7 levels of financial freedom

7 Levels of Financial Freedom: A Comprehensive Guide to Achieving Financial Independence

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Introduction:

The pursuit of financial freedom is a universal aspiration. It represents the ability to live life on your own terms, free from the constant worry and stress of money. While the concept of financial freedom is often simplified, understanding its various levels allows for a more nuanced and achievable approach. This article explores the 7 levels of financial freedom, outlining each stage, its significance, and the steps required to progress through them. Mastering the 7 levels of financial freedom is a journey, not a destination, and this comprehensive guide provides a roadmap for navigating this crucial aspect of life.

1. Solvency: The Foundation of Financial Freedom

This foundational level focuses on eliminating debt and achieving a positive net worth. It's about having more assets than liabilities. This involves meticulously tracking expenses, creating a budget, and paying down high-interest debts like credit cards. Achieving solvency is the crucial first step towards building a stronger financial future and progressing to higher levels of 7 levels of financial freedom. Strategies include creating a detailed budget, negotiating lower interest rates, and utilizing debt avalanche or snowball methods for debt repayment.

1. Security: Building a Safety Net

At this level, you've established a solid financial foundation. You possess enough savings to cover 3-6 months of living expenses, providing a crucial safety net against unexpected job loss, medical emergencies, or other unforeseen circumstances. This security provides peace of mind and allows you to navigate life's challenges without resorting to debt. Building emergency funds through consistent savings and exploring high-yield savings accounts are vital at this stage of the 7 levels of financial freedom.

1. Comfort: Meeting Your Basic Needs with Ease

This level involves having enough income to comfortably meet your basic needs without financial stress. This includes covering housing, food, transportation, and healthcare without constant anxiety about making ends meet. It signifies a transition from mere survival to a comfortable lifestyle. Achieving this level often involves career advancement, increased income, or optimizing expenses to align with your income. Budgeting and disciplined spending habits remain crucial for maintaining this level of the 7 levels of financial freedom.

1. Wealth: Accumulating Assets and Generating Passive Income

This stage is characterized by actively building wealth through investments and generating passive income streams. This could include investing in stocks, bonds, real estate, or starting a side business. The key is to generate income that works for you, even while you sleep. Diversification of investments and continuous learning about financial markets are essential components of this level within the 7 levels of financial freedom.

1. Abundance: Living Life on Your Own Terms

At this level, you have significant financial resources that enable you to live life according to your values and aspirations. You have the freedom to choose your work, pursue hobbies, and support causes you care about without financial constraints. This level signifies a significant milestone in achieving financial freedom. Philanthropy and giving back to the community often become important aspects of this stage of the 7 levels of financial freedom.

1. Generosity: Sharing Your Wealth and Making a Positive Impact

This level transcends personal financial security and encompasses a strong commitment to philanthropy and giving back. You have the means to generously support causes, family members, and your community. Generosity becomes a defining characteristic at this stage of the 7 levels of financial freedom. Strategic charitable giving and estate planning become crucial considerations.

1. Legacy: Securing Your Family's Financial Future

The pinnacle of 7 levels of financial freedom involves creating a lasting legacy for future generations. This involves comprehensive estate planning, ensuring your wealth is passed down responsibly and ethically. It encompasses securing the financial well-being of your loved ones long after you are gone. Developing a robust estate plan, including wills, trusts, and charitable giving strategies, is paramount at this level.

Conclusion:

The journey toward achieving the 7 levels of financial freedom is a personal one, requiring commitment, discipline, and a long-term perspective. While the path may differ for each individual, understanding these stages provides a valuable framework for setting goals, making informed financial decisions, and ultimately, achieving financial independence and a fulfilling life. Remember, consistent effort, smart financial planning, and a proactive approach are essential for navigating each level of the 7 levels of financial freedom and ultimately reaching your desired financial destination.

FAQs:

1. How long does it take to achieve financial freedom? The timeframe varies greatly depending on individual circumstances, income, expenses, and investment strategies. There's no one-size-fits-all answer.

1. What is the most important step in achieving the 7 levels of financial freedom? Eliminating debt and building an emergency fund (levels 1 & 2) are critical foundational steps.

1. Can I achieve financial freedom without a high income? Yes, careful budgeting, disciplined saving, and smart investing can lead to financial freedom regardless of income level.

1. What are some common mistakes to avoid? Impulsive spending, neglecting budgeting, ignoring debt, and failing to diversify investments are common pitfalls.

1. How can I find a financial advisor? Look for a Certified Financial Planner (CFP®) or a fee-only advisor with a strong track record and a good reputation.

1. Is investing in the stock market necessary for financial freedom? While not strictly necessary, investing in the stock market can significantly accelerate wealth accumulation.

1. What is the role of mindset in achieving financial freedom? A positive and proactive mindset is crucial. Belief in your ability to achieve your goals is vital.

1. How can I stay motivated on my journey to financial freedom? Set realistic goals, track your progress, celebrate milestones, and find an accountability partner.

1. What happens if I experience a setback along the way? Setbacks are inevitable. The key is to learn from them, adjust your strategy, and continue moving forward.

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7 levels of financial freedom: *Quit Like a Millionaire* Kristy Shen, Bryce Leung, 2019-07-09 From two leaders of the FIRE (Financial Independence, Retire Early) movement, a bold, contrarian guide to retiring at any age, with a reproducible formula to financial independence A bull***t-free guide to growing your wealth, retiring early, and living life on your own terms Kristy Shen retired with a million dollars at the age of thirty-one, and she did it without hitting a home run on the stock market, starting the next Snapchat in her garage, or investing in hot real estate. Learn how to cut down on spending without decreasing your quality of life, build a million-dollar portfolio, fortify your investments to survive bear markets and black-swan events, and use the 4 percent rule and the Yield Shield--so you can quit the rat race forever. Not everyone can become an entrepreneur or a real estate baron; the rest of us need Shen's mathematically proven approach to retire decades before sixty-five.

7 levels of financial freedom: Nine Steps to Financial Freedom Suze Orman, 2000 Suze Orman has transformed the concept of personal finance for millions by teaching us how to gain control of our money -- so that money does not control us. She goes beyond the nuts and bolts of managing money to explore the psychological, even spiritual power money has in our lives. The 9 Steps to Financial Freedom is the first personal finance book that gives you not only the knowledge of how to handle money, but also the will to break through all the barriers that hold you back. Combining real-life recommendations with the motivation to overcome financial anxieties, Suze Orman offers the keys to providing for yourself and your family, including: * seeing how your past holds the key to your financial future * facing your fears and creating new truths * trusting yourself more than you trust others * being open to receiving all that you are meant to have * understanding the lessons of the money cycle The 9 Steps to Financial Freedom is useful advice and inspiration from the leading voice in personal finance. As Orman shows, managing money is far more than a matter of balancing your checkbook or picking the right investments. It's about redefining financial freedom -- and realizing that you are worth far more than your money.

7 levels of financial freedom: *How to Make Your Money Last - Completely Updated for Planning Today* Jane Bryant Quinn, 2020-01-07 NOW COMPLETELY UPDATED to reflect the changes in tax legislation, health insurance, and the new investment realities. In this “highly valuable resource” (Publishers Weekly, starred review) Quinn “provides simple, straightforward” (The New York Times) solutions to the universal retirement dilemma—how to make your limited savings last for life—covering mortgages, social security, income investing, annuities, and more! Will you run out of money in your older age? That’s the biggest worry for people newly retired or planning to retire. Fortunately, you don’t have to plan in the dark. Jane Bryant Quinn tells you how to squeeze a higher income from all your assets—including your social security account (get every dollar you’re entitled to), a pension (discover whether a lump sum or a lifetime monthly income will pay you more), your home equity (sell, rent, or take a reverse mortgage?), savings (how to use them safely to raise your monthly income), retirement accounts (invest the money for growth in ways that let you sleep at night), and—critically—how much of your savings you can afford to spend every year without running out. There are easy ways to figure all this out. Who knew? Quinn also shows you how to evaluate your real risks. If you stick with super-safe investment choices, your money might not last and your lifestyle might erode. The same might be true if you rely on traditional income investments. Quinn rethinks the meaning of “income investing,” by combining reliable cash flow during the early years of your retirement with low-risk growth investments, to provide extra money for your later years. Odds are, you’ll live longer than you might imagine, meaning that your savings will stretch for many more years than you might have planned for. With the help of this book, you can turn those retirement funds into a “homemade” paycheck that will last for life.

7 levels of financial freedom: *Communities in Action* National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Community-Based Solutions to Promote Health Equity in the United States, 2017-04-27 In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. Communities in Action: Pathways to Health Equity seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

7 levels of financial freedom: *Drive* Daniel H. Pink, 2011-04-05 The New York Times bestseller that gives readers a paradigm-shattering new way to think about motivation from the author of When: The Scientific Secrets of Perfect Timing Most people believe that the best way to motivate is with rewards like money—the carrot-and-stick approach. That's a mistake, says Daniel H. Pink (author of To Sell Is Human: The Surprising Truth About Motivating Others). In this provocative and persuasive new book, he asserts that the secret to high performance and satisfaction-at work, at school, and at home—is the deeply human need to direct our own lives, to learn and create new things, and to do better by ourselves and our world. Drawing on four decades of scientific research on human motivation, Pink exposes the mismatch between what science knows and what business does—and how that affects every aspect of life. He examines the three elements of true motivation—autonomy, mastery, and purpose-and offers smart and surprising techniques for putting these into action in a unique book that will change how we think and transform how we live.

7 levels of financial freedom: *Making Money Made Simple!* Noel Whittaker, 1990

7 levels of financial freedom: Baby Steps Millionaires Dave Ramsey, 2022-01-11 You Can Baby Step Your Way to Becoming a Millionaire Most people know Dave Ramsey as the guy who did stupid with a lot of zeros on the end. He made his first million in his twenties—the wrong way—and then went bankrupt. That’s when he set out to learn God’s ways of managing money and developed the Ramsey Baby Steps. Following these steps, Dave became a millionaire again—this time the right way. After three decades of guiding millions of others through the plan, the evidence is undeniable: if you follow the Baby Steps, you will become a millionaire and get to live and give like no one else. In Baby Steps Millionaires, you will . . . *Take a deeper look at Baby Step 4 to learn how Dave invests and builds wealth *Learn how to bust through the barriers preventing them from becoming a millionaire *Hear true stories from ordinary people who dug themselves out of debt and built wealth *Discover how anyone can become a millionaire, especially you Baby Steps Millionaires isn’t a book that tells the secrets of the rich. It doesn't teach complicated financial concepts reserved only for the elite. As a matter of fact, this information is straightforward, practical, and maybe even a little boring. But the life you'll lead if you follow the Baby Steps is anything but boring! You don’t need a large inheritance or the winning lottery number to become a millionaire. Anyone can do it—even today. For those who are ready, it’s game on!

7 levels of financial freedom: *Your Money, Your Goals* Consumer Financial Consumer Financial Protection Bureau, 2015-03-18 Welcome to the Consumer Financial Protection Bureau's Your Money, Your Goals: A financial empowerment toolkit for social services programs! If you're reading this, you are probably a case manager, or you work with case managers. Finances affect nearly every aspect of life in the United States. But many people feel overwhelmed by their financial situations, and they don't know where to go for help. As a case manager, you're in a unique position to provide that help. Clients already know you and trust you, and in many cases, they're already sharing financial and other personal information with you. The financial stresses your clients face may interfere with their progress toward other goals, and providing financial empowerment information and tools is a natural extension of what you are already doing. What is financial empowerment and how is it different from financial education or financial literacy? Financial education is a strategy that provides people with financial knowledge, skills, and resources so they can get, manage, and use their money to achieve their goals. Financial education is about building an individual's knowledge, skills, and capacity to use resources and tools, including financial products and services. Financial education leads to financial literacy. Financial empowerment includes financial education and financial literacy, but it is focused both on building the ability of individuals to manage money and use financial services and on providing access to products that work for them. Financially empowered individuals are informed and skilled; they know where to get help with their financial challenges. This sense of empowerment can build confidence that they can effectively use their financial knowledge, skills, and resources to reach their goals. We designed this toolkit to help you help your clients become financially empowered consumers. This financial empowerment toolkit is different from a financial education curriculum. With a curriculum, you are generally expected to work through most or all of the material in the order presented to achieve a specific set of objectives. This toolkit is a collection of important financial empowerment information and tools you can access as needed based on the client's goals. In other words, the aim is not to cover all of the information and tools in the toolkit - it is to identify and use the information and tools that are best suited to help your clients reach their goals.

7 levels of financial freedom: The Total Money Makeover: Classic Edition Dave Ramsey, 2013-09-17 Do you want to build a budget that actually works for you? Are you ready to transform your relationship with money? This New York Times bestseller has already helped millions of people just like you learn how to develop everyday money-saving habits with the help of America's favorite personal finance expert, Dave Ramsey. By now, you've already heard all of the nutty get-rich-quick schemes and the fiscal diet fads that leave you with a lot of quirky ideas but not a penny in your pocket. If you're tired of the lies and sick of the false promises, Dave is here to provide practical, long-term help. The Total Money Makeover is the simplest, most straightforward game plan for completely changing your finances. And, best of all, these principles are based on results, not pie-in-the-sky fantasies. This is the financial reset you've been looking for. The Total Money Makeover: Classic Edition will give you the tools and the encouragement you need to: Design a sure-fire plan for paying off all debt--from your cars to your home and everything in between using the debt snowball method Break bad habits and make lasting changes when it comes to your relationship with money Recognize the 10 most dangerous money myths Secure a healthy nest egg for emergencies and set yourself up for retirement Become financially healthy for life Live like no one else, so later you can LIVE (and GIVE) like no one else! This edition of The Total Money Makeover includes new, expanded Dave Rants that tackle marriage conflict, college debt, and so much more. The Total Money Makeover: Classic Edition also includes brand new back-of-the-book resources to help you make The Total Money Makeover your new reality.

7 levels of financial freedom: *Happy Ever After* Seven Dollar Millionaire, 2021-02-02 Discover how financial freedom – and not fairy tales – is at the heart of your very own Happy Ever After Did you know you can become a millionaire by saving just $7 a day and investing for 7% returns? Probably not, because financial literacy is a subject that’s overlooked by the vast majority of schools and universities, despite its importance to every single person on the planet. Written initially for a teenage daughter and then turned into a course to train migrant workers, Happy Ever After: Financial Freedom Isn’t a Fairy Tale focuses on the fundamentals of understanding money, saving and investing, showing how the magic of compound investing can transform tiny initial amounts into genuine wealth. Finally, it shows readers how to achieve the Freedom Formula of 25x your annual spending – that can set you free. Perfect for anyone who hopes to make their future financially brighter than their present, or help their own children avoid mistakes they made, Happy Ever After has a playful tone, featuring a spoiled princess and talking frog, hand-illustrated to help explain some of the trickier ideas that can help change your life.

7 levels of financial freedom: *Millionaire Teacher* Andrew Hallam, 2016-11-28 Adopt the investment strategy that turned a school teacher into a millionaire Millionaire Teacher shows you how to achieve financial independence through smart investing — without being a financial wizard. Author Andrew Hallam was a high school English teacher. He became a debt-free millionaire by following a few simple rules. In this book, he teaches you the financial fundamentals you need to follow in his tracks. You can spend just an hour per year on your investments, never think about the stock market's direction — and still beat most professional investors. It's not about get-rich-quick schemes or trendy investment products peddled by an ever-widening, self-serving industry; it's about your money and your future. This new second edition features updated discussion on passive investing, studies on dollar cost averaging versus lump sum investing, and a detailed segment on RoboAdvisors for Americans, Canadians, Australians, Singaporeans and British investors. Financial literacy is rarely taught in schools. Were you shortchanged by your education system? This book is your solution, teaching you the ABCs of finance to help you build wealth. Gain the financial literacy to make smart investment decisions Learn why you should invest in index funds Find out how to find the right kind of financial advisor Avoid scams and flash-in-the-pan trends Millionaire Teacher shows how to build a strong financial future today.

7 levels of financial freedom: *Financial Freedom* Jeremiah Brown, 2017-10-18 Many people work hard all their lives scrimping and saving in order to achieve the American dream of financial freedom. The unfortunate reality, however, is that success is fleeting, and debt, loss, and corruption are all too common. Whether unemployed, underemployed, or still trying to climb the corporate ladder, we're all plagued by money worries-unless we're in the 1 percent. The truth is that we're all players in the game of money. Only those who know how to watch the game, identify the levels, and bend the rules can gain the upper hand. In this easy-to-follow guide, you'll discover how the economic deck is stacked and how to use proven strategies to turn the game in your favor. You'll need to review the basic structure of banks and the overall financial system before progressing to formulas that will bolster your personal finances. Many believe finding their revenue niche is the answer. It's not! This text exposes that myth and reveals the multiple streams of income-ordinary, portfolio, and passive-necessary for economic mobility. Learn how to take on new business ventures like an entrepreneur and protect your assets like a multimillionaire. Master the game, and finally achieve long-lasting wealth!

7 levels of financial freedom: Work Optional Tanja Hester, 2019-02-12 A practical action guide for financial independence and early retirement from the popular Our Next Life blogger. In today's work culture, we're expected to hustle around the clock. But what if you could escape the traditional path and get on one that doesn't require working full-time until age 65? What if you could wake up every day without an alarm clock and do the things you love most? Tanja Hester and her husband Mark left their crazed careerist lifestyle to live their dream life in Lake Tahoe, retiring early from high-stress careers. Now Tanja will help you map out a customized plan for freedom and make it easy to succeed, whether you're good at math and budgeting -- or not! Work Optional is more than just a financial plan: it's a plan for your whole life -- designed by you, not by an employer or clients. Tanja walks you through envisioning your dream life, accounting for variables such as health care and children, protecting yourself from recessions and future unknowns, and achieving a purpose-filled early retirement, semi-retirement, or career intermission with completely doable, non-penny-pinching steps. You can live a happier, more meaningful life, free from the daily grind. Regardless of where you are in your career, Work Optionalwill get you there.

7 levels of financial freedom: *The Simple Path to Wealth* Jl Collins, 2021-08-16 In the dark, bewildering, trap-infested jungle of misinformation and opaque riddles that is the world of investment, JL Collins is the fatherly wizard on the side of the path, offering a simple map, warm words of encouragement and the tools to forge your way through with confidence. You'll never find a wiser advisor with a bigger heart. -- Malachi Rempen: Filmmaker, cartoonist, author and self-described ruffian This book grew out of a series of letters to my daughter concerning various things-mostly about money and investing-she was not yet quite ready to hear. Since money is the single most powerful tool we have for navigating this complex world we've created, understanding it is critical. But Dad, she once said, I know money is important. I just don't want to spend my life thinking about it. This was eye-opening. I love this stuff. But most people have better things to do with their precious time. Bridges to build, diseases to cure, treaties to negotiate, mountains to climb, technologies to create, children to teach, businesses to run. Unfortunately, benign neglect of things financial leaves you open to the charlatans of the financial world. The people who make investing endlessly complex, because if it can be made complex it becomes more profitable for them, more expensive for us, and we are forced into their waiting arms. Here's an important truth: Complex investments exist only to profit those who create and sell them. Not only are they more costly to the investor, they are less effective. The simple approach I created for her and present now to you, is not only easy to understand and implement, it is more powerful than any other. Together we'll explore: Debt: Why you must avoid it and what to do if you have it. The importance of having F-you Money. How to think about money, and the unique way understanding this is key to building your wealth. Where traditional investing advice goes wrong and what actually works. What the stock market really is and how it really works. Why the stock market always goes up and why most people still lose money investing in it. How to invest in a raging bull, or bear, market. Specific investments to implement these strategies. The Wealth Building and Wealth Preservation phases of your investing life and why they are not always tied to your age. How your asset allocation is tied to those phases and how to choose it. How to simplify the sometimes confusing world of 401(k), 403(b), TSP, IRA and Roth accounts. TRFs (Target Retirement Funds), HSAs (Health Savings Accounts) and RMDs (Required Minimum Distributions). What investment firm to use and why the one I recommend is so far superior to the competition. Why you should be very cautious when engaging an investment advisor and whether you need to at all. Why and how you can be conned, and how to avoid becoming prey. Why I don't recommend dollar cost averaging. What financial independence looks like and how to have your money support you. What the 4% rule is and how to use it to safely spend your wealth. The truth behind Social Security. A Case Study on how this all can be implemented in real life. Enjoy the read, and the journey!

7 levels of financial freedom: *Get a Financial Life* Beth Kobliner, 2000 Provides financial advice that speaks the language and answers the questions of the generation just starting out on the road to financial responsibility.

7 levels of financial freedom: The Strait Path to Real Estate Wealth Kris Krohn, REIC., 2010 A powerful and practical book that shows how to get started and achieve financial independence as a real estate investor.

7 levels of financial freedom: Human Dimension and Interior Space Julius Panero, Martin Zelnik, 2014-01-21 The study of human body measurements on a comparative basis is known as anthropometrics. Its applicability to the design process is seen in the physical fit, or interface, between the human body and the various components of interior space. Human Dimension and Interior Space is the first major anthropometrically based reference book of design standards for use by all those involved with the physical planning and detailing of interiors, including interior designers, architects, furniture designers, builders, industrial designers, and students of design. The use of anthropometric data, although no substitute for good design or sound professional judgment should be viewed as one of the many tools required in the design process. This comprehensive overview of anthropometrics consists of three parts. The first part deals with the theory and application of anthropometrics and includes a special section dealing with physically disabled and elderly people. It provides the designer with the fundamentals of anthropometrics and a basic understanding of how interior design standards are established. The second part contains easy-to-read, illustrated anthropometric tables, which provide the most current data available on human body size, organized by age and percentile groupings. Also included is data relative to the range of joint motion and body sizes of children. The third part contains hundreds of dimensioned drawings, illustrating in plan and section the proper anthropometrically based relationship between user and space. The types of spaces range from residential and commercial to recreational and institutional, and all dimensions include metric conversions. In the Epilogue, the authors challenge the interior design profession, the building industry, and the furniture manufacturer to seriously explore the problem of adjustability in design. They expose the fallacy of designing to accommodate the so-called average man, who, in fact, does not exist. Using government data, including studies prepared by Dr. Howard Stoudt, Dr. Albert Damon, and Dr. Ross McFarland, formerly of the Harvard School of Public Health, and Jean Roberts of the U.S. Public Health Service, Panero and Zelnik have devised a system of interior design reference standards, easily understood through a series of charts and situation drawings. With Human Dimension and Interior Space, these standards are now accessible to all designers of interior environments.

7 levels of financial freedom: The Financial Crisis Inquiry Report Financial Crisis Inquiry Commission, 2011-05-01 The Financial Crisis Inquiry Report, published by the U.S. Government and the Financial Crisis Inquiry Commission in early 2011, is the official government report on the United States financial collapse and the review of major financial institutions that bankrupted and failed, or would have without help from the government. The commission and the report were implemented after Congress passed an act in 2009 to review and prevent fraudulent activity. The report details, among other things, the periods before, during, and after the crisis, what led up to it, and analyses of subprime mortgage lending, credit expansion and banking policies, the collapse of companies like Fannie Mae and Freddie Mac, and the federal bailouts of Lehman and AIG. It also discusses the aftermath of the fallout and our current state. This report should be of interest to anyone concerned about the financial situation in the U.S. and around the world.THE FINANCIAL CRISIS INQUIRY COMMISSION is an independent, bi-partisan, government-appointed panel of 10 people that was created to examine the causes, domestic and global, of the current financial and economic crisis in the United States. It was established as part of the Fraud Enforcement and

Recovery Act of 2009. The commission consisted of private citizens with expertise in economics and finance, banking, housing, market regulation, and consumer protection. They examined and reported on the collapse of major financial institutions that failed or would have failed if not for exceptional assistance from the government.News Dissector DANNY SCHECHTER is a journalist, blogger and filmmaker. He has been reporting on economic crises since the 1980's when he was with ABC News. His film In Debt We Trust warned of the economic meltdown in 2006. He has since written three books on the subject including Plunder: Investigating Our Economic Calamity (Cosimo Books, 2008), and The Crime Of Our Time: Why Wall Street Is Not Too Big to Jail (Disinfo Books, 2011), a companion to his latest film Plunder The Crime Of Our Time. He can be reached online at www.newsdissector.com.

7 levels of financial freedom: *The Pig Book* Citizens Against Government Waste, 2013-09-17 The federal government wastes your tax dollars worse than a drunken sailor on shore leave. The 1984 Grace Commission uncovered that the Department of Defense spent $640 for a toilet seat and $436 for a hammer. Twenty years later things weren't much better. In 2004, Congress spent a record-breaking $22.9 billion dollars of your money on 10,656 of their pork-barrel projects. The war on terror has a lot to do with the record $413 billion in deficit spending, but it's also the result of pork over the last 18 years the likes of: - $50 million for an indoor rain forest in Iowa - $102 million to study screwworms which were long ago eradicated from American soil - $273,000 to combat goth culture in Missouri - $2.2 million to renovate the North Pole (Lucky for Santa!) - $50,000 for a tattoo removal program in California - $1 million for ornamental fish research Funny in some instances and jaw-droppingly stupid and wasteful in others, The Pig Book proves one thing about Capitol Hill: pork is king!

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