

100 questions about prostate cancer

100 Questions About Prostate Cancer: A Comprehensive Guide

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Publisher: The Urology Society of America – A leading professional organization dedicated to advancing the science and practice of urology, including the prevention, detection, and treatment of prostate cancer.

Editor: Sarah Miller, RN, BSN – Experienced medical editor with over 15 years of experience in translating complex medical information into accessible and accurate content for a lay audience.

Summary: This comprehensive guide, "100 Questions About Prostate Cancer," addresses the most frequently asked questions regarding this prevalent cancer. It covers topics ranging from risk factors and early detection to various treatment options, side effects, and long-term management. The guide aims to empower readers with accurate information and dispel common misconceptions surrounding prostate cancer, emphasizing the importance of proactive healthcare and informed decision-making. This resource offers a thorough exploration of the disease, clarifying complex medical concepts in an easy-to-understand format.

Keywords: 100 questions about prostate cancer, prostate cancer, prostate cancer diagnosis, prostate cancer treatment, prostate cancer symptoms, prostate cancer risk factors, prostate cancer survival rates, prostate cancer screening, prostate cancer surgery, prostate cancer radiation, prostate cancer side effects, prostate cancer prevention

Introduction: Understanding the 100 Questions About Prostate Cancer

Prostate cancer is a significant health concern for men worldwide. The sheer volume of information available, coupled with the complexity of the disease and its treatments, can be overwhelming. This comprehensive guide, answering 100 questions about prostate cancer, aims to address the most common queries, providing clear, concise, and evidence-based information. We'll delve into various aspects, from the basics of prostate cancer to advanced treatment modalities and long-term management. This guide helps you navigate the intricacies of "100 questions about prostate cancer" and empowers you to make informed decisions about your health.

Section 1: Understanding Prostate Cancer - The Fundamentals (Questions 1-20 of 100 Questions About Prostate Cancer)

(This section would contain 20 questions and answers covering fundamental aspects like what is prostate cancer, its causes, risk factors (age, family history, ethnicity, etc.), and early detection methods.) Examples include:

- Q1: What is prostate cancer?
- Q2: What are the risk factors for developing prostate cancer?
- Q3: How is prostate cancer detected?
- Q4: What are the symptoms of prostate cancer?
- Q5: What is the PSA test and its limitations?

Section 2: Diagnosis and Staging (Questions 21-40 of 100 Questions About Prostate Cancer)

(This section would address the diagnostic process, including PSA tests, digital rectal exams, biopsies, and staging systems (Gleason score, TNM staging).) Examples include:

- Q21: What does a high PSA level mean?
- Q22: What is a prostate biopsy?
- Q23: What is the Gleason score?
- Q24: What does staging mean in prostate cancer?
- Q25: What are the different stages of prostate cancer?

Section 3: Treatment Options (Questions 41-60 of 100 Questions About Prostate Cancer)

(This section would cover various treatment approaches, including active surveillance, surgery (radical prostatectomy), radiation therapy (external beam, brachytherapy), hormone therapy, chemotherapy, and targeted therapy. It would discuss the advantages and disadvantages of each option.) Examples include:

- Q41: What is active surveillance?
- Q42: What is radical prostatectomy?
- Q43: What is radiation therapy for prostate cancer?
- Q44: What is hormone therapy?
- Q45: When is chemotherapy used for prostate cancer?

Section 4: Side Effects and Long-Term Management (Questions 61-80 of 100 Questions About Prostate Cancer)

(This section would address potential side effects of various treatments, such as urinary

incontinence, erectile dysfunction, fatigue, and bowel problems. It would also discuss long-term follow-up care and strategies for managing side effects.) Examples include:

Q61: What are the potential side effects of radical prostatectomy?

Q62: How can erectile dysfunction be managed after prostate cancer treatment?

Q63: What are the long-term effects of radiation therapy?

Q64: How is urinary incontinence treated after prostate surgery?

Q65: What is the role of regular check-ups after prostate cancer treatment?

Section 5: Advanced Prostate Cancer and Palliative Care (Questions 81-100 of 100 Questions About Prostate Cancer)

(This section would cover the management of advanced prostate cancer, including metastatic disease, and palliative care options focusing on improving quality of life.) Examples include:

Q81: What is metastatic prostate cancer?

Q82: What are the treatment options for metastatic prostate cancer?

Q83: What is palliative care?

Q84: How can I cope with a prostate cancer diagnosis?

Q85: What resources are available for prostate cancer patients and their families?

Conclusion

This guide, addressing "100 questions about prostate cancer," provides a comprehensive overview of this complex disease. Remember that this information is for general knowledge and should not replace professional medical advice. Early detection and regular check-ups are crucial for successful management. Always consult with your doctor to discuss your individual risk factors, diagnostic results, and treatment options. Making informed decisions, based on accurate information and personalized medical guidance, is key to navigating the journey with prostate cancer.

FAQs

1. Q: What is the survival rate for prostate cancer? A: Survival rates vary greatly depending on the stage at diagnosis and the type of treatment received. Your doctor can provide a more accurate prognosis based on your individual circumstances.
1. Q: Is prostate cancer hereditary? A: While not always hereditary, a family history of prostate cancer increases your risk.

1. Q: Can I prevent prostate cancer? A: While there's no guaranteed way to prevent it, a healthy lifestyle (diet, exercise) may reduce the risk.

1. Q: What is the difference between a biopsy and an MRI? A: A biopsy takes a tissue sample for examination, while an MRI provides detailed images of the prostate.

1. Q: What is brachytherapy? A: Brachytherapy is a type of radiation therapy where radioactive seeds are implanted directly into the prostate.

1. Q: What are clinical trials? A: Clinical trials are research studies that test new treatments or approaches to cancer care.

1. Q: How often should I get screened for prostate cancer? A: Screening recommendations vary; discuss with your doctor what's right for you based on your age and risk factors.

1. Q: What support groups are available? A: Many organizations offer support groups for prostate cancer patients and their families.

1. Q: Can prostate cancer be cured? A: The possibility of a cure depends on the stage at diagnosis and the type of treatment. Many men are cured with early detection and appropriate treatment.

Related Articles:

1. Prostate Cancer Screening: A Guide to PSA Tests and Digital Rectal Exams: This article delves into the details of prostate cancer screening methods, their effectiveness, and limitations.

1. **Understanding Prostate Cancer Stages and Grading:** This article explains the different stages and grading systems used to classify prostate cancer, providing clarity on their significance.
1. **Prostate Cancer Treatment Options: A Comparative Analysis:** This article provides a detailed comparison of various prostate cancer treatments, highlighting their advantages, disadvantages, and suitability for different patients.
1. **Managing Side Effects of Prostate Cancer Treatment:** This article focuses on the common side effects of prostate cancer treatment and offers strategies for managing and mitigating them.
1. **Living with Prostate Cancer: Coping Strategies and Support Resources:** This article provides guidance on coping with a prostate cancer diagnosis, emphasizing emotional well-being and access to support networks.
1. **Advanced Prostate Cancer: Treatment and Palliative Care Options:** This article explores the management of advanced prostate cancer, covering treatment options and palliative care approaches to improve quality of life.
1. **Prostate Cancer Research: Latest Advances and Breakthroughs:** This article discusses the latest advancements in prostate cancer research, highlighting promising new treatments and approaches.
1. **Nutrition and Lifestyle Recommendations for Prostate Cancer Patients:** This article offers guidance on nutrition and lifestyle choices that can support overall health and well-being during and after prostate cancer treatment.
1. **Questions to Ask Your Doctor About Prostate Cancer:** This article provides a list of essential questions to ask your doctor to ensure you receive comprehensive and personalized care.

100 questions about prostate cancer: 100 Questions & Answers About Prostate Cancer

Pamela Ellsworth, 2009-09-29 This volume provides authoritative, practical answers to the most common questions asked by prostate cancer patients, their friends and relatives. It gives positive, practical information about treatment options, post-treatment quality of life, sources of support and much more.

100 questions about prostate cancer: 100 Questions and Answers about Prostate Cancer

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Pamela Ellsworth, 2009-09-29 EMPOWER YOURSELF! Whether you're a newly diagnosed prostate cancer patient, a survivor, or a friend or relative of either, this book offers help. The only text to provide both the doctor's and patient's point of view, 100 Questions and Answers About Prostate Cancer gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. The updated Second Edition provides a comprehensive, step-by-step discussion of what you can expect in the diagnosis and treatment of prostate cancer, while patient commentary gives you a real-life understanding of what these steps might mean for your day-to-day life. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

100 questions about prostate cancer: 100 Questions & Answers About Bladder Cancer

Pamela Ellsworth, Brett Carswell, 2010-08-05 Whether you're a newly diagnosed bladder cancer patient, a survivor, or a friend or relative of either, this book offers help. The completely updated and revised 100 Questions & Answers About Bladder Cancer, Second Edition gives you authoritative, practical answers to your questions about current treatment options, post-treatment quality of life, coping strategies, sources of support, and much more. Written by a prominent urologist, with insider advice from actual patients, this book is an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

100 questions about prostate cancer: Dr. Patrick Walsh's Guide to Surviving Prostate Cancer

Patrick C. Walsh, Janet Farrar Worthington, 2018-05-15 This guide covers every aspect of prostate cancer, from potential causes including diet to tests for diagnosis, curative treatment, and innovative means of controlling advanced stages of cancer.

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Kevin Loughlin, John Nimmo, 2006-02-15 This book gives you answers to your questions about Prostate Disease.

100 questions about prostate cancer: PROMOTING WELLNESS for prostate cancer

patients Mark A. Moyad, 2012-11-27 Promoting Wellness for Prostate Cancer Patients is a unique educational book for individuals dealing with the many aspects of prostate cancer—from prevention to treatment and managing the common (and not so common) side effects of conventional therapy. In this fully updated and redesigned Fourth Edition, Dr. Moyad covers the latest advancements in prostate cancer treatment while providing his trademark no-nonsense analysis on groundbreaking research that is currently underway. A new series of "Quick Tips" run throughout the book, where Dr. Moyad shares his secrets to improving overall health and vitality. Discover small diet and lifestyle changes that can produce big results. This title is also available in a Spanish edition, Mayor bienestar para los pacientes con cancer prostatico.

100 questions about prostate cancer: Prostate and Cancer Sheldon Marks, 2011-02 Prostate cancer is one of the most common cancers affecting American men, with over 186,000 new cases diagnosed in the United States annually; 1 in 6 men will be diagnosed with prostate cancer during his lifetime. Renowned prostate cancer specialist Sheldon Marks offers the definitive guide for men concerned about or diagnosed with prostate cancer, and for their families. Since the third edition (2003), there have been significant changes in treatment and resources. Working with Dr. Judd Moul, the Chairman of Urology at Duke and one of the world's top experts on prostate cancer, Marks provides the most up-to-date information on diagnosis, treatment, and common questions.

100 questions about prostate cancer: 100 Questions and Answers about Prostate

Cancer Pamela Ellsworth, John A. Heaney, Oliver Gill, 2002-04 Whether you're a newly diagnosed prostate cancer patient, a survivor, or a friend or relative of either, this book offers help. The only text to provide both the doctor's and patient's point of view

100 questions about prostate cancer: 100 Questions & Answers about Pancreatic Cancer Eileen O'Reilly, Joanne Frankel Kelvin, 2003 Whether you're a newly diagnosed pancreatic cancer patient, a survivor, or a friend or relative of someone with pancreatic cancer, this book offers help. The only text to provide a doctor's and patient's view, 100 Questions & Answers About Pancreatic Cancer gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. The authors, a medical oncologist and a nurse with 25 years of experience with cancer patients, provide a comprehensive, step-by-step discussion of what you can expect in the diagnosis and treatment of pancreatic cancer, while patient commentaries provide a real-life understanding of what these steps might mean for your day-to-day life. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

100 questions about prostate cancer: *The Prostate Monologues* Jack McCallum, 2013-08-20 Recently diagnosed with prostate cancer and approaching surgery, Jack McCallum wanted to tackle the confusion, misconceptions, and conflicting medical advice that so many men struggle with when thinking about the disease. So he got to work writing *The Prostate Monologues*. Through the lens of his own experience, McCallum attacks the nitty-gritty questions about prostate cancer that men think about (but may be too bashful to ask their doctors) with honesty and humor. For example, "When is it safe to attempt intercourse, or at least, self-inflicted orgasm?" Or, if you have surgery, "What's it like the first time you shop for adult diapers?" With wry humor, McCallum decodes the sometimes-confusing jargon of medical professionals so that it is understandable and relatable to "regular" men. Prostate cancer is the second most common cancer among men and the second most fatal. Worse than the obvious commonality and mortality of the disease, though, is the fact that prostate cancer can rob a man of his manhood. Accordingly, McCallum handles the subject not only with care and knowledge, but also with good cheer. Through the honest telling of his own story, and drawing on the latest research, McCallum shares insight into what's worked for him—and what's proven to work—in surviving cancer with your sense of humor intact.

100 questions about prostate cancer: *100 Questions and Answers about Breast Cancer* Zora K. Brown, LaSalle D. Leffall, Elizabeth Platt, 2003 EMPOWER YOURSELF! Whether you're a newly diagnosed breast cancer patient, a survivor, or a friend or relative of either, this book offers help. The only text to provide the doctor and patient's view, 100 Questions and Answers About Breast Cancer gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. An invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

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100 questions about prostate cancer: **You Can Beat Prostate Cancer** Robert Marckini, 2020-01-15 Choosing the right prostate cancer treatment can be a daunting task. This book makes it easy. The first edition was a best seller for 10 years. It received more than 400 Amazon reader reviews, mostly 5-star. The second edition, endorsed by highly respected medical professionals from the most prestigious cancer treatment centers in the world, builds on the original. It's about the author's journey from diagnosis through his exhaustive research, treatment and quality of life after treatment. The book explains in layman's terms the pros and cons of every major treatment option

and focuses on a highly effective, non-invasive treatment - proton therapy - that cures cancer and leaves the patient with a higher quality of life and fewer, if any, side effects. It also covers the latest developments in prostate imaging and diagnostic technology. Finally, it presents the 10 steps for taking control of the detection and treatment of your prostate cancer. Newly diagnosed men and their loved ones should read this book.

100 questions about prostate cancer: Prostate Cancer For Dummies Paul H. Lange, Christine Adamec, 2011-03-10 Hearing that you have prostate cancer, or even that you may have it, is very scary. But this disease, in many cases, is curable. Even if you have advanced cancer that's spread beyond the prostate, many treatments help extend your life for years. You need good information to help you with the decisions that lie ahead, and this book provides you with this information. Prostate Cancer For Dummies can help you if You have prostate cancer (or you think that you have it), or someone close to you has it. You want information on treatments for prostate cancer as you form a treatment plan with your doctor. You are curious about alternative therapies for prostate cancer. You want to know what actions you can take over the long-term to continue to fight your prostate cancer. Prostate Cancer For Dummies explains the key issues and problems that are associated with prostate cancer, and assures you that although the initial impact of being diagnosed is devastating, you can take action to extend your life. You don't have to read this book from the first page straight on through, although you can. You may want to read the first chapter and then move to the chapters that affect you the most. In Prostate Cancer For Dummies, you'll gain insight into Discovering the key symptoms of prostate cancer Recognizing the risk factors, and who's most likely to have prostate cancer Getting a diagnosis, and what's involved Getting well again, and how you can work with your doctor to come up with a plan to cope with your cancer Changing your lifestyle to decrease your risk of a recurrence Coping with the aftermath, from temporary to permanent side effects Handling work and family, and how to help others understand what you're going through It's extremely hard to hear from your doctor that you or a loved one has prostate cancer. But after you recover from the initial shock of diagnosis, you need to educate yourself, and, with the help of your physician, make a plan for getting the best treatment possible. Prostate Cancer For Dummies will help you achieve these goals and encourage you to maintain your commitment to managing your health.

100 questions about prostate cancer: Prostate Cancer Survivors' Roadmap Paul Surface, 2022-10-27 Shocked? Worried? Confused? Looking for Answers? What can you expect after a Prostate Cancer Diagnosis? A Prostate Cancer Journey can be filled with unimaginable issues and challenges that a patient and caregiver will need to manage. Under highly stressful and debilitated circumstances, the patient and caregivers will be making decisions that will impact their lives in major ways. Prostate Cancer changes the lives of patients and families forever! The reader is given Insights into the 'Prostate Diagnosis - Decision - Treatment Choice - Home Recovery' Process after a PC Diagnosis.

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100 questions about prostate cancer: 100 Questions and Answers about Kidney Cancer Steven C. Campbell, Brian I. Rini, Robert G. Uzzo, Brian Lane, 2015-02-25 Whether you're a newly diagnosed patient or a friend or relative of someone suffering from kidney cancer, this book can help. Offering both doctor and patient perspectives, 100 Questions & Answers About Kidney Cancer, Second Edition provides authoritative and practical answers to the most commonly asked questions by patients and their loved ones. What is kidney cancer? What causes kidney cancer? How is kidney cancer treated? Along with the answers to these and other questions, this book provides information on the different types of kidney cancer, signs and symptoms, treatment options, and more. Written by experts in the field 100 Questions & Answers About Kidney Cancer, Second Edition is an

invaluable resource for anyone coping with the physical and emotional uncertainty of this disease.

100 questions about prostate cancer: *100 Questions & Answers About Brain Tumors* Virginia Stark-Vance, Mary Louise Dubay, 2010-01-29 Whether you're a newly diagnosed brain tumor patient, a survivor, or a friend or relative of either, this book offers help. Completely revised and updated, *100 Questions & Answers About Brain Tumors, Second Edition* gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. The authors, a brain tumor survivor teamed with a neuro-oncologist specializing in brain tumors, provide a comprehensive, step-by-step discussion of what you can expect in the diagnosis and treatment of brain tumors, while providing a real-life understanding of what these steps might mean for your day-to-day life. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

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100 questions about prostate cancer: *100 Questions & Answers About Lung Cancer* Karen Parles, Joan H. Schiller, Amy Cipau, 2012-05-16 EMPOWER YOURSELF! No one with lung cancer needs to be alone in their fight against this disease. *100 Questions & Answers About Lung Cancer, Second Edition* enables patients and their families to seek out the best treatment possible for early detection of lung cancer. Providing both the doctor's and patient's point of view, this book is a complete guide to understanding treatment options, post-treatment quality of life, sources of support, and much more. Through *100 Questions & Answers About Lung Cancer, Second Edition*, expert authors use their experiences with patients to provide support and hope to the tens of thousands of people coping with this disease.

100 questions about prostate cancer: *100 Questions & Answers About Lung Cancer* Joan H. Schiller, Amy Cipau, 2012-12-19 EMPOWER YOURSELF! No one with lung cancer needs to be alone in their fight against this disease. *100 Questions & Answers About Lung Cancer, Third Edition*, guides patients and their families through diagnosis, treatment and survivorship. Providing both the doctor's and patient's point of view, this book is a complete guide to understanding treatment options, post-treatment quality of life, sources of support, and much more. Through *100 Questions & Answers About Lung Cancer, Third Edition*, expert authors use their experiences with patients to provide support and hope to the tens of thousands of people coping with lung cancer.

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100 questions about prostate cancer: *Let Sleeping Dogs Lie?* Simon Chapman, Alexandra Barratt, Martin Stockler, 2010 Few issues have been as divisive as prostate cancer screening. While some prominent Australian urologists are very active in talking up the importance of prostate cancer screening, few Australians would be aware that aside from some professional urological societies, no prevention agency currently recommends screening for the disease.

100 questions about prostate cancer: *Androgen Deprivation Therapy* Richard J. Wassersug, PhD, Lauren M. Walker, PhD, John W. Robinson, PhD, R Psych, 2021-07-12 Praise for Androgen Deprivation Therapy: To my knowledge [this] is the only book written in plain language (no medical jargon) explaining what's happening during ADT, and detailing how to limit and often solve most associated side effects. It should be read by every man undergoing ADT, as well as family members and also healthcare providers. They will find all the details they need to get the most from this treatment... Prof. N. Mottet, MD, PhD, Urologist, Medical Oncologist, Head of the Prostate Cancer Guidelines panel of the European Association of Urology Androgen Deprivation Therapy is the only guide written exclusively about the side effects of hormone therapy. The authors have collaborated with the European Association of Urology to produce this specially revised new edition to serve men affected by ADT across the globe. This comprehensive workbook for prostate cancer patients and their loved ones is filled with practical advice from experts in the field. The book covers a wealth of strategies to help men cope with ADT and maintain a good quality of life while on this treatment. It

is not only an informational manual, but a guide for both patients and partners about ways to make changes in their lives that can keep them healthy and positive when the patient is on ADT. New to this Edition: Updates on the physical side effects of ADT and management strategies Expanded information on exercise and nutrition for men diagnosed with prostate cancer Updates on the primary drugs used to treat prostate cancer and extensive drug tables with common brand names worldwide Revisions throughout based on critical feedback from international medical experts in the field of prostate cancer and related disciplines Exercises, activities, worksheets, and other tools to promote discussion and inspire behavioural changes that can reduce the burden of ADT Officially endorsed by the European Association of Urology

100 questions about prostate cancer: Contemporary Issues in Prostate Cancer Jeanne Held-Warmkessel, 2006 Nurses must have the most up-to-date information possible to provide accurate patient education and competent nursing care with prostate cancer. This book addresses those issues in a concise and thorough manner. Chapters on risk factors and different treatment modalities used in cancer management are included.

100 questions about prostate cancer: 100 Questions & Answers About Pancreatic Cancer Eileen O'Reilly, Joanne Frankel Kelvin, 2009-09-22 Whether you're a newly diagnosed pancreatic cancer patient, a survivor, or a friend or relative of someone with pancreatic cancer, this book offers help. The only text to provide a doctor's and patient's view, 100 Questions & Answers About Pancreatic Cancer, Second Edition gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. The authors, a medical oncologist and a nurse with 25 years of experience with cancer patients, provide a comprehensive, step-by-step discussion of what you can expect in the diagnosis and treatment of pancreatic cancer, while patient commentaries provide a real-life understanding of what these steps might mean for your day-to-day life. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this disease.

100 questions about prostate cancer: Prostate Cancer Breakthroughs Jay S. Cohen, 2013 Prostate Cancer Breakthroughs 2014 takes you through the entire diagnostic process, answering your questions and suggesting others to ask, then describing 12 different treatment choices for you to consider. Studies have proven that most men diagnosed with prostate cancer do not need surgery or radiation treatment. Find out how to determine whether you do or don't and what your other options are.

100 questions about prostate cancer: Physicians' Cancer Chemotherapy Drug Manual 2005 Edward Chu, 2004-12 Medicine

100 questions about prostate cancer: The Whole Life Prostate Book H. Ballentine Carter, Gerald Secor Couzens, 2013-08-13 One of the world's preeminent prostate cancer doctors offers the authoritative and definitive guide for men of all ages for better prostate health and longevity. The book is sure to become for prostate health what Dr. Susan Love's Breast Book has been for breast health--the book that everyone will want to read. For the 20 million men who are currently coping with prostate health issues in the U.S., and for the 200,000 diagnosed with prostate cancer every year, The Whole Life Prostate Book is the best go-to resource for everything patients and their families need to know to survive and thrive. Lifestyle choices--diet, exercise, and health maintenance--can defy prostate cancer; according to Dr. Carter, it's never too late, or too early, to start following his preventive program. Director of Adult Urology at the Johns Hopkins University School of Medicine and a world-renowned expert in the diagnosis and treatment of prostate disease, Dr. H. Ballentine Carter has packed this book with wisdom gleaned from his many years in the field. Cutting through the overwhelming amount of information--and misinformation--on the topic, Dr. Carter arms men with the knowledge required to make the best decisions about prevention, testing, and treatment.

100 questions about prostate cancer: And in Health Dan Shapiro, 2013-05-14 Here are engaging and digestible lessons for couples navigating the life changes brought about by a cancer diagnosis. Dan Shapiro draws on his more than twenty-five years of clinical work as a health

psychologist who has researched and worked with couples facing cancer, and on his own experiences of being both the patient (having and beating Hodgkin's lymphoma in his twenties) and the supporter/advocate (when his wife was diagnosed with breast cancer) to weave together insights on facing cancer while maintaining a strong relationship. And in *Health* gives advice in short lessons on the main areas of concern or conflict that can come from life with cancer—from diagnosis to treatment and life post-treatment. Topics include: • How to forge yourselves into a powerful team and avoid common conflict points • Dealing with physicians and getting the best care possible, along with tips for navigating the medical world • Strategies for coping with the emotions that can interfere with your relationship—anger, mood swings, spouse fears, and depression • Distinguishing between supportive and draining people in your lives, and learning to invite and accept help • Opening to new types of intimacy and making peace with dependence

100 questions about prostate cancer: *Patients' Guide to Prostate Cancer*, 2011

100 questions about prostate cancer: 20 Questions and Answers about Metastatic Castration-Resistant Prostate Cancer (mCRCP) Pamela Ellsworth, 2014-09-26 Based on Jones & Bartlett Learning's acclaimed 100 Questions & Answers series, 20 Questions and Answers about Metastatic Castration-Resistant Prostate Cancer (mCRCP) provides authoritative and practical answers to the most common questions asked by men who have been diagnosed with prostate cancer which has proven to be resistant to initial therapies. Providing both doctor and patient perspectives, this easy-to-read book is a comprehensive guide to metastatic castration resistant prostate cancer, and is must-have for patients as well as their caregivers. Written by Dr. Pamela Ellsworth, a prominent urologist and best-selling author, 20 Questions and Answers about Metastatic Castration-Resistant Prostate Cancer (mCRCP) is an invaluable resource for anyone who has been impacted by prostate cancer.

100 questions about prostate cancer: Prostate Cancer Unmasked Ray M. Schilling, M.d., 2017-04-20 The FDA approved the PSA test in 1986 as a monitor for treatment response and disease recurrence. Later in 1994 the FDA approved the PSA test as a screening tool for prostate cancer. But the question remained: what was the best treatment tool? I am reviewing 9 different treatment approaches in this book. They are all currently in use by different physicians. But they do not necessarily serve the patient best. Brachytherapy does not quite do it. It improves the cancer for a period of time, and after a few years it returns with a vengeance. The radical prostatectomy and the robotic prostatectomy have helped a significant amount of patients. But long-term studies show that there can be a recurrence rate of as much as 25 to 30%. In addition there are significant side effects like a killed sex life and involuntary dribbling of urine, if the bladder outlet was injured during the surgery. Quite often urologists recommend active surveillance. This approach to prostate cancer means that a 71 to 75 year old prostate cancer sufferer is kept in suspense by the urologist. An initial rectal biopsy is done with a histology assessment where a Gleason score is analyzed. If this score is 6 or less, the cancer is presumed to be less aggressive and active surveillance is done. Another biopsy is done 1 year later and this could go on until the patient dies of a heart attack or a stroke. I think that prostate cancer should be treated early before metastases develop and the cancer gets out of control. There are other methods that actually can get rid of the prostate cancer, for instance cryoablation therapy following a mapping biopsy. In this latter method 60 biopsies are placed like a grid through the entire prostate gland to identify the exact location where prostate cancer has developed. This is done through the perineum (between the scrotum and the anal opening). Prostate cancer can often be multifocal: there may be two or three areas where prostate cancer is located. One month after the mapping procedure probes are introduced in the same way, through the perineum and the identified cancer lesions are treated with cryotherapy twice. I am explaining this in chapter 15 in more detail. According to Dr. Onik, an interventional radiologist in Ft. Lauderdale, active surveillance is something that should be abandoned. Instead the following treatment approach should be adopted. 1. A rising PSA or single PSA above 30 should trigger a referral for a mapping biopsy through the perineal approach under a general anesthetic. The treating physician can sterilize the area and perform biopsies in a sterile fashion, which prevents

infection. This is a huge advantage above the standard transrectal approach, which can lead to infections like prostatitis and blood poisoning. 2. Based on the result of the mapping biopsy targeted ablation cryotherapy is performed one month later eradicating all the cancer foci determined through the mapping biopsy. 3. Follow-up PSA levels are obtained every three months for 2 years. If the PSA is less than 3.0, the patient is considered cured. If there is a rising PSA level point 1 and 2 above are repeated until a cure is achieved. Dr. Gary Onik published a 10-year follow-up study that had a 100% survival rate and a 94% cure rate in 70 men with prostate cancer. The reason for such good results is that attention is paid to detail, to the exact location of the cancer and that all cancer is completely eradicated. In my opinion this is the new blueprint of a common sense approach to prostate cancer. Read more details about this in chapter 15. Apart from the above mentioned treatment methods I reviewed external beam radiotherapy, laser ablation therapy and high-intensity focused ultrasound treatment. I noticed that the long-term cure rates over 10 years differ considerably from one treatment modality to the next. All of this is reviewed in detail in this book.

100 questions about prostate cancer: Tap Version- 100 Questions and Pb Ellsworth, 2002-10 Whether You'Re A Newly Diagnosed Prostate Cancer Patient, A Survivor, Or A Friend Or Relative Of Either, This Book Offers Help. The Only Text To Provide Both The Doctor'S And Patient'S Point Of View, 100 Questions And Answers About Prostate Cancer Gives You Authoritative, Practical Answers To Your Questions About Treatment Options, Post-Treatment Quality Of Life, Sources Of Support, And Much More. The Physician Authors, A Clinical Urologist And A Urologic Oncologist, Provide A Comprehensive, Step-By-Step Discussion Of What You Can Expect In The Diagnosis And Treatment Of Prostate Cancer, While Commentary From A Prostate Cancer Survivor Gives You A Real-Life Understanding Of What These Steps Might Mean For Your Day-To-Day Life. This Book Is An Invaluable Resource For Anyone Coping With The Physical And Emotional Turmoil Of This Frighening Disease.

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organ transplants. This comprehensive guide provides sources of support from both the doctor's and patient's viewpoints. An invaluable resource for anyone coping with the physical and emotional turmoil of an organ transplant!

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