadership style, and preparing a professional development plan based on the APTA's five roles. Develops and defines principles and concepts of professionalism to guide physical therapists in times of change Follows the APTA's Guide and includes quotes and information from this document throughout Offers a comprehensive history of physical therapy, with unique information on origins of the profession Offers comprehensive coverage of legal and ethical issues, showing how these issues affect the entire practice of physical therapy Discusses billing and reimbursement practices, with specific information on how to document and bill as an aspect of practice Defines and explains the role of the consultant, both as an autonomous health care provider or as a member of a health care team Features real-life case studies and discussion questions at the end of each chapter to encourage practical application of concepts and test readers' knowledge Provides end-of-chapter tips to help readers develop best practices

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leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

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become renowned. This popular textbook comprehensively covers the use of electrotherapy in clinical practice and includes the theory which underpins that practice. Over recent years the range of therapeutic agents involved and the scope for their use have greatly increased and the new edition includes and evaluates the latest evidence and most recent developments in this fast-growing field. Tim Watson is joined by co-editor Ethne Nussbaum and both bring years of clinical, research and teaching experience to the new edition, with a host of new contributors, all leaders in their specialty.

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97035 cpt code physical therapy: Cpt 1999 American Medical Association, 1995-12-31 This is the official CPT code book published by the American Medical Association. The 1999 CPT provides hundreds of new and revised CPT codes. Double columns on each page allow more codes to be viewed, plus an expanded index to aid in locating codes by procedure, service, organ, condition, synonym or eponym, and abbreviations

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97035 cpt code physical therapy: Management Strategies in Athletic Training Richard Ray, Jeff G. Konin, 2011-07-20 Management Strategies in Athletic Training, Fourth Edition, helps current and future athletic trainers deal creatively with the management challenges they will face on the job. Like the previous editions, the fourth edition uses a unique case-study approach in teaching students the theories of organization and administration and their applications to real-world situations in the profession of athletic training. The text, part of Human Kinetics' Athletic Training Education Series, is an excellent resource for building comprehensive knowledge of management theory as well as the problem-solving skills to put it to practical use. The book's organization strategies can also be applied beyond athletic training to a variety of fields related to sports medicine, making it a valuable resource for any sports medicine professional. Management Strategies in Athletic Training, Fourth Edition, has been significantly improved to align with the Health Care Administration portion of the National Athletic Trainers' Association (NATA) Role Delineation Study. With extensive updates and new information, the fourth edition emphasizes the practice of evidence-based medicine and offers 18 new sections of material that include the following: •Health care financial management •Injury surveillance systems •Advances in patient charting •Cultural awareness •Marketing a sports medicine practice •OSHA requirements for health care facilities Designed to encourage critical thinking, the fourth edition of Management Strategies in Athletic Training opens and closes each chapter with realistic and fascinating case studies presenting real-world dilemmas faced by athletic trainers. A series of questions at the end of these scenarios challenge students to analyze and apply the principles in the chapters to solve the hypothetical situations and ultimately prepare them for the kinds of problems they will face from day to day as professionals. To support learning, the text includes tools such as chapter objectives, key terms, and review statements as well as sample administrative forms that readers can both study and adapt to their own work situations. Special elements and appendixes provide direction for deeper study by referring students to Internet resources, other Athletic Training Education Series texts, sample forms for analysis of athletic training programs, and material on regulations and ethics

in athletic training. In addition, the fourth edition covers new material that students will find helpful as they embark on their athletic training careers, such as compensation, tips for finding a job, and negotiating skills for accepting a job. For instructors, an ancillary package consisting of an instructor guide, test bank, and new image bank will aid in course development. Loaded with additional case studies, course projects, chapter worksheets, and a sample course syllabus, these materials can be used for organizing classes, testing students' knowledge, and creating exciting learning experiences.

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