

3 hours of continuing education on safe opioid prescribing

3 Hours of Continuing Education on Safe Opioid Prescribing: A Comprehensive Guide

Author: Dr. Emily Carter, MD, PhD – Board-certified Anesthesiologist and Pain Management Specialist with 15 years of experience in clinical practice and research focusing on safe opioid prescribing and addiction treatment. Dr. Carter is also a recognized educator in the field, having delivered numerous lectures and workshops on opioid stewardship.

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Editor: Dr. David Lee, MD – Board-certified in Internal Medicine and Geriatrics, with extensive experience in reviewing medical education materials and ensuring accuracy and compliance with medical best practices.

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Introduction:

This article provides a detailed overview of the essential components of a 3-hour continuing education program on safe opioid prescribing. This comprehensive program aims to equip healthcare professionals with the knowledge and skills needed to effectively manage pain while minimizing the risks associated with opioid use. Successful completion of this 3 hours of continuing education on safe opioid prescribing program will allow participants to confidently apply evidence-based practices in their clinical settings.

Module 1: Understanding the Opioid Crisis and its Impact (45 minutes)

This module begins by outlining the current opioid crisis and its devastating consequences. It will cover the epidemiology of opioid misuse and addiction, including the rising rates of overdose deaths and the substantial societal and economic burden. Participants will examine contributing factors, such as overprescription of opioids, the role of pharmaceutical companies, and the

impact of social determinants of health. The module will also discuss the ethical and legal implications of opioid prescribing. This section of the 3 hours of continuing education on safe opioid prescribing curriculum sets the stage for responsible prescribing practices.

Module 2: Risk Assessment and Patient Selection (45 minutes)

This crucial module focuses on the critical step of thorough patient assessment before initiating opioid therapy. Participants will learn how to conduct a comprehensive risk assessment using validated tools and questionnaires to identify patients at high risk for opioid misuse or addiction. Key components of the assessment include reviewing past medical history, including substance use disorder, mental health conditions, and family history; performing a thorough physical examination; and utilizing appropriate screening tools like the Opioid Risk Tool (ORT) or the Screener and Opioid Assessment for Patients with Pain (SOAPP). This portion of the 3 hours of continuing education on safe opioid prescribing is dedicated to identifying appropriate candidates for opioid therapy.

Module 3: Non-Opioid Pain Management Strategies (45 minutes)

This module emphasizes the importance of non-opioid pain management strategies. Participants will explore a range of alternative therapies, including physical therapy, occupational therapy, cognitive behavioral therapy (CBT), mindfulness-based interventions, and various pharmacological approaches such as nonsteroidal anti-inflammatory drugs (NSAIDs), acetaminophen, and other adjunctive medications. This section of the 3 hours of continuing education on safe opioid prescribing is dedicated to highlighting a crucial element of responsible pain management – the prioritization of non-opioid approaches whenever feasible. Discussion will include strategies for patient education and motivational interviewing to encourage patient engagement in non-opioid therapies.

Module 4: Principles of Safe Opioid Prescribing (45 minutes)

This module delves into the evidence-based principles of safe opioid prescribing. Topics include:

Starting low and going slow: The importance of initiating opioid therapy at the lowest effective dose and titrating slowly.

Short-term use: The emphasis on prescribing opioids for the shortest duration necessary.

Regular monitoring: The necessity of regular follow-up appointments to assess pain control, monitor for adverse effects, and screen for misuse.

Urine drug testing: When and how to utilize urine drug testing to monitor adherence and detect potential misuse.

Prescription Drug Monitoring Programs (PDMPs): Utilizing PDMPs to review a patient's prescription history and avoid potential doctor shopping.

Pain contract: Utilizing a patient agreement to outline treatment expectations and adherence guidelines.

This section of the 3 hours of continuing education on safe opioid prescribing offers practical guidance on the safe and responsible use of opioids.

Module 5: Identifying and Managing Opioid Use Disorder (OUD) and Overdose Prevention (45 minutes)

This module is dedicated to recognizing the signs and symptoms of opioid use disorder and knowing how to initiate interventions. Participants will learn about different treatment options for OUD, including medication-assisted treatment (MAT) and behavioral therapies. Furthermore, the module covers the crucial skill of recognizing opioid overdose and implementing naloxone administration to prevent fatalities. This segment of the 3 hours of continuing education on safe opioid prescribing emphasizes the importance of early recognition and intervention in OUD.

Summary of Core Ideas and Methodologies:

The 3 hours of continuing education on safe opioid prescribing program emphasizes a multi-faceted approach to pain management that prioritizes non-opioid therapies and utilizes opioids judiciously when necessary. The core methodologies include thorough patient assessment, risk stratification, utilization of evidence-based prescribing practices, regular monitoring, and proactive strategies for identifying and managing OUD and overdose prevention. The program emphasizes the importance of collaboration with other healthcare professionals and the utilization of available resources.

Conclusion:

This 3-hour continuing education program on safe opioid prescribing provides a comprehensive framework for healthcare professionals to address the complexities of opioid management. By integrating a combination of risk assessment, non-opioid pain management strategies, safe prescribing guidelines, and OUD management, clinicians can significantly improve patient outcomes while mitigating the risks associated with opioid use. Ongoing education and adherence to updated guidelines are crucial to address the evolving landscape of opioid prescribing and enhance patient safety.

FAQs:

1. What are the accreditation details for this 3-hour continuing education program? This program is accredited by [Insert Accrediting Body Name and Number].

1. Is this program suitable for all healthcare professionals? This program

is designed for physicians, nurse practitioners, physician assistants, and other healthcare professionals involved in pain management and opioid prescribing.

1. What materials will be provided to participants? Participants will receive a comprehensive program handbook, including presentations, handouts, and relevant articles.
1. Will there be opportunities for interactive learning? Yes, the program incorporates interactive case studies, group discussions, and Q&A sessions.
1. How can I access the program materials after the course? Access to digital materials will be provided through [Insert Platform Name, e.g., a learning management system].
1. What is the cost of this 3 hours of continuing education on safe opioid prescribing? [Insert Cost].
1. What is the format of this 3 hours of continuing education on safe opioid prescribing? [Insert Format, e.g., live online webinar, in-person workshop].
1. How can I receive continuing education credits? Credits will be automatically awarded upon successful completion of the program and post-test.
1. What if I have questions after completing the program? You can contact [Insert Contact Information, e.g., email address].

Related Articles:

1. "The Role of Non-Opioid Analgesics in Chronic Pain Management": Discusses the efficacy and safety of alternative pain relief options.
1. "Opioid Risk Tool (ORT) and its Clinical Application": A detailed guide on using the ORT for patient assessment.
1. "Medication-Assisted Treatment (MAT) for Opioid Use Disorder": Explores various MAT options and their effectiveness.
1. "Strategies for Preventing Opioid Overdose": Focuses on recognizing signs of overdose and administering naloxone.
1. "The Use of Prescription Drug Monitoring Programs (PDMPs) in Safe Opioid Prescribing": Guides clinicians on how to effectively use PDMPs.
1. "Cognitive Behavioral Therapy (CBT) for Chronic Pain Patients": Explores the application of CBT in pain management.
1. "Ethical Considerations in Opioid Prescribing": Addresses the ethical dilemmas faced by clinicians.
1. "Integrating Patient Education into Opioid Management": Highlights the importance of educating patients about opioid risks and benefits.
1. "Addressing the Social Determinants of Health in Opioid Misuse": Explores the societal factors contributing to the opioid crisis.

3 hours of continuing education on safe opioid prescribing: Pain Management and the Opioid Epidemic National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse, 2017-09-28 Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

3 hours of continuing education on safe opioid prescribing: *Guidelines for the Psychosocially Assisted Pharmacological Treatment of Opioid Dependence* World Health Organization. Department of Mental Health and Substance Abuse, World Health Organization, 2009 These guidelines were produced by the World Health Organization (WHO), Department of Mental Health and Substance Abuse, in collaboration with the United Nations Office on Drugs and Crime (UNODC) a Guidelines Development Group of technical experts, and in consultation with the International Narcotics Control Board (INCB) secretariat and other WHO departments. WHO also wishes to acknowledge the financial contribution of UNODC and the Joint United Nations Programme on HIV/AIDS (UNAIDS) to this project. - p. iv

3 hours of continuing education on safe opioid prescribing: *Framing Opioid Prescribing Guidelines for Acute Pain* National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Evidence-Based Clinical Practice Guidelines for Prescribing Opioids for Acute Pain, 2020-03-20 The opioid overdose epidemic combined with the need to reduce the burden of acute pain poses a public health challenge. To address how evidence-based clinical practice guidelines for prescribing opioids for acute pain might help meet this challenge, Framing Opioid Prescribing Guidelines for Acute Pain: Developing the Evidence develops a framework to evaluate existing clinical practice guidelines for prescribing opioids for acute pain indications, recommends indications for which new evidence-based guidelines should be developed, and recommends a future research agenda to inform and enable specialty organizations to develop and disseminate evidence-based clinical practice guidelines for prescribing opioids to treat acute pain indications. The recommendations of this study will assist professional societies, health care organizations, and local, state, and national agencies to develop clinical practice guidelines for opioid prescribing for acute pain. Such a framework could inform the development of opioid prescribing guidelines and ensure systematic and standardized methods for evaluating evidence, translating knowledge, and formulating recommendations for practice.

3 hours of continuing education on safe opioid prescribing: *Pain Modulation* Howard L. Fields, 1988-01-01 This volume represents edited material that was presented at a conference on brainstem modulation of spinal nociception held in Beaune, France during July, 1987. Pain Modulation, Volume 77 in the series Progress in Brain Research reviews, analyses and suggests new research strategies on several relevant topics including: the endogenous opioid peptides; sites of action of opiates; the role of biogenic amines and non-opioid peptides in analgesia; dorsal horn circuitry; behavioural factors in the activation of pain modulating networks and clinical studies of

nociceptive modulation.

3 hours of continuing education on safe opioid prescribing: Framing Opioid Prescribing Guidelines for Acute Pain National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Evidence-Based Clinical Practice Guidelines for Prescribing Opioids for Acute Pain, 2020-02-20 The opioid overdose epidemic combined with the need to reduce the burden of acute pain poses a public health challenge. To address how evidence-based clinical practice guidelines for prescribing opioids for acute pain might help meet this challenge, Framing Opioid Prescribing Guidelines for Acute Pain: Developing the Evidence develops a framework to evaluate existing clinical practice guidelines for prescribing opioids for acute pain indications, recommends indications for which new evidence-based guidelines should be developed, and recommends a future research agenda to inform and enable specialty organizations to develop and disseminate evidence-based clinical practice guidelines for prescribing opioids to treat acute pain indications. The recommendations of this study will assist professional societies, health care organizations, and local, state, and national agencies to develop clinical practice guidelines for opioid prescribing for acute pain. Such a framework could inform the development of opioid prescribing guidelines and ensure systematic and standardized methods for evaluating evidence, translating knowledge, and formulating recommendations for practice.

3 hours of continuing education on safe opioid prescribing: Chronic Pain and Addiction Michael R. Clark, Glenn J. Treisman, 2011-01-01 The relationship between chronic pain and addiction Patients with chronic pain understandably seek relief from their distress and discomfort, but many medications that alleviate pain are potentially addictive, and most chronic pain conditions only have a temporary response to opiate analgesic drugs. This volume reviews the fundamental topics that underlie the complex relationships of this controversial domain. The authors review behavioral models and practical methods for understanding and treating chronic pain and addiction including methods to formulate patients with complex comorbidity and screen patients with chronic pain for addictive liability. Finally, the authors describe the current findings from clinical and basic science that illuminate the role of opiates, cannabinoids and ketamine in the treatment of chronic pain. Up to date and comprehensive, this book is relevant to all professionals engaged in the care of patients with chronic pain or addiction and all others interested in these contemporary issues, particularly non-clinicians seeking clarity in the controversy over the best approach to patients with chronic pain.

3 hours of continuing education on safe opioid prescribing: Introduction to Addiction George F. Koob, Michael A. Arends, Mandy L McCracken, Michel Lemoal, 2019-06-12 Introduction to Addiction, Volume One in the series, introduces the reader to the study of neurobiology of addiction by clearly defining addiction and its neuroadaptational views. This volume includes thorough descriptions of the various animal models applicable to the study of addiction, including Animal Models of the Binge-Intoxication Stage of the Addiction Cycle and Animal Models of Vulnerability to Addiction. The book's authors also include a section on numerous neurobiological theories that aid in the understanding of addiction, including dopamine, prefrontal cortex and relapse.

3 hours of continuing education on safe opioid prescribing: Cancer Pain Management Deborah B. McGuire, Connie Henke Yarbro, Betty Ferrell, 1995 Cancer Pain Management, Second Edition will substantially advance pain education. The unique combination of authors -- an educator, a leading practitioner and administrator, and a research scientist -- provides comprehensive, authoritative coverage in addressing this important aspect of cancer care. The contributors, acknowledged experts in their areas, address a wide scope of issues. Educating health care providers to better assess and manage pain and improve patients' and families' coping strategies are primary goals of this book. Developing research-based clinical guidelines and increasing funding for research is also covered. Ethical issues surrounding pain management and health policy implications are also explored.

3 hours of continuing education on safe opioid prescribing: Legislative Synopsis and

Digest ... General Assembly, State of Illinois Illinois. General Assembly, 2017

3 hours of continuing education on safe opioid prescribing: *Public Health in Pharmacy Practice* Jordan R Covvey, Vibhuti Arya, Natalie A. DiPietro Mager, 2020-03-20 *Public Health in Pharmacy Practice: A Casebook* is a collaboration of over thirty-five experts in public health pharmacy. The twenty-one chapters cover a broad array of topics relevant to pharmacy applications of public health: cross-cultural care, health literacy and disparities, infectious disease, health promotion and disease prevention, medication safety, women's and rural health and more. Each chapter contains learning objectives and an introduction to the topic, followed by a case and questions. The chapter closes with commentary from the authors and patient-oriented considerations for the topic at hand--Publisher's description

3 hours of continuing education on safe opioid prescribing: Behavioral and Psychopharmacologic Pain Management Michael H. Ebert, Robert D. Kerns, 2010-11-25 Pain is the most common symptom bringing a patient to a physician's attention. Physicians training in pain medicine may originate from different disciplines and approach the field with varying backgrounds and experience. This book captures the theory and evidence-based practice of behavioral, psychotherapeutic and psychopharmacological treatments in modern pain medicine. The book's contributors span the fields of psychiatry, psychology, anesthesia, neurology, physical medicine and rehabilitation, and nursing. Thus the structure and content of the book convey the interdisciplinary approach that is the current standard for the successful practice of pain management. The book is designed to be used as a text for training fellowships in pain medicine, as well as graduate courses in psychology, nursing, and other health professions.

3 hours of continuing education on safe opioid prescribing: *Federal Guidelines for Opioid Treatment Programs* U.S. Department of Health and Human Services, 2019-11-23 The Federal Guidelines for Opioid Treatment Programs (Guidelines) describe the Substance Abuse and Mental Health Services Administration's (SAMHSA) expectation of how the federal opioid treatment standards found in Title 42 of the Code of Federal Regulations Part 8 (42 CFR § 8) are to be satisfied by opioid treatment programs (OTPs). Under these federal regulations, OTPs are required to have current valid accreditation status, SAMHSA certification, and Drug Enforcement Administration (DEA) registration before they are able to administer or dispense opioid drugs for the treatment of opioid addiction.

3 hours of continuing education on safe opioid prescribing: **The American Opioid Epidemic** Michael T. Compton, M.D., M.P.H., Marc W. Manseau, M.D., M.P.H., 2018-12-31 *The American Opioid Epidemic: From Patient Care to Public Health* provides practicing psychiatrists, trainees, and other mental health professionals with the latest information on opioid addiction, including misuse of heroin and other illicit opioids, the role of prescription analgesic opioids, and recent overdose trends. Although highly effective in relieving acute pain, opioids can cause untold damage to people's lives, health, and social structures. Recognizing the efficacy of these drugs when prescribed appropriately, the editors call not for eliminating access or for incarcerating those who are addicted, but for changing the patterns of prescribing and use. The crisis is analyzed by expert contributors from a wide variety of perspectives, they address issues of epidemiology and toxicology, prevention and harm reduction, and common comorbidities. Stressing that prevention and treatment do work, expert contributors provide down-to-earth, public-health-focused strategies that clinicians and public health workers alike will find indispensable. Moreover, the use of clinical vignettes and key chapter points help ground the reader and highlight the most important concepts. -- Publisher.

3 hours of continuing education on safe opioid prescribing: *The Delta Receptor* Kwen-Jen Chang, Frank Porreca, James Woods, 2003-12-11 *The Delta Receptor* spans current research in delta receptor biology, pharmacology, physiology, and chemistry to identify, advance, and inspire the development of novel drug candidates. It demonstrates the potential significance and impact of the delta receptor in the therapy and treatment of medical conditions such as pain, gastrointestinal disorders, bladder dysfunction, and depression, as well as heart attack prevention. This reference examines the pathophysiological functions and mechanisms of receptor-selective drugs.

Documenting key advances in the field, *The Delta Receptor* represents the most comprehensive and up-to-date studies on receptor applications currently available.

3 hours of continuing education on safe opioid prescribing: Demystifying Opioid Conversion Calculations: A Guide for Effective Dosing Mary Lynn McPherson, 2018-08-28

Praised by practitioners, students and instructors for its engaging approach to teaching a very complex subject, *Demystifying Opioid Conversion Calculations: A Guide for Effective Dosing*, has long been the go-to guide for learning how to calculate opioid conversions. Now in its second edition, this reference is a must-have for clinicians involved in pain management at all levels. Written by pain management expert Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE, *Demystifying Opioid Conversion Calculations* focuses on the calculations that practitioners use in actual practice, providing realistic scenarios for decision making. The revised edition covers the entire spectrum of opioid analgesics used to manage patients with moderate-to-severe pain and serious life-limiting illnesses.

3 hours of continuing education on safe opioid prescribing: Principles and Practice of Palliative Care and Supportive Oncology Ann M. Berger, John L. Shuster, Jr., Jamie H. Von Roenn, 2012-12-03 Unlike other textbooks on this subject, which are more focused on end of life, the 4th edition of *Principles and Practice of Palliative Care and Supportive Oncology* focuses on supportive oncology. In fact, the goal of this textbook is to provide a source of both help and inspiration to all those who care for patients with cancer. Written in a more reader-friendly format, this textbook not only offers authoritative and up-to-date reviews of research and clinical care best practices, but also practical clinical applications to help readers put everything they learn to use.

3 hours of continuing education on safe opioid prescribing: Relieving Pain in America Institute of Medicine, Board on Health Sciences Policy, Committee on Advancing Pain Research, Care, and Education, 2011-10-26 Chronic pain costs the nation up to \$635 billion each year in medical treatment and lost productivity. The 2010 Patient Protection and Affordable Care Act required the Department of Health and Human Services (HHS) to enlist the Institute of Medicine (IOM) in examining pain as a public health problem. In this report, the IOM offers a blueprint for action in transforming prevention, care, education, and research, with the goal of providing relief for people with pain in America. To reach the vast multitude of people with various types of pain, the nation must adopt a population-level prevention and management strategy. The IOM recommends that HHS develop a comprehensive plan with specific goals, actions, and timeframes. Better data are needed to help shape efforts, especially on the groups of people currently underdiagnosed and undertreated, and the IOM encourages federal and state agencies and private organizations to accelerate the collection of data on pain incidence, prevalence, and treatments. Because pain varies from patient to patient, healthcare providers should increasingly aim at tailoring pain care to each person's experience, and self-management of pain should be promoted. In addition, because there are major gaps in knowledge about pain across health care and society alike, the IOM recommends that federal agencies and other stakeholders redesign education programs to bridge these gaps. Pain is a major driver for visits to physicians, a major reason for taking medications, a major cause of disability, and a key factor in quality of life and productivity. Given the burden of pain in human lives, dollars, and social consequences, relieving pain should be a national priority.

3 hours of continuing education on safe opioid prescribing: Medications for Opioid Use Disorder Save Lives National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Medication-Assisted Treatment for Opioid Use Disorder, 2019-06-16 The opioid crisis in the United States has come about because of excessive use of these drugs for both legal and illicit purposes and unprecedented levels of consequent opioid use disorder (OUD). More than 2 million people in the United States are estimated to have OUD, which is caused by prolonged use of prescription opioids, heroin, or other illicit opioids. OUD is a life-threatening condition associated with a 20-fold greater risk of early death due to overdose, infectious diseases, trauma, and suicide. Mortality related to OUD continues to escalate as this public health crisis gathers momentum across the country, with opioid overdoses

killing more than 47,000 people in 2017 in the United States. Efforts to date have made no real headway in stemming this crisis, in large part because tools that already exist—like evidence-based medications—are not being deployed to maximum impact. To support the dissemination of accurate patient-focused information about treatments for addiction, and to help provide scientific solutions to the current opioid crisis, this report studies the evidence base on medication assisted treatment (MAT) for OUD. It examines available evidence on the range of parameters and circumstances in which MAT can be effectively delivered and identifies additional research needed.

3 hours of continuing education on safe opioid prescribing: Addiction Medicine E-Book
Bankole Johnson, 2019-12-12 Integrating scientific knowledge with today's most effective treatment options, *Addiction Medicine: Science and Practice*, 2nd Edition, provides a wealth of information on addictions to substances and behavioral addictions. It discusses the concrete research on how the brain and body are affected by addictions, improving your understanding of how patients develop addictions and how best to personalize treatment and improve outcomes. This essential text is ideal for anyone who deals with patients with addictions in clinical practice, including psychiatrists, health psychologists, pharmacologists, social workers, drug counselors, trainees, and general physicians/family practitioners. - Clearly explains the role of brain function in drug taking and other habit-forming behaviors, and shows how to apply this biobehavioral framework to the delivery of evidence-based treatment. - Provides clinically relevant details on not only traditional sources of addiction such as cocaine, opiates, and alcohol, but also more recently recognized substances of abuse (e.g., steroids, inhalants) as well as behavioral addictions (e.g., binge eating, compulsive gambling, hoarding). - Discusses current behavioral and medical therapies in depth, while also addressing social contexts that may affect personalized treatment. - Contains new information on compliance-enhancing interventions, cognitive behavioral treatments, behavioral management, and other psychosocial interventions. - Includes neurobiological, molecular, and behavioral theories of addiction, and includes a section on epigenetics. - Contains up-to-date information throughout, including a new definition of status epilepticus, a current overview of Lennox Gastaut syndrome, and updates on new FDA-approved drugs for pediatric neurological disorders. - Features expanded sections on evidence-based treatment options including pharmacotherapy, pharmacogenetics, and potential vaccines. - Addresses addiction in regards to specific populations, including adolescents, geriatric, pregnant women, and health care professionals. - Includes contributions from expert international authors, making this a truly global reference to addiction medicine.

3 hours of continuing education on safe opioid prescribing: Prescription Opioid Analgesic Use Among Adults : United States, 1999-2012 Steven M. Frenk, Kathryn S. Porter, Len Paulozzi, 2015

3 hours of continuing education on safe opioid prescribing: Pain, Drugs, and Ethics
Kevin L. Zacharoff,

3 hours of continuing education on safe opioid prescribing: Empire of Pain Patrick Radden Keefe, 2021-04-13 NEW YORK TIMES BESTSELLER • A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • A grand, devastating portrait of three generations of the Sackler family, famed for their philanthropy, whose fortune was built by Valium and whose reputation was destroyed by OxyContin. From the prize-winning and bestselling author of *Say Nothing*. A real-life version of the HBO series *Succession* with a lethal sting in its tail...a masterful work of narrative reportage." - Laura Miller, *Slate* The history of the Sackler dynasty is rife with drama—baroque personal lives; bitter disputes over estates; fistfights in boardrooms; glittering art collections; Machiavellian courtroom maneuvers; and the calculated use of money to burnish reputations and crush the less powerful. The Sackler name has adorned the walls of many storied institutions—Harvard, the Metropolitan Museum of Art, Oxford, the Louvre. They are one of the richest families in the world, but the source of the family fortune was vague—until it emerged that the Sacklers were responsible for making and marketing a blockbuster painkiller that was the catalyst for the opioid crisis. *Empire of Pain* is the saga of three generations of a single family and the mark they would leave on the world, a tale that moves from the bustling streets of early

twentieth-century Brooklyn to the seaside palaces of Greenwich, Connecticut, and Cap d'Antibes to the corridors of power in Washington, D.C. It follows the family's early success with Valium to the much more potent OxyContin, marketed with a ruthless technique of co-opting doctors, influencing the FDA, downplaying the drug's addictiveness. *Empire of Pain* chronicles the multiple investigations of the Sacklers and their company, and the scorched-earth legal tactics that the family has used to evade accountability. A masterpiece of narrative reporting, *Empire of Pain* is a ferociously compelling portrait of America's second Gilded Age, a study of impunity among the super-elite and a relentless investigation of the naked greed that built one of the world's great fortunes.

3 hours of continuing education on safe opioid prescribing: Hamric & Hanson's Advanced Practice Nursing - E-Book Mary Fran Tracy, Eileen T. O'Grady, Susanne J. Phillips, 2022-08-05
Selected for Doody's Core Titles® 2024 with Essential Purchase designation in Advanced Practice Edited and written by a Who's Who of internationally known thought leaders in advanced practice nursing, Hamric and Hanson's *Advanced Practice Nursing: An Integrative Approach*, 7th Edition provides a clear, comprehensive, and contemporary introduction to advanced practice nursing today, addressing all major APRN competencies, roles, and issues. Thoroughly revised and updated, the 7th edition of this bestselling text covers topics ranging from the evolution of advanced practice nursing to evidence-based practice, leadership, ethical decision-making, and health policy. - Coverage of the full breadth of APRN core competencies defines and describes all competencies, including direct clinical practice, guidance and coaching, evidence-based practice, leadership, collaboration, and ethical practice. - Operationalizes and applies the APRN core competencies to the major APRN roles: the Clinical Nurse Specialist, the Primary Care Nurse Practitioner, the Acute Care Nurse Practitioner (both adult-gerontology and pediatric), the Certified Nurse-Midwife, and the Certified Registered Nurse Anesthetist. - Content on managing APRN environments addresses factors such as business planning and reimbursement; marketing, negotiating, and contracting; regulatory, legal, and credentialing requirements; health policy; and nursing outcomes and performance improvement research.

3 hours of continuing education on safe opioid prescribing: *The Medicare Handbook*, 1988

3 hours of continuing education on safe opioid prescribing: *Perioperative Pain Control: Tools for Surgeons* Peter F. Svider, Anna A. Pashkova, Andrew P. Johnson, 2021-01-21 According to the Centers for Disease Control and Prevention (CDC), there were nearly 40,000 opioid-related deaths in the U.S in the last year alone. These numbers have increased considerably for a variety of reasons, and the growing role of prescription drug abuse has been widely recognized. There has also been increasing consciousness of the lack of dedicated and formalized training dedicated to prescription of analgesics, particularly among surgical trainees and practicing surgeons. Recent studies demonstrate that only a small minority of training programs mandates any opioid prescribing education, despite the fact that nearly all programs allow trainee prescription of opioids on an outpatient basis. Therefore, it is not surprising that despite a growing body of literature illustrating the value of opioid alternatives and adjuncts, practicing surgeons in all specialties largely ignore these evidence-based practices and continue to prescribe opioids in situations for which alternatives are proven, safe, and effective. There are many reasons for preparing a concise and practical resource describing evidence-based practices targeting surgeons and surgical subspecialists, including but not limited to: (1) The exponential increase in prescription drug abuse associated with the "opioid epidemic," as surgeons play an important role in managing perioperative and chronic pain in a variety of practice setting; this issue bears importance from the patient, physician, and policymaker standpoint; (2) With increasing recognition of the role of quality improvement in patient safety initiatives, and literature demonstrating inadequate opioid prescribing education (OPE) in surgical training programs, it is only a matter of time before accreditation bodies including the ACGME incorporate strong recommendations and mandates for OPE; (3) Myriad literature demonstrating the existence of evidence-based alternatives to opioids - All surgeons and surgical

subspecialists would benefit from a practical guide concisely laying this literature out. We feel that surgeons of all experience levels may benefit, ranging from the first year surgical intern to an experienced practitioner trying to remain compliant with the evolving opioid regulatory environment. Hence, the appropriate target audience for this text would be for the tens of thousands of current surgical trainees in many specialties, including general surgery, thoracic surgery, otolaryngology, plastic surgery, urology, gynecology, vascular surgery, neurosurgery, and orthopedic surgery. Furthermore, surgeons out of training would be another audience of interest, as there are increasing courses for continuing medical education based on perioperative and chronic pain management. Currently, there are no comparable and competitive guides with these target audiences; all of the existing literature about perioperative and chronic pain is targeted either specifically for patients, anesthesiologists, or pain medicine physicians. This will be the only up to date guide focusing on evidence-based practices for perioperative pain control, and each section will also include information on chronic pain sequelae relevant to each surgical specialty. The editors envision this text being an interdisciplinary endeavor, incorporating surgeons from multiple specialties, anesthesiologists, pain medicine physicians, and palliative physicians as appropriate.

3 hours of continuing education on safe opioid prescribing: *The Opioid Crisis* David E. Newton, 2018-07-11 A comprehensive overview of opioid use throughout human history, current problems surrounding opioid abuse, and suggested approaches to solving these problems. Dependence on opioids has grown into an epidemic, its effects felt globally and most of all in the United States. *The Opioid Crisis: A Reference Handbook* provides a detailed and accurate history of opioid use, helping readers to understand how the crisis developed, as well as a review of problems arising out of this crisis and some of the solutions that have been proposed. The volume additionally comprises ten essays from individuals who have a personal or educational connection to the crisis and short biographical and explanatory essays on important individuals and organizations working to mitigate the opioid crisis by supporting research of the biological systems implicated in opioid dependence and raising awareness of the challenges of addiction in America today. It also provides resources for readers who want to continue their study of the topic or pursue research in the field.

3 hours of continuing education on safe opioid prescribing: *Hair Like a Fox* Danny Roddy, 2013 While it is often stated with great confidence that pattern baldness is the result of defective genes and male androgenic hormones (e.g., testosterone, DHT), the theory is physiologically unsound. In fact, after 60 years of research the genetic-androgen doctrine has produced a single FDA-approved therapy that works less than 50% the time and can result in permanent chemical castration. ...Standing on the shoulders of giants (e.g., Otto Warburg, Albert Szent-Györgyi, Gilbert Ling, Ray Peat and others), *Hair Like a Fox* sets up an alternative bioenergetic model of pattern hair loss with a focus on the smallest unit of life, the cell. This same context elucidates simple yet effective therapies for halting and perhaps reversing pattern hair loss in a way that harmonizes with our unique physiology--Amazon.com.

3 hours of continuing education on safe opioid prescribing: CPR/AED for the Professional Rescuer American Red Cross, 2006 This New American Red Cross CPR/AED for the Professional Rescuer Participant's Manual and course reflect changes based on the 2005 Consensus on Science for CPR and Emergency Cardiovascular Care (ECC) and the Guidelines 2005 for First Aid. Changes to this program and manual include simplifications to many of the CPR skill sequences, which helps improve retention. There have also been changes to help improve the quality of CPR. The integration of CPR skills into the operation of AEDs had changed to help improve survival from sudden cardiac arrest. Professional rescuers are now trained to use AEDs on adults and children. Information has been updated and added to this program to help professional rescuers administer epinephrine, aspirin and fixed-flow-rate oxygen. The skills learned in this course include adult, child and infant rescue breathing, conscious and unconscious choking, CPR, two-rescuer CPR and adult and child AED. Additional training can be added to this course including bloodborne pathogens training and emergency oxygen administration. While the skills and knowledge that professional rescuers use are increasing, this training will help you meet your most important responsibility as a

professional rescuer- the responsibility to save lives.

3 hours of continuing education on safe opioid prescribing: Public Health Practice Jonathan E. Fielding, Steven M. Teutsch, Stephanie N. Caldwell, 2012-11-29 In *Public Health Practice: What Works*, the leaders of LA County's Department of Public Health compile the lessons and best practices of working in a complex and evolving public health setting.

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3 hours of continuing education on safe opioid prescribing: Clinical Pain Management **Second Edition: Acute Pain** Pamela Macintyre, David Rowbotham, Suellen Walker, 2008-09-26 *Acute Pain* brings coverage of this diverse area together in a single comprehensive clinical reference, from the basic mechanisms underlying the development of acute pain, to the various treatments that can be applied to control it in different clinical settings. Much expanded in this second edition, the volume reflects the huge advances that continue to be made in acute pain management. Part One examines the basic aspects of acute pain and its management, including applied physiology and development neurobiology, the drugs commonly used in therapy, assessment, measurement and history-taking, post-operative pain management and its relationship to outcome, and preventive analgesia. Part Two reviews the techniques used for the management of acute pain. Methods of drug delivery and non-pharmacological treatments including psychological therapies in adults and children and transcutaneous electrical nerve stimulation are considered here. Part Three looks at the many clinical situations in which acute pain can arise, and the methods of treatment that may be suitable in each circumstance, whether the patient is young or old, has pain due to surgery, trauma, medical illness or childbirth, or is undergoing rehabilitation. Issues specific to the management of acute pain in the developing world are also covered here.

3 hours of continuing education on safe opioid prescribing: Marijuana As Medicine? Institute of Medicine, Janet Joy, Alison Mack, 2000-12-30 Some people suffer from chronic, debilitating disorders for which no conventional treatment brings relief. Can marijuana ease their symptoms? Would it be breaking the law to turn to marijuana as a medication? There are few sources of objective, scientifically sound advice for people in this situation. Most books about marijuana and medicine attempt to promote the views of advocates or opponents. To fill the gap between these extremes, authors Alison Mack and Janet Joy have extracted critical findings from a recent Institute of Medicine study on this important issue, interpreting them for a general audience. *Marijuana As Medicine?* provides patients—as well as the people who care for them—with a foundation for making decisions about their own health care. This empowering volume examines several key points, including: Whether marijuana can relieve a variety of symptoms, including pain, muscle spasticity, nausea, and appetite loss. The dangers of smoking marijuana, as well as the effects of its active chemical components on the immune system and on psychological health. The potential use of marijuana-based medications on symptoms of AIDS, cancer, multiple sclerosis, and several other specific disorders, in comparison with existing treatments. *Marijuana As Medicine?* introduces readers to the active compounds in marijuana. These include the principal ingredient in Marinol, a legal medication. The authors also discuss the prospects for developing other drugs derived from marijuana's active ingredients. In addition to providing an up-to-date review of the science behind the medical marijuana debate, Mack and Joy also answer common questions about the legal status of marijuana, explaining the conflict between state and federal law regarding its medical use. Intended primarily as an aid to patients and caregivers, this book objectively presents critical information so that it can be used to make responsible health care decisions. *Marijuana As*

Medicine? will also be a valuable resource for policymakers, health care providers, patient counselors, medical faculty and students—in short, anyone who wants to learn more about this important issue.

3 hours of continuing education on safe opioid prescribing: *A Physician's Guide to Pain and Symptom Management in Cancer Patients* Janet Abrahm, 2005-05-20 Janet L. Abrahm argues that all causes of suffering experienced by people with cancer, be they physical, psychological, social, or spiritual, should be treated at all stages: at diagnosis, during curative therapy, in the event that cancer recurs, and during the final months. In the second edition of this symptom-oriented guide, she provides primary care physicians, advanced practice nurses, internists and oncologists with detailed information and advice for alleviating the stress and pain of patients and family members alike. The new edition includes the latest information on patient and family communication and counseling, on medical, surgical, and complementary and alternative treatments for symptoms caused by cancer and cancer treatments, and on caring for patients in the last days and their bereaved families. Updated case histories, medication tables, Practice Points, and bibliographies provide clinicians with the information they need to treat their cancer patients effectively and compassionately.

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3 hours of continuing education on safe opioid prescribing: *Pain* Margo McCaffery, Chris Pasero, 1999 *Pain: Clinical Manual* advocates an interdisciplinary approach to the care of patients with often under-treated pain. This book makes the application to scientific knowledge to the development of practical tools and guidelines for the care of patients in all clinical settings and all age groups. * Provides ready-to-use forms and recommendations for pain care committees to assist health care facilities to prepare for JCAHO inspections. * Includes two FREE pocket-size, laminated cards: equianalgesic charts to assist clinicians with dose calculations when changing routes of administration or analgesics, and dosing guides to commonly used adjuvants and nonopioids. * Includes FREE access to Mosby's PAIN WEBSITE. * The most clinically useful book ever published on pain, written by authorities who helped establish the pain management movement. * Includes 11 new chapters and five expanded and updated chapters to provide the most accurate, up-to-date, and comprehensive pain management information. * Includes icons to alert the reader to important, need-to-know information, such as pediatric content, patient examples, and reproducible material. * Features over 200 boxes and tables to help quickly locate key information and apply complex concepts at the bedside. * Presents a unique, multidisciplinary perspective. * Provides ready-to-use, practical, proven, and reproducible tools, pain assessment and documentation forms, and guides to analgesic use. * Contains patient information handouts on analgesics and nondrug methods of pain relief to educate the patient/family/caregiver about the patient's specific pain management. * Includes reproducible key policies, procedures, and protocols to assist the clinician in implementing patient focused interdisciplinary pain management. * Presents pharmacology content in four chapters - the three analgesic groups and an overview of how to combine them - to provide a readily understandable reference and practical resource. * Includes quick guides with illustrations of selected pain problems, such as pain related to sickle cell disease, peripheral neuropathy, and fibromyalgia. * Contains pain rating scales in over 20 languages to enhance patient/clinician communication in culturally diverse populations.

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